



# The High & Dry

April 2019



## APRIL IN OUR HISTORY

April 1

1939 – “Alcoholics Anonymous”, AA’s Big Book was published.

1940 – Larry J. of Houston, wrote The Texas Preamble used to open AA meetings in Texas.

1966 – Sister Ignacia died at the age of 77. She worked with Dr. Bob in treating many early AA members at St. Thomas Hospital in Akron.

1984 – 12 Coconuts Group, Kapiolani Park, Waikiki, Hawaii, was founded.

April 3

1941 – First Florida AA meeting was held.

April 4

1960 – The Chicago Daily News reported that Fr. Ed D., a Jesuit priest who helped start the first AA group in St. Louis, had died at age 62.

April 7

1941 – Ruth Hock, Bill W.’s secretary, reported there were 1,500 letters asking for help, as a result of the Saturday Evening Post Article by Jack Alexander.

April 10

1939 – The first ten copies of the Big Book arrived at the office Bill shared with Hank P. in Newark, New Jersey.

April 11

1938 – Alcoholic Foundation held its first meeting.

1939 – Marty M. attended her first meeting at the home of Bill and Lois W. in Brooklyn.

1941 – Bill and Lois W. moved into their new home, Stepping Stones.

April 12

1942 – The Windsor Daily Star in Ontario, Canada, reported that over 400 AA's attended a testimonial dinner for Dr. Bob.

April 16

1940 – A sober Rollie H. caught the only opening day no-hitter in baseball history since 1909.

1973 – Dr. Jack Norris, non-alcoholic Chairman of the AA General Service Board, presented President Richard Nixon with the one-millionth copy of the Big Book at the White House.

April 17

1941 – 2nd group in Los Angeles, the “Hole in the Ground Group” was formed.

April 19

1940 – First AA group in Little Rock, Arkansas, was formed.

April 22

1940 Bill W. transferred his Works Publishing Stock to the Alcoholic Foundation. The date on which Hank P. transferred his stock is uncertain.

April 23

1940 – Dr. Bob wrote the Trustees to refuse Big Book royalties, but Bill W. insisted on them for Dr. Bob and Anne.

April 24

1989 – Dr. Leonard Strong died. He was Bill's brother-in-law and a non-alcoholic AA Trustee.

April 25

1951 – AA's first General Service Conference was held.

April 26

1939 – Bill & Lois W. moved in with Hank P. after the bank foreclosed on 182 Clinton St. This was the first of over 50 moves before they acquired Stepping Stones.

April 30

1989 – The film “My Name is Bill W.,” a Hallmark Hall of Fame presentation, was broadcast at 9 p.m. on ABC TV.

Other April events with no specific dates:

1940 – The “Texas Preamble” used to open meetings in Texas, was written by Larry J. of Houston.

1940 – The first AA pamphlet was published, entitled simply “AA.”

1958 – The word “honest” was dropped from “an honest desire to stop drinking,” in the AA Preamble.

1960 – Bill W. refused to be on the cover of Time Magazine.

1988 – Cybil C., the first woman member in Los Angeles and archivist, died.

## FUTURE TRIPPING

### APRIL

5-6<sup>th</sup> **WWA72 BUSINESS QUARTERLY**, Tacoma Sportsmen's Club, 16409 Canyon Rd E, Puyallup 98375. [www.area72aa.org](http://www.area72aa.org)

12-14<sup>th</sup> 39<sup>th</sup> **INLAND EMPIRE ROUNDUP**, Red Lion Hotel, 2525 N 20th Ave, Pasco, WA 99301

13<sup>th</sup> **WWA72 TREATMENT QTRLY**, business starts at 10:30 am. Lunch provided. Bellevue Christian Reformed Ch, 1221 148<sup>th</sup> Ave NE, Bellevue 98007

13<sup>th</sup> **SHOW US YOUR TALENT! Jam Night**, 5507 6th Ave S., Seattle 98108. Sign up starts at 6:30pm. 7-11pm. It's okay to bring snacks to share.

19<sup>th</sup> **YOUNG PEOPLE AT MAGNOLIA SPEAKER'S MEETING**, 8-9:30 pm, Magnolia Lutheran, 2414 31<sup>st</sup> Ave W, Seattle 98199

26-28<sup>th</sup> 4<sup>th</sup> **ANNUAL NORTHWEST GIRLSTOCK**, 4 Points Sheraton, Bellingham

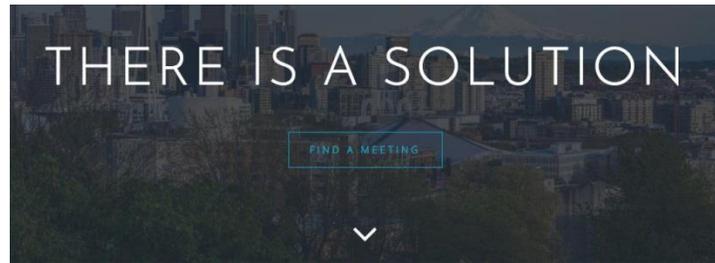
### MAY

3-5<sup>th</sup> 23<sup>rd</sup> **Miracle Ranch Men's Retreat**, 15999 Sidney Rd SW, Port Orchard 98367

5<sup>th</sup> **Seattle Sobriety Luncheon**, 11 am, Rainier Golf and Country Club, 11133 Des Moines Memorial Dr S, Seattle 98168

31<sup>st</sup> – June 2 **Manastash Men's Retreat**, Lazy F Camp & Retreat Center, 16170 Manastash Rd., Ellensburg 98926

# www.seattleaa.org



## Greater Seattle Intergroup Board Meeting Minutes

March 19, 2019

Submitted by Aaron C. (Recording Secretary)

### Snapshot

- What do the groups want and need from the Intergroup in the future?
- We need group phone shift needs volunteers for the 6 to 10pm. 11 opening. Email [norm@seattleaa.org](mailto:norm@seattleaa.org) for information.
- May 21<sup>st</sup>. Intergroup Spring assembly 5pm potluck 7pm business meeting.
- PI booth Monroe Fair – Volunteers and donations needed.
- Accepting resumes for Asst. Office Manager. Job description forthcoming.
- Intergroup picnic planning starting [specialevents@seattleaa.org](mailto:specialevents@seattleaa.org).

### Opening

The meeting was opened at 7:03 PM.

### AA birthdays

Richard I. – 14  
Steve L. – 11  
Greg M. - 3

### Quorum Count

9 present out of 13 active

## **Reports**

### **Chair (Mike M.):**

Mike here, grateful to be serving A.A. as Chair for your Greater Seattle Intergroup!

Of course, the biggest news at Intergroup in a long, long time is Anita's resignation, effective 3/9/19, to have more time to spend time with and enjoy her family. She served Intergroup honorably for the past 13 years, and we are as grateful as we can be for her faithful service. Thank you, Anita, for your service; you will be loved and greatly missed.

We are both evaluating the needs for a new assistant office manager and have started searching for a replacement for Anita, as if that is even possible. This search will be left open for a while because 'we choose our leaders with care.' Norm and the Office Committee are taking the lead on this project.

By the time this is published, the Burien Little Assembly will have been held at Brooklake Church in Federal Way. Our thanks go to the committee, of which Intergroup is a part, and for the lead and guidance provided by Collette, DCM for District 54. You made it fun to serve! Greater Seattle Intergroup was pleased to have been able to take one of the workshop topics: Growth—Are YOU prepared for responsibility? I want to personally thank those Intergroup Board members who participated in this great event.

Our new committee chairs, some of whom were also staffing tables at the Burien Little Assembly, are getting settled in. We are getting some of the bugs worked out of our Nightwatch system and evaluating whether there are better ways to handle our 24/7 phone service. More will be revealed! In addition, we have many open phone shifts for Groups to volunteer, the most in years, and if this trend continues, we will have to evaluate whether or not Intergroup is able to continue to offer 24/7 phone service.

Your Greater Seattle Intergroup is off to a mixed start in 2019. January, always a good month, showed a profit, but February's loss wiped that out plus some. The two-month loss is (\$1,300), but it's still very early in the year.

Yours in service,

Mike M., Chair

### **Vice Chair (Astri T.):**

There has not been a lot of activity on my part since the last Board meeting. I was able to participate in the "Meet n Greet" held at GSIG on 23Feb. Although there was a low turnout (probably due to the snow and reschedule) I feel as though good fellowship occurred and many questions were asked and answered.

I also attended the Pacific Region Alcoholics Anonymous Service Assembly (PRAASA) March 1st – the 3rd. On Saturday (the 2nd) I participated in the Central Office/Intergroup Roundtable discussion. It seems we are all experiencing similar challenges and addressing them in a variety of ways. Some do serious fund-raising, some are selling non-Conference approved literature. Some are having trouble manning the phones and some are having trouble filling committee positions. It was good to hear the variety of approaches we have and the variety of "regulations" we have imposed on ourselves/ how we interpret the Traditions.

12Mar I was able to attend the GSIG Office Committee meeting. Several topics were discussed, as will be shared in the Committee Chairs report. Of significance to me was Anita. We talked about how much she is missed and the reality that her position will have to be filled. We talked at length about how that might be done. Currently the Office Manager (Norm) is being assisted by volunteers. During this period an assessment is being made to determine how many hours of assistance is currently needed to support the Office Manager. The Assistant Office Manager Job Description is still being updated to possibly adjust duties, hours and the start date. Although no official Job Announcement has yet been published, "word of mouth announcements" are already circulating. As a result, some applications have already been

received. Those, and any subsequent applications, will be saved and reviewed after the Job Description has been agreed on, official announcement has gone out and deadlines for applications have been met.

Looking forward, I will be speaking at the Burien Little Assembly on 16Mar, attending an Area 72 Pre-Conference on 30Mar and attending the Area 72 Quarterly April 5th and 6th.

Thank you for your service and this opportunity for me to serve.

Astri T.  
Vice-Chair

**Chair Emeritus (Dawna H.):**

Verbal report given.

**Treasurer (Allison B.):**

Quick look at February financials (rounded to thousands):

**Group Contributions:** \$8K (down \$2K to budget)

**Other Contributions:** \$0K

**Retail Sales:** \$6K (down \$5K to budget)

**Expenses:** \$16K (at budget)

**Net Income:** \$6K loss (budgeted loss: \$0K)

**Cash and CDs:** \$68K

**Summary**

-Although we had a positive January, February brought our year-to-date net income to a \$1K loss (versus a budget of \$4K income).

-A big reason for this is that literature sales are down to budget. This is still not necessarily something to be concerned about, as we cannot control when the "big buyers" will make their purchases.

-As always, a huge THANK YOU to the groups (and districts!) supporting GSIG! We are your Greater Seattle Intergroup!

### Other: Earmarked funds

-Pink and blue cans brought in an additional \$1K in February. Corrections balance has now grown to \$7.5K, and accessibility to \$4.5K.

-The pink and blue can funds can only be spent in specific ways: pink can funds can only be spent on literature, and blue can funds can only be spent on ASL translation at regular AA meetings.

-The committees are working to spend their funds, but the inflow is greater than their ability to do so.

-These earmarked funds make the "Current Assets" category on the balance sheet a bit misleading: although we have \$68K in cash and CDs, earmarked funds are restricted funds, which cannot be spent other than in the ways specified above. This could be creating the impression that we have more cash available for operations that we actually do.

It may be more accurate or transparent to report that in non-restricted cash and CDs, we stand at \$56K.



### STANDING COMMITTEE FINANCIAL INFORMATION

Greater Seattle Intergroup  
Standing Committee Earmarked Funds (Pink Can, Blue Can, etc.)  
February 2019

Committee	Corrections	Hospital & Treatment	Accessibility	PI / CPC	Total Earmarked Funds
Beginning Balance	\$ 6,518.03	\$ 34.00	\$ 3,817.17	\$ (16.00)	\$ 6,642.85
YTD Contributions	\$ 1,573.33	\$ -	\$ 829.65	\$ -	\$ 2,402.98
YTD Use of Funds	\$ (503.40)	\$ -	\$ (150.00)	\$ -	\$ (653.40)
YTD Ending Balance	\$ 7,587.96	\$ 34.00	\$ 4,496.82	\$ (16.00)	\$ 12,102.78

Greater Seattle Intergroup  
Standing Committee Expenditures Against Budgets  
February 2019

Committee	Corrections	Hospital & Treatment	Accessibility	PI / CPC	Total Expenses Against Budget --Standing Committees
Expenses to Date	\$ (36.00)	\$ -	\$ 90.00	\$ -	\$ 54.00
Budget to Date	\$ 60.00	\$ 260.00	\$ 300.00	\$ 300.00	\$ 920.00
Budget -- Full Year	\$ 360.00	\$ 1,500.00	\$ 1,500.00	\$ 1,800.00	\$ 5,160.00

03:15 PM  
03/1/19  
Accrual Basis

**Greater Seattle Intergroup  
Condensed Financial Statements  
February 2019**

**CONDENSED PROFIT & LOSS**

Ordinary Income/Expense	Feb-19	Feb Budget	YTD Jan-Feb 2019	YTD Budget	Jan-Dec 2018
<b>Income</b>					
Total Retail Sales	5,851	11,270	17,888	26,270	133,906
Total COGS	4,078	7,080	11,387	16,580	87,483
Gross Profit from Retail Sales	1,773	4,190	6,500	9,690	46,423
Gross Profit %	30.3%	37.2%	36.3%	36.9%	34.7%
Group Contributions	8,124	10,010	22,809	22,580	111,561
Personal and Other Contributions	59	800	528	2,040	9,615
Meeting Room Rent; Birthday Club	390	680	908	1,720	7,995
Special Events Income	45	200	129	400	4,810
<b>Total Items to Cover Fixed Expenses</b>	<b>10,391</b>	<b>15,880</b>	<b>30,874</b>	<b>36,430</b>	<b>180,404</b>
<b>Expenses</b>					
Expenses—Other	411	390	788	900	5,133
Paid Staff	8,673	8,850	17,383	17,700	91,963
Rent and Office	6,629	6,420	13,597	12,840	78,392
Standing Committees	63	600	579	1,300	7,616
Travel and Meetings	-	-	-	-	-
<b>Total Fixed Expenses</b>	<b>15,776</b>	<b>16,260</b>	<b>32,347</b>	<b>32,740</b>	<b>183,104</b>
Net Ordinary Income (Loss)	(5,385)	(380)	(1,473)	3,690	(2,700)
Net Other Income, Chiefly Interest Income	-	-	195	100	362
<b>Net Income</b>	<b>(5,385)</b>	<b>(380)</b>	<b>(1,277)</b>	<b>3,790</b>	<b>(2,338)</b>

**CONDENSED BALANCE SHEET**

ASSETS	Feb 28, 19	Jan 31, 19	Dec 31, 18
<b>Current Assets</b>			
Checking	17,728	20,407	16,635
CD's—Prudent Reserve *	50,464	50,464	50,269
Accounts Receivable	730	1,659	1,040
Inventory and Other	37,752	38,935	37,365
<b>Total Current Assets</b>	<b>106,674</b>	<b>111,465</b>	<b>105,309</b>
<b>Total Fixed Assets</b>	<b>2,624</b>	<b>2,694</b>	<b>2,764</b>
<b>TOTAL ASSETS</b>	<b>109,298</b>	<b>114,159</b>	<b>108,073</b>
<i>* Per bylaws, prudent reserve is calculated to be 3x average monthly expenses, approx. \$46,000.</i>			
<b>LIABILITIES &amp; EQUITY</b>			
<b>Current Liabilities</b>			
Accounts Payable	362	348	318
Payroll & Sales Tax Liabilities	(851)	(466)	(1,560)
Committee Earmarked Funds Total	12,213	11,318	10,463
<b>Total Liabilities</b>	<b>11,724</b>	<b>11,200</b>	<b>9,221</b>
<b>Equity</b>			
3001 - Opening Bal Equity	694	694	694
3101 - Retained Earnings	98,158	98,158	100,496
Net Income	(1,277)	4,107	(2,338)
<b>Total Equity</b>	<b>97,575</b>	<b>102,960</b>	<b>98,852</b>
<b>TOTAL LIABILITIES &amp; EQUITY</b>	<b>109,299</b>	<b>114,159</b>	<b>108,073</b>

**Recording Secretary (Aaron C.):**

*February 2019 minutes approved unanimously.*

Please use the below to submit your reports. Alternatively send them directly to [secretary@seattleaa.org](mailto:secretary@seattleaa.org).

<https://www.seattleaa.org/intergroup/intergroup-board/intergroup-board-report-form>

With love and gratitude,  
Aaron C.

**Archives Committee (Teresa S.):**

Nothing new to report.

Thank you

**Corrections Committee (Tami B.):**

No report.

**CPC/PI Committee (Ali H.):**

Several volunteers were able to attend the United Way Community Resource Exchange and had a truly wonderful time. This event is really a special experience to be a part of. There is just a buzz in the air as so many providers work together to create a safe and welcoming place for a HUGE crowd of those in need. A variety of needs are met. I must say I was taken aback at all the basic things in my life I take for granted as I watched folks line up for free shoes and haircuts. We spoke with many professionals gaining leads on outlets that may need our services, but I felt I observed a lacking for a better suited way to reach our 'potentials' that passed by the booth. Perhaps, we another 365 days of brainstorming we can arrive at a better solution to reach those members attending the event as well. We heard stories of recovery, met Blitz - the Seahawk, danced under the glow of the Amazon Treasure Truck, enjoyed a banana from The Banana Stand, and did I mention there is an unlimited supply of free Starbucks coffee brewing??! If you're looking for a good opportunity for service next Spring this event is for you!

A group of us also took shifts at our CPC/PI booth at Burien Little Assembly. Wow!! That team really knows how to put on a good show! The event was lovely, and productions seemed to be running smoothly. We reached a few AAs who also double as the

professional-types :) that needed some schedule books and gave some good insight on the approach to those in need. Mostly AAs were taking in the panels, the good food and the fellowship.

We have several events on the horizon. We will be looking to update our service opportunities that were previously being met and are hopefully still in existence throughout the Puget Sound Area. There is also a large need arising for panelists. We have several opportunities in the making, one already scheduled, as well as a need for a panel coordinator in the South End. Being a part of a panel is a great way to share your AA story with the greater community at large. This experience could work as a living amends, a breath of fresh air in your program, or an act of service to our third generations. Representing ourselves to the community at large in this way is a chance to mold the definition of an alcoholic from the "old man under the bridge" into the multitude of recovery faces we all see as we look around our serenity circles during our meetings. If you are available and willing to help in a panel either as an individual, a home group, or perhaps as 'accountabilly-buddies' please send me an email at [cpc@seattleaa.org](mailto:cpc@seattleaa.org). I greatly appreciate those that were able to volunteer this past month and look forward to a positive up-swing this Spring. There are several events needing support detailed below. Most Sincerely - Ali H.

Event Date: 04/25/2019

Event Description: Recovery Cafe Resource Fair

1:30PM - 4:00PM

Table to help educate potentials about the benefits of AA, perhaps give suggestions for meetings to attend, etc.

Event Date: 05/09/2019

Event Description: Boeing (Employees) Health Fair

7:00 AM - 4:30 PM

Another opportunity to represent AA and perhaps change people's pre-conceived ideas of what an alcoholic looks like. Let's banish the "old man under the bridge" and bring these folks some warm and friendly faces of recovery to potentially inspire them as they may begin their own journeys into AA unity. This would ideally be broken into shifts. Please contact me if you would like to help out. I would love to possibly have 6 volunteers throughout the day since there may be some set-up and tear-down time involved.

Event Date: 05/28/2019

Event Description: Speakers Panel at South Seattle Community College for a psychology class.

9:15 AM - 10:20 AM.

Perhaps we could fellowship with some breakfast before hand!...?! This is a fun and short commitment. A good way to reach an audience of the future of mental health care coming into the work force. (And, in my personal experience college would've been a good time to get a little AA education as I chased the bottom of a bottle in the back corner of the campus library.... and still we recover!) The professor has asked for a group of 4-6. We will do a little back-ground on AA history, the basic structure or meetings, share our experiences and take questions and answers.

**High & Dry (Open):**

Contact [chair@seattleaa.org](mailto:chair@seattleaa.org) if you are interested in this position.

### **Hospitals & Treatment Committee (Erin G.):**

H&T were responsible for a table at Burien Little Assembly. We had 5 people sign up for Bridging the Gap volunteering.

We have received and dealt with about a dozen Bridging the Gap forms in the past month. The committee will be planning a Bridging the Gap workshop in the coming months. More information to come.

### **Office Committee (Richard I.):**

The Office Committee met for its monthly meeting as scheduled.

We reviewed Office Manager's report for the month. There was focused discussion on the following:

1. The open Assistant Manager position search. We learned that there are a few candidates expressing interest. The Committee will assist Norm in interviewing candidates as the search proceeds.
2. GSIG's general business insurance is expiring. We are looking at a couple of agencies that have offered insurance. The evaluation will be completed within a couple of weeks and we will apply for replacement coverage then.
3. Blue and Pink Can contributions are still a bit above budgeted levels. The Office Committee encourages service committees to use these funds. We talked briefly about the possible pluses and minuses of having some limits set for those contributions. This discussion was preliminary.

### **Office Manager (Norm S.):**

I am pleased and grateful to submit this Office Manager Report for February 2019.

Inventory—Inventory levels are considered adequate.

Process/Organization—

Office/phone weekday volunteer coverage: Current office volunteer openings are as follows: Friday mornings, 10-2 p.m., and on Saturday mornings, 10-2 p.m. Thursday, 2-6 p.m. is also available.

Weekday evening and weekend shifts: There are now eleven openings for group phone answering evenings and weekends—2<sup>nd</sup> Tuesdays, 6-10 p.m. 1<sup>st</sup> 2<sup>nd</sup> and 3<sup>rd</sup> Thursdays, 6 p.m.-10 p.m., 4<sup>th</sup> Fridays, 6-10 p.m. and 1<sup>st</sup>, 2<sup>nd</sup>, and 5<sup>th</sup> Saturdays, 6-10 p.m., 1<sup>st</sup> Sundays, 2 p.m. to 6 p.m., 2<sup>nd</sup> and 3<sup>rd</sup> Sundays, 6-10 p.m. Please communicate these group service opportunities to your groups!

Nightwatch shifts: When the March Nightwatch calendar was published, all positions were filled. Please let your GSR's know that they should e-mail [nightwatch@seattleaa.org](mailto:nightwatch@seattleaa.org) to express interest and for an updated list of openings.

Physical Plant: No current issues to report.

Financial Statements—The financial result for February was a disappointing loss of (\$5,400). Group contributions fell (\$1,900) short of the budgeted \$10,000. Retail sales were (\$5,400) short of the budget of \$11,300. Gross profit, therefore, of \$10,400 was a considerable amount under the budgeted \$15,900. This is disappointing, to say the least, however it is early in the year and the first 3 or 4 months have a way of evening out. The monthly loss for February erased January's positive result such that the 2-month loss is (\$1,300). Expenses, our fixed costs, are essentially right on budget for the first two months. This will change due to Anita's resignation. We expect paid staff savings against budget until she is replaced. This is not only due to wages but to expenses for employee benefits. Our cash position is adequate and the prudent reserve is intact.

Personnel—We are taking professional resumes and service resumes from persons interested in working for Intergroup!

I was privileged to attend the Burien Little Assembly on March 16. Your Greater Seattle Intergroup took one of the excellent workshops: Growth: Are YOU prepared for Responsibility. I'm grateful to Mike, Chair; Anita, Past Assistant Office Manager; and Bird, Nightwatch for their service work on this panel.

Respectfully submitted,

Norm S.  
[norm@seattleaa.org](mailto:norm@seattleaa.org)

**Night Watch Coordinator (Bird G.):**

Nightwatch has lost a few folks and gained a few folks. We welcome Richard C. Annie S., Charlene J. and Jen R.

Please forgive slowness and confusion as I adjust and learn the ropes.

I am participating in the conversation around the new phone lines at Intergroup and have asked a representative of Comcast B4B to contact me in that regard.

Thank you,  
Bird

**Special Events Committee (Open):**

Verbal report given.

**Web & Technology Committee (Open):**

No report given.

**Third Legacy (James R.):**

Verbal report given.

### **Zone 114/District 14 (Marena H.):**

District 14

District 14 meets the second Tuesday of every month, 7:00 pm, at the Fautleroy Church in West Seattle.

Our Secretary Jim unfortunately had to step down from his position so we are currently trying to fill that position.

Attendance was sparse for committer chairs with the PI/CPC and Intergroup Rep only reporting.

District 14 participated in a panel at the Little Burien Assembly. The panel topic was "Contempt Prior to Investigation" and was well received following with thought provoking discussion.

New business included:

- District 14 Handbook revision is almost complete and ready for digital distribution.
- Discussed upcoming Pre-Conference March 30th.
- Event Planning for District 14 Annual Summer Picnic.
- Incoming GSR's expressed great desire for a GSR school.

District 14 is still trying to navigate the dissemination of material and information with the incoming rotation.

### **Zone 132/District 32 (Matt H.):**

Business meeting conducted by Alt DCM Nick. Rent hike from \$15.00 to \$20.00 was approved and to pay quarterly in advance for District 32 business meeting at Brooklake Church was approved account District 32 is operating below prudent reserve. Anyone wanting to volunteer for District 32 picnic can email request to picnic@district 32aa.org. Service position for Bridging the Gap was reelected to Terry Y. Open service position for District 32 Chair has one open Accessibilities. Report submitted by Matt H Zone 132 rep

### **Zone 142 (Lyle C.):**

Mikey, alt Zone Rep gave report to D42

Gave info on ways of contributing to GSIG

Item from Area 72 quarterly

Preconference

Gsr school

Report from PRSSA

Broadview groups from Phoenix want to express their dissatisfaction with the new schedule format.

### **Empire Way Group Report (Karen K.)**

To offer more fellowship opportunities for members and friends, Empire Way created a new service position in 2019. This person coordinates a monthly pre-meeting dinner at a restaurant close-ish to the meeting, for people to meet informally and have fun together. In addition, another person coordinates a monthly visit to a different meeting in the greater Puget Sound region, usually on the weekend. People gather ahead of time for dinner near the meeting, and then attend together.

***All other committee and zone reports were given verbally.***

## Old Business

None.

## New Business

None.

# Thanks to Our Awesome Daytime Office Volunteers

MONDAY	Morning	Sharon B and Diane L
	Afternoon	Bill S and Freda T
TUESDAY	Morning	Gary H and Susan D
	Afternoon	Marci W
WEDNESDAY	Morning	Joe M and Gerry L
	Afternoon	Doug C and Geoff G
THURSDAY	Morning	Vito M and Steve B
	Afternoon	Joe B
FRIDAY	Morning	Jon C
	Afternoon	Bob F
SATURDAY	Morning	Fred P and Jon C

SEATTLE SUBSTITUTES: Carolyn B

SOUTHEND BOOKSTORE VOLUNTEER MANAGER: Jim H.

VOLUNTEERS: Chuck M., Carolyn B., Matt H., TJ M, Michael E., Chris G., Steve S.

SOUTHEND BOOKSTORE PHONE NUMBER: 253 288 2237

# **BIRTHDAY CLUB**

## **HAPPY BIRTHDAY TO APRIL CELEBRANTS IN THE HOW DRY I AM CLUB!!!**

Kris S.		8 years
Jennifer S.	Dawn Patrol II	3/27/15, 4 years
Martin M.	On Awakening	11/19/16, 2 years
Andrea N.	On Awakening	1/10/06, 13 years
Anonymous	Lake Forest Park	2/9/16, 3 years
Don V.	Morning Rush	1/4/09, 10 years
Felix M.	Principles Before Personalities	3/2/87, 32 years

# The High & Dry

Editor: Norm S., temporary

Contributors: All of YOU

Mailing Team: Irreplaceable Volunteers

The High & Dry is published monthly by an all-volunteer staff at the Greater Seattle Intergroup of Alcoholics Anonymous Office, 5507 6<sup>th</sup> Avenue South, Seattle WA 98108 (Phone: 206-587-2838)  
[www.seattleaa.org](http://www.seattleaa.org)

**Do you have something you would like to submit to The High & Dry  
newsletter?**

We would love to see your event flyers, letters, stories, photos, drawings,  
poetry, interviews, and whatever else you would like to share with other  
AAs in and around Seattle.

**H&D deadline is the 25<sup>th</sup> of each month. Send submissions to  
[high\\_and\\_dry@seattleaa.org](mailto:high_and_dry@seattleaa.org)**