



The High & Dry

March 2019



MARCH IN OUR HISTORY

March 1

1939 — Readers Digest declined to write article on AA.

1941 — Jack Alexander's Saturday Evening Post article was published and membership jumped from 2,000 to 8,000 by year's end.

March 3

1947 — Nell Wing started work at Alcoholic Foundation, 415 Lexington Avenue, NYC.

March 4

1891 — Lois W. was born.

1947 — Nell Wing met Bill W. for the first time.

March 5

1945 — Time Magazine reported first of a series of Detroit radio broadcasts by AA members.

March 7

1940 — Bill and Lois W. visited Philadelphia AA group.

1941 — Boston newspaper reported that any drunk who wanted to get well was more than welcome at the AA meeting at 115 Newbury St., at 8 PM Wednesdays.

March 9

1941 — Wichita Beacon reported on an AA member from NY who wanted to form a group in Wichita, KS.

March 10

1944 — New York Intergroup was established.

March 11

1949 — The Calix Society, an association of Roman Catholic alcoholics who are maintaining their sobriety through participation in Alcoholics Anonymous, was formed in Minneapolis by five Catholic AA members.

March 14

South Orange, NJ, AA group held an anniversary dinner with Bill W. as guest speaker.

March 15

1941 — First AA group in New Haven, CT, was formed.

March 16

1940 — Alcoholic Foundation and Works Publishing moved from Newark to 30 Vesey St. in lower Manhattan.

March 21

1881 — Dr. Bob's wife, Anne, was born.

1966 — Ebby T., whom Bill W. called his sponsor, died sober.

March 22

1951 — William Duncan Silkworth, MD, died at Towns Hospital. He helped more than 40,000 alcoholics during his lifetime.

1984 — Clarence S., "Home Brewmeister," died at 81.

March 23

1936 — Bill & Lois W. visited Fitz M., "Our Southern Friend," in Maryland.

1940 — Lois W. paid her first visit to the office on Vesey Street in NYC.

March 25

1898 — Jim B. ("The Vicious Cycle") was born.

March 29

1943 — The Charleston Mail, WV, reported on Bill W.'s talk at St. John's Parish House.

March 31

1947 — 1st AA group formed in London, England.

Other March happenings with no specific date:

1936 — AA had 10 members staying sober. At end of 1936 AA had 15 members.

1940 — Mort J. arrived in LA from Denver and helped faltering group; started custom of reading Chapter 5 Big Book at Cecil group.

1941 — 1st Prison AA Group was formed at San Quentin.

1941 — Second printing of Big Book appeared.

1946 — The March of Time film on AA was produced.

1949 — Dr. Bob considers idea of AA conference premature.

1951 — American Weekly publishes memorial article for Dr. Bob.

FUTURE TRIPPING

MARCH

1-3rd PRAASA, www.praasa.org Irvine Marriott, 18000 Von Karman Ave, Irvine 92612.

9th GSR School, Maple Valley Ch, 22659 Sweeney Rd SE, Maple Valley 98038

9th-10th WHAT'S THE POINT!?!? Speaker: Wayne B. from Glendora, CA. Saturday, Sessions I – IV 10am – 5pm. Sunday Sessions

V – VIII 10am – 5pm. Kennydale Memorial Hall 2424 NE 27th St, 98056.

16th BURIEN LITTLE ASSEMBLY, 10-8:30, Brooklake Ch, 629 S 356th St., Federal Way 98003

16th DISTRICT 24 GRATITUDE POTLUCK, 5-8:30 pm, St Pius X Gym, 22301 58th Ave W, Mountlake Terrace 98043

22-24th OKANOGAN VALLEY WINTER ROUNDUP, Sun Mountain Lodge, 604 Patterson Lake Rd, Winthrop 98862.

www.okanoganvalleyroundup.com

23rd SOUTHERN DISTRICTS PRE-CONFERENCE, 11-4 pm, Centralia United Methodist Ch, 506 S Washington Ave, Centralia 98531

30th CENTRAL DISTRICTS PRE-CONFERENCE, 11:30-3:30 pm, Our Lady of Mt. Virgin Ch, 2800 Massachusetts St., Seattle 98144

APRIL

5-6th WWA72 BUSINESS QUARTERLY, Tacoma Sportsmen's Club, 16409 Canyon Rd E, Puyallup 98375. www.area72aa.org

13th WWA72 TREATMENT QTRLY, business starts at 10am. Lunch provided. Bellevue Christian Reformed Ch, 1221 148th Ave NE, Bellevue 98007

13th SHOW US YOUR TALENT! 5507 6th Ave S., 98108. Sign up starts at 6:30pm. 7-11pm. It's okay to bring snacks to share.

For a complete listing, please check out our website, www.seattleaa.org/events

ORIGIN AND HISTORY OF THE STEPS AND TRADITIONS and SERENITY PRAYER DISPLAY IN THE GREATER SEATTLE INTERGROUP BOARDROOM

According to Angus L., based on Stig J.'s recollection, these are the signs originally displayed in the Big Hall in the 1940's, prior to the writing and adoption of the Twelve Traditions.

They were displayed at the Intergroup Office when it was located on Capitol Hill, but they were not moved to the Queen Anne office due to wall space considerations. Instead, they were left in the basement of the Capitol Hill office.

In 1990, Stig was the literature rep for Bellevue's Hilltop Fellowship Hall. He was looking for an alternative to the traditional window shade treatment for the Steps and Traditions. Angus reported that, if we wanted something different, it would have to be a custom job, but that it was possible that the original signs still existed.

Angus indicated Stig should return to the Capitol Hill location and gain access to the basement to see if they were, by chance, still there. Stig went there, to a vacant and boarded up building. He went to the lower parking lot area and discovered a plywood opening which was ajar and entered the basement. Winos had taken up residence in the basement, which was now littered with mattresses, wine bottles and other debris. He used a flashlight to cross the dark basement thinking how utterly ironic this was: that alcoholics had been sleeping right in front of the solution.

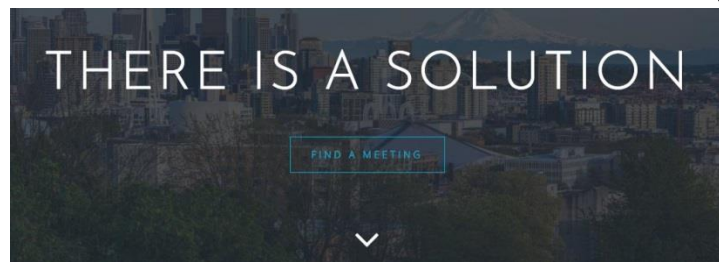
Stig found all three signs sandwiched up against a wall under the steps. To his amazement, they were still in good shape in spite of the moisture conditions and vandalism elsewhere. He removed them from the building and brought them back to Hilltop Fellowship Hall where they were displayed until the closing of that facility, approximately 1996.

Around 2002-03, Stig was informed that the signs were in someone's personal residence in Kent. The residence was about to be foreclosed and vacated, and the signs were abandoned there. Stig retrieved them and inquired if GSIG or Archives wanted them, to which he was assured that we did.

His intention was to get them here within a day or two, and he discovered that coincidentally it was Mary B.'s 50th AA birthday at Old Renton Group, so he brought them to Mary's party and displayed them, similar to a sketch of the Big Hall stage which can be found in *Our Stories Disclose*. When Mary B. went to the podium to share her experience, strength, and hope, she expressed a sense of déjà vu and familiarity with the signs. She launched into a hilarious Big Hall story involving her brassiere coming loose at a dance, which she said sparked the idea of Al-Anon meetings for the wives!

The very next day the signs were brought to Greater Seattle Intergroup, 6th and Lucile St.

www.seattleaa.org



Greater Seattle Intergroup Board Meeting Minutes

February 19, 2019

Submitted by Aaron C. (Recording Secretary)

Snapshot

- Anita resigning. Come down to Intergroup to sign her gratitude Big Book before February 28th.
- BLA needs panel members from the GSIG board and bring potluck items.
- Nightwatch needs volunteers. Email nightwatch@seattleaa.org
- Norm is looking for office volunteers. Email norm@seattleaa.org
- Special events and Newsletter chair positions need to be filled.
- Write your group histories for Our Stories Disclose III.

Opening

The meeting was opened at 7:03 PM.

AA birthdays

Allison B. - 8

Quorum Count

Active Zones Present	Active Zones Absent	Inactive Zones
108, 117, 118, 124, 131, 132, 140, 142	112, 114, 115, 116, 133, 141	113, 134

Reports

Chair (Mike M.):

Verbal report given.

Vice Chair (Astri T.):

I met with the past GSIG Board Vice Chair, Mark T. He reviewed his experience serving the board, gave me suggestions and encouragement as well as some written materials he had found useful. I am grateful for his time and service. That same day, Anita provided me with the Policies and Procedures Manual and Norm gave me some additional material. These were all useful as I prepared my presentation for the DCM Meet-n-Greet, scheduled for Feb19.

Due to the snow, the Meet-n-Greet was cancelled and I was not able to come to the Office Committee Meeting on the 12th. I will also not be available for the rescheduled Meet-n-Greet, as I have prior commitments on the

23rd of this month.

I am scheduled to attend PRAASA, in Irvine, Ca. March 1-3, and look forward to attending the Inter-group Round-table there.

It is also my intention to attend the GSIG Office Committee on the 12th of March.

Thank you,
Astri

Chair Emeritus (Dawna H.):

Nothing to report.

Treasurer (Allison B.):

Quick look at January financials (rounded to thousands):

Group Contributions: \$15K (up \$2K to budget)

Other Contributions: \$1K

Retail Sales: \$12K (down \$3K to budget)

Expenses: \$17K (at budget)

Net Income: \$4K (at budget)

Cash and CDs: \$71K

Summary

-Group contributions for January 2019 were about \$15K, which is about \$2k over budget. This is definitely a positive start to the year!

But we should not rest on these laurels: it is typical for January to be the biggest contribution month. (This may be because some groups donate annually, in January). Last year, contributions in January were up \$8K to budget, and we still ended the year with a loss.

-January is also on average (historically) the largest retail sales month, but this is less predictable, as it depends more on when large customers place orders. So, retail sales being down to budget for this month is not particularly concerning.

-More will be revealed as to how the new schedule format will affect sales. The new format HAS increased cost to GSIG slightly, but maybe more people will want to use it now that it is more user friendly.

-Overall, we are off to a good start, and are right on budget so far. But we still have our work cut out for us!

Other

-Earmarked funds (pink and blue cans) continue to grow faster than they can be spent. I think that this is worth keeping in mind as your groups are deciding where their contributions can be of maximum use.

Recording Secretary (Aaron C.):

December 2018 minutes approved unanimously. January 2019 minutes approved with minor type-o changes.

Hello Seattle AA!

I am continuing to gather information on the updated roster. Rotation for many committees should be updated this or next month. There has been little feedback on the new board report form which I am going to take as good news. If you would like to see any changes, please email me at secretary@seattleaa.org

The board report form can be found by going to the Intergroup and then the Intergroup Board section of the Seattle AA website.

All the Best,
Aaron C.

Archives Committee (Teresa S., Chair):

Attended Area 72 Archives Quarterly this month. Was able to share materials surplus or not relevant to GSIG with district archivists. Conducting ongoing sorting and filing of archival materials

Corrections Committee (Tami B., Chair):

Meeting cancelled due to snow. Nothing new to report.

CPC/PI Committee (Meghan T.):

CPC/PI Gathered again this past Saturday with a main objective of creating a plan for the upcoming Burien Little Assembly 2019 display table. We discussed what information we would like on our table and assigned volunteer shifts. We also updated one-another on the ongoing projects occurring in the districts represented during our meeting. As a whole we are looking forward to attending our Quarterly this weekend, which had been postponed due to our region's 'weather event'. We are hoping to also attend The United Way Community Resource Exchange coming up on March 13th at Safeco Field. We are awaiting official approval from that entity about our attendance. We are happy to report several court related opportunities in District 31 and District 15 that we are hoping to organize over the next few months. I am also hoping to gather any contact information for those who are maintaining literature racks in the greater Seattle area in hopes of updating our excel spreadsheet for that service outlet. Overall, the new rotation seems to be having a slow and steady approach. Meeting new and friend faces at each monthly meeting so far.

PI/CPC Events to note:

02/23/2019

PI/CPC Quarterly

03/13/2019

The United Way Community Resource Exchange - still awaiting official approval.

03/16/2019

Burien Little Assembly - PI/CPC display table

High & Dry (Open):

Contact chair@seattleaa.org if you are interested in this position.

Hospitals & Treatment Committee (Erin G.):

Verbal report given.

Office Committee (Richard I.):

No report. Information and issues will be covered in the Office Manager's Report

Office Manager (Norm S.):

Office Manager Report to the Board of Directors February 19, 2019

I am pleased and grateful to submit this Office Manager Report for January 2019. Inventory—Inventory levels are considered adequate.

Process/Organization—

Office/phone weekday volunteer coverage: Current office volunteer openings are as follows: Friday mornings, 10-2 p.m., and on Saturday mornings, 10-2 p.m., with Anita.

Weekday evening and weekend shifts: There are now six openings for group phone answering evenings and weekends—2nd Thursdays, 6 p.m.-10 p.m., 4th Fridays, 6-10 p.m. and 1st, 2nd, and 5th Saturdays, 6-10 p.m., 1st Sundays, 2 p.m. to 6 p.m. Please communicate these group service opportunities to your groups!

Nightwatch shifts: When the February Nightwatch calendar was published, all positions were filled. Past chair, Len T., is taking five positions a month, to ensure coverage. I am sure he would be willing to give up many of these for new volunteers. Please let your GSR's know that they should e-mail nightwatch@seattleaa.org to express interest and for an updated list of openings.

Physical Plant: No current issues to report. Quarterly preventative maintenance was performed on both heating units.

Financial Statements—The financial result for January was a profit of \$4,100, very nearly on the budgeted profit of \$4,200. Group contributions of \$14,700 exceeded the budgeted \$12,600. Retail sales amounted to \$12,000 compared to budget of \$15,000. Gross profit, therefore, of \$20,500 was very nearly equal to the budgeted \$20,600, but expenses, our fixed costs, were \$16,600, exceeding the budget of \$16,500. We received five monthly invoices from Parnassus Exchange for phone forwarding in one month. So, this \$700 obligation, which would normally have been \$140 is the proximate cause of the overage in our operating expenses. We expect monthly invoices in the future. Our cash position is adequate, and the prudent reserve is intact.

Respectfully submitted,

Norm S.
norm@seattleaa.org



STANDING COMMITTEE FINANCIAL INFORMATION

Greater Seattle Intergroup
Standing Committee Earmarked Funds (Pink Can, Blue Can, etc.)
January 2019

Committee	Corrections	Hospital & Treatment	Accessibility	PI / CPC	Total Earmarked Funds
Beginning Balance	\$ 6,518.03	\$ 34.00	\$ 3,817.17	\$ (16.00)	\$ 6,642.85
YTD Contributions	\$ 1,209.88	\$ -	\$ 208.65	\$ -	\$ 1,418.53
YTD Use of Funds	\$ (503.40)	\$ -	\$ (60.00)	\$ -	\$ (563.40)
YTD Ending Balance	\$ 7,224.51	\$ 34.00	\$ 3,965.82	\$ (16.00)	\$ 11,208.33

Greater Seattle Intergroup
Standing Committee Expenditures Against Budgets
January 2019

Committee	Corrections	Hospital & Treatment	Accessibility	PI / CPC	Total Expenses Against Budget -- Standing Committees
Expenses to Date	\$ -	\$ -	\$ 60.00	\$ -	\$ 60.00
Budget to Date	\$ 30.00	\$ 130.00	\$ 200.00	\$ 150.00	\$ 510.00
Budget -- Full Year	\$ 360.00	\$ 1,500.00	\$ 1,500.00	\$ 1,800.00	\$ 5,160.00

Greater Seattle Intergroup
Condensed Financial Statements
January 2019

CONDENSED PROFIT & LOSS

Ordinary Income/Expense	Jan-19	Jan Budget	Jan-19	YTD Budget	Jan-Dec 2018
Income					
Total Retail Sales	12,034	15,000	12,034	15,000	133,906
Total COGS	7,308	9,500	7,308	9,500	87,483
Gross Profit from Retail Sales	4,727	5,500	4,727	5,500	46,423
Gross Profit %	39.3%	36.7%	39.3%	36.7%	34.7%
Group Contributions	14,685	12,570	14,685	12,570	111,561
Personal and Other Contributions	469	1,240	469	1,240	9,615
Meeting Room Rent; Birthday Club	518	1,040	518	1,040	7,995
Special Events Income	84	200	84	200	4,810
Total Items to Cover Fixed Expenses	20,483	20,550	20,483	20,550	180,404
Expenses					
Expenses--Other	377	510	377	510	5,133
Paid Staff	8,710	8,850	8,710	8,850	91,963
Rent and Office	6,968	6,420	6,968	6,420	78,392
Standing Committees	516	700	516	700	7,616
Travel and Meetings	-	-	-	-	-
Total Fixed Expenses	16,571	16,480	16,571	16,480	183,104
Net Ordinary Income (Loss)	3,912	4,070	3,912	4,070	(2,700)
Net Other Income, Chiefly Interest Income	195	100	195	100	362
Net Income	4,107	4,170	4,107	4,170	(2,338)

CONDENSED BALANCE SHEET

ASSETS	Jan 31, 19	Dec 31, 18	Dec 31, 18
Current Assets			
Checking	20,407	16,635	16,635
CD's--Prudent Reserve *	50,464	50,269	50,269
Accounts Receivable	1,659	1,040	1,040
Inventory and Other	38,935	37,365	37,365
Total Current Assets	111,465	105,309	105,309
Total Fixed Assets	2,694	2,764	2,764
TOTAL ASSETS	114,159	108,073	108,073
* Per bylaws, prudent reserve is calculated to be 3x average monthly expenses, approx. \$46,000.			
LIABILITIES & EQUITY			
Current Liabilities			
Accounts Payable	348	318	318
Payroll & Sales Tax Liabilities	(466)	(1,560)	(1,560)
Committee Earmarked Funds Total	11,318	10,463	10,463
Total Liabilities	11,200	9,221	9,221
Equity			
3001 - Opening Bal Equity	694	694	694
3101 - Retained Earnings	98,158	100,496	100,496
Net Income	4,107	(2,338)	(2,338)
Total Equity	102,960	98,852	98,852
TOTAL LIABILITIES & EQUITY	114,159	108,073	108,073

Thanks to Our Awesome Daytime Office Volunteers

MONDAY	Morning	Sharon B and Diane L
	Afternoon	Bill S and Freda T
TUESDAY	Morning	Gary H and Susan D
	Afternoon	Marci W
WEDNESDAY	Morning	Joe M and Gerry L
	Afternoon	Doug C and Geoff G
THURSDAY	Morning	Vito M and Steve B
	Afternoon	Joe B
FRIDAY	Morning	Jon C
	Afternoon	Bob F
SATURDAY	Morning	Fred P and Jon C
SEATTLE SUBSTITUTES: Carolyn B		

SOUTHEND BOOKSTORE VOLUNTEER MANAGER: Jim H.

VOLUNTEERS: : Chuck G., Carolyn B., Rick L., Cliff M., Bernice, Matt & TJ M.

SOUTHEND BOOKSTORE PHONE NUMBER: 253 288 2237

BIRTHDAY CLUB

HAPPY BIRTHDAY TO MARCH CELEBRANTS IN THE HOW DRY I AM CLUB!!!

Courtney S.		20 years
Anonymous		29 years
Helen D.	Pass It On	February 1987, 32 Years
Gary H.	Pass It On	2/9/1984, 35 Years
Allison B.	Cute But Dangerous	8 Years

If you would like to join the **Birthday Club** and support GSIG please fill out this form and send along with the suggested donation of \$1 per year of sobriety!

Name	
Address	
City, Zip	
AA Anniversary and/or # of years	
Home Group	
Contribution enclosed	\$

Send to: Greater Seattle Intergroup 5507 6th Avenue S, Seattle, WA 98108

The High & Dry

Editor: Norm S., temporary

Contributing Editor: Anita S.

Mailing Team: Irreplaceable Volunteers

The High & Dry is published monthly by an all-volunteer staff at the Greater Seattle Intergroup of Alcoholics Anonymous Office, 5507 6th Avenue South, Seattle WA 98108 (Phone: 206-587-2838)
www.seattleaa.org

**Do you have something you would like to submit to The High & Dry
newsletter?**

We would love to see your event flyers, letters, stories, photos, drawings,
poetry, interviews, and whatever else you would like to share with other
AAs in and around Seattle.

**H&D deadline is the 25th of each month. Send submissions to
high_and_dry@seattleaa.org**