



The High & Dry



January 2020

JANUARY IN OUR HISTORY

January 1

1988 - West Virginia A.A. began the first statewide toll-free telephone hotline.

January 2

2003 - Mid-Southern California Archives moved to new location in Riverside.

January 3

1939 - First sale of Works Publishing Co. stock was recorded.

January 4

1941 - Bill and Lois W. drove to Bedford Hills, NY, to see Stepping Stones and broke in through an unlocked window.

January 8

1938 - New York A.A. split from the Oxford Group.

January 12

1943 - Press reported the first A.A. group in Pontiac, Michigan.

January 13

1988: Jack Norris, M.D., Chairman/Trustees of A.A. for 27 yrs. died.

January 15

1948 - Polk Health Center Alcoholic Clinic for Negroes started operations with 14 willing subjects. The Washington Black Group of A.A. cooperated with the clinic.

January 17

1919: - 18th amendment, "Prohibition," became law.

January 19

1940 - First A.A. group met in Detroit, Mich.

January 20

1954: Hank P., author of *The Unbeliever* in the first edition of the Big Book, died in Pennington, NJ.

January 21

1951 - A.A. Grapevine published memorial issue on Dr. Bob.

January 23

1961 - Bill W. sent an appreciation letter, which he considered long-overdue, to Dr. Carl Jung for his contribution to A.A.

January 25

1915 - Dr. Bob S. married Anne Ripley.

January 26

1971 - New York Times published Bill's obituary on page 1.

January 27

1971 - The Washington Post published an obituary of Bill W. written by Donald Graham, son of the owner of the Washington Post.

FUTURE TRIPPING

JANUARY

3-6 WACYPAA XXII The Grove Hotel, 245 Capitol Blvd Boise, ID 83704

3-5 2020 Business Quarterly First Baptist Church Community Center, 1616 Pacific Avenue Everett, WA 98201

5 Traditions on Sundays (Through March 22) Southend Fellowship, 321 3rd Ave S Kent, WA 98032

11 Bridging the Gap Treatment Quarterly Good Shepherd Baptist Church, 6915 196th St SW Lynnwood, WA 98036

17-18 A Design for Living-Katie & Charlie P. Thurston Expo Center, 3054 Carpenter Rd, Fairgrounds Lacey, WA 98503

18 Area 72 Accessibility Quarterly Maple Valley Church, 22659 Sweeney Road SE Maple Valley, WA 98038

18 12th Step Workshop Eastside Intergroup, 13401 Bel Red Road Suite B6 Bellevue, WA 98005

19 Archives Work Party! 3905 Steilacoom Blvd SW Lakewood, WA 98499

24 Buck Creek Men's Retreat Black Diamond Camp, 67404 State Route 410 Enumclaw, WA 98022

25 Area 72 Young People Committee Quarterly The Vine Church, 7750 21st Ave NW Seattle, WA 98117

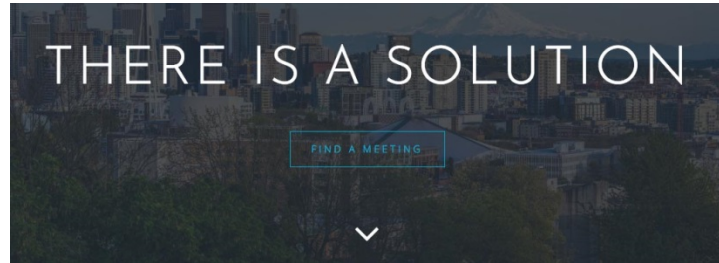
MEETING CHANGES

Spiritual Fitness Thursdays 7 p.m. changed location to Grace Presbyterian Church 832 32nd Ave Seattle, WA 98122

The Edmonds Group Mondays 7:30 p.m. changed location to Mountlake Terrace Senior Center 23000 Lakeview Drive Mountlake Terrace, WA 98043

Back to Basics - Big Book Study Saturdays 7 a.m. 4157 California Ave SW Seattle, WA Church changed name to The Junction Church

www.seattleaa.org



Thanks to Our Awesome Daytime Office Volunteers

MONDAY	Morning Afternoon	John D Bill S
TUESDAY	Morning Afternoon	Gary H and Susan D Marci W
WEDNESDAY	Morning Afternoon	Joe M/ Karin Anita S/Al C/Fred
THURSDAY	Morning Afternoon	Vito M and Steve B Joe B/Al C
FRIDAY	Morning Afternoon	Jon C and Thomas H Freda T
SATURDAY	Morning	Dan G

SEATTLE SUBSTITUTE: Carolyn B

SOUTHEND BOOKSTORE VOLUNTEER MANAGER: Jim H.
VOLUNTEERS: : Danny D., Kelly P., Carolyn B.

SOUTHEND BOOKSTORE PHONE NUMBER: 253 288 2237

BIRTHDAY CLUB

HAPPY BIRTHDAY TO THE JANUARY CELEBRANTS IN THE HOW DRY I AM CLUB!!!

Laurel W		33 years (12/25/86)
Greg F		33 years (11/1/86)
Janice B		30 years (12/31/89)
Mike M	Men's Open Book	21 years (12/1/98)
Dawn B	Sober Sisters of Seattle	8 years
Maureen S	Happy Hour	15 years (12/17/04)
Pat Mc	Any Lengths Group	37 years (12/31/82)
Elise Von K		40 years (10/14/79)
Anonymous	Saturday Ladies Study	32 years (11/04/87)
Vito M	Empire Way	38 years (01/09/82)

Name	
Address	
City, Zip	
AA Anniversary and/or # of years	
Home Group	
Contribution enclosed	\$
Return this form to:	Greater Seattle Intergroup 5507 6 th Ave S. Seattle, WA 98108

High and Dry: News and Notes — JANUARY 2020

We would love contributions from you. Please share your thoughts, ideas, suggestions and comments with us by emailing us at high_and_dry@SeattleAA.org. We aren't promising that everything sent to us will be published, but we will be reading everything sent our way.

This month we are running three essays written by members on some of AA's foundational literature. Thanks to Steve R, Andy A and Steve C.

STEP ONE: SURRENDER COMES FIRST

By Steve R.

At the age of 30, I reached my current sobriety date that was January of 1991. When I showed up to Alcoholics Anonymous, I was introduced to the idea that there could be a different way of living, based on a program of spiritual principles. Step One tells me that *surrender is essential in order to recover from alcoholism*. It also tells me that *alcoholism is a physical and mental illness, which only a spiritual experience can conquer*.

In Step One I have learned that I am an alcoholic because I like the effect produced by alcohol, in fact, that I would follow it through the gates of Hell. In the past, I thought I knew what I was doing, but after coming through the doors of AA, it was pointed out that the solutions I had come up with were the problem and I needed new solutions. Without those solutions, I was sure to die, as I am a "consequence" drinker - I drink until there are consequences. When those consequences get bad enough, my solution is to drink more.

This step also describes me as: an *outright mental defective, in full flight from reality, and maladjusted to life*, therefore I had succeeded in ruining everything around me. For many years, the thought of actually fixing it was almost more terrifying than just stopping drinking. I had to find something that worked, and that was the AA program because my mind wants to tell me that I am okay, even while alcohol was taking me closer and closer to death.

This launched me on a journey into a new way of living. I had to get a sponsor to help me do the Steps, and that put me in service work, even when I didn't think I needed to be. When I got into service work, I realized that there was unity in meetings, and out of meetings, within his program,

this led me to recovery. Of course, none of this would work without accepting that a Higher Power was essential to my recovery.

It's not just about going to Alcoholics Anonymous meetings and getting sober, it's about going to meetings on a regular basis to maintain my sobriety and sanity. I was once told that if I just go to meetings and read the Steps on the wall, then I would only receive "off-the-wall sobriety," and for some like me, I will be drunk on that kind of program.

Step One is the most important because it leads us onto a path of discovery and recovery, and without it, working the rest of the Steps would be a waste of time and energy. The good thing for us is the Big Book of Alcoholics Anonymous explains what it is to be an alcoholic.

Of course, none of this is possible without a true desire to stop drinking, and for me while drinking I had lost the power to choose correctly, *as I had met my match, I had been overwhelmed, Alcohol was my master.*

If you hang around long enough you see people who stop going to meetings, and where some are okay, others fall hard. I don't to have any illusion, that I would be okay. If you're new, get in the middle of the herd. AA saved my life and countless other millions, it's a program that works, but you'll only get out of it what you put into it. Recovery is at the next meeting, or maybe the one after that. The key is to keep trudging. will never stop listening for the message that's coming my way.

CONCEPT ONE: A.A. World Service resides in Fellowship

By Andy A.

Concept I: Final responsibility and ultimate authority of A.A. world services should always reside in the collective conscience of the whole Fellowship.

"What an order I can't go through with it". This is a tall order, how does anyone get the whole fellowship of their home group, district or area involved in trying to get a true conscience? The reason that this is such a tough task is that we have so few members get involved with the business aspect of our program. Most home group business/conscience meetings are poorly attended. And, quite often the conscience is rushed and not all information has been heard. When this happens it seems more like pooled ignorance than an informed group conscience.

When I was a General Service Representative (GSR), I took time at the meeting to try and make sure that they understood the issue prior to a vote. Then during the smoke break I would wander around and ask members that for some reason were unable to be at the conscience meeting what they thought. I would also try to do this at the coffee shop after the meeting. In this process I felt that I had a broader consensus of my home group to carry with me. Also, I took this same approach with me as a District Committee Member (DCM) and as a Delegate.

When discussing motions and/or agenda items I always asked a new person. If someone with less than one year could not understand the way it was written than their probably needed to be a re-write. The reason I say this is because if we really want it to be passed we need as many of the fellowship to understand it as possible. And, I meet a lot of people young in sobriety at district and area functions that are there to reach that group conscience. This is another aspect of trying to include the whole fellowship.

There are many ways to try to entice members to attend these conscience meetings, food, money spending, irritation to name a few. Sometimes you have to do all three. When someone says that they do not want to be involved in the "Politics" you can tell them this: "How can doing GODS work have anything to do with Politics." And "Politics is defined as whenever two or more are gathered for a common cause." This might take the wind out of their sails.

When I was still out there I was not responsible for anything. I used to let everybody else make all the decisions and do all the actions. Now that I am sober and a member of A.A., I need to step up and be responsible and help my home group to make the right decisions. Those decisions could mean the life of the next alcoholic that walks through the door. The life of the newcomer and perhaps the life of my home group hang in the balance.

This also works at home and at work. I try to ask all of my family members when, where and what time we are going to meet for holiday gatherings. When scheduling work meetings/parties the same process happens. Also, I have or try to have a monthly gathering with the members I sponsor and that they sponsor and we all make the decision together for the next meeting. This is a true application of the whole fellowship.

TRADITION ONE: AA UNITY and the need for TRUST

By Steve C.

Tradition One (Short Form)

"Our common welfare should come first; personal recovery depends upon AA unity."

Bill W listed Tradition One in the 1940's as a response to our growth and development. He stated that no fellowship bends over backwards more than AA to help individual members; yet there comes a time when no personal sacrifice is too great for preservation of the fellowship.

One of the sacrifices we make as 2020 unfolds, is that we stop playing God and we move from levels of distrust to trust of ourselves and others so that the heartbeat of unity and our messages will continue to help individually and collectively.

Distrust damages our connection and the unity our fellowship

As members, we move away from distrust towards trust to ensure that we are connected (united) as a small part of a greater whole, which empowers us to live successfully despite the disease that can ruin us.

Many of us arrived at the steps and doorways of Alcoholics Anonymous with very little trust. This lack of trust is easy to understand. After all, it was hard for us to trust ourselves.

Over and over again, we took pledges to not drink.

Sometimes we took the pledge to not drink because we were sick and tired of being sick and tired. Sometimes we took the pledge to please a loved one, a friend, an employer, a doctor, or some other well-meaning person. But we drank - despite those pledges. Eventually, personal disappointment eroded our self-confidence and self-trust.

It was also difficult for us to trust other people. They turned away from us (bored or hurt) due to (a) the bizarre patterns that alcohol added to our behavior, and (b) the way that our drinking surprised and hurt them.

As people turned away from us, we felt abandoned, whether that was the case or not. In turn, we isolated and withdrew. Isolation and withdrawal progressed, and we disconnected from those in the program. We were no longer united or connected with people who understand our dilemma and

how to avoid drinking. Without those connections, the life-saving power that flows across them stopped and the drinking cycle (very likely) opened doorways to disastrous outcomes.

Perhaps that is why Bill W listed Unity as the first tradition. It's an important building block in our new way of life. And, an essential ingredient in that building block is trust.

Trust – The essential ingredient for Unity

Since it is doubtful or impossible to create and sustain unity without trust, here are some attitudes and actions that create the kind of trust that builds unity:

1. Maintain a spirit of mutual respect and love — one person for another.
2. Ensure that mutual trust will prevail.
3. Avoid actions taken in anger, haste, or recklessness.
4. Respect and protect all minorities.
5. Ensure actions are never personally punitive.
6. Ensure important actions will be taken in substantial unanimity.
7. Guard against tyrannies, great or small whether found in the majority or the minority.

About decision making and differences of opinion

There are many occasions to make or break trust and unity when we are working together to find the best course of action to take as a member, couple, family, group, district, intergroup or central office, area, board member, paid staff, or Conference. Here are some ways to ensure we haven't forgotten to include the essential ingredients for Unity (especially #4 and #6 above) as we decide what is best for all of us rather than what is best for some of us:

1. Learn by listening attentively and reading critically.
2. Seek diversity not validation.
3. Make your experience relevant but not narrow.
4. Identify and challenge your biases.
5. Question the solution set offered.

Conclusion

Even though our fellowship was founded long ago in 1935 and the co-founders had moved beyond our sight, AA was still here for us when we arrived. Now, it is our turn right here and right now to do what we can to ensure that AA will remain available to those yet to come. Our experience shows that the fellowship will remain available to suffering alcoholics for as long as we rely on the anvil of our experience to maintain unity. In fact, our experience shows that we can function effectively and happily as citizens among citizens even outside the boundaries of our fellowship.

Draft Minutes of the Meeting of the Board—December 17, 2019

Opening

The meeting was opened at 7:00 PM.

AA birthdays

Karin O. – 90 days
Karen K. – 5 Years
Rodney G. – 13 Years
Mike M. – 21 Years

Quorum Count

Active Zones Present	Active Zones Absent
108, 112, 114, 116, 117, 118, 124, 131, 140, 141, 142	118, 132

Groups in attendance:

South End Fellowship – Darci
Pass it On – Ron
A New Purpose – Karen
Solution Group – Carl G.
Boiled Owl – Richard I.
Dawn Patrol – Jennifer S.
Freemont Triangle – Lee
Principles before Personalities – Keith
Sunday Morning Magic – Tishawna
Empire Way – Karen
Pilgrims on Broadway – Tami B.

Fall assembly Board Meeting Motions

1)2020 Budget for approval

Discussion:

- It was asked will the proposed budget bring us below the prudent reserve? We are already are. We need to increase contributions to meet proposed budget.
- Solution Group opposed current budget structure, suggests projected actual budget not balanced budget.
- Empire Way notes that the current budget presents -\$400 instead of \$0 balance. Minor change, no problem.

131 moves to approve, 108 seconds

24 approved

1 opposed

3 abstained

Here is the final approved budget:

Ordinary Income/Expense		FINAL FY2020 Budget	
Income			
Contributions			
4001 · Group Contributions	118,421		Need for zero net loss
4002 · Misc. Contributions	11,380		Same 2019
4003 · Meeting Room 7th Collections	4,839		Same 2019
4004 · Birthday Contributions	2,953		Same 2019
Total Contributions	137,594		
Retail Sales			
4101 · Literature Sales	89,531		Same 2019
4111 · Meeting Directory Sales	22,911		Same 2019
4121 · Coin Sales	10,409		Same 2019

4141 · High & Dry Sales	111	Same 2019
4151 · Shipping Income	(272)	Same 2019
Total Retail Sales	122,690	
4201 · Special Events Income	5,562	Same 2019
Total Income	265,846	
Cost of Goods Sold		
COGS		
5101 · Literature COGS	69,533	Same 2019
5111 · Meeting Directory COGS	9,286	Same 2019
5121 · Coin COGS	4,404	Same 2019
5141 · High & Dry COGS	883	Same 2019
5161 · Inventory Adjustments	(185)	Same 2019
5162 · Lit COGS Qty Disc(-) Penalty(+)	(784)	Same 2019
Total COGS	83,136	
Total COGS	83,136	
Gross Profit	182,710	
Expense		
Other Expenses		
6301 · Interest & Bank Charges	668	Same 2019
6302 · Stripe Processing Fees	276	Same 2019
6303 · Credit Card Processing Fees	1,795	Same 2019
6501 · Insurance	1,311	Same 2019
6502 · Licenses & Taxes	15	Same 2019
6701 · Professional Fees--Tax & Other	900	Same 2019
6921 · Burien Little Assembly	120	
6931 · Cash Over/Short	0	Same 2019
6932 · Petty Cash (Over) Short	0	Same 2019
6933 · Reconciliation Discrepancies	0	Same 2019
6941 · Depreciation	420	Same 2019
Total Other Expenses	5,504	
Paid Staff		
6101 · Payroll Expenses		
6111 · Wages	80,038	4% increase

6112 · Taxes	6,403	8% Wages
Total 6101 · Payroll Expenses	86,441	
6121 · Medical Insurance	1,680	
Total Paid Staff	88,121	
Rent and Office		
6001 · Rent	44,268	Per lease
6002 · Triple Net	17,868	4% Increase
6003 · Maintenance & Repairs	1,696	Same 2019
6005 · Office Supplies	3,322	Same 2019
6201 · Utilities		
6211 · Electricity	3,577	Same 2019
6212 · Internet Service	591	Same 2019
6201 · Utilities - Other	2,534	Same 2019
Total 6201 · Utilities	6,703	
6400 · Communications		
6401 · Phones	2,935	Same 2019
6403 · Call Forwarding	2,520	Same 2019
Total 6400 · Communications	5,455	
6601 · Shipping Expense	362	Same 2019
6602 · Postage	270	Same 2019
Total Rent and Office	79,945	
6801 · Standing Committees		
6811 · Archives Committee	120	2019 Budget
6812 · Corrections Committee	360	2019 Budget
6813 · GSIG Board	480	2019 Budget
6814 · Hospital & Treatment Committee	1,800	2019 Budget
6815 · PI/CPC Committee	1,800	2019 Budget
6816 · Special Events Committee	3,000	2019 Budget
6817 · Third Legacy Committee	480	2019 Budget
6818 · Web and Technology Committee		
6819 · Accessibility Committee	1,500	2019 Budget
Total 6801 · Standing Committees	9,540	

Total Expense	183,110	
Net Ordinary Income	(400)	
Other Income/Expense		
Other Income		
7001 - Interest Income	400	Same 2019
Total Other Income	400	
Net Other Income	400	
Net Income	0	

2) Proposal for “Intergroup Monthly Sustainers Program”

By: GSIG Finance Committee

What it is: The GSIG Sustainer’s Program would allow individual AA members to make **monthly recurring donations** to Intergroup by credit card, debit card, or bank debit. It would use the credit card processing system that we already use on the website.

The program would create a professional-level **promotional flier** that explains what Intergroup is, and the need it has for reliable, sustainable income. Then, in cooperation with the Intergroup 3rd Legacy Committee, the program would be promoted with **visits to AA District meetings and group business meetings**. At these meetings we would explain the need, answer questions, and **allow members to sign up** for monthly donations to Intergroup using square card processors, their own mobile phones, or the Intergroup website. We would also promote the program on the GSIG website, in the High & Dry paper, and using Intergroup email lists.

Why is this program needed? Seattle Intergroup has found itself short of money at the end of most of the last five years, and has had to seek emergency help from AA groups to balance the budget. Intergroup has also had to tap into prudent reserve savings in order to pay expenses. Currently most donations to Intergroup come from AA groups rather than individual members. Regular individual monthly donors could help Intergroup operate with more predictable income and without regular end-of-year financial crises.

What if members already give to their home groups and those groups give to intergroup? Group donations are dependent on the group conscience of each group and the financial position of each group. They cannot be counted upon to be made at the same times as previous years, or to be the same amounts. Also, many groups make no contributions to Intergroup, but some members may still want to provide support.

Will credit card information be saved or visible to anyone in AA? And what about anonymity? Just like our current web donation system, no credit or debit card information will ever be in the possession of Intergroup or anyone at AA. All card information will reside with our bank and with the credit card processing company. Also, like with current web donations, no donor name or contact information will be visible to the public or outside the Intergroup office.

Discussion:

- D42 one person thought it was a slippery slope to giving the groups a pass on contributing. Currently a third of groups contribute.
- How do we check if contributors are a member of AA? We have language on to donation form.
- Will funds be earmarked. No, they won't.
- For onsite donations the mechanism for accepting these is still in the planning phase.
- Solution group has concern that this is promotion. Counterpoint made that this is not selling the program of AA it is offering an opportunity to support Intergroup.
- It is suggested to avoid the word promotion. Make it clear it is a 7th tradition thing not an 11th tradition thing.
- Empire Way has concerns that there would be an impact on staff.
- Comment made that this is the way of the future and this is a good way to grow intergroup.
- Freemont Triangle would like us to make a direct appeal for a dollar amount in addition to this.

Motion to allow the finance committee to pursue this.

25 Approved

2 opposed

1 abstention

3) “Sunday Morning Magic proposes a motion, all groups may send an Intergroup Representative directly to the Board meeting with complete voting privileges at all Board meetings.”

117 seconds the motion

Discussion:

- A purpose of this motion is stated that this can increase participation at intergroup. Folks expressed doubt that this would increase participation.
- Support was expressed that this would improve communication between the groups and intergroup.
- Concern that groups more local to intergroup will have more power at intergroup.

14 approved

10 opposed

Motion moves into the approval process laid out in the Bylaws

Reports

Chair (Mike M.):

Nothing to report.

Vice Chair (Astri T.):

There has not been a great demand for my services since our last Board Meeting. I did participate in the Service Manual Study held at GSIG on the 1st of December. I invite you all to join us, the

first Sunday of every month at 11:00AM. December 7th I facilitated a Group Inventory at TUG in Mountlake Terrace. The meeting was well attended. They are devoted home group members who shared good food and had some food for thought regarding where they might make changes to help carry the message in a more effective way. Thank you TUG for your hospitality. The following day (Dec 8th) was Norm's Memorial which was also well attended. Many touching and funny stories were shared, thank you everyone who attended.

Going forward I will continue to meet with the 20/20 Committee as we review Policies and Procedures, current practice and look to the future and GSIG. I will also be meeting with the Ad Hoc Committee to review potential changes/improvements to the GSIG Meeting Schedule format once a meeting date has been set. January 3 & 4 I will be attending the Area 72 Business Quarterly in Everett (and the GSIG Service Manual Study on the January 5th).

I wish you Happy Holidays and look forward to what 2020 has in store for us.

Chair Emeritus (Dawna H.):

Nothing to report.

Treasurer (Allison B.):

Quick look at November financials (rounded to thousands):

Group Contributions: \$10K (at budget)

Other Contributions: \$2K (\$1K over budget. THANK YOU!!)

Retail Sales: \$8K (\$3K under budget)

Expenses: \$16K (at budget)

Net Income: \$2K loss (budget: \$1K loss)

Cash and CDs: \$56K

Non-restricted cash and CDs: \$47K

Summary

-Year-to-date, Seattle Intergroup has had a loss of \$21K. Of course, we haven't had the last month of the year yet, but Intergroup's loss for 2017 was \$4100, and the loss for 2018 was \$2300. It is likely that the loss for this year will be significantly higher than the previous two years.

-As noted above, cash and CDs are valued at \$56K. Cash is constantly flowing, and is what is used to pay bills, etc. What should be considered as GSIG's prudent reserve is our CDs. Currently, our CDs are valued at \$40K. GSIG prudent reserve (3 times average monthly expenses) is approximately \$46K. So GSIG continues to sit below prudent reserve.

-Corrections and Accessibility committees continue to spend their earmarked funds on serving alcoholics!

CONDENSED PROFIT & LOSS

Ordinary Income/Expense	Nov-19	Nov Budget	YTD Jan-Nov- 19	YTD Budget	Jan-Dec 2018
Income					
Total Retail Sales	7,797	11,240	105,740	123,740	133,906
Total COGS	5,465	7,070	71,655	78,440	87,483
Gross Profit from Retail Sales	2,332	4,170	34,085	45,300	46,423
Gross Profit %	29.9%	37.1%	32.2%	36.6%	34.7%
Group Contributions	9,606	9,750	98,698	116,150	111,561
Personal and Other Contributions	2,152	780	12,158	9,290	9,615
Meeting Room Rent; Birthday Club	338	660	6,326	7,840	7,995
Special Events Income	69	200	4,316	5,900	4,810
Total Items to Cover Fixed Expenses	14,497	15,560	155,583	184,480	180,404
Expense s					
Expenses--Other	2,484	390	8,765	4,840	5,133
Paid Staff	7,098	8,850	88,088	97,350	91,963
Rent and Office	6,863	6,420	74,120	70,620	78,392
Standing Committees	0	590	5,552	8,970	7,616
Travel and Meetings	0	0	0	0	0
Total Fixed Expenses	16,445	16,250	176,525	181,780	183,104

Net Ordinary Income (Loss)	(1,947)	(690)	(20,942)	2,700	(2,700)
Net Other Income, Chiefly Interest Income	0	0	256	400	362
Net Income (Loss)	(1,947)	(690)	(20,686)	3,100	(2,338)
	-	-	-	-	

CONDENSED BALANCE SHEET

	Nov 30, 2019	Oct 31, 2019	Dec 31, 2018
ASSETS			
Current Assets			
Checking	15,641	17,068	16,635
CD's--Prudent Reserve *	40,482	40,482	50,269
Accounts Receivable	377	558	1,040
Inventory and Other	35,095	31,869	37,365
Total Current Assets	91,595	89,977	105,309
Total Fixed Assets	2,484	2,484	2,764
TOTAL ASSETS	94,079	92,461	108,073
<i>Per bylaws, prudent reserve is calculated to be 3x * average monthly expenses, approx. \$46,000.</i>			
LIABILITIES & EQUITY			
Current Liabilities			
Accounts Payable	11,805	6,656	318
Payroll & Sales Tax Liabilities	(4,465)	(3,343)	(1,560)
Committee Earmarked Funds Total	8,573	9,118	10,463
Total Liabilities	15,913	12,431	9,221
Equity			
3001 · Opening Bal Equity	694	694	694
3101 · Retained Earnings	98,158	98,158	100,496
Net Income	(20,686)	(18,822)	(2,338)
Total Equity	78,166	80,030	98,852
TOTAL LIABILITIES & EQUITY	94,079	92,461	108,073

-

-

-

Greater Seattle Intergroup
Standing Committee Earmarked Funds (Pink Can, Blue Can, etc.)

YTD Nov 2019

Committee	Corrections	Hospital & Treatment	Accessibility	PI / CPC	Total Earmarked Funds
Beginning Balance 1/1/19	\$6,518	\$34	\$3,817	(\$16)	\$10,353
YTD Contributions	\$4,733	\$0	\$3,761	\$16	\$8,510
YTD Use of Funds	(\$6,836)	(\$34)	(\$3,433)	\$0	(\$10,302)
Ending Balance	\$4,416	\$0	\$4,145	\$0	\$8,561

Greater Seattle Intergroup
Standing Committee Expenditures Against Budgets

YTD Nov 2019

Committee	Corrections	Hospital & Treatment	Accessibility	PI / CPC	Total Expenses
Expenses to Date	\$29	\$810	\$910	\$790	\$2,538
Budget to Date	\$300	\$1,430	\$1,400	\$1,650	\$4,780
Budget -- Full Year	\$360	\$1,500	\$1,500	\$1,800	\$5,160

Recording Secretary (Aaron C.):

November 2019 minutes approved unanimously.

Please use the below to submit your reports. Alternatively send them directly to secretary@seattleaa.org.

<https://www.seattleaa.org/intergroup/intergroup-board/intergroup-board-report-form>



With love and gratitude,
Aaron C.

Accessibility (Jack M.)

Nothing to report.

Archives Committee (Teresa S.):

We are missing electronic copies of the High and Dry as follows: Feb/March/April 2018. Have updated the Power Point Sober in Seattle for viewing at tonight's assembly.

Corrections Committee (Tammi B.)

Nothing to report.

CPC/PI Committee (Jennifer S.)

This is the my first report for the Intergroup Board. Our PI/CPC Committee meets on the 3rd Saturday of each month at Greater Seattle Intergroup at 10:00am. I look forward to facilitating my first meeting for this committee. I am excited that the Corrections Committee is hosting their Area Quarterly at Intergroup this Saturday as well so we will be able to mingle and fellowship with Corrections.

After being informed last month of the changes happening at Thunderbird Treatment Facility, we were asked to reached out to The Indian Health Board to discuss how we

could be supportive and continue to offer AA as a resource to that community as they go through their transition. They were very glad to hear from us and wanted to make sure to get an updated list of people willing to continue to bring meetings and panels to them in their future location.

We received a request from a woman named Sandra in Charlotte, NC reaching out to us for information on how the following are handled:

1. Orientation and training for new speakers.
2. Scheduling speakers.
3. Scheduling training.
4. Identifying and contacting prospective target audiences.

I am setting up a time to speak with her in hopes of sharing experience.

We have a request in District 24 for young people to speak to students at Mountlake Terrace High School. I am working on getting in touch with the PI/CPC chair(s) of District 24 to see if they have people available in that area for this type of service. We will also discuss at the Committee Meeting this Saturday to put the word out.

We are looking for people to staff a table at the Burien Little Assembly from 11:00am-3:00pm on Saturday, March 14th in order to provide information on how to get involved with PI/CPC service.

Newsletter (John P.):

Nothing to report.

Hospitals & Treatment Committee (Erin G.):

Received and sent out about a dozen Bridge the Gaps.

Lakeside Milam is looking for women to run a meeting at its Renton location on Fridays from 12:30 – 1:30pm.

Thunderbird Treatment Center is closing in February. We are working on reaching out to the Seattle Indian Health board to inquire about future plans and service opportunities to ensure there isn't a lapse in AA involvement if it's still desired. We are looking to contact those taking meetings in and updating our list of meetings involved. If you are taking a meeting into Thunderbird, please contact hospitalandtreatment@seattleaa.org with meeting times.

Treatment Quarterly is Saturday, January 11, 2020, 1:00-5:00pm at Good Shepherd Baptist Church in Lynnwood. All are welcome to attend.

All are welcome at the regular Hospitals and Treatment Business Meeting at 10 am the first Saturday of the month at Greater Seattle Intergroup

Office Committee (Richard I.):

1. Financials

We discussed the monthly financials that Dennis and Mike put together. We noted that cash in QB is reconciled to the bank.

2. Debrief on how the November month end process went

The month-end close process went smoother this month. Dennis is working on some templates to support report generation.

We discussed the possibility of doing a "Year End Controls Review" as a matter of good practice. The Finance Committee will take this on, decide if and how to proceed and let us know

.

3. COLA Adjustment and Performance Reviews

We discussed the need to get the data (see b) to do a COLA increase. Dennis will get that data and bring info to the next office committee meeting for discussion and action.

Performance Reviews: There will be an interim "90-day" review for both Dennis and Lara in the next few weeks. The annual review will take place in September.

4. Hvac install update

The install will happen in January. Dennis is gathering documentation from the LL about the assumptions.

5. Other

- GSIG – "Group Inventory". Lara will spearhead this. Lara will schedule the Inventory date (We can begin telling GSRs and others about it.

- South End Book Store

Lara investigated how GSIG can better support the SE Bookstore. The Committee is looking at ways to engage and support better over time.

- 12th Step Calls

Pete (joined the meeting toward 7PM) and asked if we could approve adding the 12step referral process for the new time slots covered by Nightwatch.

Currently we do not perform 12 step calls or referrals for phone requests that come in during the 10 pm to 10 am (all days). This is not changing.

However, the Nightwatch Committee is now starting to answer more of the traditional phone shifts 6 pm to 10 pm and Sat and Sun due to the lack of volunteers from Groups or Members, or when the GSIG office is closed

The committee discussed and concluded that the Nightwatch Committee would perform 12 step call referrals using the 12step call list maintained by GSIG for any phone shifts that are answer by Nightwatch outside of the 10pm to 10 am (any day) time frame.

Lara will work with GSIG volunteers to update current paper copy of 12th step volunteer list.

Lara will investigate placing on Google docs to all phone volunteers can access the list.

- Switching Phone forwarding vendors from Parnassus to NEW ONE

We discussed the switch away from Parnassus. Basically, it was done to improve service quality and lower cost. Some Committee members wanted to understand the switch rationale. They indicated that they would like to have been better informed about the switch in advance.

- Office Committee Communication and decision making.

The Committee discussed the need to be made aware of issues and changes that involve the office in advance if possible. It will be a goal of the Office Committee to include all the members of the committee in updates and relevant decisions in a more inclusive way going forward.

- Office Committee membership expansion

We still need 2 additional new Office Committee members to fill out the roster. We should all be on the look-out for potential interested and appropriate volunteer to suggest for membership.

Office Manager (Dennis E.):

Nothing to report.

Assistant Office Manager (Lara R.):

Eastside Intergroup (ESIG) was not able to attend the Fall Assembly. It was the general request of the body present on December 17th that we ask ESIG to attend next month's Board meeting. The reason will be to provide information about how the ESIG organizational structure differs from Greater Seattle Intergroup (GSIG) and to explain their success with engagement of large numbers of Intergroup Representatives and District liaisons at their General Membership Meeting.

The communication between Greater Seattle Intergroup, the Districts and ultimately the groups needs to be strengthened. The more the fellowship knows and understands about the history of Intergroup and its current role in helping the alcoholic who still suffers in the Greater Seattle Area, the stronger the support from the fellowship will be. GSIG needs support not just monetarily but with volunteers to answer phones during the day as well as on Nightwatch. We also have group phone answering shifts available.

The current structure of district liaisons reporting information to the district with the hope that this information ultimately get to the groups is falling short. While we appreciate the district liaisons and the zone representatives that attend the Board meeting on a monthly basis it is clear that the communication efforts need to take on a more robust attempt to get Intergroup's message to the groups.

Thank you so much to the groups and individuals that currently support Intergroup through volunteer hours, contributions and purchasing literature at the office.

I am amazed and humbled everyday at the awesome efforts of Intergroup. I come to work with a truly humbled heart that I am trusted to keep the ever important mission of helping the groups to carry the message to the alcoholic who still suffers.

Night Watch Coordinator (Bird G.):

Nothing to report.

Special Events Committee (Allan C.):

Nothing to report.

Finance Committee (Carl G.):

Finance Committee (FC)Report: Dec. 15, 2019 5pm phone conference
committee report by Carl G

Allison B, GSIG Treasurer, Carl G, Pete K, Jeff U, Mike M GSIG Office Chair, attended the monthly meeting held via a conference call from 5 pm to 5:55 pm.

Topics Discussed

Physical Inventory – Pete and Carl counted the books, pamphlets, etc. on Nov. 27 total time 5.25 hr. Carl will do a write up describing the process so others will have a plan for the future. This may be a future job of FC. When do we see financial impact of this inventory on a financial statement? Per Mike, accounting will be done by the finalization of the years financial report.

FC review quarterly - information for Sept. quarterly review of QuickBooks reconciliation and bank statement did not get transmitted to the Chair of Finance Committee. This will remain an item that is outstanding into January as will the quarterly review for the fourth quarter.

Reviewed who are the signers on the bank accounts - Office Manager, Treasurer, Board Chair, Alt-Board Chair. It is desirable to check that no others are still on the account.

Ad-Hoc Committee to review financial information - After extensive discussion and the concurrence of the Treasurer and GSIG Board Chair we decided to implement (the item m. under Duties of Chairperson pg. 10 of Policy and Procedures) by having the Finance Committee take the lead in developing list of potential people to look at the financial controls that are appropriate to be in place and that those controls are being followed.

This list can then be reviewed by Dennis, and the Board Chair will select to do the report. One of the 3 or more people will be a member of the FC so GSIG can have an institutional memory and better idea of the time and scope of work involved. This will be done every 2 years as review of procedures and controls is frequent enough.

The Treasurer report will tell groups at the Fall Assembly GSIG is now below the prudent reserve. FC had no financial statements to review by this meeting to determine the extent of the amount below.

Rotation of current FC chair - Carl thanked the members for the opportunity to be service the last 2 years. He will stay on the committee until another member or 2 comes on and will take notes for Jeff, the new chair, during meetings.

New members to the Finance Committee are needed. Be in service from your home or office- join the committee by phone conference 5 pm on the Sunday of the month the week before the Intergroup Board Meeting (3rd Tue). We'll send you a reminder.

Please email financecomchair@seattleAA.org with any questions or to 'sit in' on a meeting.

Web & Technology Committee (Open):

Nothing to report.

Third Legacy (James R.):

Nothing to report.

Zone 112 A New Beginning Hall (Geoff G.)

A New Beginning Hall is doing well. A couple of reminders to people

- 1) We hold a Speakers Meeting the 1st Saturday of the month at 07:00PM. Our Speaker Seeker always had three great speakers
 - 2) We have a Birthday meeting the 3rd Saturday of the month at 07:00PM and provide cake as well as coins
 - 3) Sundays at 03:00PM we have a women's meeting
 - 4) Friday nights at 09:00PM is our Young Persons meeting , aka: "Corrupted Youth"
- All are invited, welcomed and encouraged to come to our regular daily meetings held at Noon, 05:00PM and 07:00PM as well as the above mentioned meetings

ANB Hall will open at 08:00AM on Christmas Day for a potluck, bring food . There will be meetings all day
New Years Eve there will be a candlelight meeting at 11:00PM

Event Date: 12/25/2019

Event Description: Christmas Day ANB Hall will open at 08:00AM. Pot luck food as long as it lasts. Meeting all day.

Event Date: 12/31/2019

Event Description: Candle light New Years Eve meeting at 11:00PM

District 32 (Matt H.)

District 32 passed it's Budget for next year 2020. Also allotted the amount above prudent reserve at time of this business meeting to be disbursed over the course of the year by 12 monthly payments equaling the total amount above prudent reserve. The monthly amount split 33% to each GSIG. Area 72 and General Service Office. Filled Young People Chair with Shawn leaving no open service chairs. The next business meeting is January 20, 2020 at 7pm at Brooklake Church in Federal Way will be comprised of District Meeting Inventory in place of regular meeting. Anyone can come and participate.

District 42 (Lyle C.)

Zone 142 is Shoreline, Lake Forest Park, and part of North Seattle. Attended my last District 42 meeting Dec. 12. I explained requirements for Zone rep. No one stepped forward to fill the vacancy next year. Informed zone re: Proposed budget for 2020, the Fall assembly and that all groups can vote. Also informed about motions at the assembly. District 42 has 2 open committee chairs: Corrections and PI / CPC. Thank You for allowing me to serve!

Next GSIG Board meeting: December 21st, 2020 at 7 PM at GSIG Office.

The High & Dry

Editor: Peeps (John P.)

Contributors: All of YOU

Mailing Team: Irreplaceable Volunteers

The High & Dry is published monthly by an all-volunteer staff at the Greater Seattle Intergroup Office, 5507 6th Avenue South, Seattle WA 98108 (Phone: 206-587-2838) www.seattleaa.org

Do you have something you would like to submit to The High & Dry newsletter?

We would love to see your event flyers, letters, stories, photos, drawings, poetry, interviews, and whatever else you would like to share with other members in and around Seattle.

H&D deadline is the 25th of each month.