



# The High & Dry

MARCH 2020



## MARCH IN OUR HISTORY

### March 1

1939 — Readers Digest declined to write article on AA.

1941 — Jack Alexander's Saturday Evening Post article was published and membership jumped from 2,000 to 8,000 by year's end.

### March 3

1947 — Nell Wing started work at Alcoholic Foundation, 415 Lexington Avenue, NYC.

### March 4

1891 — Lois W. was born.

1947 — Nell Wing met Bill W. for the first time.

**March 5**

1945 — Time Magazine reported first of a series of Detroit radio broadcasts by AA members.

**March 7**

1940 — Bill and Lois W. visited Philadelphia AA group.

1941 — Boston newspaper reported that any drunk who wanted to get well was more than welcome at the AA meeting at 115 Newbury St., at 8 PM Wednesdays.

**March 9**

1941 — Wichita Beacon reported on an AA member from NY who wanted to form a group in Wichita, KS.

**March 10**

1944 — New York Intergroup was established.

**March 11**

1949 — The Calix Society, an association of Roman Catholic alcoholics who are maintaining their sobriety through participation in Alcoholics Anonymous, was formed in Minneapolis by five Catholic AA members.

**March 14**

South Orange, NJ, AA group held an anniversary dinner with Bill W. as guest speaker.

**March 15**

1941 — First AA group in New Haven, CN, was formed.

**March 16**

1940 — Alcoholic Foundation and Works Publishing moved from Newark to 30 Vesey St. in lower Manhattan.

**March 21**

1881 — Dr. Bob's wife, Anne, was born.

1966 — Ebby T., whom Bill W. called his sponsor, died sober.

**March 22**

1951 — William Duncan Silkworth, MD, died at Towns Hospital. He helped more than 40,000 alcoholics during his lifetime.

1984 — Clarence S., "Home Brewmeister," died at 81.

**March 23**

1936 — Bill & Lois W. visited Fitz M., "Our Southern Friend," in Maryland.

**March 25**

1898 — Jim B. ("The Vicious Cycle") was born.

**March 29**

1943 — The Charleston Mail, WV, reported on Bill W.'s talk at St. John's Parish House.

**March 31**

1947 — 1st AA group formed in London, England.

# FUTURE TRIPPING

## MARCH

**1 Pre-Conference Central Districts** New Hope Presbyterian Church, 19800 108th Ave SE Kent, WA 98031

**6-8 PRAASA 2020** Westin La Paloma Resort Tucson, Az. 85718

**9 Area 72 PI/CPC Quarterly** St. Andrews Episcopal Church, 400 E 1st St Aberdeen, WA 98520

**14 May-PI-CPC-quarterly (Districts 2, 3, 4, 11, 12, 19, 24)** Swinomish Gymnasium, 17311 Reservation Rd LaConner, WA

**14 47th Annual Burien Little Assembly** Brooklake Church, 629 S 356th St Federal Way, WA 98003

**15 Peninsula Districts Pre-Conference** American Legion Hall, 107 East Prairie St. Sequim, WA 98382

**20-22 22nd Annual Okanogan Valley Winter Roundup** Sun Mountain Lodge, 604 Patterson Lake Rd Winthrop, WA 98862

**21 5th Annual Dr. Bob's House Appreciation Day Fundraiser** Bethlehem Lutheran Church, 101 E 38th St Tacoma, WA 98404

**27 3rd Annual Hot Stove Anniversary Dinner** Salvation Army, 720 Tobin St Renton, WA 98057

## MEETING CHANGES

### Defunct meeting

**Southeast Group** Fridays 6:30pm Church of the Nazarene Auburn, Wa 98002

### Meeting changes

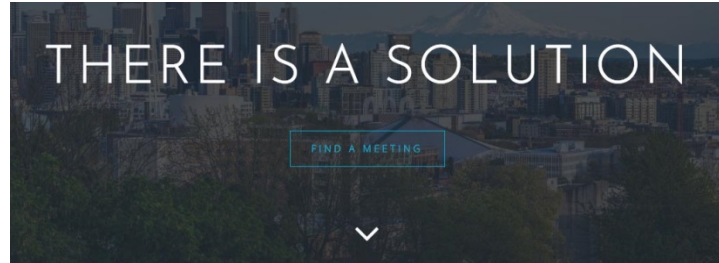
**Bothell Women STP** Now meeting on Tuesdays 7 p.m. to 8:15 p.m. at Bothell United Methodist Church 18515 92<sup>nd</sup> Ave NE Bothell, WA 98011

**Lynnwood Men's Group** Moving to St. Hilda/St. Patrick Episcopal Church 15224 52<sup>nd</sup> Ave W. Edmonds, WA 98026

### New Meeting

**Speakers Meeting** First and Third Saturdays 7 p.m. to 8:15 p.m. beginning April 4th at GSIG office 5507 6th Ave South Seattle, WA 98108

# www.seattleaa.org



## **Thanks to Our Awesome Daytime Office Volunteers**

MONDAY	Morning Afternoon	Alexi Bill S / Jack B
TUESDAY	Morning Afternoon	Gary H and Susan D Marci W
WEDNESDAY	Morning Afternoon	Joe M/ Karin Anita S/Al C/Fred
THURSDAY	Morning Afternoon	Vito M Joe B/Al C
FRIDAY	Morning Afternoon	Jon C and Thomas H Freda T
SATURDAY	Morning	Dan G/Clay

SEATTLE SUBSTITUTES: Carolyn B

SOUTHEND BOOKSTORE VOLUNTEER MANAGER: Jim H.  
VOLUNTEERS: : Danny D., Kelly P., Carolyn B.

SOUTHEND BOOKSTORE PHONE NUMBER: 253 288 2237

# BIRTHDAY CLUB

HAPPY BIRTHDAY TO MARCH CELEBRANTS IN THE "HOW DRY I AM CLUB"

David J.	Fine Print	6 years (1-4-2014)
Pat A .	Southend Fellowship	41 years (1-31-1979)
Larry B.	Empire Way	34 years (11-12-1985)
Daniel B.		39 years
Anonymous		30 years
Terrie W.		5 years (11-12-1984)
Helen D.		33 years
Anonymous		42 years
Anonymous		20 years
Susan B.		34 years

Name	
Address	
City, Zip	
AA Anniversary and/or # of years	
Home Group	
Contribution enclosed	\$
Return this form to:	Greater Seattle Intergroup 5507 6 <sup>th</sup> Ave S. Seattle, WA 98108

# High and Dry: News and Notes — MARCH 2020

We would love contributions from you. Please share your thoughts, ideas, suggestions and comments with us by emailing us at [high\\_and\\_dry@SeattleAA.org](mailto:high_and_dry@SeattleAA.org). We aren't promising that everything sent to us will be published, but we will be reading everything sent our way.

This month we are running three essays written by members on some of AA's foundational literature.

## **STEP THREE: TURNING IT OVER**

By Anonymous

Turning our will and our lives over to the care of God as we understood him.

Trust has always been a big issue for me, so I thought that turning my will and life over to the care of God was like making a risky investment that would never pay off. After all, God wasn't a solution that my ego could see in front of me like a bottle of alcohol. But why did I consider it to be a poor bet to trust God?

I thought back over my alcoholic career of over 20-years and reflected upon the times I didn't trust someone or something for the wrong reason, usually because of poor judgement or paranoia. I later on realized that lack of trust and faith was a character defect. Sometimes I trusted alcohol more than common sense and oftentimes I made a bad decision and would drink over it because I felt guilty. It was a vicious cycle but not a solution. Never once did I think to trust God, ask God or work with God on a problem or solution. When I came into the rooms of AA, fellow alcoholics shared stories that helped me to realize that I was relying upon alcohol to make decisions and handling stress because I didn't want to do the *real* work that sobriety required. By hearing stories of how faith led to a willingness to ask for and receive God's help and give unfathomable situations over to my higher power, I began to gain trust. Turning it over for me meant going to meetings, doing service and doing whatever it took to stay sober and letting God do the rest. When something came up for me that was unmanageable, I turned it over to God instead of alcohol and by doing that I saw promises coming true-- the main one being able to maintain sobriety. We all face challenges every day that we need our higher power's help with. By accepting that God—my higher power as my partner and part of who I am instead of relying exclusively on my ego, I am better able to manage my life and enjoy the promises of sobriety

## CONCEPT III

### (Long Form)

As a traditional means of creating and maintaining a clearly defined working relation between the groups, the Conference, the A.A. General Service Board and its several service corporations, staffs, committees and executives, and of thus insuring their effective leadership, it is here suggested that we endow each of these elements of world service with a traditional “Right of Decision.”

*The A.A. Service Manual, p. V*

As background for this Concept, you should be familiar with the Conference Charter and the Bylaws of the General Service Board, both of which are found in *The A.A. Service Manual*. For, except for the specific directions in these documents, every trusted servant and every A.A. entity—at all levels of service—has the right “to decide...how they will interpret and apply their own authority and responsibility to each particular problem or situation as it arises.” That is, they can “decide which problems they will dispose of themselves and upon which matters they will report, consult, or ask specific directions.” This is “the essence of ‘The Right of Decision.’ ”

But this right also means the Fellowship must have trust in its “trusted servants.” If the groups *instruct* their G.S.R.s rather than giving them a “Right of Decision,” then the area conference is hamstrung. If the G.S.R.s *instruct* the area delegates rather than giving them a “Right of Decision,” then the General Service Conference is hamstrung. As Bill points out, “our Conference delegates are *primarily* the servants of A.A. as they should...cast their votes...according to the best dictates of their own judgement and conscience at all time.”

Similarly, if the General Service Board, acting through its subsidiary boards, “were to attempt to manage” the General Service Office and the *A.A. Grapevine* “*in detail*, then...the staff members...would quickly become demoralized; they would be turned into buck-passers and rubber stamps; their choice would be to rebel and resign. Or to submit and rot.”

Bill warns against using “The Right of Decision” as an excuse for failure to make the proper reports of actions taken; or for exceeding a clearly defined authority; or for failing to consult the proper people before making an important decision. But he concludes:

“Our entire A.A. program rests squarely upon the principle of mutual trust. We trust God, we trust A.A., and we trust each other.”

*The Twelve Concepts for World Service (illustrated) P-8*

## **TRADITION THREE**

By Anonymous

The only requirement for membership is a desire to stop drinking.

I am a member of AA because I say that I am a member. I have opinions about how AA works, but those are only my opinion. I ask my sponsor and my home group for guidance, and my home group makes group conscience decisions at business meetings. When I speak about how AA works, I make sure everyone knows that this is the way that AA works for me personally, and this is only my opinion. I am not in a position of authority over others in AA. When I talk about my home group, District, or Area, I say that this is what our group conscience has decided.

AA is a great organization and has managed to avoid falling apart over the years. Many organizations lose their focus and then their members vanish. I have been a member of clubs or organizations where one day I decided that there didn't seem to be a point in going any longer. AA is different because we always have a clearly an important and urgent reason to meet: to deal with our common problem with alcohol. Members self-identify as part of Alcoholics Anonymous. AA does not keep membership rolls or lists. Think about it, if you say you are a member of Alcoholics Anonymous, then you are one of us. You can go to meetings and also not be a member of AA, but to respect the wishes of other members you should not go to closed AA meetings. Note that there will not be anyone at the door checking membership cards.

How did we get here? Experience showed our early founders that having complicated membership rules did not work. Those rules kept us from addressing our primary purpose, to help the still suffering alcoholic. What happened with membership rules is that members were being kicked out! People in the throes of addiction have problems: homelessness, loss of employment, divorce, psychological issues, etc. These people that most needed our help were frequently the ones that could not pass muster when it came to our early membership rules. Many an AA member has shared about continuing to drink during their early experiences with AA, or during a relapse. It turned out that the only rule that would work was no rules at all.

But what about other drugs? Well for starters, alcohol is a drug. Many of our members have multiple problems brought about by alcohol and other drugs, and that is fine with most (but not all) of us. Each group, being completely autonomous, can create their own rules regarding other problems. I used to attend a meeting where, because of it's location, there were a significant number of street people with mental or other drug issues. We asked as part of our preamble that people limit their shares to their problems with alcohol. I personally feel that I share a common bond with other people who have addiction problems, others feel more inclined to limit their interest to alcohol. That is their right, and we can all go to a meeting together in unity.

So there we have it. If you want to be a member there is a place for you in AA. If you want to find a home group, find one to your liking. If you don't like a particular group,

keep looking. We are fortunate in the Seattle area to have many great meetings every single day of the year.

## Sunday Morning Magic Makes a Motion

In order for this motion to pass it will need to be approved by 2/3 of the groups that decide to respond by or at the Spring Assembly. Our Spring Assembly will be held on May 19th at 7 pm. You can respond by having a representative from your home group come to the Assembly, or, if you have a Zone representative or a District liaison then you can make your voice heard through them. Please take this motion to your home groups and weigh in. If you have questions, feel free to call the office, however, it would be best to come to the Assembly, engage in active discussion and then vote!

### **PRESENTED BY:**

Group - Sunday Morning Magic

Vote to Proceed forward presenting to the Groups – YES

(Fall Assembly Dec 2019 vote 14 approved and 10 opposed)

### **GREATER SEATTLE INTERGROUP (“Intergroup”) MOTION:**

**“We move that all groups may send an Intergroup Representative directly to the Board meeting with complete voting privileges at all Board meetings.”**

### **PROS:**

1. More fair representation of the fellowship. Wide, diverse representation ensures a healthy Intergroup.
2. Increase participation at Intergroup.
3. Increase donations to Intergroup.
4. Increase and improve communication between the groups and Intergroup.
5. Voting twice a year allows greater input to/from the groups.
6. GSO has suggested that 50% of group contributions go to your local Intergroup. Each group should be heard regarding Intergroup business and how it functions.

### **CONS:**

1. Board room not big enough to hold all Intergroup Representatives. Where will we meet if the Board Room is not big enough?
2. Small groups may not be able to send an Intergroup Representative.
3. Assemblies will still allow GSR's to have a vote in lieu of an Intergroup Representative
4. Closer groups may have more of a sway with voting because it's easier for them to attend.

### **IF PASSED:**

Currently Intergroup holds monthly Board meetings and for two of these generally May and December the Board meeting are replaced with an "Intergroup Assembly". At Intergroup Board meetings each district/zone has the right to vote but not each group/meeting within the district/zone. However at an Intergroup Assembly each group has the right to vote.

If passed the voting under this motion would be based on one (1) representative from each group. It does not matter what the group or meeting calls the representative (Intergroup Representative, GSR etc). In addition the District/zone will still continue to have one vote each Intergroup meeting they attend. In other words each Intergroup Board meeting will function just as the Intergroup Assembly work now.

### **HISTORY**

Seattle Intergroup's earliest records come from a ledger book containing the meeting minutes of the Central Committee (the future Greater Seattle Intergroup) from 1946 to 1950.

The purpose of the Central Committee is to act for the combined and associated groups, that their work is to plan constructively toward the betterment of AA and to unify the groups so that they could be more efficient in presenting AA to the public and to those who need help.

The basic decisions made in those early meetings have proven to be the foundation of the present Intergroup structure and policies.

In the March, 1950 meeting minutes it was stated that "Constructive suggestions and constructive criticisms are the order of business at the meetings. Is YOUR group conscience being properly represented at these meetings?"

By 1978 it was no longer possible to hold monthly meetings to which each group sent a representative. The groups decided to form zones and trust the operations to Zone Representatives who form the Intergroup Board.

By the end of 1985 there were 860 meetings listed with 70% of the meetings making regular contributions to Seattle Intergroup. By the early 2000's growth had leveled at 1,350 meetings with only 36% making regular contributions. Group contributions steadily decline, literature sales steadily decline – trends tell us that contributions and sales are not going to increase on their own. It makes sense that getting more AA's involved in Intergroup can only produce positive effects. Increased participation can only benefit Intergroup. Self-support means more than money, it also means that we do the work. The only way to not increase participation at Intergroup is to not try.

With the gradual breakdown of the Zone System over the last 5 years, inviting each group to send an Intergroup Representative directly to the monthly board meeting seems to be the obvious next step in order to ensure that Greater Seattle Intergroup is indeed representing the groups. Not just a select few AA's who already hold service positions at Intergroup.

### **INTERGROUP BYLAWS**

Because Intergroup is a 501c3 non profit in Washington State and with the IRS, Intergroup is required to have Bylaws, i.e. rules which it must follow.

As can be seen below in order to change Intergroup Bylaws, as this motion would do by changing the voting structure, Intergroup must present the motion to all the groups it serves and only if 2/3 of the votes that are received approve the motion will it pass.

Note this 2/3 is only for the groups that choose to vote and not 2/3 of all groups Intergroup serves (about 700 groups/meetings).

*Italicized sections are excerpts from current GSIG Bylaws on changing a Bylaw. Note this change to the voting structure/process would be considered a change in the GSIG Bylaws.*

#### *ARTICLE VII – INTERGROUP BOARD MEETINGS*

*On issues involving “Right of Decision” all officers and each Zone representative shall have one vote. Right of Decision motions shall pass with a simple majority.*

*The following matters are automatically to be sent to the groups as a Group Conscience Question:*

- *Amendments to the Bylaws*

*Any other motions or matters of concern presented to the Board shall pass by a simple majority, unless one-third of the Zones represented and the officers voting deem it necessary to refer the motion to the groups as a Group Conscience Question.*

*Matters for group conscience will be finalized into a clear and concise Group Conscience Question:*

- 1) After a Group Conscience Question is finalized, the Chairperson shall select two AA members to write a brief pro and con statement.*
- 2) The pro and con statements shall be presented at the next Board meeting for the Board approval.*
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*A motion may be tabled only once and must be acted on within the next two Board meetings.*

#### *ARTICLE IX – AMENDMENT OF THE BYLAWS*

*Any AA member may propose an amendment to the Bylaws by the following process:*

- 1) Take the proposed amendment to a group for a group conscience.*
- 2) If approved by the group it shall be presented to the Zone by that Group’s representative.*
- 3) It must be submitted in writing by the Zone Representative at a regular monthly Board meeting.*

*Upon approval of two-thirds of the Zone representatives present, the amendment will be referred to the groups for approval. A two-thirds majority of the groups casting votes is necessary to amend.*

*The amendment shall go into effect immediately upon its adoption unless the motion to adopt specifies a time otherwise.*

# **Greater Seattle Intergroup Board Meeting Minutes February 17, 2020**

Submitted by Aaron C. (Recording Secretary)

## **Opening**

The meeting was opened at 7:00 PM.

## **AA birthdays**

Allison B. – 9

Anita S. – 20

## **Quorum Count**

Active Zones Present	Active Zones Absent
112, 114, 115, 116, 117, 118, 124, 132, 140, 141, 142	108, 117, 131

## **Motion for consideration by groups**

### **PRESENTED BY:**

Group - Sunday Morning Magic

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## **Reports**

**Chair (Mike M.):**

Nothing to report.

**Vice Chair (Astri T.):**

Greetings. I have received invitations from a few of you since the last Board Meeting and I've had a great time meeting you on your home turf. On February 5th I was joined by Mike (GSIG Volunteer Coordinator) at District 24, to present at their 3rd Legacy meeting, which occurs an hour before their District Meeting. What a great turnout they had and pot-luck food to boot. There were a lot of questions that provoked thoughtfulness and discussion. Thank you for the invitation.

February 11th I attended the District 14 meeting, they were very welcoming and offered cupcakes. A briefer presentation, but also resulted in questions and discussion, which

took us over the 10 minutes they had allotted for my presentation. It was fun to be in West Seattle (sober), thank you for the opportunity.

February 16th I joined the "Cute But Dangerous" to facilitate their group inventory. A strong and thoughtful group of women dedicated to carrying the message to women in the greater Seattle area.

Looking forward, I will be leaving for Florida on February 28th to celebrate my sponsors 50 years of sobriety with her AA family and friends. Once I get back, I hope I will have more invitations to come talk to your groups and/or district meetings about what GSIG is all about.

Thanks you for the opportunity to serve.

Yours in Service  
Astri

**Chair Emeritus (Dawna H.):**

Nothing to report.

**Treasurer (Allison B.):**

Quick look at January financials (rounded to thousands):

**Group Contributions:** \$15K (\$5K up to budget!)

**Other Contributions:** \$5K (\$4K up to budget!)

**Retail Sales:** \$9K (\$1K under budget)

**Expenses:** \$15K (at budget)

**Net Income:** \$9K

**Cash and CDs:** \$49K

**Non-restricted cash:** \$41K (GSIG prudent reserve: \$46K)

Quick look at 2019 financials (rounded to thousands):

**Group Contributions:** \$107K (Last year \$112K: down \$5K)

**Other Contributions:** \$13K (Last year \$10K: up \$3K)

**Gross Profit from Retail Sales:** \$33K (Last year \$46K: down \$13K)

**Total monies to cover expenses:** \$163K (Last year \$180K: down \$17K)

**Net Income:** \$31K loss (Last year: \$2K loss)

-A reminder that the financials presented at the January board meeting for 2019 were draft financials. An inventory adjustment was necessary (after the physical inventory was completed), which resulted in a \$6K difference from what you saw last month. The remaining \$5K difference was due to a positive amount being recorded in error related to sales tax.

-Such a huge thank you to all of the groups and individuals who helped GSIG get off to a great start for this year! Although the loss from last year felt disheartening to me, it makes me so happy to see the fellowship step up to support GSIG. We are YOUR intergroup! And I for one hope to see intergroup able to stick around and continue providing literature and 24 hour phone service and doing 12<sup>th</sup> step work.

[illegible]

						<b>Total Items to Cover Fixed Expenses</b>	23,529	15,226		23,529	15,226		94	163,1
						<b>Expenses</b>								
						<b>Expenses--Other</b>	23	459		23	459			9,852
						<b>Paid Staff</b>	7,067	7,343		7,067	7,343			95,570
						<b>Rent and Office</b>	7,593	6,451		7,593	6,451			76,489
						<b>Standing Committees</b>	183	795		183	795			6,611
						<b>Travel and Meetings</b>	0	0		0	0			0
						<b>Total Fixed Expenses</b>	14,866	15,048		14,866	15,048		23	188,5
						<b>Net Ordinary Income (Loss)</b>	8,663	178		8,663	178			(25,329)
						<b>Net Other Income, Chiefly Interest Income</b>	(131)	33		(131)	33			(5,834)
						<b>Net Income (Loss)</b>	8,532	211		8,532	211			(31,163)
							-	0		-	0			

CONDENSED BALANCE SHEET													
ASSETS						Jan 31 2020	Dec 31, 2019	Dec 31, 2018					
Current Assets													
Checking						18,753	8,183	16,635					
CD's--Prudent Reserve *						30,351	40,482	50,269					
Accounts Receivable						676	0	1,040					
Inventory and Other						35,483	33,038	37,365					
Total Current Assets						85,263	81,703	105,309					
Total Fixed Assets						2,484	2,484	2,764					
TOTAL ASSETS						87,747	84,187	108,073					
	*	Per bylaws, prudent reserve is calculated to be 3x average monthly expenses, approx. \$46						0.					
LIABILITIES & EQUITY													
Current Liabilities													
Accounts Payable							598	6,153	318				
Payroll & Sales Tax Liabilities							2,676	1,905	(1,560)				

			<b>Committee Earmarked Funds Total</b>	8,252	8,439		10,463			
		<b>Total Liabilities</b>		11,526	16,497		9,221			
		<b>Equity</b>								
		<b>3001 [?] Opening Bal Equity</b>		694	694		694			
		<b>3101 [?] Retained Earnings</b>		66,996	98,158		100,496			
		<b>Net Income</b>		8,532	(31,163)		(2,338)			
		<b>Total Equity</b>		76,222	67,690		98,852			
		<b>TOTAL LIABILITIES &amp; EQUITY</b>		<b>87,747</b>	<b>84,187</b>		<b>108,073</b>			

	<b>Greater Seattle Intergroup</b>					
	<b>Standing Committee Earmarked Funds (Pink Can, Blue Can, etc.)</b>					
	<b>YTD Jan 20</b>					
<b>Committee</b>	<b>Corrections</b>	<b>Hospital &amp; Treatment</b>	<b>Accessibility</b>	<b>CPC</b>	<b>PI /</b>	<b>Total Earmarked Funds</b>
Beginning Balance 1/1/20	\$4,508	\$0	\$3,931	\$0		\$8,439
YTD Contributions	\$281	\$0	\$41	\$0		\$322
YTD Use of Funds	\$0	\$0	(\$495)	\$0		(\$495)
Ending Balance	\$4,789	\$0	\$3,477	\$0		\$8,266
	<b>Greater Seattle Intergroup</b>					
	<b>Standing Committee Expenditures Against Budgets</b>					
	<b>YTD Jan 20</b>					

Committee	Corrections	Hospital & Treatment	Accessibility	CPC	PI /	Total Expenses
Expenses to Date	\$0	\$0	\$0		(\$3)	(\$3)
Budget to Date	\$30	\$150	\$125		\$150	\$455
Budget -- Full Year	\$360	\$1,800	\$1,500		\$1,800	\$5,460

### **Recording Secretary (Aaron C.):**

January 2020 minutes approved unanimously.

Please use the below to submit your reports. Alternatively send them directly to [secretary@seattleaa.org](mailto:secretary@seattleaa.org).

<https://www.seattleaa.org/intergroup/intergroup-board/intergroup-board-report-form>



With love and gratitude,  
Aaron C.

### **Accessibility (Jack M.)**

Nothing to report.

### **Archives Committee (Teresa S.):**

Attended Area 72 Archives Quarterly earlier this month in Everett. Learned new techniques of professional archivists. Local archivists in our region are all upset because the federal archives on Sand Point Way will be moving to California. It is unlikely to affect our archives collection at GSIG.

**Corrections Committee (Tammi B.)**

Nothing to report.

**CPC/PI Committee (Jennifer S.)**

PI/CPC Report for February Board Meeting

Attended the Area PI/CPC Quarterly on Saturday, February 8th in Puyallup. There was a Remote Communities Presentation by our Area Accessibilities Chair, Karen O. Discussed how PI/CPC and Accessibilities overlap and can work together to carry the message. AA/Al-Anon Open Speaker Event to be held in Federal Way at the Brooklake Church on Saturday, August 15th. Area PI/CPC Committee is putting this on as an event for the public to increase awareness of AA in the community. Next Quarterly is on Saturday, May 9th from 9:00am to 3:30pm at St Andrews Episcopal Church, 400 E 1st St, Aberdeen, WA 98520. All are welcome to attend.

Monthly PI/CPC Outreach Committee met at Greater Seattle Intergroup on Saturday, February 15th. Upcoming events we are involved in are the Burien Little Assembly on March 14th, The United Way Community Resource Exchange on April 1st at Century Link Field as well as Pride at the Seattle Center this summer. Visited the new Recovery Café location and met with Leonard Mayo to provide AA Literature and discuss how AA can be of service in their new facility. They have a meeting space that they are looking at renting out to groups bringing in Recovery Meetings. They are currently open from 8:00am to 2:00pm Monday through Friday and I encourage everyone to go check out the space. Received a request from a social worker at UW Medicine Neighborhood Clinics in South Lake Union to provide AA literature. I dropped some off at that location and am going to meet her this week to discuss their needs for their staff and patients at their other locations.

I invite you all to our next meeting of the Outreach Committee on Saturday, March 21st at 10:00am. If you know anyone interested in being of service or in need of outreach services, please have them email at [cpc@seattleaa.org](mailto:cpc@seattleaa.org).

**Newsletter (John P.):**

Nothing to report.

**Hospitals & Treatment Committee (Erin G.):**

Seattle Indian Health Board would like to have panels at Leschi Center since Thunderbird shut down. More info to come.

H&T Committee is currently collecting AA literature to take into Recovery Place Seattle. In January, we collected 12 Big Books (1 Spanish), 6 Twelve Steps and Twelve Traditions, 1 Drop the Rock. If your groups would like to donate, please leave them in the H&T cubby at Greater Seattle Intergroup or bring them to the H&T Committee meeting on the first Saturday of the month.

Working on getting panels started up at Hope Place Kent.  
Looking for contact information for someone at NorthPoint to contact about possibility of bringing a panel in.

Union Gospel Mission holds a meeting every Saturday at 9:30am. This has recently been held by Empire Way Treatment reps but if groups are looking for service positions with Thunderbird shutting down, they would be willing to share. Contact H&T if interested.

### **Office Committee (Richard I.):**

2/11/2020 Meeting – Notes

Attendees: Mike, Lara, Allison, Richard, Dennis

#### **1. Financials**

Balance of cash seems okay for now. We are still learning about the routine fluctuation of the balances as contributions and purchases vary month to month. January had a small net loss for the month. Still doing some cleanup entries from prior periods and this may affect opening balances as well as December for last year.

Other – Adjustments and Clean up: Mike looked through some clean up entries and proposed we make them "as of" December 2019 ....and then re-present final December financials to the Board.

Post inventory adjustment is included in the above mentioned adjustments.  
2020 Budget input is completed.

2. Schedule situation and reprint: In process and at the printer. New schedules should be out soon (2/26-ish) and available for sale.

3. Hvac install update: Install complete (blower, other)

#### **4. Other**

a. COLA increase Data provided. Increase has been implemented in the payroll system as per usual.

b. South End Book Store

Lara visited the South End Book Store to do some work there for a day during the month. She indicated it seemed worthwhile to do this periodically. Dennis too will visit and work there for part of a day in March. We decided to make available to the Jim at the South End a small monthly stipend to offset his personal transportation costs and the like in connection with his regular volunteering at the store.

c. 12th Step Volunteer List update. This is ongoing and is progressing.

d. Phone Forwarding system: Allison asked for an update on how the new office phone forwarding system/approach is working. Lara indicated that there is still room to improve our procedures and logistics and volunteer coverage .....but the service itself is working pretty much as expected.

**Office Manager (Dennis E.):**

Nothing to report.

**Assistant Office Manager (Lara R.):**

Hello,

Sorry that I am unable to attend this month's Board meeting. I am in sunny California, but I am sure you do not feel sorry for me at all.

Rest assured, I am thinking of you all.

Please take note of the 2019 Group Contribution Sheets, this document can also be viewed on the website. If there are any discrepancies, please let me know and we can do some investigation.

If your group is interested, please take one of the yellow cans to help us raise funds for Intergroup.

Intergroup Representatives can announce the option for recurring monthly donations on our website.

Thank you all for your contributions to Intergroup and for your service to Alcoholics Anonymous.

Lara R

**Night Watch Coordinator (Pete K.):**

Nothing to report.

**Special Events Committee (Allan C.):**

Nothing to report.

### **Finance Committee (Carl G.):**

GSIG Finance Committee Meeting Minutes

Feb. 16, 2020, 5:00 PM – 5:35 PM, via phone conference

In attendance: Allison B, GSIG Treasurer, Jeff U. FC chair, Carl G, and Pete K

Update on GSIG Monthly Sustainer's program - Discussed if the board needed to get more detail before we could move forward this. Jeff has been working with a brochure designer but doesn't know if that will be ready by Board meeting. If it is not he will bring text showing what will be covered. One side will be about GSIG and what it provides that needs support and the other side details of The Sustainer' Program, how it works, protects confidentiality and fits with AA Traditions. We use stripe at the nonprofit at GSIG and so we could use mobile reader and mobile app with 2% fee. Pete will get info to Jeff that will only need to be modified for GSIG.

Potential members of the Financial Processes Review Committee - Committee to be formed in May. Jeff discussed with Mike and FC will make initial contact to determine if persons were interested. Determined people to contact and which FC members would make that contact. People interested will have their contact information give to Mike for Board Chairperson's final selection and appointment.

Jeff will discuss with Dennis issues related to inventory and literature sales.

Discussion of Corrections Committee paying retail for literature. Some initial conversations have been held. Jeff will talk further with Corrections Committee, GSIG CPA on how to account for this and Dennis.

Treasurer suggested that prices of schedules be raised. Last time we raised prices it was to address increase in schedule costs. Costs have increased this year. This was tabled until following month.

### **Web & Technology Committee (Open):**

Nothing to report.

### **Third Legacy (James R.):**

Nothing to report.

### **Zone 112 A New Beginning Hall (Geoff G.)**

Beyond our daily meetings at Noon, 05:00PM and 07:00PM we welcome and encourage people to attend our Young Peoples meeting (Corrupted Youth) Fridays at 09:00PM and the Womens Meeting Sundays from 03:00-04:00PM

The ANB Speakers Meeting is held the 1st Saturday of the Month at 07:00PM

The ANB Birthday Meeting is held the 3rd Saturday of the month at 07:00PM  
03/01/2020

ANB Speakers Meeting Saturday March 1st 2020 at 07:00PM  
03/15/2020

ANB Birthday meeting with cake and coins !!  
Saturday March 15th, 2020 at 07:00PM

### **District 14 (Marena H.)**

There has been some transformation within the District 14 Chairs. Chris W. decided to step down as DCM. Our district supports his decision and wishes him health and happiness in his future endeavors. Chris W. gave the district his all, and we will miss his compassion, integrity, and enthusiasm. Tim H. our Alt. DCM has become our DCM, and as a district, we have decided there is not any hurry in filling the newly open Alt. DCM role. We have encouraged our GSR's to spread the word that we are looking for a new Alt. DCM. We have filled the much needed role of Web chair, (Jim W.), the Secretary Chair, (Stacia J.) and our Grapevine and Literature Chair, (Jennifer S. II). Our new Web chair has already helped onboard and facilitate all of our members gaining access to our Google Drive, where our District 14 history is archived digitally. Jim W. has done wonders with organizing the Google Drive to display the information in a clear, concise and readable manner. Everyone is excited to have Stacia J. onboard. The district has not been able to approve meeting minutes due to the absence of a secretary. Unfortunately, our Hospital and Treatment Chair has become open. The need for a District 14 inventory was discussed, but a time was not officiated. Burien Little Assembly is also looking for more volunteers for multiple positions and Serenity Now, a West Seattle group, is serving on one of the panels.

Astri T. visited our district and spoke to the history and purpose of Intergroup (GSIG). Astri provided information on how our district could be of service, addressing Intergroup's need to answer phones and speaking directly to Nightwatch's open shifts. Seattle Intergroups's upcoming Inventory was also discussed, with an open invitation to all that are interested to come and participate.

The GSR's reported a consensus of strong attendance with new faces, with the exception of the group Titanic. They expressed that their lasagna feed and speaker's meeting last month had a strong turn out, but the meeting's attendance was overall low, and is seeking support. Titanic is held at Friday nights, 8:00pm at the Westside Unitarian Church, located at 7141 California Ave SW, West Seattle. Vashon Island group "On Awakening" is pondering creating a Traditions Study.

Kaya our Archives Chair discussed the errors regarding the printing of the January 2020 meeting schedule adding it will be a great addition to the archives. Kaya also discussed the need for candidates to provide oral stories of our AA history, and sadly, informed us of Al S. needing to step down from the Archives Committee.

Freda our Accessibility Chair reported on the committee reaching out to retirement homes and there was discussion about taking an inventory of groups who register their meetings as wheel chair accessible, and if that statement included not just access to the meeting, but if restrooms were also accessible. Freda also informed us there was a decision to hire language interpreters by requests only, limiting unnecessary fund expenditures.

Jennifer our PI/CPC Chair gave a detained report mirroring the Intergroup report she provides, which she is also standing PI/CPC Chair.

Jennifer our YPAA Chair provided a detailed check list providing helpful recommendations and suggestions for the role of the YPAA chair and how they can better serve their district.

Marena our Intergroup Chair added to Astri's presentation and provided hard copies of the flyers: "NIGHTWATCH-24/7 HELP", Proposal for "The Intergroup Monthly Sustainers Program", "It's Inventory Time at Greater Seattle Intergroup", "Answer the Phone", and the "Review of the Error Regarding the Printing of the January 2020 Meeting Schedule". The Intergroup minutes including the Treasury Report was briefly discussed and uploaded to the District 14 Google Drive.

02/22/2020

Dawn Patrol's Group's Saturday Morning Speakers Meeting Brunch

February 22, 2020

10:00am to 12:00pm

Tibbets United Methodist Church

3940 41st Ave AW, Seattle. WA 98116

### **District 31 (Jeff U.)**

District is working to revive the Strip Walker program, placing literature racks on Airport area hotels, with groups taking responsibility for individual hotels

PI Chair position is still open

Discovered some extra money in bank account so will be able to do disbursements/splits of about \$660

the group Easy Does It has officially disbanded and has been removed from contact lists

the District's Highline Hospital 12-step program received three calls in January

### **District 32 (Matt H.)**

District 32 operating above prudent reserving while making monthly split to Greater Seattle Intergroup, Area 72-Western Washington and General Service Office-AA. Burien Little Assembly is being held in our District at Brooklake Church on March 14, 2020. District 32 annual picnic will be held at Game Farm Park on Sunday July 19th all day. Area 72 pre-conference will be held at St. Marks Church 2109 College St SE Lacey, WA from 1000am to 3pm. District 32 has no open service chair positions.

### **District 41 (Laura C.)**

Representatives from Nightwatch presented at District 41 meeting ; request was made for volunteer support.

Coordinating with PI Chair to identify opportunities for outreach

Beginning planning for summer picnic at Magnolia Park date tbd July

Sunday morning Abigails Ghost meeting is indefinitely suspended

Magnolia Speakers meeting Friday night is starting a 6:30 Big Book study beginning Feb 21

### **District 42 (Mikey C.)**

I would like to gratefully submit my report for zone 142 district 42

I was voted into this position last thursday at our district meeting and am happy to serve.

Intergroup has been a part of my recovery ever since day one.

Intergroups are entities that serve a purpose and am amazed people don't take advantage of this service. That being said I would like to thank Lyle who was the past zone "rep" for his service and knowledge and steadfast commitment to the program of AA.

So here goes my first report !!!

District 42 has there meetings every 2nd Thursday of each month.

It has been a difficult transition in our district. We are a strong bunch of groups and managed to fill all our positions including this one last Thursday. Thanks to all who stepped up. Lots of changes in this district caused us to band together and persevere with our new DCM Julie at the helm and Sara (" no clapping") as our alt-DCM.

Here is my rant about the new Schedule books beside a mistake in printing .. go back to the old format!

Keeping personal opinions out of this I am working with our district, intergroup, with ASL at the Phoenix Club. We have been fortunate to have ASL at our speakers meeting every last Saturday of the month. It has been very difficult to coordinate with Accessibilites and the lack of Interpreters. We had to cancel the ASL portion last speakers meeting due to know one signing up. We move on.

Due to the lack of ASL meeting up north the Broadviews Groups womens meeting on saturday mornings is considering and trying to get maybe 2 saturdays

worth of ASL interpretation. Details to follow.  
Would like to add that the Phoenix Club is having a fundraiser on Feb 29th so the Broadview groups can help support ASL at the club.  
Recovery center is looking for & Big Books any type and 12 & 12's new or used.  
Faithfully submitted  
Mikey C Zone 142/42  
GSR Broadview Groups

*Next GSIG Board meeting: March 17th, 2020 at 7 PM at GSIG Office.*

## **Our Pair of New Glasses May Be Foggy**

By Honest Harry

I applaud the 12<sup>th</sup> Tradition stating anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities. As we are all aware, anonymity is a loosely used principle in the sense of controversial thinking of many members of AA.

Some AA Fellowships may assimilate truth with anonymity because, it is the painful phenomenal nature of human behavior, to place their fellow members in an uncomfortable position.

If anyone is not living up to the expectations of another, the reflection of the Serenity Prayer is also a positive reminder.

Personally, when I discovered my indwelling God, I became aware of "I am that I am."

By God's design we are unique individuals striving toward the same goals cohesively, our personalities are defined by our thinking—we are what we think!

However, at times we stray off course and render ourselves conveniently, honestly, dishonest—depending on how far we can stretch the truth for our own self-interest and ego to judge.

NEW MEETING  
GROUP ONE  
SPEAKERS MEETING  
starting April 4, 2020



When: 1st and 3rd Saturday of every month

7:00-8:15 pm

Where: Greater Seattle Intergroup

5507 6th Ave S. Seattle, WA 98108



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GREATER SEATTLE INTERGROUP ASSOCIATION



## IT'S INVENTORY TIME AT GREATER SEATTLE INTERGROUP

GSIG is taking an inventory. We will be taking stock of our strengths and weaknesses and will be making a plan to become stronger in our mission of helping us carry the AA message to the still suffering alcoholic.

**ALL ARE WELCOME.**

**WHEN:** April 11, 2020 2pm to 6pm

**WHERE:** Greater Seattle Intergroup Office  
5507 6th Avenue South  
Seattle, WA 98108

This inventory will be facilitated by Gail H.

**Bring a snack to share.**



# The High & Dry

Editor: Peeps (John P.)

Contributors: All of YOU

Mailing Team: Irreplaceable Volunteers

The High & Dry is published monthly by an all-volunteer staff at the Greater Seattle Intergroup Office, 5507 6<sup>th</sup> Avenue South, Seattle WA 98108 (Phone: 206-587-2838) [www.seattleaa.org](http://www.seattleaa.org)

**Do you have something you would like to submit to The High & Dry newsletter?**

We would love to see your event flyers, letters, stories, photos, drawings, poetry, interviews, and whatever else you would like to share with other members in and around Seattle.

**H&D deadline is the 25<sup>th</sup> of each month.**

