



The High & Dry

APRIL 2020



APRIL IN OUR HISTORY

April 1

1939 – “Alcoholics Anonymous,” AA’s Big Book was published.

1940 – Larry J. of Houston, wrote The Texas Preamble used to open AA meeting in Texas.

1966 – Sister Ignatia died at the age of 77. She worked with Dr. Bob in treating many early AA members at St. Thomas Hospital in Akron.

1984 – 12 Coconuts Group, Kapiolani Park, Waikiki, Hawaii, was founded.

April 3

1941 – First Florida AA meeting was held.

April 4

1960 – The Chicago Daily News reported that Fr. Ed D., a Jesuit priest who helped start the first AA group in St. Louis, had died at age 62.

April 7

1941 – Ruth Hock, Bill W.'s secretary, reported there were 1,500 letters asking for help, as a result of the Saturday Evening Post Article by Jack Alexander.

April 10

1939 – The first ten copies of the Big Book arrived at the office Bill shared with Hank P. in Newark, New Jersey.

April 11

1938 – Alcoholic Foundation held its first meeting.

1939 – Marty M. attended her first meeting at the home of Bill and Lois W. in Brooklyn.

1941 – Bill and Lois W. moved into their new home, Stepping Stones.

April 12

1942 – The Windsor Daily Star in Ontario, Canada, reported that over 400 AA's attended a testimonial dinner for Dr. Bob.

April 16

1940 – A sober Rollie H. caught the only opening day no-hitter in baseball history since 1909.

1973 – Dr. Jack Norris, non-alcoholic Chairman of the AA General Service Board, presented President Richard Nixon with the one-millionth copy of the Big Book at the White House.

April 17

1941 – 2nd group in Los Angeles, the "Hole in the Ground Group" was formed.

April 19

1940 – First AA group in Little Rock, Arkansas, was formed.

April 22

1940 Bill W. transferred his Works Publishing Stock to the Alcoholic Foundation. The date on which Hank P. transferred his stock is uncertain.

April 25

1951 – AA's first General Service Conference was held.

April 26

1939 – Bill & Lois W. moved in with Hank P. after the bank foreclosed on 182 Clinton St. This was the first of over 50 moves before they acquired Stepping Stones.

April 30

1989 – The film "My Name is Bill W.," a Hallmark Hall of Fame presentation, was broadcast at 9 p.m. on ABC TV.

FUTURE TRIPPING

APRIL

3-5 38th Annual North Coast Round Up (CANCELED) *Seaside convention center, 415 1st ave Seaside, WA 97138*

3-4 WWA 72 Business Quarterly (Virtual Meeting) *Greater Seattle Intergroup Office, 5507 6th Ave S Seattle, WA 98108*

9 20/20 Vision San Diego Spring Round-Up *Town and Country Resort Hotel, 500 Hotel Circle North San Diego, CA 92108*

10 49th North Shore Round Up *Vancouver Convention Centre, 999 Canada Place Vancouver, British Columbia*

18 Area 72 Treatment Quarterly (Virtual) *Clark County Fire Station #24, 911 N 65th Ave Ridgefield, WA 98642*

MAY

1-3 2020 Inland Empire Roundup *Red Lion Hotel Pasco, 2525 N 20th Ave Pasco, WA 99301*

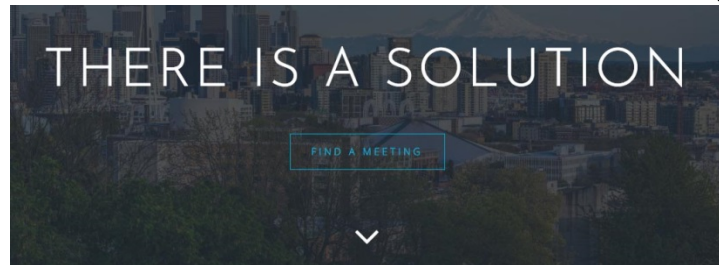
29-31 24th Annual NW Women's Spiritual Retreat *Warm Beach Camp, 20800 Marine Dr Stanwood, WA 98292*

MEETING CHANGES

Many meetings are no longer being held at physical locations and have moved to online formats. Please visit the Seattle Intergroup of AA website to get updated information about finding your favorite meeting online.

Here is the web page address for the latest information online meetings:
<https://www.seattleaa.org/online-meetings/>

www.seattleaa.org



Thanks to Our Awesome Daytime Office Volunteers

MONDAY	Tommy H., Bill S., Carol Ann G.
TUESDAY	Susan, Dennis E.
WEDNESDAY	Joe M.
THURSDAY	Vito M., Al C.
FRIDAY	Jon C, Freda
SATURDAY	Dan G, Clay

SOUTHEND BOOKSTORE VOLUNTEER MANAGER: Jim H.
VOLUNTEERS: : Danny D., Kelly P., Carolyn B.

SOUTHEND BOOKSTORE PHONE NUMBER: 253 288 2237

Main office hours

Until further notice, the GSIG main office will be open two days a week:
Wednesday 10 AM – 2PM Saturday 10 AM – 2PM

BIRTHDAY CLUB

HAPPY BIRTHDAY TO APRIL CELEBRANTS IN THE "HOW DRY I AM CLUB"

Wendy W.	On Awakening	7 years (2-2013)
Cindy B.		31 years (3-1989)
Estee	WSSS	35 years (12-1984)
Judi A.	One Hour Reality Check	19 years (8-2001)
Nick A.	One Hour Reality Check	20 years (2-2000)
Brian		23 years (10-1996)
Audrey		30 years (9-1989)
Anonymous		20 years
Anonymous		20 years
Anonymous		4 years
Anonymous		5 years
Pat D.		1 year
Kelly C.G.	Wed Women Federal Way	13 years (3-2007)
Wendy W.	On Awakening	7 years (2-2013)
Eric H.	Riff Raff	11 years (3-2009)
Susan B.	Pass It On	31 years (2-1989)
Sharon H.		30 years
Tom N.		43 years (4-1977)
Patty D.		39 years

Name	
Address	
City, Zip	
AA Anniversary and/or # of years	
Home Group	
Contribution enclosed	\$
Return this form to:	Greater Seattle Intergroup 5507 6 th Ave S. Seattle, WA 98108

We would love contributions from you. Please share your thoughts, ideas, suggestions and comments with us by emailing us at high_and_dry@SeattleAA.org. We aren't promising that everything sent to us will be published, but we will be reading everything sent our way.

This month we are running three essays written by members on some of AA's foundational literature.

STEP FOUR

by Janice B.

In the forward to the second edition, Bill Wilson, AA's Co-founder, writes that in order to save ourselves we must carry our message to the other alcoholics. This is done in many different ways. We do it through storytelling at meetings and we do it through our twelve-step work. Perhaps the activity that solidifies our message is the creation and sharing of our inventory, the 4th and 5th steps.

What is it that provokes a person to write their resentments, fears, and relationship histories and then share this with another person? An alcoholic must accept and hope beyond hope that doing this work will provide release from the obsession of the mind, the phenomenon of craving and the insanity of alcoholic drinking. Alcoholics come to believe that their successful recovery requires this vital self-inventory process. Then the work must be done.

Sanity is defined as the ability to think and behave in a normal and rational manner. Most of us didn't want to quit drinking yet our drinking was abnormal and our minds irrational. Since our lives were unmanageable and we were at a point of utter desperation, we succumbed to these action steps, direction from a sponsor, and faith that we would be restored to sanity.

We created a fearless and moral inventory of ourselves. Step four is a journey of self-introspection. Our actions while writing this step reveals patterns in thinking and behavior that have caused us and others harm.

One of the most powerful parts of my inventory was looking at my insanity and unmanageability before, during and after a painful break up with someone I desperately loved (emphasize on desperately). After writing my inventory, I realized I had extreme emotions, unrealistic expectations and I craved love all the time. When it ended, I resigned myself to self-pity, self-loathing and depression - what Bill refers to as the messy bog (12 and 12, page 45). The revealing of my distorted thinking and behavior increased my desire to let AA and my higher power to teach me a new way of living.

The idea of sharing deep felt secrets is not special to Alcoholics Anonymous. Other spiritual practices require sharing as a part of an inner self house cleansing. Unitarian Universalists have a method of communication between members called story sharing. "We don't just accept our differences; we honor and celebrate them. And by sharing our different experiences and honoring our histories, we can grow together as we work toward serving the bigger picture and creating a better future." (1)

Likewise, the practice of confession within the Catholic Church has provided ritual for centuries. "Acknowledging the truth of your sinfulness before God and recognizing your need for His grace to help you become the person, He wants you to be will really, truly set you free." (2)

Buddhism, as well, is primarily a tradition of Devotion to spiritual practice. Within this framework, the *sangha* or regular confession of wrongdoing to other monks is mandatory. Sangha is a Sanskrit word, generally meaning "association," "assembly," "company" or "community." This level of sharing happens between those who have attained any of the four stages of enlightenment. (3)

Why is this a necessary part of our steps in recovery? When people relapse and you ask them why, the first reason given is they quit going to meetings. The second most common reason is they were keeping secrets which kept them separate and isolated. Step four is the purging of our deepest secrets. It is like opening up a sealed dark room in our soul realizing that the dust and dirt needs to be cleaned out. We then, continuously, take action to keep it clean.

Embarrassment and shame is probably the reason why people are afraid to do Step 4. They procrastinate, apply half measures and often leave the program before, during or right after the fourth step. If we remain open and willing to go through with this step, we get new perspectives on our lives and our relations with others and the world. We shine light on our patterns and take responsibility for our past, present and future actions. With honesty, willingness and thoroughness we build the firm bed rock on which upon which happy and purposeful lives may be built. (4) It sets us up to be accepted, loved and to become a part of a society. It opens our soul to forgiving ourselves and others. This is the way to greater peace and wisdom.

I have had the privilege of writing, revisiting and rewriting my inventory many times. It does not get old for me as I have lived thru the pain of destructive alcoholism and gut-wrenching recovery. Inventories are not a

chore and something I do grudgingly. It is not enough to do it alone; I must share it and the insights with another. I listen for clues how others have proceeded through Step 4. The experiencing of Step 4 offers not only forgiveness but humility, and desire to set right my wrongs.

Thank you for letting me be of service in this writing. I hope it enhances someone's recovery.

Footnotes

1. <https://www.uuworld.org/articles/spiritual-practice-story-sharing>
2. <https://goodconfession.com/five-benefits-of-frequent-confession/>
3. <https://en.m.wikipedia.org/wiki/Sangha>
4. *Twelve and Twelve*, Step 1, page 21

CONCEPT FOUR

By Dan R.

I have been fortunate to only have had two sponsors in my time in AA and both them spoke about the 36 principles of AA. They shared their experience of the importance and the power that is available in these principles that have been forged through our fellowship's collective experience.

The importance of the direct application in us making sure that we continue to apply them to our fellowship cannot be overstated. They provide the individual, the group and our fellowship with the framework to engage in harmonious actions. Concept IV is no exception.

Throughout our Conference structure, we ought to maintain at all responsible levels a traditional "Right of Participation," taking care that each classification or group of our world servants shall be allowed a voting representation in reasonable proportion to the responsibility that each must discharge.

Here are some examples of how this applies on the home group level.

In a homegroup business meeting that allows all members in attendance to vote on topics is practicing this principle. The homegroup is made up of individual members, when all members can

vote, they are acting in reasonable proportion to the responsibility that each must discharge.

Homegroups who send a GSR to a District Meeting and the Area Assembly are practicing this principle through their GSR. When the homegroup GSR participates in discussion and voting on both levels that GSR is acting in reasonable proportion

This principle is paramount in illustrating that we work our way down the service structure. By ensuring the Right of Participation we are turning our organization upside down and allowing the groups to have a direct path of participation in how we conduct our business.

Inside of AA when we empower our trusted servants with Concept IV (not to mention Tradition 2, Concept 3) we are ensuring we have a more complete group conscious and providing ourselves with the best chance of a higher power expressing itself with the correct action.

Our trusted servants can feel as they belong because this concept ensures their participation and it is through participation that we find belonging together.

TRADITION FOUR

By Dave V.

The fourth tradition – “ ***each group to do the autonomous excepting matters affecting other groups or AA as a whole***”.

The first paragraph of tradition four states “that every AA group can manage its affairs exactly as it pleases, except when AA as a whole is threatened.” This includes AA as a whole but also any affiliation with other entities.

Tradition four represents the opportunity for balanced growth between our personal autonomy and responsibility to others when we consider that our actions affect others. We start to understand our anonymity has limits. Alcoholic families typically have little experience with healthy boundaries and frequently struggle with control issues. Tradition four helps us to understand the boundary between what is within our control and what isn't.

I think back to when I first got in AA service. The group I was a part of had a lot of power struggles among the board members. When we had board

meetings people brought in their opinions and challenging attitudes. This created great struggle and strife during the meetings with a lot of yelling back and forth. These controversies it left me with a sour taste in my mouth about Alcoholics Anonymous as a whole. This affected my opinions of other groups and how they managed their affairs. If it wasn't for my eventual understanding that these opinions were personal and not the opinions of Alcoholic Anonymous, I don't think I would have stuck around.

During these challenging times, are we harming AA as a whole by continuing to have in person meetings during self-isolation? As it states in tradition four "Each group has a right to exercise its right to be wrong" We must learn from our mistakes to find out what is right and wrong. Are trials and errors sometimes our best advocate? We have to keep in mind that our actions could harm others without our even knowing it. I believe it is the members within the group's responsibility to answer these questions.

As Bill said in the book *AA Traditions, How it Developed*, "Unity is so vital to us AA's that we cannot risk those attitudes and practices which have sometimes demoralized other forms of human society. Thus far we have succeeded because we have been different. May we continue to do so!"

As AA leaders we have a duty to, above all else embrace all twelve traditions. It is time for many alcoholics in Alcoholics Anonymous stop using a tradition to break another tradition. History shows that tradition four was not created to have veto power over the other traditions but rather it was created to give groups flexibility regarding group customs. If any group including district, area officers, general service board or service corporation's breaks a tradition, it is affecting other groups or AA as whole.

To me tradition four is about integrity, thoughtfulness, ethical conduct and how our behaviors and actions affect others. I must consider the attitudes I bring to a group meeting and how I conduct myself during those meetings. If we leave our egos at the door and bring to the table our true caring nature for others then our groups will survive and thrive.

Please spread the word, not the virus!

By Jack J.

The Burien Little Assembly, or BLA, as it is commonly known, started in 1974 as an introduction to General Service. Per the history in Our Stories Disclose, BLA has been through changes in time of the year and in location in its 46 years. There hasn't been a cancellation in those 46 years until now. Given the public health emergency of the magnitude of the coronavirus, the Planning Committee has officially decided to cancel the BLA scheduled for March 14, 2020 until next year..

The Planning Committee discussed members' desire to go forward with the gathering as planned, as well as members' concern to the severity of the public health emergency. BLA is an important event in our yearly rotations, and a particularly useful way to introduce service outside the group level. It is a wonderful gathering for the newcomer and a reconnection with familiar friends. BLA is a clear manifestation of the fellowship that has grown up around us.

The Planning Committee discussed postponing the event, as well. The need for deeper diving into General Service is inexhaustible. "But when?" seemed the unspoken question. Public Health advisories seemed to generally adhere to a ban on gatherings until the end of March. The usual busy AA service calendar floated in front of us: Area 72 Quarterly Business Meeting, the Greater Seattle Intergroup Inventory and Spring Assembly and this summer's International Convention in Detroit, all came to mention.

Among the factors leading us to decide to cancel BLA: panelists were already dropping out, servants expressed intent to not participate. A lot of catch-up would be required were BLA to take place, but we alcoholics don't want to be driven by fear. The positive step to cancel BLA is to acknowledge that we take seriously our role as responsible "citizens of the world," as Bill W. wrote in the 10th Tradition, and choose to adhere to the guidelines mandated by professionals. Alcoholics have benefited greatly from the medical community, as anyone familiar to our history can attest. At the time of this writing and of our decision to cancel BLA, we are being asked to make paramount the welfare of others.

As far as contributions are concerned, groups and districts are welcome to have their money contributions returned via our treasurer. Groups also have the option to allow our treasury to apply their contributions thus far to the prudent reserve for next year's BLA, which we would find valuable, given that we won't receive a \$500 deposit after cancelling. If your group or

district would like your money returned, please contact our treasurer, Rick at lortzco@gmail.com

The Planning Committee has a follow-up meeting on Sunday, April 19, 2020, 10 am, at Greater Seattle Intergroup. The option of a make-up, a pop-up, a one-day service workshop will be discussed with support of Greater Seattle Intergroup and the Planning Committee at that time.

We hope everyone is healthy and supported during this time.

With love and care,

The BLA Planning Committee

Greater Seattle Intergroup Board Meeting Minutes

March 17, 2020

Submitted by Aaron C. (Recording Secretary)

Board meeting canceled due to safety measures related to COVID-19 virus.

Board reports and relevant information below.

Motion for consideration by groups

PRESENTED BY:

Group - Sunday Morning Magic

Vote to Proceed forward presenting to the Groups – YES (Fall Assembly Dec 2019 vote 14 approved and 10 opposed)

GREATER SEATTLE INTERGROUP (“Intergroup”) MOTION:

“We move that all groups may send an Intergroup Representative directly to the Board meeting with complete voting privileges at all Board meetings.”

PROS:

1. More fair representation of the fellowship. Wide, diverse representation ensures a healthy Intergroup.
 2. Increase participation at Intergroup.
 3. Increase donations to Intergroup.
 4. Increase and improve communication between the groups and Intergroup.
 5. Voting twice a year allows greater input to/from the groups.
 6. GSO has suggested that 50% of group contributions go to your local Intergroup.
- Each group should be heard regarding Intergroup business and how it functions.

CONS:

1. Board room not big enough to hold all Intergroup Representatives. Where will we meet if the Board Room is not big enough?
2. Small groups may not be able to send an Intergroup Representative.
3. Assemblies will still allow GSR's to have a vote in lieu of an Intergroup Representative
4. Closer groups may have more of a sway with voting because it's easier for them to attend.

IF PASSED:

Currently Intergroup holds monthly Board meetings and for two of these generally May and December the Board meeting are replaced with an "Intergroup Assembly". At Intergroup Board meetings each district/zone has the right to vote but not each group/meeting within the district/zone. However at an Intergroup Assembly each group has the right to vote.

If passed the voting under this motion would be based on one (1) representative from each group. It does not matter what the group or meeting calls the representative (Intergroup Representative, GSR etc). In addition the District/zone will still continue to have one vote each Intergroup meeting they attend. In other words each Intergroup Board meeting will function just as the Intergroup Assembly work now.

HISTORY

Seattle Intergroup's earliest records come from a ledger book containing the meeting minutes of the Central Committee (the future Greater Seattle Intergroup) from 1946 to 1950.

The purpose of the Central Committee is to act for the combined and associated groups, that their work is to plan constructively toward the betterment of AA and to unify the groups so that they could be more efficient in presenting AA to the public and to those who need help.

The basic decisions made in those early meetings have proven to be the foundation of the present Intergroup structure and policies.

In the March, 1950 meeting minutes it was stated that "Constructive suggestions and constructive criticisms are the order of business at the meetings. Is YOUR group conscience being properly represented at these meetings?"

By 1978 it was no longer possible to hold monthly meetings to which each group sent a representative. The groups decided to form zones and trust the operations to Zone Representatives who form the Intergroup Board.

By the end of 1985 there were 860 meetings listed with 70% of the meetings making regular contributions to Seattle Intergroup. By the early 2000's growth had leveled at 1,350 meetings with only 36% making regular contributions. Group contributions

steadily decline, literature sales steadily decline – trends tell us that contributions and sales are not going to increase on their own. It makes sense that getting more AA's involved in Intergroup can only produce positive effects. Increased participation can only benefit Intergroup. Self-support means more than money, it also means that we do the work. The only way to not increase participation at Intergroup is to not try.

With the gradual breakdown of the Zone System over the last 5 years, inviting each group to send an Intergroup Representative directly to the monthly board meeting seems to be the obvious next step in order to ensure that Greater Seattle Intergroup is indeed representing the groups. Not just a select few AA's who already hold service positions at Intergroup.

INTERGROUP BYLAWS

Because Intergroup is a 501c3 non profit in Washington State and with the IRS, Intergroup is required to have Bylaws, i.e. rules which it must follow.

As can be seen below in order to change Intergroup Bylaws, as this motion would do by changing the voting structure, Intergroup must present the motion to all the groups it serves and only if 2/3 of the votes that are received approve the motion will it pass.

Note this 2/3 is only for the groups that choose to vote and not 2/3 of all groups Intergroup serves (about 700 groups/meetings).

Italicized sections are excerpts from current GSIG Bylaws on changing a Bylaw. Note this change to the voting structure/process would be considered a change in the GSIG Bylaws.

ARTICLE VII – INTERGROUP BOARD MEETINGS

On issues involving “Right of Decision” all officers and each Zone representative shall have one vote. Right of Decision motions shall pass with a simple majority.

The following matters are automatically to be sent to the groups as a Group Conscience Question:

- Amendments to the Bylaws

Any other motions or matters of concern presented to the Board shall pass by a simple majority, unless one-third of the Zones represented and the officers voting deem it necessary to refer the motion to the groups as a Group Conscience Question.

Matters for group conscience will be finalized into a clear and concise Group Conscience Question:

- 1) After a Group Conscience Question is finalized, the Chairperson shall select two AA members to write a brief pro and con statement.
- 2) The pro and con statements shall be presented at the next Board meeting for the Board approval.
- 3) The finalized Group Conscience Question shall be printed in the following newsletter with the approved pro and con statements.

A motion may be tabled only once and must be acted on within the next two Board meetings. ARTICLE IX – AMENDMENT OF THE BYLAWS

Any AA member may propose an amendment to the Bylaws by the following process:

- 1) Take the proposed amendment to a group for a group conscience.
- 2) If approved by the group it shall be presented to the Zone by that Group's representative.
- 3) It must be submitted in writing by the Zone Representative at a regular monthly Board meeting.

Upon approval of two-thirds of the Zone representatives present, the amendment will be referred to the groups for approval. A two-thirds majority of the groups casting votes is necessary to amend.

The amendment shall go into effect immediately upon its adoption unless the motion to adopt specifies a time otherwise.

Reports

Chair (Mike M.):

Mike here grateful to be serving AA as the Chair for your Greater Seattle Intergroup. Needless to say, these are interesting and difficult times for everyone, and I hope all of you and your families are staying safe and doing well. The current challenges we face brought to mind the following passage from pg. 38 of the Twelve Steps and Twelve Traditions.

“But dependence upon an A.A. group or upon a Higher Power hasn't produced any baleful results. When World War II broke out, this spiritual principle had its first major test. A.A.'s entered the services and were scattered all over the world. Would they be able to take discipline, stand up under fire, and endure the monotony and misery of war? Would the kind of dependence they learned in A.A. carry them through? Well it did.”

I have witnessed groups and members continue to preserve, grow, love and support each other whether it is online, via the phone or in person.

Greater Seattle Intergroup began in 1946; about 10 years after AA began in Akron, Ohio, and continues today but we can't do so without continued support from the groups and AA members. We are currently about \$5k under our prudent reserve of 3 months of operating expenses and we currently expect groups contributions to decline during the coming months. Assuming the following in the coming months

- 50% reduction in current monthly group contributions
- no sales of meeting schedules and literature and
- 50% reduction in payroll costs

Intergroup is expected to have to close its doors by the end of July 2020.

PLEASE consider making a contribution online as an individual AA member, distributing your groups funds in excess of its prudent reserve, and passing the online 7th tradition basket at your online meetings.

Intergroup is persevering but we have also had to make some tough decisions

- As of March 25, 2020, Intergroup will only be open Wednesdays and Saturdays from 10 am to 2 pm

- We continue to provide 24/7 phone services and in fact our incoming calls have dramatically increased during this time as have the volunteers that are willing to be of service and answer phone remotely
- We continue to update our website almost daily with the latest information that has been provided by the groups including;
 - Hyperlinks to many online zoom meetings
 - How to setup and facilitate online meetings <https://www.seattleaa.org/online-meetings/>
 - Various resources for online meetings including instructions how to set up paypal accounts for your online group and how to continue to contribute to Intergroup <https://www.seattleaa.org/suggested-resources-for-setting-up-a-temporary-online-meeting/>
- Although we will continue to sell the existing literature that is in stock, we have placed a temporary hold on placing any new orders
- Board and committee meetings will also continue to be held as much as possible on the same regular schedules using zoom meetings, see the Intergroup information for the latest information

Please be patient with us as Intergroup continues work through this every changing situation.

Yours in service,

Mike M, Seattle Intergroup Chair

Vice Chair (Astri T.):

Nothing to report.

Chair Emeritus (Dawna H.):

Nothing to report.

Treasurer (Allison B.):

Quick look at February financials (rounded to thousands):

Group Contributions: \$7K (down \$3K to budget)

Other Contributions: \$1K (at budget)

Retail Sales: \$9K (\$1K under budget)

Expenses: \$15K (at budget)

Net Income: \$4K loss

Cash and CDs: \$48K

Earmarked Funds: \$8K

Corrections: \$5K

Accessibility: \$3K

Non-restricted cash: \$40K (GSIG prudent reserve: \$46K)

Summary

-The loss from this month offset our income of \$4K in January.

-There will also be an additional \$5K loss showing up in the financials due to taking the misprinted schedules out of inventory.

-In order to break even, on average GSIG requires about \$10K of contributions per month. Comparing to previous years, February was a bit smaller than usual this year.

-It is hard to predict what March and April may bring due to COVID. Groups aren't meeting, and so they may not be collecting 7th tradition, but they also maybe aren't paying rent.

-As a note: if your group is interested in setting up PayPal for group contributions, my homegroup has done that, and I could give you more information as to how to do so if you are interested!

CONDENSED PROFIT & LOSS

Ordinary Income/Expense	FEB 29, 2020	FEB - Budget	YTD FEB - 2020	YTD Budget	Jan-Dec 2019
Income					
Total Retail Sales	9,161	10,224	17,834	20,448	111,268
Total COGS	11,154	6,928	16,819	13,856	78,625
Gross Profit from Retail Sales	(1,993)	3,296	1,015	6,592	32,643
Gross Profit %	-21.8%	32.2%	5.7%	32.2%	29.3%
Group Contributions	7,045	9,868	21,917	19,737	106,652
Personal and Other Contributions	1,342	948	6,028	1,897	12,571
Meeting Room Rent; Birthday Club	846	649	1,736	1,299	6,748
Special Events Income	28	464	86	927	4,581
Total Items to Cover Fixed Expenses	7,268	15,226	30,783	30,452	163,194
Expenses					
Expenses--Other	1,152	459	1,275	917	9,852

Paid Staff	7,340	7,343	14,407	14,687	95,570
Rent and Office	6,996	6,451	14,490	12,902	76,489
Standing Committees	54	795	251	1,590	6,611
Total Fixed Expenses	15,543	15,048	30,423	30,096	188,523
Net Ordinary Income (Loss)	(8,275)	178	360	356	(25,329)
Net Other Income, Chiefly Interest Income		33	(131)	67	(5,834)
Net Income (Loss)	(8,275)	211	229	422	(31,163)
	-	(0)	0	(0)	

CONDENSED BALANCE SHEET

	FEB 29, 2020	JAN 31, 2020	DEC 31, 2019
ASSETS			
Current Assets			
Checking	18,096	18,752	8,183
CD's--Prudent Reserve *	30,351	30,351	40,482
Accounts Receivable	894	676	
Inventory and Other	34,924	35,465	33,038
Total Current Assets	84,265	85,244	81,703
Total Fixed Assets	2,484	2,484	2,484
TOTAL ASSETS	86,749	87,728	84,187

*Per bylaws, prudent reserve is calculated to be 3x average
* monthly expenses, approx. \$46,000.*

LIABILITIES & EQUITY

Current Liabilities			
Accounts Payable	12,423	5,541	6,153
Payroll & Sales Tax Liabilities	2,880	2,671	1,905
Committee Earmarked Funds Total	8,470	8,266	8,439
Total Liabilities	23,772	16,477	16,497
Equity			
3001 · Opening Bal Equity	694	694	694
3101 · Retained Earnings	62,053	62,053	98,158

Net Income	229	8,504	(31,163)
Total Equity	62,976	71,251	67,690
TOTAL LIABILITIES & EQUITY	86,749	87,728	84,187

Greater Seattle Intergroup					
Standing Committee Earmarked Funds (Pink Can, Blue Can, etc.)					
YTD FEB 29, 2020					
Committee	Corrections	Hospital & Treatment	Accessibility	PI / CPC	Total Earmarked Funds
Beginning Balance 1/1/20	\$4,508	\$0	\$3,931	\$0	\$8,439
YTD Contributions	\$1,131	\$0	\$53	\$0	\$1,183
YTD Use of Funds	(\$527)	\$0	(\$625)	\$0	(\$1,153)
Ending Balance	\$5,111	\$0	\$3,359	\$0	\$8,470
Greater Seattle Intergroup					
Standing Committee Expenditures Against Budgets					
YTD FEB 29, 2020					
Committee	Corrections	Hospital & Treatment	Accessibility	PI / CPC	Total Expenses
Expenses to Date	\$0	\$0	\$0	\$0	\$0

Budget to Date	\$60	\$300	\$250	\$300	\$910
Budget -- Full Year	\$360	\$1,800	\$1,500	\$1,800	\$5,460

Recording Secretary (Aaron C.):

We will vote to approve minutes at the next board meeting

Please use the below to submit your reports. Alternatively send them directly to secretary@seattleaa.org.

<https://www.seattleaa.org/intergroup/intergroup-board/intergroup-board-report-form>



With love and gratitude,
Aaron C.

Accessibility (Jack M.)

Nothing to report.

Archives Committee (Teresa S.):

Nothing to report.

Corrections Committee (Tammi B.)

Nothing to report.

CPC/PI Committee (Jennifer S.)

Many of our previously scheduled PI/CPC events have been canceled or postponed. Our monthly committee meeting is scheduled for this coming Saturday March 21st and will be held via Zoom this month rather than in person at Greater Seattle Intergroup.

Please, let AA members know that if anyone from the press contacts them, they can refer them to outreach@seattleaa.org.

Newsletter (John P.):

Nothing to report.

Hospitals & Treatment Committee (Erin G.):

Nothing to report.

Office Committee (Richard I.):

1. Financials,

February performance -- Financials look ok. Need to make a couple corrections to write-off the originally (erroneous) schedule books (about 5K) and to write-on the new printing. This will add to the expense for the month of February.

2. Business Interruption – CoVid19 Reduced Services Scenarios

Scenario 1 – Reduced Staff (dennis home). Reduced open hours limited to the times Lara is working

We discussed this scenario at length. If Dennis stays home we will close intergroup on Monday's and Tuesdays. Lara will staff the office on Wed, Thur, Fri Sat.

Scenario 2 – Full Closure. – NOT APPLICABLE - No open hours. We dont think this scenario is likely at this time.

OTHER:

- Picnic Planning - \$1300 to reserve the now is required

- Internal private secure facebook page for intergroup insiders (a la WWA72).

We discussed this and agreed that if Lara finds it useful and if she wishes to take this on as a project....then that's fine. It will be a project that she undertakes on her own and we can see how it goes. If some unforeseen, related issues or problems we will deal with them on an as-needed basis.

Office Manager (Dennis E.):

Nothing to report.

Assistant Office Manager (Lara R.):

Hello everyone! Wow! Crazy times, huh? I hope everyone is doing well during this trying time and one of possible isolation for many of us.

We are committed to keeping the office open as long as the staff are healthy. We are also committed to keeping things sanitized and free of germs.

We have had many people step up and fill our daytime positions as some of our older, more vulnerable volunteers are opting to stay home for a while. The AA fellowship is awesome!

Please know that if you or your group get your information to us about any closures or online meetings options that we will update the website as quickly as possible and that the meeting guide app will be updated every night at midnight.

Lee, our Web and Tech Committee of One, has done an amazing job with everything concerning technology during this time and we are forever grateful to him.

As a lot of you know, we are all being affected by this epidemic in a variety of ways.

Please remind your groups and members that it is of paramount importance to continue to support not only Intergroup but the churches that typically host the meetings, and other non profits that rely on contributions for their livelihood.

Thank you for all that you and your groups do for Intergroup. You are truly appreciated.
Lara R.

Night Watch Coordinator (Pete K.):

Nothing to report.

Special Events Committee (Allan C.):

Nothing to report.

Finance Committee (Carl G.):

Sunday, February 16, 2020, 5:00PM – 5:35PM

Attending: Allison B, GSIG Treasurer, Jeff U. Committee chair, Carl G, and Pete K

- Update on GSIG Monthly Sustainer's program – Jeff will continue to work on this so material will be ready to be discussed and hopefully distributed at the April Board meeting.
-
- Financial Processes Review Committee - Jeff will discuss with Mike M, Board Chair, persons who have indicated they are willing to serve in that capacity for Board Chairperson's final selection and appointment.

The committee discussed the large group contribution in January and the expected lesser giving in February.

The committee discussed how the interest on the time payment for the schedule books is being shown on the financial documents for clarity to the GSIG Board.

- The committee discussed whether prices of schedules should be raised by \$0.25 to \$1.25. We recommend the price should be raised.

Web & Technology Committee (Open):

Nothing to report.

Third Legacy (James R.):

Nothing to report.

District 31 (Jeff U.)

- District 31 is re-initiating the "strip walker" program to deliver literature and meeting schedules to Sea-Tac airport area hotels. Groups in the District take responsibility for a handful of hotels each. District Chair is leading the effort since we have no PI chair.

-Still have open position for dispatcher for the Highline Hospital 12-step program

-Not serving coffee or food at District Meeting because of Coronavirus. Also, Sober Sisters of Seattle meeting is cancelled for same reason. District will consider video conferencing next month for same reason.

- The Bridging the gap program at Cascade treatment Center handled seven requests last month

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District 41 (Laura C.)

The meeting was conducted virtual using zoom, it worked very well, thanks to Seth G. for setting it up.

Discussed accessing current on line meetings and setting up new meetings.

GSRs will suggest members reach out to others in their groups who may not be getting out.

A park permit was requested and approved for a shelter site at Woodland for July 18 for a district sponsored picnic.

Discussed supporting an outreach booth at Pridefest and possibly Bumbershoot.

District 42 (Mikey C.)

I am very fortunate to submit this report from District 42:

I Sent out a Virtual report regarding the motion discussed in this months High & Dry to our DCM in District 42. That will blast out to all the groups in our district; so hopefully i will get a response from all of our groups. Our District 42 Meeting was cancelled due to the Phoenix club shutting down due to the health department restrictions. So everything about "whats happening" in district 42 is going on standby during this time of duress. I do know that with the help of our Facebook page at the Broadview Groups, the Secret Area 72 , and the GSIG, Sno-king , and Eastside Inter groups; we are all coming together. and we seem to find meetings either, by going offsite or on--line type meetings. I thank all who are helping to smooth out this transition.

In Service

Mikey C

Next GSIG Board meeting: April 21st 2020 at 7 PM at GSIG Office.

The High & Dry

Editor: Peeps

Contributors: All of YOU

Mailing Team: Irreplaceable Volunteers

The High & Dry is published monthly by an all-volunteer staff at the Greater Seattle Intergroup Office, 5507 6th Avenue South, Seattle WA 98108 (Phone: 206-587-2838) www.seattleaa.org.

Do you have something you would like to submit to The High & Dry newsletter?

We would love to see your event flyers, letters, stories, photos, drawings, poetry, interviews, and whatever else you would like to share with other members in and around Seattle. Send to: high_and_dry@SeattleAA.org

H&D deadline is the 25th of each month.