



# The High & Dry

November 2020



## NOVEMBER IN OUR HISTORY

### Nov 1

- 1947 – 1st AA Group in Anchorage, Alaska.
- 1963 – Reverend Sam Shoemaker dies.

### Nov 3

- 2001 – J. P. Miller who wrote screenplay for “The Days of Wine and Roses” died.

### Nov 9

- 1966 – Pres. Johnson names Marty M 1st National Advisory Committee on Alcoholism.

### Nov 10

- 1940 – First AA group formed in Minneapolis.
- 2001 – Delivery of 400,000 4th Edition Big Books arrives in the mail.

**Nov 11**

1934 – Armistice Day; Bill started drinking after dry spell, beginning of Bill's last drunk.

**Nov 12**

1940 – 1st AA meeting is held in Boston.

**Nov 13**

1939 – Bill wanted work at Towns Hsp, NY drunks ask that he stay head of AA.

**Nov 14**

1940 – Alcoholic Foundation publishes first AA Bulletin.

**Nov 15**

1949 – Bill W suggests groups devote Thanksgiving week to 12 Traditions discussions.

**Nov 16**

1950 – Dr. Bob died.

**Nov 18**

1946 – First Dublin Ireland group met.

**Nov 21**

1939 – AAs in San Francisco hold first California AA meeting in the Clift Hotel.

**Nov 26**

1895 – Bill W. born in East Dorsett, VT.

**Nov 28**

1939 – Hank P. writes Bill advocating autonomy for all AA groups.

1943 – Bill guest speaker at San Quentin Penitentiary.

## **FUTURE TRIPPING**

**NOVEMBER**

**14 - PI/CPC Committee Quarterly 9:30 am - 3:30 pm**

**14 - Tradition 11 with The Solution Group 10 am - 11:30 am**

**DECEMBER**

**12 - Tradition 12 with The Fourth Dimension 10 am - 11:30 am**

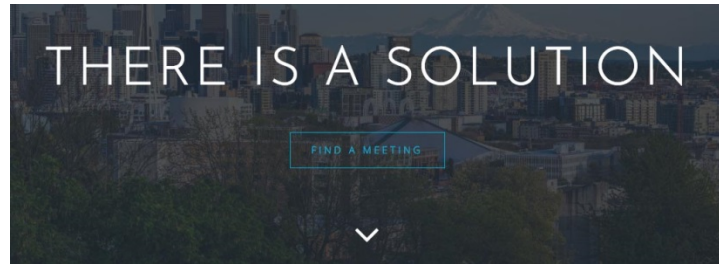
**15 - Greater Seattle Intergroup Fall Assembly 7 pm - 9 pm**

**JUNE 2021**

**25-27 Pacific Northwest Conference 2021 8 a.m. - 5 p.m.**

**NOTE:** Members can attend all of the above events via ZOOM.com. Go to the Events page of the GSIG website ([seattleaa.org](http://seattleaa.org)) to get the meeting coordinates.

# www.seattleaa.org



## **Thanks to Our Awesome Daytime Office Volunteers**

MONDAY	Thomas H. and Susan
TUESDAY	Janny B. and Bill S.
WEDNESDAY	Tammy L. and Alexi
THURSDAY	Tammy L. and Desiree
FRIDAY	Brandon, Brian and Jon C.
SATURDAY	Clay S. and Dan G.

### **Main office hours**

Until further notice, the GSIG main office will be open  
Wednesday-Friday 10 AM – 6 PM, Saturday 10 AM — 2 PM.

# BIRTHDAY CLUB

## HAPPY BIRTHDAY TO THE NOVEMBER CELEBRANTS IN THE HOW DRY I AM CLUB!!

Theresa S.		37 years (10/1983)
Tom K.		54 years (10/1966)
Elise Von K.		42 years (10/1979)
Alexi	Dawn Patrol	1 year (10//2019)
Larry B.	PBP	12 years (9/2008)
Jack O.		42 years (11/1978)
Ron E.		28 years (11/1992)
Jessica M.	Zoom	20 years (10/2000)

Name	
Address	
City, Zip	
AA Anniversary and/or # of years	
Home Group	
Contribution enclosed	\$
Return this form to:	Greater Seattle Intergroup 5507 6 <sup>th</sup> Ave S. Seattle, WA 98108

## MEETING CHANGES

Many meetings are longer being held at physical locations and have moved to online formats. Please visit the Seattle Intergroup of AA website to get updated information about finding your favorite meeting online. **Please let [webmaster@seattleaa.org](mailto:webmaster@seattleaa.org) know if you have any changes to your online or in person meeting.**

# High and Dry: News and Notes — NOVEMBER 2020

We would love contributions from you. Please share your thoughts, ideas, suggestions and comments with us by emailing us at [high\\_and\\_dry@SeattleAA.org](mailto:high_and_dry@SeattleAA.org). We aren't promising that everything sent to us will be published, but we will be reading everything sent our way.

**STEP 11: Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.**

By Peeps

Like many others, I was aggressively opposed to the 12 Steps' "God Thing." I wanted relief from my addiction, but I wanted it on my terms, a belief that limited me to "half measures."

I was guilty of "contempt prior to investigation" in the fourth degree. I loved A.A. meetings, but I wasn't having any of the program's spiritual practices.. That attitude kept me miserable, hopeless and inebriated.

Even though I'd seen how A.A. had changed the lives of people close to me, I didn't want to do what they had done, especially the "God thing." I was unable to fully benefit from the power of our program until I was willing to work the Steps as written.

I had to be beaten to desperation before I was willing to try things I did not believe in. I had to accept that I had no idea how to stay clean and sober and needed to ask for help.

When I began working with my sponsor, he strongly suggested that in addition not drinking and attending meetings, that I pray every morning and send him a gratitude list. He went so far as to suggest praying from my knees. I was desperate for change and surrendered. I decided to try it.

To promote the habit of daily prayer, I placed my cell phone under my bed to charge overnight, so I literally have to get on my knees each morning. Imagine my surprise when, after a couple months of daily prayer, my perspective shifted. Instead of waking up afraid and anxious, I began my days with a sense of hope and gratitude.

It showed me my actions, not my beliefs or thoughts, mattered. If I take the suggested actions, my life changes. It took a while, but my meditation practice has grown as my length of sobriety lengthened. The "Twelve Steps and Twelve Traditions" is filled with excellent information and suggestions about the power of prayer and meditation.

**Tradition 11: "Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films."**

By David M.

When thinking about this Tradition it is instructive to recall how Alcoholics Anonymous got its name. In "A.A. Tradition: How It Developed" Bill said, "we had no name. By a narrow majority the verdict was for naming our book "The Way Out." One of our early lone members found exactly twelve books already titled "The Way Out." So "Alcoholics Anonymous" became first choice. That's how we got a name for our book of experience, a name for our movement and, as we are beginning to see, a tradition of the greatest spiritual import."

This code of "personal anonymity at the level of press, radio and films" is an important and necessary antidote to the typical alcoholic's attitude of being an "irrepressible promoter" and his/her need to be constantly in the limelight. As Bill said in the Twelve and Twelve, "the prospect of a society composed almost entirely of promoters was frightening."

Not only does this aid in the process of ego-deflation which is essential to the alcoholic's spiritual awakening, but it also has the unintended effect of promoting A.A.'s principles rather than the personalities behind them.

We attract positive publicity for A.A. by presenting ourselves to the world as authentically changed people. It is the basic concept of humility that is expressed in Tradition Eleven; the more that we as individual A.A.s embrace and practice this ethos of humility, the more our Society's principles, aims and methods will be found attractive to and sought out by the still-suffering alcoholic.

**Concept 11: While the trustees hold final responsibility for A.A.'s world service administration, they should always have the assistance of the best possible standing committees, corporate service directors, executives, staffs and consultants.**

By AA.org

Therefore, the composition of these underlying committees and service boards, the personal qualifications of their members, the manner of their induction into service, the systems of their rotation, the way in which they are related to each other, the special rights and duties of our executives, staffs and consultants, together with a proper basis for the financial compensation of these special workers, will always be matters for serious care and concern.

In this, the second longest of the Concepts, Bill W. explains in great detail the composition, functions and relationships of the standing committees of the General Service Board, its subsidiary operating boards, the General Service Office and AA Grapevine — as they existed in 1962.

As A.A. has grown and changed, many of the descriptions would be different today, and some of the issues that are addressed are no longer relevant. Nevertheless, the full text is valuable as an historical document, and many of the principles still apply, as summarized below.

Underlying the service structure we have been discussing, there is another, internal structure of service consisting of the non-trustee members of the trustees' committees; the non-trustee directors of the two operating boards, and the executives and staff members. "Members of this group," declares Bill, "not only support the leadership of the trustees: they share leadership with them."

Visit the [AA.org](https://www.aa.org/assets/en_US/p-8_thetwelveconetps.pdf) website for detailed information on Concept 11: [https://www.aa.org/assets/en\\_US/p-8\\_thetwelveconetps.pdf](https://www.aa.org/assets/en_US/p-8_thetwelveconetps.pdf)

## **GSIG Board Seeking New Officers**

The Greater Seattle Intergroup Board is looking for applicants to fill the following 2021 service positions: Chair, Vice-Chair, Treasurer and Recording Secretary. Elections will be conducted at the Greater Seattle Intergroup Fall Assembly December 15th.

1. CHAIRPERSON – It is recommended that the Chairperson have at least three (3) years' immediate, continuous sobriety, and have prior AA service experience.
2. VICE CHAIRPERSON – It is recommended that the Vice Chairperson have at least two (2) years' immediate, continuous sobriety, and have prior AA service experience.
3. TREASURER – It is recommended that the Treasurer have at least two (2) years' immediate, continuous sobriety, and have prior AA service experience.
4. RECORDING SECRETARY – It is recommended that the Recording Secretary have at least two (2) years' immediate, continuous sobriety.

Nominations for Chair:

Aaron C. 11-1-2010    Serenity Now

Astri T.    8-18-1979    Mountlake Terrace Wednesday

Nominations for Vice-Chair

Aaron C. 11-1-2010    Serenity Now

This information is from the Policy and Procedure manual. For more information visit our web site, [SeattleAA.Org](https://SeattleAA.Org) or email: [Nominating@seattleaa.org](mailto:Nominating@seattleaa.org).

# **Greater Seattle Intergroup Board Meeting Minutes Oct. 20, 2020**

Submitted by Aaron C.  
(Recording Secretary)

## **Opening**

The meeting was opened at 7:00 PM.

## **AA birthdays**

Kathleen B - 10  
Teresa S - 37  
Kimber C - 4

## **Quorum Count**

Active Zones Present	Active Zones Absent
112, 114, 117, 118, 124, 131, 132, 140, 141, 142	115, 116

## **Reports**

### **Chair (Mike M.):**

Since the last Board meeting, I attended the following

- WWA 72 Assembly held Oct 3, announced our Dec Assembly and elections, budget and bylaws will be on agenda
- 35th Annual ICOAA Seminar Intergroup/ Central Offices, AAWS, AAGV
- Monthly GSIG Office Committee meeting
- I was invited to District 32 business



In addition, during October I submitted our PPP Loan forgiveness application and GSIG received 100% forgiveness from both US Bank and the SBA. As such during October this \$18k PPP loan liability will be removed from our balance sheet.

I continued to communicate with the landlord about the current office lease which ends May 2021, and they have offered a 12-month extensions with not rent increase. The Office Committee approved me to sign the lease extension which is expected to happen in November. This is viewed as a good thing and will allow us more time to evaluate whether we need the same amount of space as the Covid situation develops, if we want to remain in the current location which has seen a large increase in crime etc.

Finally I want to urge all Groups and Districts to send a representative to our GSIG Assembly to be held Dec 15 at 7 pm.

At this Assembly each Group and District can vote and we will be voting on at least the following items

GSIG office elections

2021 Budget

Proposed amendments to the GSIG Bylaws (primarily to remove the "Zone" terminology

We need candidates willing and able to submit their resumes for the GSIG officer positions if you have any questions please contact myself [chair@seattleaa.org](mailto:chair@seattleaa.org) or the Nominating Committee at [nominating@seattleaa.org](mailto:nominating@seattleaa.org)

Yours in service,

Mike M, Chair

### **Vice Chair (Astri T.):**

As usual, I have been attending the 20/20 and Office Committee meetings. Those reports will be covered by Mike and Richard. In addition, we attended the Area 72 Assembly on October 2-4 and I'd like to share a brief overview of that event for you; The entire event was held via Zoom. Friday at noon began a series of panel presentations covering topics which will also be covered at the General Service Conference in 2021. I was asked to participate on two panels and enjoyed sharing and listening to the other presenters. The evening was topped off by topic sharing by general Service Representatives(GSRs).

This was an election assembly. The 6 newly elected Officers are; Geene Delegate; Heather Alternate Delegate; Crystal Chairperson requested submission of service resume's for anyone interested in serving as an Area Standing Committee Chair. Ordinarily while these elections are happening we address the motions presented but there were none. I am not aware of that ever happening before..... We did receive Trustee, Delegate and other Officer reports, we also heard Committee reports on; the progress of the 3rd edition of Our Stories Disclose; assessing the value and how to improve the Area Newsletter; Area communication practices; Remote Communities issues; and a report with recommendations on Online meetings. Four discussion topics

were covered by GSRs and the rest of the membership. Topics were: How to improve spiritual parity between the different language communities within our area; What are we as an Area, District & Groups doing to support alcoholics in our communities? What more can we be doing?; How can Area 72 incorporate online only meetings in the AA service structure?; How can we continue to use technology to reach still suffering alcoholics? This last discussion resulted in a floor motion to "create a district for the online only meetings in the Area". The body voted to move the motion to the January Quarterly.

Sunday morning we had a Sobriety Count down, then we were treated to a talk by our Pacific Regional Trustee, Cathy F who has an incredible story and is a devoted servant to Alcoholics Anonymous. I absolutely enjoyed myself, it just never gets old. Thank you for this opportunity to serve.

Yours, Astri.

**Chair Emeritus (Dawna H.):**

Nothing to report.

**Treasurer (Allison B.):**

Quick look at September financials (rounded to thousands):

**Group Contributions:** \$7K (down \$3K to budget)

**Other Contributions:** \$15K (up \$14K budget!!!!)

**Retail Sales:** \$1K (\$9K under budget)

**Expenses:** \$11K (\$4K under budget)

**Net Income:** \$12K

**Cash and CDs:** \$102K

**Earmarked Funds:** \$6.7K

Corrections: \$5K

Accessibility: \$1.5K

**Non-restricted cash:** \$95K

## Summary

-The PPP loan has been forgiven. (Note: the PPP loan still appears on this set of condensed financials because these are the financials from the month of September, and the loan was forgiven during this month, October).

-Individual contributions were large this month due to a one-time bequest.

-Please take the budget proposed this month back to your groups for discussion. A reminder that this is a zero-balance budget. Bring your questions/comments to the November board meeting for discussion (or email [treasurer@seattleaa.org](mailto:treasurer@seattleaa.org)). At the December board meeting, we will hold the vote to approve the budget.

### Greater Seattle Intergroup

#### FY2021 Draft Budget

Draft at Oct 14, 2020

		FY2021 Budget	Jan to Aug 2020 Annualized	Budget FY2020	Actual FY2019	Actual FY2018
<b>Income</b>						
<b>4201 Special Events Income</b>	same as 2020 budget	5,562	6,013	5,562	4,370	4,810
<b>4301 Other Income</b>					210	
<b>4302 Returned check charges</b>	same as 2020 budget	0	(30)	0		
<b>Contributions</b>		0	0	0		
<b>4001 Group Contributions</b>	needed for zero net loss	119,211	125,137	118,421	106,652	111,561
<b>4002 Indiv. And other Contributions</b>	2020 budget + sustainers estimate	41,380	85,058	11,380	12,522	9,615
<b>4003 Meeting Room 7th Collections</b>	same as 2020 budget	4,839	3,002	4,839	4,119	3,783
<b>4004 Birthday Contributions</b>	2020 annualized	3,392	3,392	2,953	2,629	4,212
<b>Total Contributions</b>		<b>168,822</b>	<b>216,589</b>	<b>143,156</b>	<b>125,921</b>	<b>129,171</b>
<b>Literature Sales</b>						

<b>Retail Sales</b>						
<b>4101 Literature Sales</b>	average 2020 annualized and 2020 budget	59,678	29,824	89,531	81,395	101,493
<b>4111 Meeting Directory Sales</b>	selling current stock at cost	7,000	9,197	22,911	20,154	22,176
<b>4121 Coin Sales</b>	average 2020 annualized and 2020 budget	7,660	4,911	10,409	9,812	10,600
<b>4141 High &amp; Dry Sales</b>	same as 2020 annualized	359	359	111	155	43
<b>4151 Shipping Income</b>	2020 annualized	(272)	162	(272)	(155)	(322)
<b>Total Retail Sales</b>		<b>74,425</b>	<b>44,453</b>	<b>122,690</b>	<b>111,360</b>	<b>133,990</b>
<b>Total Income</b>		<b>248,809</b>	<b>267,025</b>	<b>265,846</b>	<b>241,862</b>	<b>267,971</b>
<b>Cost of Goods Sold</b>						
<b>COGS</b>				0		
<b>5101 Literature COGS</b>	average 2020 annualized and 2020 budget	46,576	23,618	69,533	63,465	79,306
<b>5111 Meeting Directory COGS</b>	printing of current schedules	7,000	3,773	9,286	8,459	6,245
<b>5121 Coin COGS</b>	average 2020 annualized and 2020 budget	3,560	2,716	4,404	4,087	4,309
<b>5141 High &amp; Dry COGS</b>	2020 annualized	962	962	883	1,032	530
<b>5161 Inventory Adjustments</b>	2019 actual	2,500	7,517	(185)	2,511	67
<b>5162 Lit COGS Qty Disc(-) Penalty(+)</b>	same as 2020 budget	(784)	(495)	(784)	(930)	(2,974)
<b>Total COGS</b>		<b>59,813</b>	<b>38,091</b>	<b>83,136</b>	<b>78,625</b>	<b>87,483</b>
<b>Total Cost of Goods Sold</b>		<b>59,813</b>	<b>38,091</b>	<b>83,136</b>	<b>78,625</b>	<b>87,483</b>
<b>Gross Profit</b>		<b>188,995</b>	<b>228,934</b>	<b>182,710</b>	<b>163,237</b>	<b>180,488</b>
<b>Expenses</b>						
<b>6801 Standing Committees</b>		0	0	0		

<b>6811 Archives Committee</b>	same as 2020 budget	120	0	120		26
<b>6812 Corrections Committee</b>	same as 2020 budget	360	100	360	59	271
<b>6813 GSIG Board</b>		0	0	480		212
<b>6814 Hospital &amp; Treatment Committee</b>	same as 2020 budget	1,800	301	1,800	810	1,931
<b>6815 PI/CPC Committee</b>	same as 2020 budget	1,800	227	1,800	842	1,333
<b>6816 Special Events Committee</b>	same as 2020 budget	3,000	1,591	3,000	3,989	2,208
<b>6818 Web and Technology Committee</b>	per request, for travel to web and tech conference	1,500				300
<b>6817 Third Legacy Committee</b>	same as 2020 budget	480	0	480	910	1,334
<b>6819 Accessibility Committee</b>	per request	7,680	761	1,500		
<b>Total 6801 Standing Committees</b>		<b>15,240</b>	<b>2,980</b>	<b>9,540</b>	<b>6,611</b>	<b>7,616</b>
<b>6830 Travel and Meetings</b>				0		
<b>6831 Conference, Convention, Meeting</b>	travel to intergroup conference	1,500	50	0		
<b>Total 6830 Travel and Meetings</b>		<b>1,500</b>	<b>50</b>	<b>0</b>	<b>0</b>	<b>0</b>
<b>7002 Other Expense (WA Sales Tax)</b>					6,090	
<b>Literature Discounts</b>		71	71	0		
<b>Other Expenses</b>		(104)	(104)	0		
<b>6301 Interest &amp; Bank Charges</b>		59	59	668	625	754
<b>6302 Stripe Processing Fees</b>	25% fewer contributions coming in online next year	1,848	2,464	276	285	182
<b>6303 MERCHANT SRV. Credit Card Fees</b>	25% less book buying in office	1,346	819	1,795	1,360	1,279
<b>6501 Insurance</b>	policy cost (Hartford)	1,300	1,820	1,311	1,845	1,299
<b>6502 Licenses &amp; Taxes</b>	same as 2020 budget	15	15	15	128	120

<b>6701 Professional Fees--Tax &amp; Other</b>	Gina \$900/ month+buffer+QBO \$648 + Plooto \$396	13,844	11,991	900	4,334	400
<b>6911 Bad Debt</b>					1	38
<b>6921 Burien Little Assembly</b>	same as 2020 budget	120	0	120		174
<b>6931 Cash Over/Short</b>	same as 2020 budget	0	(332)	0	70	47
<b>6932 Petty Cash (Over) Short</b>	same as 2020 budget	0	447	0	877	
<b>6933 Reconciliation Discrepancies</b>	same as 2020 budget	0	848	0		
<b>6934 Penalties and Fines</b>		186	186	0	49	
<b>6935 WA STATE B&amp;O TAX</b>	same as 2020 budget	0	2,335	0		
<b>6941 Depreciation</b>		0	0	420	280	840
<b>Total Other Expenses</b>		<b>18,615</b>	<b>20,548</b>	<b>5,504</b>	<b>9,852</b>	<b>5,133</b>
<b>Paid Staff</b>				0		
<b>6101 Payroll Expenses</b>		671	671	0	188	
<b>6111 Wages</b>	28.75 hrs manager and 12.75 hours asst. manager (GSIG open Tu-Sa) +4% increase	63,542	58,278	80,038	86,591	78,920
<b>6112 Taxes</b>	8% of wages	5,083	5,046	6,403	6,901	6,129
<b>6113 Reimbursements</b>					70	
<b>Total 6101 Payroll Expenses</b>		<b>69,297</b>	<b>63,995</b>	<b>86,442</b>	<b>93,750</b>	<b>85,048</b>
<b>6121 Medical Insurance</b>	do not offer medical insurance	0	1,260	1,680	1,819	6,915
<b>Total Paid Staff</b>		<b>69,297</b>	<b>65,255</b>	<b>88,122</b>	<b>95,570</b>	<b>91,963</b>
<b>Rent and Office</b>		210	210	0	184	
<b>6001 Rent</b>	same rent for one year lease	44,268	45,948	44,268	45,948	42,263
<b>6002 Triple Net</b>	4% increase	18,514	16,362	17,868	16,559	16,593
<b>6003 Maintenance &amp; Repairs</b>	same as 2020 budget	1,696	973	1,696	1,983	2,662

<b>6004 Computer Upgrade</b>	4 computers at \$700 each	2,800	5,136	0	973	170
<b>6005 Office Supplies</b>	same as 2020 budget	3,322	1,852	3,322	2,668	4,366
<b>6201 Utilities</b>	waste management-same as 2020	2,534	1,867	2,534	2,766	3,094
<b>6211 Electricity</b>	something about HVAC has made it higher	4,000	3,439	3,577	2,845	3,247
<b>6212 Internet Service</b>	internet + phones \$359/month	4,308	1,698	591	622	619
<b>6201 Utilities-other</b>						
<b>Total 6201 Utilities</b>		<b>10,842</b>	<b>7,005</b>	<b>6,703</b>	<b>6,233</b>	<b>6,960</b>
<b>6400 Communications</b>			0	0		
<b>6401 Phones</b>	(included in internet above)		2,457	2,935	3,150	4,333
<b>6403 Call Forwarding</b>	\$85/month	1,020	1,020	2,520	2,196	
<b>Total 6400 Communications</b>		<b>1,020</b>	<b>3,477</b>	<b>5,455</b>	<b>5,346</b>	<b>4,333</b>
<b>6601 Shipping Expense</b>	more shipping with Covid	800	633	362	451	687
<b>6602 Postage</b>	high and dry \$386 + stamps	600	0	270	180	359
<b>Total Rent and Office</b>		<b>84,072</b>	<b>81,596</b>	<b>79,945</b>	<b>80,525</b>	<b>78,392</b>
<b>Southend Book Store stipend</b>	\$50/month	600	150	0		
<b>Total Expenses</b>		<b>189,395</b>	<b>170,650</b>	<b>183,110</b>	<b>198,649</b>	<b>183,104</b>
<b>Net Operating Income</b>		<b>(400)</b>	<b>58,285</b>	<b>(400)</b>	<b>(35,412)</b>	<b>(2,616)</b>
<b>Other Income</b>						
<b>7001 Interest Income</b>	same as 2020 budget	400	945	400	256	362
<b>Total Other Income</b>		<b>400</b>	<b>945</b>	<b>400</b>	<b>256</b>	<b>362</b>
<b>Net Other Income</b>		<b>400</b>	<b>945</b>	<b>400</b>	<b>256</b>	<b>362</b>
<b>Net Income</b>		<b>0</b>	<b>59,229</b>	<b>(0)</b>	<b>(35,155)</b>	<b>(2,254)</b>

GSIG SEPTEMBER 2020 CONDENSED FINANCIAL REPORT									
CONDENSED PROFIT & LOSS									
Ordinary Income/Expense 2020 Sep - Budget					Sep 30,		YTD Sep - 2020 YTD Budget		Jan-Dec 2019
Income									
Total Retail Sales					1,203	10,224	30,839	92,018	111,268
Total COGS					923	6,928	26,363	62,352	78,625
Gross Profit from Retail Sales					280	3,296	4,475	29,665	32,643
Gross Profit %					23.3%	32.2%	14.5%	32.2%	29.3%
Group Contributions					6,970	9,868	90,395	88,816	106,652
Personal and Other Contributions					14,679	948	71,384	8,535	12,523
Meeting Room Rent; Birthday Club					625	649	4,888	5,844	6,748
Special Events Income					162	464	4,151	4,172	4,580
Total Items to Cover Fixed Expenses					22,717	15,226	175,293	137,032	163,145
Expenses									
Expenses--Other					1,377	459	15,109	4,128	15,942
Paid Staff					2,903	7,343	46,406	66,091	95,570
Rent and Office					5,975	6,451	60,626	58,058	81,572
Standing Committees					727	795	2,714	7,155	6,611
Total Fixed Expenses					10,982	15,048	124,855	135,432	199,695
Net Ordinary Income (Loss)					11,734	178	50,438	1,600	(36,550)
Net Other Income, Chiefly Interest Income					62	33	692	300	256
Net Income (Loss)					11,797	211	51,130	1,900	(36,294)
CONDENSED BALANCE SHEET									
ASSETS					Sep 30,		DEC 31,		
					2020	Aug 31, 2020	2019		
Current Assets									



		Checking			70,879	61,720	,000	8,183		
		Savings & CD's *			31,253	31,441		40,482		
		Accounts Receivable Inventory and Other			832	832				
					38,855	35,898		32,989		
Total Current Assets					141,819	129,892		81,654		
Total Fixed Assets					2,484	2,484		2,484		
TOTAL ASSETS					144,303	132,376		84,138		
	*	Per bylaws, prudent reserve is calculated to be 3x average monthly expenses, approx. \$46						0.		
LIABILITIES & EQUITY										
		Current Liabilities								
		Accounts Payable			2,179	2,413		11,235		
		Payroll & Sales Tax Liabilities			1,845	1,731		1,905		
		PPP Loan			18,179	18,179				
		Committee Earmarked Funds Total			6,703	6,453		8,439		
Total Liabilities					28,905	28,776		21,579		
Equity										
		3001 ? Opening Bal Equity			694	694	694			
		3101 ? Retained Earnings			63,572	63,572	98,158			
		Net Income			51,131	39,333	(36,293)			
Total Equity					115,397	103,600	62,559			
TOTAL LIABILITIES & EQUITY					144,303	132,376	84,138			

	Greater Seattle Intergroup				
	Standing Committee Earmarked Funds (Pink Can, Blue Can, etc.)				
	YTD September 30, 2020				
Committee	Correctio ns	Hospital & Treatment	ty Accessibili	PI / CPC	Total Earmarked Funds
Beginning Balance 1/1/20	\$4,508	\$0	\$3,931	\$0	\$8,439

YTD Contributions	\$1,729	\$0	\$5,304	\$0	\$7,032
YTD Use of Funds	(\$923)	\$0	(\$7,845)	\$0	(\$8,769)
Ending Balance	\$5,313	\$0	\$1,390	\$0	\$6,703
	Greater Seattle Intergroup				
	Standing Committee Expenditures Against Budgets				
	YTD September 30, 2020				
Committee	Corrections	Hospital & Treatment	Accessibility	CPC	PI / Total Expenses
Expenses to Date	\$67	\$201	\$808	\$401	\$1,476
Budget to Date	\$270	\$1,350	\$1,125	\$1,350	\$4,095
Budget -- Full Year	\$360	\$1,800	\$1,500	\$1,800	\$5,460

### Recording Secretary (Aaron C.):

Previous minutes approved

Please use the below to submit your reports. Alternatively send them directly to [secretary@seattleaa.org](mailto:secretary@seattleaa.org).

<https://www.seattleaa.org/intergroup/intergroup-board/intergroup-board-report-form>



With love and gratitude,  
Aaron C.

### **Accessibility (Laurel W.)**

When our meetings went online, there was a huge increase of Deaf alcoholics attending meetings. and Seattle AA is currently serving more Deaf alcoholics from all over the USA. Many of them have had no interpreted meetings in their city or state. We've attracted Deaf newcomers as well, as they learn about our interpreted AA meetings from a private Facebook page called Deaf Alcoholics Anonymous and word of mouth in the Deaf community. American Sign Language is the first language for a majority of Deaf people. This means that the vast AA approved literature is not a substitute for in between meetings or instead of ASL interpretation. Recovery is about having a "home group", doing service, participating in business meetings, having a sponsor, joining fellowship activities, and sponsoring. Deaf people may have a meeting or two a month that's interpreted, but none of the other aspects of Recovery.

When I was a DCM a few years ago, I needed interpreters for Concept Study groups (interpreters paid for by an AA individual). I also served as a GSR in early 90's and the Area was not providing access as they are doing today. I consider myself fortunate to have had the opportunity to do these services, and that was because Abigail's Ghost AA and District 41 paid for interpreters at the Assembly and District meetings. Imagine the costs: approximately \$2,000.00 for Assembly, and \$1000.00 a year for monthly District meetings. Today, I still hear things like, "well, there are no Deaf alcoholics in our group or community so why should we help pay for this?" or "it's not cost effective" (saving a life never was cost effective).

My only response to all of this, is to keep educating and informing my fellow AA'ers that this is still a big need for Deaf alcoholics all over the U.S.A. and I'll do it every time there's a rotation of service positions and officers. But I can't do it alone. I cannot schedule interpreters if there's no steady budget. I can't be a sponsor to all Deaf alcoholics. I'm asking you to discuss with your groups and committees about helping the Deaf alcoholics. Spread the word about this need. Discuss the proposed budget for 2020 with your groups. (attached to this report). Report back to the Accessibility Committee with questions from your groups and committees. This 2021 proposed budget is the minimum of what will be needed. Of course, we hope to reach all Deaf alcoholics. Of course we will always need these contributions, not only monetary for interpreter costs, but also in promoting videos (in ASL) information that Hearing

alcoholics take for granted: “what is a sponsor?” “Newcomer packets”. I’ve spoken. I’ve prayed. I trust that Higher Power will lead us.

I thank the following Groups for providing ASL interpretation during this pandemic:

- Duck Island every Monday
- Abigail’s Ghost every Tuesday and Thursday and first Friday meeting plus business meeting
- On the Waterfront every Wednesday
- Broadview Speaker meeting (last Saturday of the month)
- Lopsided Triangle (fourth Sunday of the month)
- Broadview Women’s Big Book Study (every second Saturday of the month)

Yours in Service,  
Laurel and the GSIG Accessibility Committee

**Archives Committee (Teresa S.):**

Nothing new to report.

**Corrections Committee (Tammi B.)**

Nothing to report.

**CPC/PI Committee (Jennifer S.)**

The PI/CPC Committee met on Saturday, September 17th via Zoom. We discussed the following items: Reaching out to local radio stations in regards to availability of time for PSA’s regarding Alcoholics Anonymous. Jennifer R who is the YPAA Chair for District 14 presented some ideas on setting up panels for schools and ways to work with our committee to facilitate these panels together. We went over the Discussion topics from the Area Assembly and how they related to our committee. We discussed attending the King County COVID Q and A held by Intergroup to be informed as to how AA can be in compliance with King County and WA state.

Our next Area Quarterly will be held on Saturday, November 14th from 10:00am-3:00pm and all are welcome to attend. It is scheduled to be hosted by Pierce County on Zoom this year.

As always, I invite you all to our next meeting of the Outreach Committee on Saturday, November 21st at 10:00am. In December we will be electing a new Chair, Alt Chair, and Secretary for our committee. If you know anyone interested in being of service or in need of outreach services, please have them email [outreach@seattleaa.org](mailto:outreach@seattleaa.org).

**Newsletter (John P.):**

Nothing to report.

**Hospitals & Treatment Committee (Erin G.):**

Nothing to report.

**Office Committee (Richard I.):**

Nothing to report.

**Office Manager (Lara R.):**

Inventory items: District 31 purchased 2 cases of Big Books for their H and T Committee, The Grapevine book, Emotional Sobriety, is not available right now, they are getting ready to reprint.

Set up a Savings account and deposited the amount needed to bring our CD's/Savings to the recommended prudent reserve.

The first Tradition Workshop, facilitated by PBP went well. There were 12 people in attendance. If your home group would like to step up to facilitate a Tradition Workshop next year, please contact me at [lara@seattleaa.org](mailto:lara@seattleaa.org)

Mike and I attended the Accessibility Cmte to talk with them about proposed budget items.

I attended as much of the Fall Assembly as I could. It was great to have the Area Servants at the Intergroup Office conducting our Area's business.

Burien Little Assembly will be happening virtually this year. I am working with the Committee to see how GSIG can be helpful to them and their historic event.

On October 22nd at 6pm we will be hosting a COVID Q and A with guests from Public Health Seattle and King County. The hope is that GSR's and DCM's will attend this event to pass along the information to those that need it. Everyone welcome.

We are accepting applications for Assistant Office Manager through the end of October. This position will be 12-14 hours per week. Please email [lara@seattleaa.org](mailto:lara@seattleaa.org) if interested.

In November, we will be open from 10-6 wednesday through Friday. Saturdays will be the traditional 10-2. This creates a need for volunteers during the 2-6pm shift. Please contact [lara@seattleaa.org](mailto:lara@seattleaa.org) if interested.

Survey results so far show that the majority of folks like the website, they think that our space is just the right size and that our location is good. The majority of folks are open to discussing selling "vintage" literature and book covers, book marks, etc. but most

folks are not interested in selling other non conference approved literature. This survey is still open and available. We have received only 62 responses. Let's hear from more folks so that we can get as many people to participate as possible.

Respectfully submitted,  
Lara R

**Night Watch Coordinator (Sheree P.):**

As the Incoming Chair, I am in the process of getting familiar with the policies and procedures manual as well as the Nightwatch Handbook. I had a zoom meeting with Mike B (who is going to be the alt chair) and Pete (Outgoing Chair) regarding what we as Nightwatch are presently doing – especially during COVID.

Mike's duties will include vetting new volunteers as well as updating the calendar every month.

I also have a meeting scheduled with Lara to introduce myself and discuss any items associated with Nightwatch.

We are in need of volunteers !! Please refer anyone interested to the link on the GSIG page or myself.

Thank you for letting me be of service – I am looking forward to this new opportunity.

Sheree P.  
Incoming Nighwatch Chair

**Special Events Committee (Allan C.):**

Nothing to report.

**Finance Committee (Jeff U.):**

Nothing to report.

**Web & Technology Committee (Dan G.):**

Nothing to report.

**Third Legacy (James R.):**

Nothing to report.

## **District 32 (Matt H.)**

Highlight of meeting was Mike M Greater Seattle Intergroup Chair clarifying the loan GSIG took out and had received Forgiveness for. Also rotation elections for District 32 Chairs were held and consumed rest of meeting time. All positions with the exception of Treasurer and Alt Treasurer were attempted to be filled. Three Chair positions remained unfilled Corrections, Accessibilities and CPC. Elected at Business Meeting are as followed Nic C DCM, Angela R Alt DCM, Gavin S GSIG Zone 132 rep, Secretary Savannah C, Troy O Grapevine/Lit, John Paul School Panels, Linda K Treatment, David G Alt Treatment, Caroline H Third Legacy, Heather S PI, Dylan S Archivist, Shelby B Young People Chair, Casey H Events Chair, Carrie B Webmaster and Alt Webmaster Aaron W. Reported by Matt H Zone 132 rep

*Next GSIG Board meeting: November 17th, 2020 at 7 PM on Zoom. Meeting ID: 918 5437 5402*  
Password: 035194

The section below shows proposed changes to the bylaws that will be voted on at the Fall Assembly scheduled for Dec. 15, 2020 on Zoom.com. To view a current copy of our bylaws and a document that tracks all of the changes, please visit our website ([seattleaa.org](http://seattleaa.org)).



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GREATER SEATTLE INTERGROUP ASSOCIATION

## **SECTION 4**

# **BY-LAWS MANUAL**



# **BYLAWS OF THE GREATER SEATTLE INTERGROUP ASSOCIATION OF ALCOHOLICS ANONYMOUS**

Adopted XXX

Note these Bylaws are contained as part of the Intergroup Policies and Procedures Manual and some of the sections may also refer to the Policies and Procedures. The Policies and Procedures for the operations of the Intergroup Office may periodically change at the discretion of the Office Committee.

## **ARTICLE I – OBJECTIVES**

The Greater Seattle Intergroup Association of Alcoholics Anonymous, Inc. (hereinafter referred to as “Intergroup”), exists to aid the AA groups it serves in their common purpose of carrying the message to the alcoholic who still suffers. To support that purpose, Intergroup maintains an office, website and telephone system. Intergroup produces and distributes a newsletter and meeting schedule and distributes A.A.W.S. literature. Intergroup staff of both paid employees and volunteers, respond to inquiries from the public and from the fellowship.

## **ARTICLE II – MEMBERSHIP**

- A. The geographic area served by Intergroup is represented by the map as published on the Intergroup website. This area on the map is further sub-divided into regions that are in aligned with Western Washington Area 72 (WWA 72) geographic Districts.
- B. The membership of Intergroup consists of all groups within the geographic map as published on the Intergroup website and who demonstrated a desire to participate by maintaining current group information form with the Intergroup office.

## **ARTICLE III – DISTRICT REPRESENTATIVES**

- A. A District Representative is any person that is elected by the District that is within the area served by Intergroup and as included on the geographic map published on the Intergroup website. Districts may elect a District Representative to attend Intergroup Board meetings. District Representatives are in general elected for a period of two years and receive guidance and instructions from the groups in the Districts they serve. They attend the Board meetings and Assemblies and are eligible to vote at both. They serve to facilitate the sharing of information to and from Groups and Intergroup. If a District Representative or their alternate is not present at a Board meeting, then a Group Representative from that District may vote at that Board meeting.
- B. For clarification AA Fellowship halls that are within the geographic area served by Intergroup and who chose to participate may elect one representative for each hall that will serve as their District Representative if the hall is not already represented by a representative from the District they are within.

## **ARTICLE IV – GROUP REPRESENTATIVES**

- A. A Group Representative is any person that is elected by an AA group that is a member of Intergroup. Although they are not eligible to vote at Intergroup Board meetings, they are welcome to attend. Group Representatives represent their group and may vote at an Intergroup Assembly, which are in general scheduled twice per year in the Fall and Spring. Each AA group may only have one Group Representative that is eligible to vote at each Assembly.

## ARTICLE V – BOARD OF TRUSTEES

- A. The Board of Trustees, hereinafter referred to as the “Intergroup Board” or “Board”, consists of the elected District Representatives, and the following Intergroup Officers:
  - 1. Chair;
  - 2. Vice Chair;
  - 3. Treasurer;
  - 4. Recording Secretary; and
  - 5. Chair Emeritus.
- B. The above Officers shall also have a vote at the Board but shall not be included in the quorum requirement.
- C. With the exception of the Chair Emeritus, the Officers are elected trusted servants, being elected in December of even-numbered years and serving two-year terms starting the following January.
- D. The Chair automatically becomes the Chair Emeritus upon completion of their term of office as Chair. The Chair is an ex officio member of all committees except the Nominating Committee.

## ARTICLE VI – INTERGROUP BOARD MEETINGS

The Intergroup Board meets monthly. Greater Seattle Intergroup has no authority on its own account; its authority is derived from the participating groups through their Group and District Representatives who carry the groups’ conscience regarding the operations of Intergroup.

- A. All Board meetings will be conducted in accordance with the Twelve Traditions, the AA Service Manual and the Intergroup Bylaws. Copies of the Twelve Traditions, the AA Service Manual and the Intergroup Bylaws shall be present and available at all Board meetings.
- B. Board meetings will follow the agenda prepared prior to the Board Meeting by the Chair. Any member may request items be added to the agenda by notifying the Chair prior to the day of the Board meeting.
- C. **Quorum Requirement:** District Representatives or their alternates from a majority of the active Districts shall constitute a quorum at any Board meeting and once established, a quorum continues until the end of meeting for which it is established.
- D. An Inactive Districts are those that who have not been represented at three consecutive Board meetings. Active status can be reestablish by attendance at subsequent Board meetings.
- E. Motions presented to the Board shall pass by a simple majority, unless one-third of the Districts represented, and the Officers voting deem it necessary to refer the motion to the groups for further discussion.
- F. The following matters referred to as “Group Conscience Questions” are required to be sent to the Groups that are served by Intergroup to solicit their vote:
  - 1. Amendments to the Intergroup Bylaws (see section that follows)
  - 2. All salary increases exceeding the annual cost of living increase as published by the WA State Department of Labor Statistics.
- G. Group Conscience Questions will be finalized into a clear and concise motion:

1. After a Group Conscience Question is finalized, the Chair shall select two AA members to write a brief pro and con statement.
  2. The pro and con statements shall be presented at the next Board meeting for the Board approval.
  3. The finalized Group Conscience Question shall be printed in the following newsletter with the approved pro and con statements.
- H. **Intergroup Assemblies:** These shall replace the standard Intergroup Board meetings twice per year in the Fall and in the Spring. The primary difference from a normal Board meeting is that all Group Representatives are eligible to vote.

## **ARTICLE VII – AMENDMENT OF THE INTERGROUP BYLAWS**

- A. Any AA Group may propose an amendment to the Intergroup Bylaws for discussion at any Board meeting as long as they notify the Chair one day prior to the Board meeting to be added to the agenda.
- B. Upon approval of two-thirds of the District Representatives present at the Board meeting, the amendment will be referred to the Groups for review and approval. A two-thirds majority of the Groups casting votes is necessary to amend the Bylaws.
- C. The amendment shall go into effect immediately upon its adoption unless the motion to adopt specifies a time otherwise.

## **ARTICLE VIII – COMMITTEES**

The members of each Intergroup Service Committee shall select their own chairperson. Should they be unable to select a Committee Chair, one will be appointed by the Intergroup Chair, subject to Board approval. All Committee Chairs serve at the pleasure of the committee itself.

### **A. SERVICE COMMITTEES**

The primary purpose of the standing service committees is to coordinate the work of individual AA members and groups in carrying the message of recovery to alcoholics who still suffer.

1. The standing service committees are as follows:
  - a. Accessibility
  - b. Hospitals and Treatment
  - c. Corrections
  - d. Cooperation with the Professional Community (CPC) & Public Information (PI)
2. These committees shall be autonomous but responsible to the Intergroup Board in accordance with our Ninth Tradition. Additional responsibilities and suggested qualifications of the Service Committees are further defined in the Intergroup Policies and Procedures Manual.
3. The Chair of each committee shall be responsible for ensuring the committee is represented and its activities reported at each Board meeting and at other meetings held within the Intergroup area in which representatives of like committees are sharing service experience.

### **B. INTERGROUP NEWSLETTER COMMITTEE**

The Newsletter Committee is responsible for editing, publishing and distributing a monthly newsletter in the Greater Seattle area. Their responsibilities and suggested qualifications are further defined in the Intergroup Policies and Procedures Manual.

#### C. OFFICE COMMITTEE

The Office Committee shall formulate and oversee the policy for the operation of the Greater Seattle Intergroup Office.

1. The Committee shall set internal policy for the operation of the Intergroup office as further outlined in the Policies and Procedures Manual
2. If the position of Office Manager becomes vacant, the Office Committee shall seek applicants, review resumes, interview candidates and present qualified individuals to the Board for final decision and approval.
3. The Office Manager along with the assistance of the Office Committee shall hire any additional staff as required and this does not require Board approval.
4. The performance of the employees shall be evaluated by the Office Committee on a yearly basis and reported to the Board with recommendations.
5. The Committee shall be represented at all Board meetings and will submit a written report.
6. The Office Committee shall consist of the following members:
  - a. Treasurer
  - b. Two AA members at large who are appointed by the Chair, one each December.
  - c. Two AA members at large selected by the Committee itself, subject to Board approval, one every December.

All of their terms shall be for two (2) years.

#### D. SPECIAL EVENTS COMMITTEE

This Committee shall coordinate all Intergroup approved special events of a periodic or annual nature. These events may include, but are not limited to, the annual picnic and Intergroup sponsored service workshops or assemblies. Responsibilities and suggested qualification for the Chair of the Committee are further defined in the Intergroup Policies and Procedures Manual.

#### E. NOMINATING COMMITTEE AND ELECTIONS

1. The District Representatives shall approve the appointment of the members to be on the Nominating Committee. This Committee shall be formed by the August Board meeting in even numbered years.
2. The Nominating Committee shall select and present to the Board resumes of qualified candidates for the following Intergroup Board Positions:
  - a. Chair
  - b. Vice Chair
  - c. Treasurer
  - d. Secretary
3. The Committee shall strive to nominate at least two candidates for each position after contacting the nominees and giving them a copy of the Intergroup Policies and Procedures Manual and determining their willingness to serve. Additional

nominations may come from the floor nominations may be made by those in attendance at the Fall Assembly.

4. Candidates nominated by the Committee shall be published in the Intergroup newsletter prior to the Fall Assembly, including their name, sobriety date and Home Group.
5. Candidates shall give a brief history of their service experience and qualifications at the subsequent Intergroup Fall Assembly. Any candidate not present at that Board meeting shall be considered to have withdrawn.
6. A candidate shall be considered elected upon receiving two-third of the votes cast; elections shall be conducted in accordance with the Third Legacy Procedures as defined in the AA Service Manual.
7. Should a vacancy occur during the term, the Nominating Committee shall inquire with all of the unelected candidates and see if they are still available for service and present those that are willing to hold office at the next Board meeting.

#### F. OTHER COMMITTEES

1. Finance Committee
2. Archives
3. Third Legacy

In addition, the Board may from time to time create other Ad Hoc committees which the Board believes further the objectives of Intergroup. Ad hoc committee member are appointed by the Intergroup Chair. Ad hoc committees are formed for a specific stated purpose. These committees disband when their stated purpose has been completed.

### **ARTICLE IX – FINANCIAL MATTERS**

- A. Intergroup shall produce monthly financial statements that are published in the newsletter and that are presented at any Board meetings or Assemblies.
- B. An annual proposed operating budget for the next Fiscal Year should be submitted by the October Board meeting and in general this proposed budget would be discussed and voted on at the Fall Assembly.
- C. The Intergroup Chair shall appoint an Ad Hoc Committee of a minimum of three AA members to assist in reviewing the Intergroup annual financial statements. It will be the job of the Ad Hoc Committee to review the detailed financial information to help ensure the assure accuracy of financial statements. In addition, the Ad Hoc committee will provide a written report of their findings and any suggestions on improvement of financial controls and processes.
- D. Intergroup shall maintain if possible a Prudent Reserve, that is set aside to cover any emergency contingencies and should be equal to the average of three (3) months Intergroup operating expenses.
- E. All moneys accumulated from group contributions, sale of books and literature or any other AA source shall be maintained in a bank available for disbursement for paying the corporation's obligations.

# The High & Dry

Editor: Peeps (John P.)

Contributors: All of YOU

Mailing Team: Irreplaceable Volunteers

The High & Dry is published monthly by an all-volunteer staff at the Greater Seattle Intergroup Office, 5507 6<sup>th</sup> Avenue South, Seattle WA 98108 (Phone: 206-587-2838) [www.seattleaa.org](http://www.seattleaa.org)

**Do you have something you would like to submit to The High & Dry newsletter?**

We would love to see your event flyers, letters, stories, photos, drawings, poetry, interviews, and whatever else you would like to share with other members in and around Seattle.

**H&D deadline is the 25<sup>th</sup> of each month.**