



# The High & Dry

## April 2021



### APRIL IN OUR HISTORY

#### **April 1**

1939 – “Alcoholics Anonymous”, AA’s Big Book was published.

#### **April 3**

1941 – First Florida AA meeting was held

#### **April 7**

1941 – Ruth Hock, Bill W.’s secretary, reported there were 1,500 letters asking for help, as a result of the Saturday Evening Post Article by Jack Alexander.

**April 11**

1941 – Bill and Lois W. moved into their new home, Stepping Stones.

**April 12**

1942 – The Windsor Daily Star in Ontario, Canada, reported that over 400 AA's attended a testimonial dinner for Dr. Bob.

**April 16**

1973 – Dr. Jack Norris, non-alcoholic Chairman of the AA General Service Board, presented President Richard Nixon with the one-millionth copy of the Big Book.

1941 – 2nd group in Los Angeles, the "Hole in the Ground Group" was formed.

**April 19**

1940 – First AA group in Little Rock, Arkansas, was formed.

**April 22**

1940 Bill W. transferred his Works Publishing Stock to the Alcoholic Foundation.

**April 24**

1989 – Dr. Leonard Strong died. (Bill's brother-in-law, non-alcoholic AA Trustee.)

**April 25**

1951 – AA's first General Service Conference was held.

**April 30**

1989 – The film "My Name is Bill W.," a Hallmark Hall of Fame presentation, was broadcast at 9 p.m. on ABC TV.

## **FUTURE TRIPPING**

**APRIL**

**9 - Area Business Quarterly via Zoom 8 am**

**10 - Area Business Quarterly via Zoom 5 pm**

**10 - Tradition Four with Seattle Young People 10 am - 11:30 am**

**11 - DCM University: Course 301 – Area Quarterlies, Assemblies, Committees, Elections 3 pm - 5 pm**

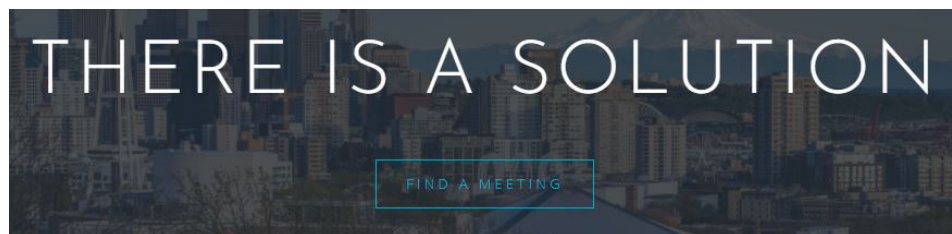
**17 - Treatment Quarterly 9 am - 12 pm**

**17 - Accessibility Quarterly 12:30 pm - 5 pm**

**18 - GSR University: GSR Course 301 – Area Quarterlies, Assemblies, Committees, Elections 3 pm - 5 pm**

**21 - GSR University: GSR Course 301 – Area Quarterlies, Assemblies, Committees, Elections 6 pm - 8 pm**

**24 - GSR University: GSR Course 301 – Area Quarterlies, Assemblies, Committees, Elections 9 am - 11 am**



### **Thanks to Our Awesome Daytime Office Volunteers**

MONDAY	Thomas H. and Bill S.
TUESDAY	Yoshi, Brandon K. and Alexi
WEDNESDAY	Stephan M. and Pam H.
THURSDAY	Joe M. and Desiree
FRIDAY	Brian and Freda
SATURDAY	Clay S. and Dan G.

### **Southend Bookstore Volunteers**

Jim H., Chuck G., Lynn A., Troy O. and Carolyn B.

### **Main office hours**

Office will be open for administrative activities. We are still processing literature orders during normal business hours, Tuesday through Friday 10am to 6 pm and Saturday 10 am to 2 pm.

## BIRTHDAY CLUB

HAPPY BIRTHDAY TO THE DECEMBER CELEBRANTS IN THE HOW DRY  
I AM CLUB!

Bill H.	Geeks Who Don't Drink	30 years (3/1991)
Todd F.	Jaywalker	14 years (1/2007)
Dan G.	On the Waterfront	7 years
Robert M.		43 years
Anonymous		40 years

Name	
Address	
City, Zip	
AA Anniversary/# of years	
Contribution enclosed	
Home Group	
Return this form to:	Greater Seattle Intergroup 5507 6 <sup>th</sup> Ave S. Seattle, WA 98108

## MEETING CHANGES

Many meetings are no longer being held at physical locations and have moved to online formats. However, some meetings are choosing to meet in person. If the meeting has contacted our office to inform us of these changes, they are listed on the website. Please visit the Seattle Intergroup of AA website to get updated information about finding your favorite meeting online. Please let **webmaster@seattleaa.org** know if you have any changes to your online or in-person meeting.

## **High and Dry: News and Notes — April 2021**

We would love contributions from you. Please share your thoughts, ideas, suggestions and comments with us by emailing us at [high\\_and\\_dry@SeattleAA.org](mailto:high_and_dry@SeattleAA.org). We aren't promising that everything sent to us will be published, but we will be reading everything sent our way.

We are also seeking a group conscious, and volunteers, on making the High & Dry more relevant for readers. Join us on Zoom March 31, 2021, at 6:00 PM, if you'd like to be part of that effort.

The Zoom coordinates are:  
Meeting ID: 838 9225 4204  
Passcode: 153905

### **THE BEST OF TIMES, THE WORST OF TIMES**

By Peeps

Like the opening of the classic “A Tale of Two Cities,” the past year-plus has been the best of times and the worst of times for me and many members of Alcoholics Anonymous.

I'm a relative newcomer to the sober life, my sobriety dates from Jan. 7, 2019, but the fact that I have remained sober through extremely turbulent times underscores the fact that these indeed are the best days of my life.

After a year of dealing with Covid-19-related meeting restrictions, when Zoom gatherings replaced coffee as the lifeblood of AA, the signs of a return to normalcy are welcome and as obvious as blossoming trees and longer days.

There is optimism among many long-time members as groups begin to hold or discuss plans to “get back to normal” by resuming meetings that include eye-contact, handshakes, hugs and, eventually, some cookies.

But it's unlikely that some pandemic-driven changes will totally disappear. And I think that is a good thing. Internet-based meetings have allowed me and others to travel virtually to every corner of Planet AA.

Zoom meetings, a turn-off for some have opened a path to recovery for many. At a recent Holly Court meeting, we celebrated a woman's sixth month anniversary. She's gotten and remained sober without ever setting foot in a "real" meeting.

She's just one of many people I've met this past year whose suffering drove them to enter our program via a digital connection during extremely tortuous times.

I'm anxious to see how our Zoom Babies adapt to attending traditional meetings.

And there are veteran AA members, those unable to attend in-person meetings, who have benefitted greatly from online connections. Many of them may prefer staying connected via the internet.

Zoom has been a major part of my recovery routines, as essential as daily prayer and meditation. I have participated in at least one meeting a day since Feb. 12, 2020.

I don't have a job, nor any reason to take a day off from recovery.

AA's message of love, hope and recovery is transcendent, especially for those who are willing to go to any length, or their laptop/smart phone, to get it.

## **Greater Seattle Intergroup Board Meeting Minutes**

March 16, 2021

Submitted by Leslie I. (Recording Secretary)

### **Opening**

The meeting was opened at 7:00 pm

3<sup>rd</sup> Tradition – Mike

3<sup>rd</sup> Concept - Kristi

### **AA birthdays**

**Kristi 18 Months, TiJuana 8 Months, Dan 7 Years**

### **New to GSIG**

Terrie - Brown Bag Bunch

Pam – chair corrections

Amy – co-chair Corrections

Michael – RIP in the CD

David and Dan – PI/CPC

### **Motions**

Lara had correction to minutes for February meeting. The date of the Intergroup picnic will be August 15 not the 18<sup>th</sup>. Minutes have been corrected. Motion to accept the Corrected minutes by John D16 seconded by Chris D40. Motion passed.

Motion to accept February finance report made by John D16 seconded by Kim D14. Motion was passed.

### **Old Business**

None

### **New Business**

The June Board meeting will be the spring assembly. All groups are invited and every group will have a vote. We might make a decision at the assembly about holding the

picnic. Get the info out to all the groups and start having a conversation about the picnic. The picnic is schedule for 8/15 at shelter 3 at Seward Park. Woodland Park is not renting shelters at this time and suggested Seward Park.

There was a discussion about having the assembly as a hybrid meeting. Now that we are in phase 3 we can have 50% capacity at board meetings. AA meetings are limited to 10 people. The board voted to have the April board meeting as a hybrid and see how it goes, then we will discuss whether to have the assembly as a hybrid.

PNC (Pacific Northwest Conference) is the last week in June. Go to PNC1948 for info.

## **Reports**

### **Chair (Astri):**

Greetings! The past month has had a lot of activities which I have been able to participate in. Feb 21st I dropped in on the GSIG PI/CPC Committee Meeting and was warmly welcomed. Thank you for that, I learned a lot. The next evening I participated on a "Lopsided Triangle" panel which focussed on the perception of AA by the Criminal Justice System. March 11th I did a breif Concept 3 presentation at District 8.

March 5-7 I attended the Pacific Region Alcoholics Anonymous Service Assembly (PRAASA). Besides seeing (and "chatting") with a lot of old friends, I attended Panel presentations which included presenters from our own Area 72; Our Delegate, Jeanne, gave her 2 minute Area Highlight and gave an Overview of "Report and Charter", Lupita, Area Treasurer presented on "Virtual AA", "Getting our Work Done". I attended the Past Delegates Roundtable on Friday evening. Saturday evening I entered the "room" for Central Offices/Intergroups, but unfortunately when after 15 minutes no one else came, I left. 2022 PRAASA will be hosted by Oregon, Area 58 and will hopefully be held in person, in Portland. If you go, maybe I'll see you at the Intergroup Roundtable.

I continue to participate in the Service Manual Study, generally held at GSIG, now on zoom (see [seattleaa.org](http://seattleaa.org) website for ID).

Going forward, I will be attending Area 72 PreConference (20 and 21Mar ID info can be found on [area72aa.org](http://area72aa.org) website) and the Area72 Quarterly on 9 and 10Apr.

I've been reviewing my part of the Policies and Procedures, have contacted the Area Treasurer who agreed to head up an Ad-Hoc Committee to review our Fiscal Year Financials (per current P&P) and intend to continue dropping in to our Standing Committees and look forward to seeing you soon.

Thanks you for allowing me to serve you and thank you for your service.

Yours in service,

Astri T. Chair



**Vice Chair (Aaron):**

Greetings Intergroup,

I have completed my third month of service as your Greater Seattle Intergroup Vice Chair of the board. I was able to attend the District 14 business meeting. Great group of folks and great to see so many people involved in doing the work of AA in District 14. I will be reaching out to the District 42 DCM to see if I can do a ride along on their next business meeting or the meeting after. As always I am happy to visit any group or District business meeting and talk Intergroup. Please send any requests, comments, presents to [vicechair@seattleaa.org](mailto:vicechair@seattleaa.org).

In Service,  
Aaron C.

**Chair Emeritus (Mike M.):**

See 20/20 committee report

**Treasurer (Carl G.):****Treasurer report February 2021 (Carl G):**

As Treasurer my goal is to make these reports easy to understand and be reported to the fellowship. If you have suggestions or questions, please let me know at [Treasurer@seattleaa.org](mailto:Treasurer@seattleaa.org)

**Financial overview 2021**

Month	Net Income (loss) per month	Group Contributions	contributions (personal & other)	sustainers	room rent, bday club, special events	net sales income	cash & CDs
January 2021	8 K	13 k	2.7 K	2.7 K	124.00	430.00	105 K
February '21	<b>-(2.7) K</b>	7 K	1.0 K	2.8 K	207.00	700.00	105 K

Earmarked Funds remaining amounts: Pink and Blue Cans (contributions specified for these committees)

**Corrections: \$5K      Accessibility: \$1.3K**

Standing Committee Budget funds allocated by GSIG budget

Funds remaining for 2021.

**Corrections \$360      Hosp & Treat. \$1,800      Accessibility \$6,400      Pi/CPC \$300**

Year to date Group Contributions is right on budget. The Sustainers Program continues to be a support to GSIG. No amount for Sustainers was projected in the approved budget as it was combined into Personal & Other. I have split this out for clarity in the budget going forward. Overall income YTD is only **-276** below expected. Monthly Payroll will continue to be slightly under budget as budget amount was projected high. Sales continue extremely low and may remain at this lower level for several months.

# **GSIG FEBRUARY 2021 CONDENSED FINANCIAL REPORT**

## **CONDENSED PROFIT & LOSS**

		<b>Feb 28, 2021</b>	<b>Feb - Budget</b>	<b>YTD Feb 2021</b>	<b>YTD Budget</b>	<b>Jan-Dec 2020</b>
<b>Ordinary Income/Expense</b>						
<b>Income</b>						
	<b>Total Retail Sales</b>	2,369	6,202	3,655	12,404	37,008
	<b>Total COGS</b>	1,669	4,990	2,526	9,981	30,396
<b>Gross Profit from Retail Sales</b>		700	1,212	1,129	2,423	6,612
	<b>Gross Profit %</b>	29.5%	19.5%	30.9%	19.5%	17.9%
	<b>Group Contributions</b>	7,266	10,141	20,645	20,282	113,463
	<b>Personal and Other Contributions</b>	1,025	3,448	3,777	1,673	80,354
	<b>Meeting Room Rent; Birthday Club</b>	207	686	332	1,372	6,768
	<b>Sustainers Program</b>	2,784	2,612	5,497	5,224	
	<b>Special Events Income</b>	53	464	71	927	4,312
<b>Total Items to Cover Fixed Expenses</b>		12,035	18,562	31,452	31,901	211,509
<b>Expense s</b>						
	<b>Expenses--Other</b>	1,178	1,676	2,483	3,352	17,319

Paid Staff	5,011	5,955	8,424	11,909	62,363
Rent and Office	8,049	7,056	14,749	14,112	79,854
Standing Committees	499	1,435	723	2,870	5,614
Travel and Meetings					0
<b>Total Fixed Expenses</b>	<b>14,737</b>	<b>16,122</b>	<b>26,378</b>	<b>32,244</b>	<b>165,150</b>
<b>Net Ordinary Income (Loss)</b>	<b>(2,703)</b>	<b>2,441</b>	<b>5,074</b>	<b>(343)</b>	<b>46,359</b>
<b>Net Other Income, Chiefly Interest Income</b>	<b>0</b>	<b>33</b>	<b>78</b>	<b>67</b>	<b>18,970</b>
<b>Net Income (Loss)</b>	<b>(2,702)</b>	<b>2,474</b>	<b>5,152</b>	<b>(276)</b>	<b>65,329</b>
	-	(2,612)	109	0	

## CONDENSED BALANCE SHEET

ASSETS	Feb 28, 2021	Jan 31, 2021	DEC 31, 2020
<b>Current Assets</b>			
Checking	58,540	59,559	54,338
CDs and Savings *	47,063	46,889	46,819
Accounts Receivable	899	895	884
Inventory and Other	36,505	35,373	36,084
<b>Total Current Assets</b>	<b>143,008</b>	<b>142,716</b>	<b>138,125</b>
<b>Total Fixed Assets</b>	<b>2,484</b>	<b>2,484</b>	<b>2,484</b>
<b>TOTAL ASSETS</b>	<b>145,492</b>	<b>145,200</b>	<b>140,609</b>

*Per bylaws, prudent reserve is to be 3x average monthly expenses, approx. \$46,000.*

## LIABILITIES & EQUITY

<b>Current Liabilities</b>			
Accounts Payable	3,684	884	4,318
Payroll & Sales Tax Liabilities	195	242	198

<b>Committee Earmarked Funds Total</b>		6,816	6,577	6,498
<b>Total Liabilities</b>		10,696	7,702	11,014
<b>Equity</b>				
<b>3001 · Opening Bal Equity</b>				
<b>3101 · Retained Earnings</b>		694	694	694
<b>Net Income</b>		128,841	128,841	63,572
		5,261	7,963	65,329
<b>Total Equity</b>		134,796	137,498	129,595
<b>TOTAL LIABILITIES &amp; EQUITY</b>		<b>145,492</b>	<b>145,200</b>	<b>140,609</b>

<b>Greater Seattle Intergroup</b>					
<b>Standing Committee Earmarked Funds (Pink Can, Blue Can, etc.)</b>					
<b>YTD February 28, 2021</b>					
<b>Committee</b>	<b>Corrections</b>	<b>Hospital &amp; Treatment</b>	<b>Accessibility</b>	<b>PI / CPC</b>	<b>Total Earmarked Funds</b>
Beginning Balance 1/1/20	\$4,951	\$0	\$1,547	\$0	\$6,498
YTD Contributions	\$672	\$0	\$195	\$0	\$867
YTD Use of Funds	(\$99)	\$0	(\$450)	\$0	(\$549)
Ending Balance	\$5,524	\$0	\$1,292	\$0	\$6,816

<p style="text-align: center;"><b>Greater Seattle Intergroup</b>  <b>Standing Committee Expenditures Against Budgets</b>  <b>YTD February 28, 2021</b></p>					
<b>Committee</b>	<b>Corrections</b>	<b>Hospital &amp; Treatment</b>	<b>Accessibility</b>	<b>PI / CPC</b>	<b>Total Expenses</b>
Expenses to Date	\$0	\$0	\$520	\$0	\$520
Budget <b>ytd</b> Date	\$60	\$300	\$1,280	\$300	\$1,940
Budget -- Full Year	\$360	\$1,800	\$7,680	\$1,800	\$11,640

**20/20 (Mike M.):**

**20/20 Committee**

**Report for GSIG Board Meeting on March 16, 2021**

**Monthly meeting:**

1<sup>st</sup> Tues of the month 5 to 6pm via Zoom

**Created a Mission statement:**

“To provide information or suggestions to the Board for future long-term planning of GSIG including its services, facilities, and activities.”

**Committee Members:**

We now have a full committee with 5 official members who are as follows.

Mike M, Anita S, Dave T, Thomas H, Christene D

## **General Reminder**

The 20/20 committee has no ability or power to make any changes or implementations at GSIG, it serves only to perform research and make recommendations on certain topics to the Board or Office Committee.

## **Current Projects for this Rotation:**

### 1) Updating GSIG Policies and Procedures manual (P&P)

- a) Overall goal is to ensure P&P manual is consistent with current practices and process of GSIG and that there are no inconsistencies with the revised Bylaws adopted by the Board in Dec 2020.
- b) On Feb 21, 2021, all committees, officers etc. were emailed their applicable sections of the current P&P manual and feedback, changes recommendations were requested within 60 days, i.e., on about April 21, 2021.
- c) 20/20 will aggregate all recommendations into one document and review to make sure it is clear and cohesive.
- d) In addition, 20/20 will review and compare suggested recommendations to ensure they are consistent with GSIG Bylaws as the Bylaws are the overarching regulations which we must adhere to.
- e) Present revised document to the Board or Office Committee as applicable.

### 2) Office lease

- i) Starting the process now as current lease ends May 31, 2022
- ii) Reviewing prior files, research and considerations from the ad hoc lease committee prepared during the last lease negotiations in late 2013.
- iii) Will contact a commercial lease broker to discuss broad topics such as availability, location, current rent costs, office size and other considerations.

## **Recording Secretary (Leslie I.):**

Anyone new please email me your contact information so that I can add you to the roster. [secretary@seattleaa.org](mailto:secretary@seattleaa.org)

Please have your written reports to me by the Saturday after the meeting. My goal is to have the minutes completed within about a week of our meeting.

## **Accessibility (Laurel W.):**

Greetings from the Accessibility Committee.

We continue to help groups carry the message to Deaf alcoholics who need ASL

interpretation. The chair schedules interpreters for all of the following meetings: Abigails Ghost, On the Waterfront, Duck Island, Broadview Speaker meeting, Pass it On, Broadview Womens Big Book Study, Lopsided Triangle; Monthly Accessibility committee and Monthly Intergroup Business meetings. The Accessibility committee average monthly expense for interpreters is \$730.00.

Thank you for your generous support.

To continue interpretation services, please ask your groups to donate to the "blue can" (online donations earmarked box on GSIG website) or check with memo: ASL

Yours in Service,

Laurel W.

### **Archives Committee (Teresa S.):**

Attended and presented at Area 72 Archives Quarterly in February. Plan to join Regional Archivists meeting on April 4 on Zoom. Continue to scan old group registration forms (from home) and maintain Grapevine and High and Dry binders at GSIG.

Archives if trying to work with Area 72 to record oral histories of oldtimers.

### **Corrections Committee (Pam):**

Our committee met on 3/8/21 to hold elections and discuss our committee's work during the pandemic. There were six members present and we elected Pam H to be Corrections Chair, Amy F is Vice Chair, Scott F-Treasurer, Laurie - Literature Chair with Morgan assisting her, and Cynthia S will chair an ad hoc committee to take a "dog and pony show" to groups in our area. Tami B, our outgoing chair was present, and we thank her for her service, and Janay, Corrections Rep for the Empire Way Group also attended.

We are not taking any meetings in to our 8 facilities, but King County Jail allows us to do kites (fill literature orders), and there have been some Zoom meetings for boys in Julie and Cynthia S and her sponsee are on standby for Zoom girl's meetings in Julie. Cynthia's women's group has donated underwear, socks, and gloves to Helen B Ratcliff House (women's work release) and they were told they could bring meetings in without clearance Friday's at 7:00. Finally, we voted to fill an order for books from Keith M in Districts 22/55 for \$1,600 for prison facilities on the Olympic Peninsula. We will meet again on May 10th at 6:30.

Yours in love and service,

Pam H

GSIG Corrections Committee

**PI/CPC Committee (David D.):**

No report

**Newsletter (John P.):**

No report

**Hospitals & Treatment Committee (Greg E.):**

1. BLA Panel: Karen K (Empire Way), David G (D32), and I appeared on a panel in the Hospitality Room at the Burien Little Assembly, shared with folks from PI/CPC. It was great to talk about some things that are happening in H&T, and coordination with PI/CPC! Great turnout and a great event.

2. Budget stuff: we are navigating how to respond to literature requests from tx facilities. Our group conscience from the last meeting, informed by guidance from past servants, is that H&T will readily purchase pamphlets for facilities, but that book requests we will take back to groups and Districts before we offer to fill from our budget. I've been in discussion with Lara on this and I know it's also been a topic of discussion for the Office Committee. Look forward to continuing those discussions and working out the details of this moving forward.

3. Tx facility panels: Karen K has been in contact with Recovery Place, who've expressed interest in two weekly panels, and we're following up. District 15 has graciously offered the use of their Zoom account for panels at tx facilities / hospitals within the District.

4. Hospital outreach: I attended the GSIG PI/CPC Committee meeting last month to raise the issue of coordination between our committees on outreach to Seattle hospitals, and there's a lot of mutual interest between our committees. I'll be scheduling a meeting to discuss this further.

5. GSIG 12-step Protocol ad-hoc committee: I unfortunately missed the first meeting, but Anita helpfully shared the minutes and I will be attending the next meeting. I have a long-term goal of consolidating our H&T volunteer lists with GSIG's lists, if possible.

The committee is currently reviewing the policies and procedures for their committee.



## **Office Committee (Jeff U.):**

Minutes of March 2021 GSIG Office Committee Meeting

Tuesday March 9<sup>th</sup>, 6:00PM

Via Zoom

Attending: Committee Chair Jeff U, GSIG Treasurer Carl G, GSIG Chair Astri, GSIG Finance Committee Chair Pete K, GSIG Office Manager Lara R, Jennifer S, and Jennifer L

- Meeting opened
- GSIG Office Manager Lara delivered Office manager's report. Discussed the re-establishment of a "Big Book Fund" and the decision to give books to Harborview Hospital. Office Committee to endorse the decision to give away the books and to support office staff in giving away additional literature as needed, paid for from the general fund.
- GSIG Treasurer presented the February financial report.
- Continued discussion of Officers and Board members liability insurance. Reviewed price quote from our insurance provider. It was agreed that Lara would explore what other area intergroup offices do regarding this type of insurance, and seek some other price quotes.
- Discussed GSIG summer picnic, Lara reported that Park's Department had a lottery to determine location availability, and will report back when she hears results.
- Discussed creation of a work group to address the request from the GSIG 2020 Committee that the Office Committee review the GSIG Policies & Procedures as they relate to the Office Committee and make proposals for bringing current practices in line with the guidelines, or vice versa. Jeff U agreed to chair a work session, and Jennifer S, Jennifer L and Pete K agreed to participate. Lara R also agreed that either she or Anita would also participate. Work group will convene and report back to the full committee at the April meeting.
- Meeting adjourned, 6:50PM

## **Office Manager (Lara R.):**

I Office Manager Report March 2021 submitted by Lara Randolph

Inventory on hand is sufficient. We had a request from Harborview Medical Center for Big Books. There was discussion about bringing back the defunct "Big Book Fund" so that we can answer the call swiftly without waiting for a Committee, Group or District to step up to cover the expense. Currently and historically, the Hospital and Treatment as well as the PI/CPC \$1800 annual budget is primarily used for pamphlets. Books are a large expense and can add up quickly if purchased regularly, which would deplete their budget quickly. As a side note, books that are "sold" to Committees are sold at cost. The Big Book/Literature Fund could cover expenses temporarily until a Committee, Group or District stepped up to cover the expense or permanently, if the committee's budget, groups or districts cannot cover the need.

This may constitute a discussion about creating an Earmarked Fund for this purpose, making the option for individuals/groups/districts to donate to this fund specifically.

There are two new Grapevine Books coming out in April, Free on the Inside, about sobriety in prison as well as a Spanish version of Voices of Women in AA. April 23, 2021 is the anticipated release date.

We now offer Spanish Newcomer Packets.

### **Organizational Process:**

We have placed a 12th Step List Sign Up Form on our website, we are currently circulating this form to the ad-hoc (ish) group of folks that have agreed to participate to get their input on the form. It will be made available to all very shortly.

Anita is working with this group to see how we can better our protocol to be of maximum service. Please email [anita@seattleaa.org](mailto:anita@seattleaa.org) if you are interested in being a part of this discussion.

Dan G has been busy setting up the new computers for Anita and I and the Volunteers. Thank you Dan!

Groups are slowly starting to come back into the office to answer phones. We are still in need of groups and/or Districts to step up to answer phones during the 6pm to 10pm shifts Su-Sa and Sa-Su 2pm to 6pm and Su 10am to 2pm

Also, if your group would like to facilitate a Tradition Study on the 2nd Saturday of the month, there are still some available for 2021.

We are starting a program called 'Listen to A Story'. I am currently recording 10 min (or less) stories from local AA members talking about what they were like, what happened and what they are like now. These audio recordings will be placed on our website for folks to listen to as testimonials, if you will, of AA in the Seattle area working in their lives.

The Web and Tech Committee began the process of an Inventory. This process will continue into this month. We have some very good ideas about how we can make the website more interactive and

dynamic for people. If anyone is interested in participating in this please contact [WTChair@seattleaa.org](mailto:WTChair@seattleaa.org) or [webmaster@seattleaa.org](mailto:webmaster@seattleaa.org) to find out more.

The new guidelines for Phase Three in person gatherings, social or spiritual, is 50 or less. We are still unclear about the implications of this for AA meetings. I have inquiries submitted to the appropriate authorities, but have not heard back yet. We will make this information available as it is made public.

Please let the office know if you are making any changes to your meeting. The number one call is for in person meetings. People are desperate and the need for in person meetings is great. You can email [lara@seattleaa.org](mailto:lara@seattleaa.org) or [webmaster@seattleaa.org](mailto:webmaster@seattleaa.org) to let us know of the changes.

We had a tremendous turnout for our Tradition Study last Saturday facilitated by Lucky Ladies. Thank you to Jack J for arranging that! Next month will be Tradition Four facilitated by Seattle Young People. If your group or district would like to facilitate a discussion on a tradition we have some open slots available. Contact [lara@seattleaa.org](mailto:lara@seattleaa.org) for more information.

We have new computers in the office. Thank you to Dan G. for help and guidance in this area.

We are working on setting up our tools in the Boardroom to hold hybrid meetings. This should prove to be fairly simple and mostly seamless. Hopefully we will be trying this soon as our Board room can accommodate 50%, which is 31 people.

Our picnic place and date has been confirmed for August 15th at Seward Park Shelter #3. We will have to see if the numbers will allow us to have as large of a picnic as we would like. Keep your fingers crossed. If, for some reason, we are not able to meet at Seward Park, we will do something at the Intergroup Office like we did last year., so save the date!!

### **Night Watch Coordinator (Sheree):**

Now that people are starting to go back to work away from home and taking vacations, some of our positions are needing to be filled. Most of them are from 2am to 6am. Mike B. has been reaching out to those with shifts asking if they are interested or if they know of anyone. Great way for a sponcee to do service work!

### **Special Events Committee (open)**

Intergroup Picnic a site was reserved at Seward Park shelter 3 with a tentative date of 8/15 for the picnic.

**Finance Committee (Pete K.):**

No report

**Web & Technology Committee (Dan G.):**

Obtained "Hybrid Meeting Considerations" from Technology in AA Forum.

It has questions to consider if you are thinking of having hybrid meetings.

Secretary will send the document as a separate attachment

**Third Legacy (open)****District 14 (Kim S.)**

DCM discussed GSR university and what it can provide for GSRs to help them carry the message of AA. Many GSRs in attendance at this D14 meeting have attending some of the GSR sessions at GSR university and shared what they have learned there. DCM also shared that there will be GSR make up sessions coming soon. He invited any questions about GSR university. He said that he will be working with some at D14 meeting to get them aa email addresses. He explained what preconference is and how it works. Our area delegate will be at preconference and will be able to take our groups conscience to GSO. He also reviewed the topics selected for preconference and Alt DCM explained where these are located on area 72 website.

Alt DCM said that all GSRs are now registered with the area and explained how GSRs who do not have service manual can get one. She recently attended Pacific Region Alcoholics Anonymous Service Assembly (PRAASA). She plans on attending Burien Little Assembly (BLA), preconference, area quarterly, DCM university and corrections meeting. She plans to attend our meetings randomly with and intention of getting to know the district better.

February 2021 minutes were presented voted on and approved.

Treasurer gave report and said that checks had been to GSO and area 72.

Inventory at district level from last year... question is: Do all AA members have access to district meeting information and do they know when and where meetings are held?

Discussion re different ways to carry the message in the context of above question.

What's working and what can be improved.

Multiple in attendance also attended PRAASA and shared that they felt inspired to continue to carry the message of alcoholics anonymous.

Committee chairs gave their reports.

Open positions: Web Chair, Third Legacy Chair, Corrections Chair.

Upcoming events (all online):

GSR University courses 101 and 201 “make up” session March 28, 2021 2pm to 4pm

DCM University courses 101 and 201 “make up” session March 27, 2021 4pm to 6pm

Area 72 Preconference: peninsula districts March 20th 12pm- 5pm; Southern districts March 21st 3pm-8pm

### **District 15 (Jack J.)**

District 15 met per usual, second Tuesday of the month, with D15 Zoom account. Discussed initial plans for face-to-face meetings at the district level, and in Group Service Representative reports. Confirmed new position description for Intergroup liaison, with volunteer in person, who plans to attend GSIG Board meeting. Final announcements and planning for Burien Little Assembly, held Saturday Mar 13. Successful event, with upwards of 150 attendees, out of almost 350 pre-registered. Event fully self-supported, and prudent reserve for 2022 maintained. Grateful to note that the Intergroup panel with H&T and PI/CPC had strong attendance. Worked with GSR to prepare for Area 72 Delegate Pre-Conference meetings.

### **District 16 (John B.):**

We will be hosting the Burien Little Assembly next year.

### **District 31 (Jeff):**

Cascade Behavioral Health is allowing Zoom meetings.

### **District 41 (Jeane):**

(QAGG) – Everyone from group was onboard with ASL fund distribution.

(Abigail's Ghost) – next week going to start in-person meetings. At some point will have ASL workshop

(Surrender at 7) – Will be doing Group inventory soon.

(Water's Edge) – 35 service positions filled.

(Magnolia Speakers Meeting) – No update.

(Magnolia Thursday Night Meeting) – still paying rent at church, won't be meeting in person until at least September.

## **District 42 (Mikey C.)**

InterGroup 42 representative

\* Greetings from district 42, our district meeting was held last Thursday and was well attended.

\* Our illustrious DCM Sarah had our Delegate Geene attend our meeting and gave a brief summary on the upcoming conference in April. This is the time that the pre-conferences are held and our delegate gave a great presentation on the 5 committees she is serving on. Please be advised that all the material needed for this is on the area 72 website.

\* All of the committee chairs are transitioning into their prospective duties.

\* Our treatment chairperson lobbied for a case of big books to be donated to the Harborview recovery program and was very successful. (Books are bought from GSIG)

\* Pre-planning time again for the Monroe fair P.I. booth. District 3 is seeking volunteers and groups to help with this endeavor. It was mentioned that it cost \$270.00 a day to run the booth for 8 days.

More info to come next month

\* Hopefully phase 3 will be in affect and groups will start to open up for live meetings.

Thank you for allowing me to be of service.

Your trusted servant:

Mikey C

## **The High & Dry**

Editor: Peeps (John P.)

Contributors: All of YOU

Mailing Team: Irreplaceable Volunteers

The High & Dry is published monthly by an all-volunteer staff at the Greater Seattle Intergroup Office, 5507 6th Avenue South, Seattle WA 98108 (Phone: 206-587-2838)  
[www.seattleaa.org](http://www.seattleaa.org)

**Do you have something you would like to submit to The High & Dry newsletter?** We would love to see your event flyers, letters, stories, photos, drawings, poetry, interviews, and whatever else you would like to share with other members in and around Seattle.

**H&D deadline is the 25th of each month.**