

The High & Dry

March 2021



MARCH IN OUR HISTORY

March 1

1939 — Readers Digest declined to write article on AA.

1941 — Jack Alexander's Saturday Evening Post article published, membership jumped from 2,000 to 8,000 by year's end.

March 3

1947 — Nell Wing started work at Alcoholic Foundation, NYC.

March 4

- 1891 — Lois W. was born.
- 1947 — Nell Wing met Bill W. for the first time.

March 5

- 1945 — Time Magazine reported Detroit radio broadcasts by AA members.

March 7

- 1940 — Bill and Lois W. visited Philadelphia AA group.

March 10

- 1944 — New York Intergroup was established.

March 15

- 1941 — First AA group in New Haven, CN, was formed.

March 21

- 1881 — Dr. Bob's wife, Anne, was born.
- 1966 — Ebby T., whom Bill W. called his sponsor, died sober.

March 22

- 1951 — William Duncan Silkworth, MD, died at Towns Hospital. He helped more than 40,000 alcoholics during his lifetime.
- 1984 — Clarence S., "Home Brewmeister," died at 81.

March 23

- 1936 — Bill & Lois W. visited Fitz M., "Our Southern Friend," in Maryland.

March 25

- 1898 — Jim B. ("The Vicious Cycle") was born.

March 31

- 1947 — 1st AA group formed in London, England.

FUTURE TRIPPING

MARCH

2 - DCM University: Course 401 – Commitment/Accountability, Rotation, Informed Group Conscience, Inventories, Service Sponsorship 3 pm - 5 pm

5 - 7 PRAASA 2021

13 - WWA72 Pre-Conference : Northern Districts 10 am - 1 pm

13 - Tradition Three with Lucky Ladies 10 am - 11:30 am

13 - 48th Annual Burien Little Assembly 12 pm - 6 pm

13 - District 24 Annual Gratitude Celebration 5:30 pm - 8 pm

14 - Service Manual Study 11 am - 1 pm

14 - WWA72 Pre-Conference: Central Districts 2 pm - 7 pm

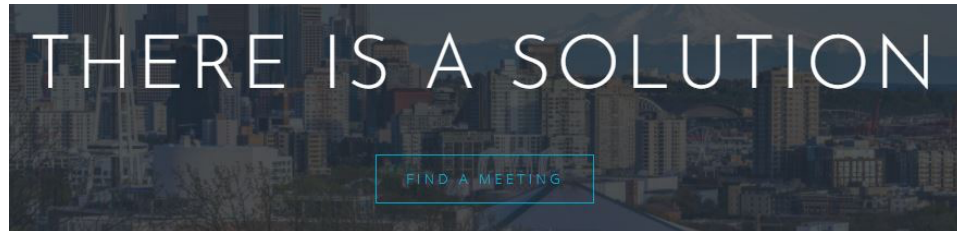
20 - Corrections Quarterly 10 am - 12:30 pm

20 - District 54 Sponsorship Workshop 10:30 am - 12pm

20 - WWA72 Pre-Conference: Peninsula Districts 12 pm - 5 pm

21 - WWA72 Pre-Conference: Southern Districts 3 pm - 8 pm

NOTE: Members can attend all of the above events via ZOOM.com. Go to the Events page of the GSIG website (seattleaa.org) to get the meeting coordinates.



Thanks to Our Awesome Daytime Office Volunteers

MONDAY	Thomas H. and Bill S.
TUESDAY	Brandon K. and Alexi
WEDNESDAY	Stephan M. and Pam H.
THURSDAY	Joe M. and Desiree
FRIDAY	Brian and Freda
SATURDAY	Clay S. and Dan G.

Main office hours

Office will be open for administrative activities. We are still processing literature orders during normal business hours, Tuesday through Friday 10am to 6 pm and Saturday 10 am to 2 pm.

BIRTHDAY CLUB

HAPPY BIRTHDAY TO THE DECEMBER CELEBRANTS IN THE HOW DRY
I AM CLUB!

Gary H.		37 years (2/1984)
David M.		30 years
Peter S.		27 years (2/1994)
Laure K.R.	Sober Diversity	36 years (2/1985)
Zach H.		32 years (2/1989)
David H.		30 years

Name	
Address	
City, Zip	
AA Anniversary/# of years	
Contribution enclosed	
Home Group	
Return this form to:	Greater Seattle Intergroup 5507 6 th Ave S. Seattle, WA 98108

MEETING CHANGES

Many meetings are no longer being held at physical locations and have moved to online formats. However, some meetings are choosing to meet in person. If the meeting has contacted our office to inform us of these changes, they are listed on the website. Please visit the Seattle Intergroup of AA website to get updated information about finding your favorite meeting online. Please let **webmaster@seattleaa.org** know if you have any changes to your online or in-person meeting.

High and Dry: News and Notes — March 2021

We would love contributions from you. Please share your thoughts, ideas, suggestions and comments with us by emailing us at high_and_dry@SeattleAA.org. We aren't promising that everything sent to us will be published, but we will be reading everything sent our way.

We are also seeking a group conscious, and volunteers, on making the High & Dry more relevant for readers. Join us on Zoom March 24, 2021, at 6:00 PM, if you'd like to be part of that effort.

The Zoom coordinates are:

Meeting ID: 838 9225 4204

Passcode: 153905

Two GSIG Service Opportunities:

- Greater Seattle Intergroup is going to re-scope our website. We are looking for tech savvy people that would like to step up and help us create a more dynamic website. We are looking at a lot of options and features that will make our reach to the still suffering alcoholic and to our fellowship even greater. If interested please contact WTChair@seattleaa.org.
- Are you passionate about 12th Step Work and going on 12th Step Calls? We would love to have your input at our 12th Step protocol discussion happening monthly. The idea is to streamline our 12th Step procedure so that we can be as effective as we possibly can be. Please reach out to anita@seattleaa.org if you would like to learn more.

“Made a decision to turn our will and our lives over to the care of God as we understood God.”

By Peeps

There is a clear dividing line in my career as an AA member, which began more than 30 years ago. That line of demarcation is the day I became willing to work Step Three to the best of my ability.

I've been around AA and the 12 Steps for a long time, but only recently celebrated two years clean and sober. Why?

Primarily because I would not completely embrace and/or commit to Step Three: **Made a decision to turn our will and our lives over to the care of God as we understood God.**

My ego would not let me surrender to an unseen power greater than me.

The Third Step was as big a challenge for me as Step One. I believed I could get and stay sober without doing the spiritual work AA suggested for recovery. I wanted to think my way out of my misery instead of taking AA's suggested actions.

I was a living example of the ineffectiveness of half measures.

Alcoholism is rampant on both sides of my family. It killed my brother and an uncle. I also had witnessed people close to me turn their lives around, dramatically, by following the Steps. My dad died with 49 years in the program. My best friend, Bob, celebrated 38 years last April.

But none of that was enough to persuade me to follow the Steps as written, even though I loved meetings right from the start. I identified with the people I met and the shares I heard at meetings. I knew I belonged in the rooms. I read the literature and managed to stay sober for various lengths of time more than once.

But, as always, I was trying to do things my way. I did not want to admit I needed help, especially from a Higher Power. I definitely did not want a sponsor. I was afraid of that kind of accountability. I did not want to work the Steps as written. I wanted to skip or ignore the “God” parts. I conflated Higher Power with religion.

I wanted to believe AA's 12 Steps were not for me - until my Higher Power hit me between eyes with the gift of desperation. I finally admitted to myself that my life had become too dark, lonely, hopeless and dangerous for me to change it on my own.

Everything I'd heard in meetings clanged in my head. We can't do it on our own. I needed help.

On the morning of Jan. 7, 2019, when I was feeling especially desperate and vulnerable, my thinking changed. I was literally driven my knees, where I said a short but sincere prayer: God, please help me!

I was finally ready to try Step Three after years of saying No!

I didn't say Yes! I said Maybe, and that was enough to open the door to willingness.

Greater Seattle Intergroup Board Meeting Minutes

February 16, 2021

Submitted by Leslie I. (Recording Secretary)

Opening

The meeting was opened at 7:00 pm

AA birthdays

Tony 15 years

Motions

Motion to accept the minutes from the January meeting was made and passed.

Motion to accept 2020 Final Finance report passed. Laurel had a question about the amount shown budgeted for accessibilities. She feels the amount is wrong. Carl will check into it and get back to her.

The motion to accept the January Finance Report also passed.

Old Business

The office committee is addressing the concern that was brought up previously about the 12th Step list.

New Business

The office committee voted to accept Bob J. as a new member of the committee. The board voted and approved him as a new member.

PI/CPC has a new Chair David D.

Reports

Chair (Astri):

Greetings everyone. I am hoping the "Orientation" meeting we held last month helped you understand how the Board functions and that it made you want to come back for this month's meeting. If you are new to the Board, missed last month's meeting or have questions about Board service, feel free to contact Mike M (chairemeritus@seattleaa.org) or myself (chair@seattleaa.org). We both look forward to hearing from you.

Since our January meeting, I have continued with my regular Sponsorship and 12 Step service; I chaired a sponsies home group meeting, I baked a sponsies birthday cake, talked with my sponsor, co-facilitated the Service Manual Study that meets the first Sunday of every month (see seattleaa.org for ID and password), facilitated a Group Inventory, wrote an article for the WWA72 Newsletter and fulfilled my GSIG phone commitment. I dropped in to the scheduled GSIG 20/20 meeting as well as the Office Committee meeting.

Going forward I am hoping to drop in to some other GSIG Committee meetings and am looking forward to learning what is going on with your committees. The Pacific Region Alcoholics Anonymous Service Assembly (PRAASA) is scheduled for 5,6 and 7 of March. I plan to attend and hope I might see some of you on the Zoom screen there too.

That's it for me. Thanks for your time, thanks for your service and thanks for this opportunity to serve you.

Yours in service,

Astri T. Chair

Vice Chair (Aaron):

No Report

Chair Emeritus (Mike M.):

Will be sending an email to 2020 Standing Committee Chairs.

Treasurer (Carl G.):

Treasurer report January 2021 and December 2020 reported on February 2021
(Carl G):

As your Treasurer my goal is to make these reports easy to understand and be reported by the Board to the fellowship. If you have suggestions of how to improve the understanding of financial information, please let me know at Treasurer@seattleaa.org

The chart below is to provide a historical context.

year	Net Income loss	Group Contributions	contributions (personal & other)	room rent, birthday club, special events	net sales income	cash & CDs
2019	-37 K	113 k	12.5k	11 K		48.5 k
2020 final	65 k	113k	49 k	11 k	7 k	101 k
2020 sustainers			31 k			
January 2021	8 K	13 k	2.7 K	124.00	430.00	106 K
sustainers			2.7 K			

Earmarked Funds:

Corrections: \$5K

Accessibility: \$1.5K

Non-restricted cash: \$6.51K

January Group Contributions were slightly higher than the past 6 yr. average. The ongoing support for the Sustainer's program begun in March 2020 is also providing a boost of financial support. Hopefully, the net income will help with future below budget months. Also contributing to the net for income was that payroll was 2 K under budget. Sales continue extremely low and may remain at this lower level for several months.

CONDENSED PROFIT & LOSS

Ordinary Income/Expense

Income

Total Retail Sales

Total COGS

Gross Profit Retail Sales

Gross Profit
%

GSIG JANUARY 2021 CONDENSED FINANCIAL REPORT

	Jan 31, 2021	Jan - Budget	YTD Jan - 2021	YTD Budget	Jan-Dec 2020
	1,286	6,202	1,286	6,202	37,008
	856	4,990	856	4,990	30,396
	429	1,212	429	1,212	6,612
	33.4%	19.5%	33.4%	19.5%	17.9%

Group Contributions	13,379	9,934	13,379	9,934	113,463
Personal & Other Contributions	5,466	3,448	5,466	3,448	80,354
Meeting Room Rent; Birthday Club	125	686	125	686	6,768
Sustainers Program	109		109		
Special Events Income	18	464	18	464	4,312
Total Items to Cover Fixed Expenses	19,526	15,744	19,526	15,744	211,509
Expenses					
Expenses—Other	1,304	1,676	1,304	1,676	17,319
Paid Staff	3,412	5,775	3,412	5,775	62,363
Rent and Office	6,700	7,056	6,700	7,056	79,854
Standing Committees	224	1,395	224	1,395	5,614
Total Fixed Expenses	11,641	15,902	11,641	15,902	165,150
Net Ordinary Income (Loss)	7,885	(158)	7,885	(158)	46,359
Net Other Income, Chiefly Interest Income	78	33	78	33	18,970
Net Income (Loss)	7,963	(125)	7,963	(125)	65,329

CONDENSED BALANCE SHEET

	Jan 31, 2021	Dec 31, 2020	DEC 31, 2020
ASSETS			
Current Assets			
Checking	59,559	54,338	54,338
CDs and Savings *	46,889	46,819	46,819
Accounts Receivable	895	884	884
Inventory and Other	35,373	36,084	36,084
Total Current Assets	142,716	138,125	138,125
Total Fixed Assets	2,484	2,484	2,484
TOTAL ASSETS	145,200	140,609	140,609

* Per bylaws, prudent reserve is calculated to be 3x average monthly expenses, approx. \$46,000.

LIABILITIES & EQUITY

Current Liabilities			
Accounts Payable	824	4,318	4,318
Payroll & Sales Tax Liabilities	242	198	198
PPP Loan			
Committee Earmarked Funds Total	6,577	6,498	6,498
Total Liabilities	7,642	11,014	11,014
Equity			
3001 · Opening Bal Equity	694	694	694
3101 · Retained Earnings	128,901	63,572	63,572
Net Income	7,963	65,329	65,329
Total Equity	137,558	129,595	129,595
TOTAL LIABILITIES & EQUITY	145,201	140,609	140,609
	0	0	

Greater Seattle Intergroup					
Standing Committee Earmarked Funds (Pink Can, Blue Can, etc.)					
YTD January 31, 2021					
Committee	Corrections	Hospital & Treatment	Accessibility	PI / CPC	Total Earmarked Funds
Beginning Balance 1/1/20	\$4,951	\$0	\$1,547	\$0	\$6,498
YTD Contributions	\$108	\$0	\$121	\$0	\$229
YTD Use of Funds	\$0	\$0	(\$150)	\$0	(\$150)
Ending Balance	\$5,059	\$0	\$1,518	\$0	\$6,577
Greater Seattle Intergroup					

Standing Committee Expenditures Against Budgets					
YTD January 31, 2021					
Committee	Corrections	Hospital & Treatment	Accessibility	PI / CPC	Total Expenses
Expenses to Date	\$0	\$0	\$120	\$0	\$120
Budget to Date	\$30	\$150	\$640	\$250	\$1,070
Budget -- Full Year	\$360	\$1,800	\$4,000	\$1,800	\$7,960

The 2020 financial report is now final.

The chart below is to provide a perspective for prior years of GSIG's financial position.

Narrative overview of 2020 finances.

A Sincerely grateful thank you to individuals who generously gave to support Intergroup. Those amounts were far above historical levels. The Sustainers program started in March 2020 made a major difference in the net income bottom line. Also, staff changes resulted in the total fixed expenses being 18 K below budgeted.

year	Net Income (loss)	Group Contributions	contributions (personal & other)	room rent, birthday club, special events	net sales income	cash & CDs
2017	-4 k	106 K	35 K	7 K		73 k
2018	-3 k	112 k	10 k	8 k		67 k
2019	-37 K	113 k	12.5k	11 K		48.5 k
2020	64 k	113k	49 k	6 k	7 k	101 k
2020 sustainers			31 k			


CONDENSED PROFIT & LOSS

Ordinary Income/Expense	Dec 31, 2020	Dec - Budget	YTD Dec - 2020	YTD Budget	Jan-Dec 2019
Income					
Total Retail Sales	1,377	10,224	37,008	122,690	111,268
Total COGS	939	6,928	30,396	83,136	78,625
Gross Profit from Retail Sales	438	3,296	6,612	39,554	32,643
Gross Profit %	31.8%	32.2%	17.9%	32.2%	29.3%
Group Contributions	7,155	9,868	113,463	118,421	106,652
Personal and Other Contributions	3,445	948	80,354	11,380	12,523
Meeting Room Rent; Birthday Club	1,128	649	6,768	7,792	6,748
Special Events Income		464	4,312	5,562	4,580
Total Items to Cover Fixed Expenses	12,165	15,226	211,509	182,710	163,145
Expenses					
Expenses--Other	(263)	459	17,319	5,504	15,942
Paid Staff	8,240	7,343	62,363	88,122	95,570
Rent and Office	6,311	6,451	79,854	77,411	81,572
Standing Committees	2,046	2,045	5,614	12,040	6,611
Total Fixed Expenses	16,335	16,298	165,150	183,076	199,695
Net Ordinary Income (Loss)	(4,169)	(1,072)	46,359	(366)	(36,550)
Net Other Income, Chiefly Interest Income	0	33	18,970	400	256
Net Income (Loss)	(4,169)	(1,039)	65,328	34	(36,294)

CONDENSED BALANCE SHEET

ASSETS	Dec 31, 2020	Nov 30, 2020	DEC 31, 2019
Current Assets			
Checking	54,338	56,281	8,183

CDs and Savings *	46,819	46,968	40,482
Accounts Receivable	884	887	
Inventory and Other	36,084	37,131	32,989
Total Current Assets	138,125	141,267	81,654
Total Fixed Assets	2,484	2,484	2,484
TOTAL ASSETS	140,609	143,751	84,138
<i>Per bylaws, prudent reserve is calculated to be 3x average * monthly expenses, approx. \$46,000.</i>			
LIABILITIES & EQUITY			
Current Liabilities			
Accounts Payable	4,318	1,463	11,235
Payroll & Sales Tax Liabilities	198	1,858	1,905
PPP Loan			
Committee Earmarked Funds Total	6,498	6,666	8,439
Total Liabilities	11,014	9,987	21,579
Equity			
3001 · Opening Bal Equity	694	694	694
3101 · Retained Earnings	63,572	63,572	98,158
Net Income	65,329	69,498	(36,293)
Total Equity	129,595	133,764	62,559
TOTAL LIABILITIES & EQUITY	140,609	143,751	84,138

 Greater Seattle Intergroup Alcoholics Anonymous					
Greater Seattle Intergroup Standing Committee Earmarked Funds (Pink Can, Blue Can, etc.) YTD December 31, 2020					
Committee	Corrections	Hospital & Treatment	Accessibility	PI / CPC	Total Earmarked Funds
Beginning Balance 1/1/20	\$4,508	\$0	\$3,931	\$0	\$8,439
YTD Contributions	\$1,797	\$0	\$6,426	\$0	\$8,223
YTD Use of Funds	(\$1,354)	\$0	(\$8,810)	\$0	(\$10,164)
Ending Balance	\$4,951	\$0	\$1,547	\$0	\$6,498
Greater Seattle Intergroup Standing Committee Expenditures Against Budgets YTD December 31, 2020					
Committee	Corrections	Hospital & Treatment	Accessibility	PI / CPC	Total Expenses
Expenses to Date	\$67	\$824	\$1,708	\$1,611	\$4,210
Budget to Date	\$360	\$1,800	\$4,000	\$1,800	\$7,960
Budget -- Full Year	\$360	\$1,800	\$4,000	\$1,800	\$7,960

Recording Secretary (Leslie I.):

Anyone new please email me your contact information so that I can add you to the roster. secretary@seattleaa.org

Please have your written reports to me by the Saturday after the meeting. My goal is to have the minutes completed within about a week of our meeting.

Accessibility (Laurel W.):

The Accessibility Committee has been and still is very active during the pandemic. Our Seattle virtual meetings are serving Deaf alcoholics from all over the U.S. Some do not have any interpreted meetings in their city or Area.

Activities

- Coordinate interpreting services for six or more meetings a week; schedule interpreters for this Board meeting and Accessibility committee meetings.
- Setting up a workshop for Zoom hosts to learn how to make Virtual meetings accessible to Deaf
- Assisted Deaf alcoholics from Los Angeles in getting interpreters for their meetings and advocating for them to get group conscience
- Providing opportunities for Interpreter interns to get experience and practice 12 Step

Archives Committee (Teresa S.):

No Report

Corrections Committee (Tami B.):

No Report

CPC/PI Committee (David D.):

No report

Newsletter (John P.):

No report

Hospitals & Treatment Committee (Greg E.):

Hello! Following are some notes from our last meeting, and regarding upcoming plans:

- Burien Little Assembly: we will be co-hosting a panel with GSIG PI/CPC in the Hospitality Room for 1 hour. David G (D32 Alt-Tx Rep), Karen K (Empire Way Tx Rep), and I will be appearing on the panel, to share some of the successes and challenges in carrying the message to facilities in times of Zoom.
- Coordination with PI/CPC: I'm planning to attend the PI/CPC meeting on 2/20 to discuss: 1) the upcoming BLA Panel; and 2) outreach to Seattle-area hospitals
- Recovery Place contacts: Karen K had some really encouraging contacts with folks at Recovery Place, and will be supplying them with some literature (newcomer packets) and discussing possible future panels
- Budget: at the next meeting we will discuss whether the Chair should have any authority to approve expenditures outside of the Committee meetings

Event Date:

03/06/2021

Event Description:

10 am. Next meeting
of the GSIG H&T
Committee (first Sat of
every month, 10 am)
Meeting ID: 820 0608
7832
Passcode: 088776

Office Committee (Jeff U.):

No report

Office Manager (Lara R.):

Inventory is good, we are expecting a shipment of our new book A Visual History of Alcoholics Anonymous any minute now. Stay tuned.

Financial Report has been sent separately.

Fourth quarter group contributions have been added to the website.

New Office Hours for Phase 2 are Tuesday through Friday 10am to 6pm Saturday 10am to 2pm. Hopefully these hours will not yo-yo or change moving forward.

We are still offering curbside pick-up and as always, we can deliver literature too.

Groups and individual volunteers are allowed to answer phones in the office. 5 or less per room.

We can operate at 25% capacity. This means 15.5 people are allowed in the Boardroom if we are conducting Intergroup/AA business. 3 people in the Archives room and 5 or less in the Office space, and 5 or less in the kitchen space.

AA meetings are still held to gatherings of 5 or less parameters.

Carpet was cleaned. Yay!!

The brick wall in the Skylight room is leaking. The brick is porous and old. There will be a company re-sealing the brick as soon as weather permits. This was done approximately 10 years ago, and it is again time. This building was a design of Benaroya, which I found interesting to know.

We are increasing the deep cleaning protocol in the office to once a week due to increased patronage in the office. This is in addition to the daily cleaning protocol.

Our Tradition Two Study was hosted by Brown Bag Bunch on Saturday, February 13th at 10am. Lucky Ladies will be hosting Tradition Three in March.

We still need a group for Traditions 4, 6, 7, 9, 11 and 12. If your group or district would like to step up and share your wisdom on any of these Traditions please contact Lara or Anita.

We have added the Sober in Seattle pdf file to the website for pursuing. I absolutely love that slideshow!!! Teresa is in the process of updating the PowerPoint and we will add that as soon as it becomes available.

We have created a digital Newcomer Packet available on our website for groups to download and make available to newcomers.

Remember to send us an email or give us a call when there are changes to your meeting. webmaster@seattleaa.org and/or lara@seattleaa.org

Gratefully submitted,

Lara R

*Lara gave update in meeting that the new book A Visual History of Alcoholics Anonymous arrived today.

Night Watch Coordinator (Sheree):

Since officially rotating into the Nightwatch Chair position, I have been working closely with Mike B who with updating the monthly calendar, changes to the calendar and receiving requests from new volunteers interested in being of service.

We are in need of volunteers and the following shifts that we at nightwatch answer phone are:

7 days a week

10pm to 2am

2am to 6am

6am to 10am

If you are interested in stats or examples of calls or any other questions, feel free to contact me:

Nightwatch@seattleaa.org

Thank you for letting me be of service

Sheree P.

Nightwatch Chair 2021

Special Events Committee (open)

Lara spoke with Woodland Park about the picnic and they are not currently renting their facilities. They suggested Seward Park. A site was reserved with a tentative date of 8/18 for the picnic.

Finance Committee (Pete K.):

We had our monthly meeting on February 13th Saturday the committee made a discussion to move the meeting one day sooner. So now the finance committee now meets on Saturday at 3pm and that is always the Saturday after the office committee that meets the 2nd Tuesday of the month. At the meeting we looked at the January financial report and we also approved the 2020 financial. One of the biggest changes we saw in the 2020 financial was the independent contributions and Group and sustainers contributions and it helped us carried us through the 2020 fiscal year a success. Pete and Carl will be doing an end of the year Audit review during this next month.

We discussed the Ad Hoc committee that we created in January and now we are going to call it a round table discussion. Tony has agreed to chair that committee and that meeting will be the 3rd Thursday at 6pm. If you want to be a part of that discussion roundtable, please email Altresaure@district32aa.org. I want to thank everyone who has decided to serve on this committee and thank you to committee for your work you will do on behalf of finance committee.

Web & Technology Committee (Dan G.):

We will be having a group inventory at the end of the month.

We are talking about buying new computers for the office.

Third Legacy (open)

District 14 (Kim S.)

There was a discussion between GSRs regarding October 2021 Assembly... who would like it to be on zoom and who would like it to be in person? Most GSRs commented that they would like to plan on zoom and some commented that COVID and COVID precautions are a rapidly changing situation so may be best to make decision based on what is happening currently. We will do a group conscience next month and then they will take it to District Representative.

Issue brought forward re District 14 handbook needs formatting clean up and pronoun updates. Volunteers offered to work on this for approx. 3 to 6 months and then they can

bring it to the group to be voted on.

We reviewed treasurer's reports. We voted on distribution percentages. Distribution percentages will be 50% to intergroup, 30% to Area 72 and 20% to GSO.

Follow up on group inventory

This month... Do GSRs stick with district or do missed meetings and turn over seem excessive? Several members of this district 14 meeting offered to reach out to contacts and/or GSRs at many of the groups to encourage participating in district 14 meetings, to explain benefits of attending district 14 meetings, to explain benefits of having a GSR and to answer questions about GSR role.

Committee reports:

David accessibility chair

He recently attended accessibility quarterly as well as Remote Communities Ad Hoc Committee and Intergroup Accessibility Committee meetings. He learned more about remote meetings, language steering committee, remote committee, intergroup accessibility. He said they are trying to expand the who the accessibility committee reaches. His ask.... What are our needs re: accessibility? He offered his contact info and asked that we encourage people to contact him with their ideas. David also talked about Regla 62. Regla 62 is a Spanish speaking meeting that meets every Monday in Spanish and every 3rd Monday Regla 62 has English translation.

Mike treatment committee

Mike and treatment committee are working on how to get meetings into treatment centers. There are meetings that they are taking into Cascade treatment center via zoom. He says that different groups have offered to bring their group into Cascade Treatment Center via zoom and he is looking for more groups to participate in this. Carrying The Message goes weekly and they are looking for another group to do this on Thursdays.

Kaya archives committee

Kaya recently went to quarterly and there was a presentation of archivist from the past explaining how the archivists share their experience, strength, and hope. The local history of AA book called Our Stories Disclose will be out by the end of the year and they are taking presale orders currently. They are also looking for people to do oral histories of AA and are asking for people to get in touch with him if they are interested. District 14 Public Information has been working on Burien Little Assembly. It is coming up March 13 from noon to 6pm and will have AA and Alanon participation. It has been going on for 45 years. The website is www.burienlittleassembly.org

District 15 (Jack J.)

District 15 Business Meeting hosted a presentation by a member of the Area 72 Remote Communities Ad Hoc Committee. General Service Representatives shared about the experience in GSR University, the second of which is happening the week of 2/21-2/27. For more info, see area72aa.org/events.

D15 is serving as Chair for the Burien Little Assembly, which is virtual this year. We ask people to pre-register at www.burienlittleassembly.org/register [free]. We will email to attendees the links to the room, a few days before the event. Final planning session is 2/14, at which the final flier will be available. BLA is fully self-supported this year; 7th Tradition goes toward supporting next year's event, hosted by District 16, and hopefully in-person. Contributions may be made via Venmo on the website, burienlittleassembly.org, or by check to Greater Seattle Intergroup.

District 41 (Jeane):

(QAGG) – Everyone from group was onboard with ASL fund distribution.

(Abigail's Ghost) – next week going to start in-person meetings. At some point will have ASL workshop

(Surrender at 7) – Will be doing Group inventory soon.

(Water's Edge) – 35 service positions filled.

(Magnolia Speakers Meeting) – No update.

(Magnolia Thursday Night Meeting) – still paying rent at church, won't be meeting in person until at least September.

The High & Dry

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Mailing Team: Irreplaceable Volunteers

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Do you have something you would like to submit to The High & Dry newsletter? We would love to see your event flyers, letters, stories, photos, drawings, poetry, interviews, and whatever else you would like to share with other members in and around Seattle.

H&D deadline is the 25th of each month.