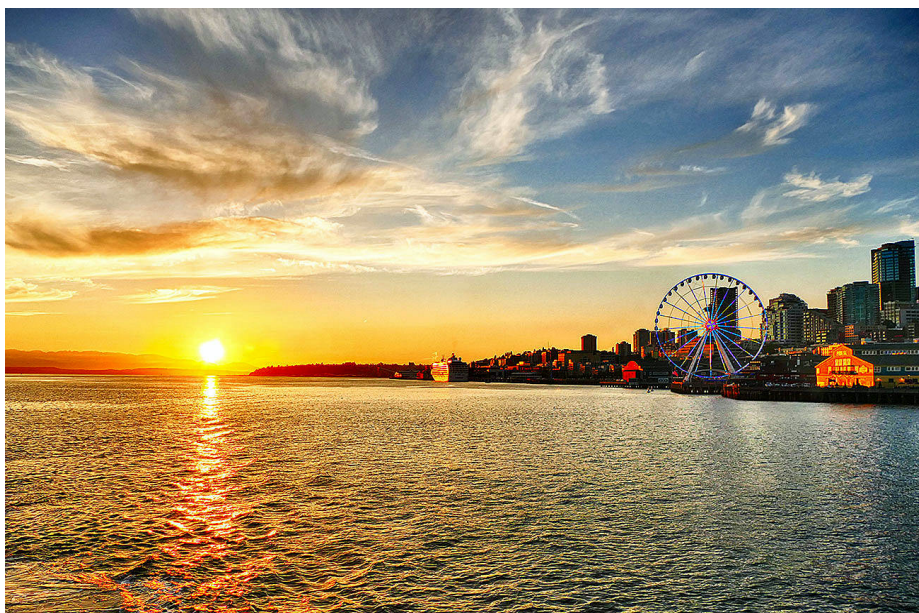




Greater Seattle Intergroup  
Alcoholics Anonymous

# The High & Dry

August 2021



## FUTURE TRIPPING

### August Events

**1 - 2021 Pre-Assembly Peninsula/Pierce** 3 pm - 7 pm  
Zoom ID: 819 4797 7178  
Passcode: 061035

**7 - Archives Committee Quarterly – August 2021** 930 am - 2 pm Zoom Link : TBD

**7 - 2021 Pre-Assembly Northern/Eastside (+ESP)**  
9:30 am - 1 pm; Spanish Interpreted via Zoom. Zoom ID: 872 3206 9421  
Passcode: 061035

**7 - Broadview Group Summer Picnic** 10 am - 5 pm *Cromwell Park, 18030 Meridian Ave N, Shoreline, WA 98133*

**8 - 2021 Pre-Assembly Central/Online** 1 pm - 5 pm  
Zoom ID: 862 4868 7842  
Passcode: 061035

**11 - 2021 Pre-Assembly Streamlined** 6 pm - 8 pm  
Zoom ID: 872 3206 9421  
Passcode: 061035

**12-15 - Step Ashore VII (8/12)**  
8 am - (8/15) 5 pm *Ocean Shores Convention Center, 120 W Chance a La Mer NW, Ocean Shores, WA 98569*

**14 - PI/CPC Committee Quarterly – August 2021** 930 am - 12 pm Zoom Link : TBD

**14 - Tradition Eight With Empire Way** 10 am - 1130 am  
Zoom ID: 858 5142 0330  
Passcode: 051501

**15 - Greater Seattle Intergroup Annual Picnic** 11 am - 4 pm *Seward Park, 5900*

## AUGUST IN OUR HISTORY

**Aug 3** 1954 – Brinkley S. gets sober at Towns Hospital after 50th detox.

**Aug 8** 1879 – Dr. Bob born in St. Johnsbury, VT.

**Aug 9** 1943 – LA groups announce 1000 members in 11 groups.

**Aug 11** 1938 – Akron & NY members begin writing stories for Big Book.

**Aug 16** 1939 – Dr Bob and Sister Ignatia admit first alcoholic to St. Thomas Hospital, Akron, Ohio.

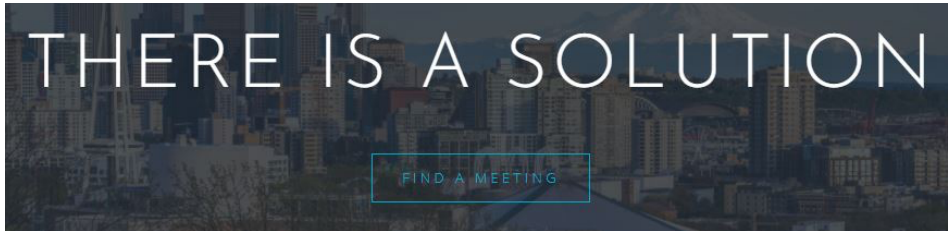
**Aug 18** 1988 – 1st Canadian National AA Convention in Halifax, Nova Scotia.

**Aug 26** 1941 – Bill writes Dr Bob to tell him Works Publishing has been incorporated.

**Aug 28** 1954 – “24 Hours a Day” is published by Richmond W.

*Lake Washington Blvd S  
Seattle, WA 98118*

**21 - “Online Only” Meeting Roundtable** 4 pm - 6 pm Zoom ID: 856 6331 8420  
Passcode: 35358



## **Thanks to Our Awesome Daytime Office Volunteers**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Susan D. and Bill S.

Yoshi, Jonathan W., Brandon K., Case T. and Ronnie

Stephan M., Ronnie, Linda H. and Pam H.

Joe M., Case T., Marlene H. and Desiree H.

Jon C., Thomas H., Max and Freda T.

Clay S., Ronnie and Dan G.

### **MEETING CHANGES**

Many meetings are no longer being held at physical locations and have moved to online formats. However, many meetings are choosing to meet in person. Checking our site is the best way to stay current with meeting times and locations.

Please let

**webmaster@seattleaa.org** know if there are changes to your online or in-person meeting.

#### **The Corrections**

**Committee** is now meeting monthly in-person at the office at 6:30 p.m. on the second Monday of each month.

### **Southend Bookstore Volunteers**

Dan Y., Angie A., Troy O., Carolyn B. and Jim D.

**Southend Bookstore** hours are Monday through Friday 10 am to 6 pm; Saturdays 10 am to 2 pm.

### **Main Intergroup Office Hours**

Office will be open for administrative activities. We are still processing literature orders during normal business hours: Tuesday through Friday 10am to 6 pm and Saturday 10 am to 2 pm.

### **High and Dry: News and Notes – August 2021**

We would love contributions from you. Please share your thoughts, ideas, suggestions and comments by emailing them to us at **high\_and\_dry@SeattleAA.org**. We aren't promising that everything sent to us will be published, but we will be reading everything sent our way.

We are also seeking a group conscious, and volunteers, ways to make the High & Dry more relevant and useful for readers. We want to add new AA- and recovery-related content types, including original artwork, cartoons, photos and poetry in addition to recovery themed articles.

To be part of the effort, join us on Zoom August 18, 2021 at 6 pm.

The Zoom coordinates are:

Meeting ID: 838 9225 4204 - Passcode: 153905

# BIRTHDAY CLUB

HAPPY BIRTHDAY TO AUGUST CELEBRANTS IN THE  
HOW DRY I AM CLUB!

Kelly W.	Pass It On	10 years (Aug. 2)
Jack L.	A New Purpose Group	10 years (July 7)
Cindy B.	RSEW	3 years (Oct. 10)
Workalem		60 days (May 3)
Lara R.-*	A New Purpose Group	35 years (Aug. 8)
Astri T.	Mountlake Terrace Weds.	42 years (Aug. 8)
Dan C.		35 years (July 31)
Ron E.	Pass It On	37 years

-\* Informal celebration of Lara R.'s 35th will happen Aug. 21st (5p-6p) at GSIG office.

Name	
Address	
City, Zip	
AA Anniversary/# of years	
Contribution enclosed	
Home Group	
Return this form to:	Greater Seattle Intergroup 5507 6 <sup>th</sup> Ave S. Seattle, WA 98108



# A Look Back at Seattle AA: 1961

By Peeps

I recently had the privilege to look back in time via the archives of Greater Seattle Intergroup. My visit to some of the early pages of the High & Dry allowed me to see back to our future.



On the front page of the July 1961 edition of the H&D, more than 60 years ago, was a story providing details of the upcoming 14th annual PNW Alcoholics Anonymous Conference, which was held at the legendary Olympic Hotel (now known as the Fairmont Olympic).

The conference coincided with celebration of AA's arrival in our area 20 years earlier.

Given AA's current place in our society and around the world, I'd say the future looks bright. AA's message of love and hope, no matter how it is delivered, is still changing and saving lives.

While AA was still in its infancy here in 1961, the Space Needle was under construction, the Olympic was Seattle's premier location for the well-heeled and famous. The conference had a three-day Labor Day weekend run, Sept. 1-3.

Based on what was written in the H&D, the organizers were as impressed with the prestige and glamour of the setting as they were with their progress in recovery.

"All out efforts are being made to make this the finest (PNW) AA Conference of all time, under one roof, first-class surrounding," trumpeted the H&D story. "We who had been outcasts in the world, have come up to the status of first-class citizens with first-class privileges."

Maybe not well-heeled, but certainly well-behaved.

Fifteen U.S. presidents have stayed at the Olympic, as well as a long list of celebrities ranging from Charles Lindberg to Emperors Haile Selassie and Akihito to Martin Luther King Jr. to Joan Crawford and John Wayne.

The pride of place proclaimed in the H&D was justified and obvious. The Olympic, which opened in 1924 on the site of the original University of Washington campus, is barely more than a mile from Yesler Way, which is the world's original "Skid Road." The name derived from the fact logs were "skidded" down Yesler Way to saw mills.



Yesler was home to the bars, saloons and other businesses patronized by the city's working class.

Seattle mayor Gordon Clinton welcomed the conference attendees Friday night, then turned the proceedings over to two AA speakers, Jo W. of British Columbia and Southern California's Chuck C.

Chuck C.'s career as a champion of AA is well known. He had been sober 14 years when he spoke at the Seattle conference. A book that transcribed speeches he gave at a different conference near San Diego in the 1974 was published in 1975. That book, *A NEW PAIR OF GLASSES*, has sold more than 500,000 copies.

Saturday, from 9 a.m. until that evening's banquet, was filled with panel discussions and speakers from throughout the Pacific Northwest. Sunday began with a 10 a.m. breakfast. Then there were more speakers and panels. Anita R., from New York City's AA General Service Office, was the event's final speaker.



There was no registration fee to attend. The Seventh Tradition was observed Friday and Sunday nights. The Saturday banquet and dance cost \$5 per person. The Sunday breakfast cost \$2.50. There was also a raffle offering the prize of a "Stereophonic Hi-Fi set."

While current AA members likely know nothing about Hi-Fi technology, they would instantly recognize some features and traditions from 1961 that remain fixtures at current AA gatherings large and small.

"There will be lots of free coffee throughout the conference," wrote the H&D, "and a special coffee break Saturday morning before the daytime sessions start, so we can all become acquainted."

Then as now, all it takes for a good AA meeting are two drunks, coffee and at least one resentment.

**Next year, PNC 2022 will take place June 24-26 in Vancouver, Wa. For more info, email: [pncchair2022@area72aa.org](mailto:pncchair2022@area72aa.org).**

# Step Eight: Moving Through Fear

By Mary E.

Working through the first seven Steps of Alcoholics Anonymous, I had been in a cocoon of AA. Changing myself internally, closely following directions from my sponsor. When I got to Step Eight, this thought struck me: "OMG! I'm going to have to go out into the world and talk to regular people about my past behaviors towards them."

I would be stepping out from under my protective AA umbrella and making amends, in real time, to people not in recovery.

That was very scary for me. The willingness to do this was the beginning of me practicing these principles in all my affairs. Like so many of the previous steps, I didn't want to do it and I did it anyway.

My sponsor and I reviewed each person and institution on my amends list and divided them into categories. There were Now amends, amends I'd make Someday and Never amends. For a few, we decided I would write a letter. And a few would be handled by changing my future behavior and making living amends. She gave me a format to follow for the amends I would make in person and we carefully went over each together before I met with the person. Throughout this process I was still anxious and fearful. Was I really going to do this?

She advised me not to overanalyze and to trust my higher power and the AA program. Knowing that she had done her first eight Steps, and lived, helped me feel willing to move forward.

When my alcoholic brain would impulsively jump forward to imagining what would happen when I sat down with the person I was making my amends to, I would remember her suggestion to trust. Trusting the AA process and my higher power was and still is a daily practice for me. It's not easy or fast to reprogram my alcoholic thinking. Praying for willingness helps.

As my recovery progresses, my growing capacities for willingness, trust and open-mindedness have made my responses to the world at large much less fearful, thereby giving me some serenity. By pushing through my fears of making amends to the people I have hurt I have been able to continue healing. Thank goodness for AA!



# **Tradition Eight: “Alcoholics Anonymous Should Remain Forever Nonprofessional, but Our Service Centers May Employ Special Workers”**

By Monte S. (Ogden, Utah 2012)

Written to protect us from ourselves, the Traditions reflect the collective problem solving experience during our fellowship’s first dozen years. In the 60-plus years since they were proposed then adopted, none have ever been changed. What held true then holds true today.

Bill W., says in his essay about Tradition 8 in the book Twelve Steps and Twelve Traditions; “Freely have ye received, freely give.” In the next paragraph Bill reminds us, “Almost from the beginning, we have been positive that face-to-face work with the alcoholic who still suffers could be based only on the desire to help and be helped.

Tradition 8 guides our financial responsibilities, telling us that Twelfth Step work is never to be paid for. As A.A. members representing the A.A. program, we are all volunteers and the only expertise we claim is our own experiences as active alcoholics and our individual recovery through the practice of the Twelve Steps of Alcoholics Anonymous. This one-on-one sharing is the basis for our fellowship’s existence and the key to the spiritual experience of one alcoholic relating to another alcoholic, thereby saving two lives.

The Twelve and Twelve also defines SPECIAL WORKERS as professionals or paid employees who make Twelfth Step work possible. Someone has to sweep the floors, answer our phones, edit and produce our literature and “man the AA lifelines.” None of these paid workers are considered to be professionalizing Twelfth Step work. Their jobs are to make Twelfth Step work possible.

In our Home Group, none of our members are paid for the work they do. Someone sets up the chairs, someone lays out our literature display, someone provides our coffee (out of their pocket, not group funds), someone pays our rent and keeps our books, someone attends business meetings and provides reports and all are volunteers. The rent we pay does help pay for the clean, climate controlled facility in which we meet. Those paid employees make Twelfth Step work possible, but in no way do they professionalize Twelfth Step work.

A wise old-timer once remarked, “The Twelve Traditions of Alcoholics Anonymous often provide just enough rope for us to hang ourselves.”



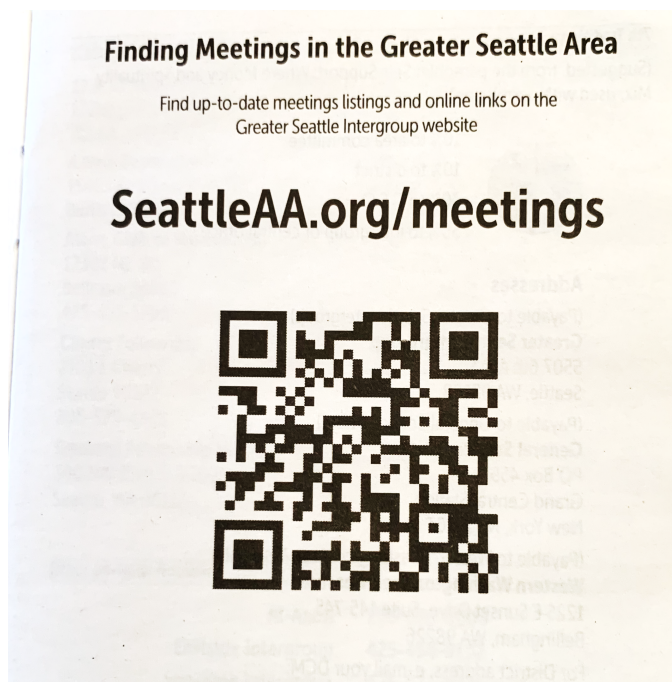
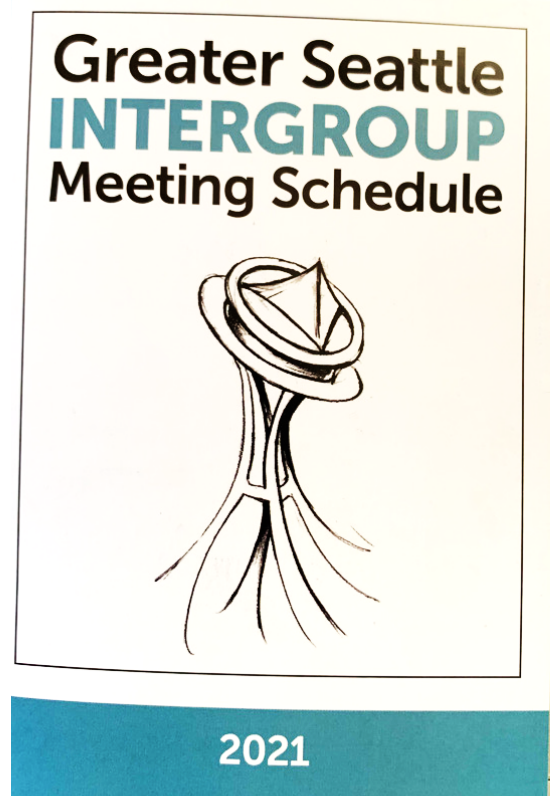


# New GSIG meeting schedule information

Beginning in August, GSIG will be distributing new Meeting Schedules, but unlike previous versions, the new schedules will not feature the addresses and times of our meetings. Instead, it will feature a QR code to scan with your smart phone's camera, which will take you to the most up to date list of meetings on the [SeattleAA.org](https://SeattleAA.org) web site.

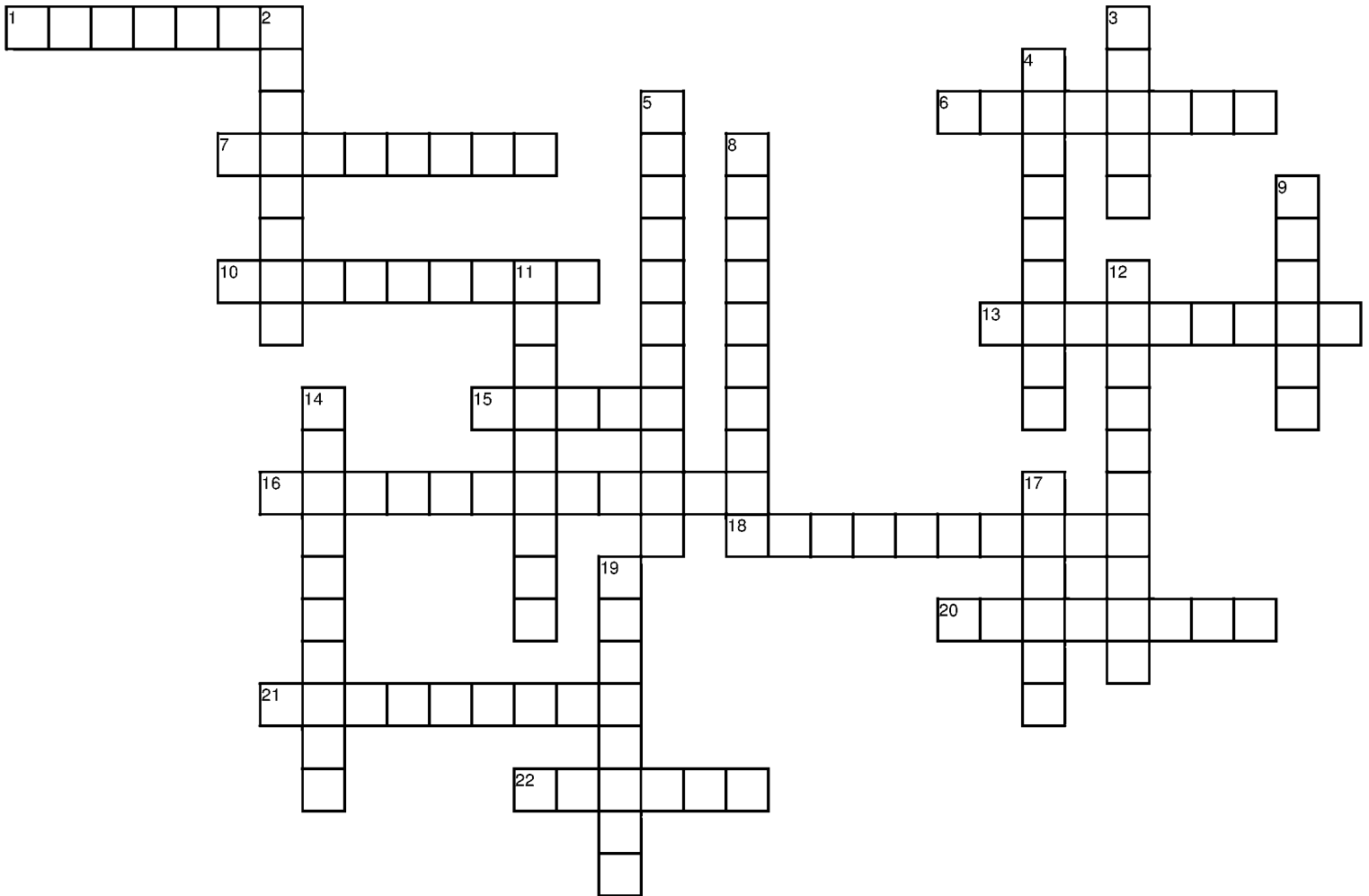
As the number of in-person meetings has increased, It has been extremely difficult to update the listings for a printed list. In January, the schedules will return to the traditional format.

In addition to the QR code, the schedule book shown here contains the 12 Steps and 12 Traditions, a list of the Intergroup District meetings (time, date and contact email addresses), a list of monthly Intergroup standing committee meetings and several blank pages for taking notes.



# This Is AA

Answers on page 22!



## ACROSS

- 1 We do not \_\_\_\_\_ new members
- 6 What kind of craving for alcohol did we have?
- 7 When determining alcoholism, there are \_\_\_\_\_ symptoms
- 10 A few of us had turned into this before turning to AA
- 13 we have been freed and find that a new \_\_\_\_\_ has been added to our lives
- 15 we soon discovered there are no \_\_\_\_\_ in AA
- 16 there are few of these for alcoholics
- 18 What AA seemed like when we first heard about it
- 20 A key factor in our progress seemed to be \_\_\_\_\_
- 21 This characterisitic was not enough to keep us sober

- 22 What the prospect of life without alcohol seemed like

## DOWN

- 2 this is how we are somehow able to stay sober
- 3 Which drink is the one that does the damage (with the)
- 4 What can we be sure is protected in AA
- 5 alcoholism is a \_\_\_\_\_ illness, which can never be cured
- 8 It is one of the oldest problems in history
- 9 Who gives orders in AA
- 11 how many communitites have local groups
- 12 Alcoholics are frequently guilty of working too \_\_\_\_\_
- 14 AA help is available without charge or \_\_\_\_\_
- 17 what kind of lives drinkers lead after they put their drinking behind them
- 19 This must always come first

# **GSIG Board Meeting Report**

July 20, 2021

Submitted by Leslie I. (Recording Secretary)

## **Opening**

The meeting was opened at 7 pm

7<sup>th</sup> Tradition – Jim

7<sup>th</sup> Concept – Lara

The Chairperson went over the guidelines for hybrid meetings for zoom attendees and in person attendees

## **AA birthdays**

Ron 37 years

## **New to GSIG**

None

## **Roll call-Quorum (51%)**

yes

## **Reports**

### **Recording Secretary (Leslie I.):**

If there are no corrections for the June minutes, we need a motion to approve the minutes. Motion to approve the minutes by Kim D14, Seconded by Mikey D42. Minutes were approved.

Please send me your reports electronically. You may use the online report form, attach a separate document to your email or just include your report in the body of an email.

Please have your written reports to me by the board meeting. I will be able to include them if you send them by Friday night following the meeting, but there is a deadline of the 25<sup>th</sup> to get the minutes in the High & Dry.

Anyone new please email me your contact information so that I can add you to the roster. [secretary@seattleaa.org](mailto:secretary@seattleaa.org)



**Treasurer (Carl G.):**

**GSIG TREASURER REPORT JULY 20TH, 2021 DRAFT**  
June Financials

month	Net Income (loss)	Group Contributions	contributions (personal & other)	sustainers	room rent, bday club, special events	net sales income	cash & CDs
January 2021	8 K	13 k	2.7 K	2.7 K	124.00	430.00	105 K
February '21	(-3 K)	7 K	1 K	2.8 K	207.00	700.00	105 K
March 2021	(-3.8 K)	7 K	329.00	2.8 K	287.00	1.1 K	104 K
April 2021	3 K	10.5 K	2 K	2.8 K	1 K	600.00	103.5 K
May 2021	(-140.00)	10 K	700.00	2.8 K	205.00	383.00	102.5 K
June 2021	(-7.7 K)	4.5 K	1 K	2.8 K	423.00	1.1 k	94 K

My goal is to make this information easy to understand and report to the fellowship. If you have suggestions or questions, please let me know at [Treasurer@seattleaa.org](mailto:Treasurer@seattleaa.org)

Earmarked Funds remaining amounts: Pink and Blue Cans (contributions specified for these committees)

**Corrections: \$4K      Accessibility: \$1,050**

Standing Committee Budget funds allocated by GSIG budget Funds remaining for 2021.

**Corrections \$360      Hosp & Treat. \$1,1467      Accessibility \$5,970      Pi/CPC \$1,322**

Group contributions are 6K below monthly budget while YTD is 7K below. Sustainer's contributions are continuing as is expected. The net loss of 7.7 K included 3K staff salaries that had to be processed on June 30<sup>th</sup>. These would have normally been paid July 5<sup>th</sup>. The net monthly loss of 7.7 K had 3K of staff salaries that would have been booked in July.

**GSIG JUNE 2021 CONDENSED FINANCIAL REPORT**

**CONDENSED PROFIT & LOSS**

Ordinary Income/Expense	June 30, 2021	June - Budget	YTD June 2021	YTD Budget	Jan-Dec 2020
<b>Income</b>					
<b>Total Retail Sales</b>	4,612	6,202	17,715	37,212	37,008
<b>Total COGS</b>	3,481	4,990	13,363	29,943	30,396
<b>Gross Profit from Retail Sales</b>	1,131	1,212	4,352	7,270	6,612
<b>Gross Profit %</b>	24.5%	19.5%	24.6%	19.5%	17.9%
 <b>Group Contributions</b>	 4,486	 10,141	 53,914	 60,846	 113,463
<b>Personal and Other Contributions</b>	1,381	836	7,118	5,018	80,354

Meeting Room Rent; Birthday Club	432	686	2,152	4,116	6,768
Sustainers Program	2,789	2,612	16,743	15,672	
Special Events Income	1,226	464	1,528	2,781	4,312
<b>Total Items to Cover Fixed Expenses</b>	<b>11,446</b>	<b>15,950</b>	<b>85,808</b>	<b>95,702</b>	<b>211,509</b>
<b>Expenses</b>					
Expenses—Other	1,565	1,676	9,552	10,057	17,319
Paid Staff	9,292	5,955	35,385	35,728	62,363
Rent and Office	6,435	7,056	41,467	42,336	79,854
Standing Committees	1,905	1,435	3,738	8,610	5,614
<b>Total Fixed Expenses</b>	<b>19,197</b>	<b>16,122</b>	<b>90,142</b>	<b>96,731</b>	<b>165,150</b>
<b>Net Ordinary Income (Loss)</b>	<b>(7,751)</b>	<b>(171)</b>	<b>(4,334)</b>	<b>(1,029)</b>	<b>46,359</b>
<b>Net Other Income, Chiefly Interest Income</b>	<b>1</b>	<b>33</b>	<b>182</b>	<b>200</b>	<b>18,970</b>
<b>Net Income (Loss)</b>	<b>(7,750)</b>	<b>(138)</b>	<b>(4,153)</b>	<b>(829)</b>	<b>65,329</b>

#### CONDENSED BALANCE SHEET

##### ASSETS

##### Current Assets

	June 30, 2021	May 31, 2021	DEC 31, 2020
Checking	47,836	51,138	54,338
Savings *	46,534	46,691	46,819
Accounts Receivable	1,062	872	884
Inventory and Other	36,186	40,095	36,084
<b>Total Current Assets</b>	<b>131,618</b>	<b>138,796</b>	<b>138,125</b>
<b>Total Fixed Assets</b>	<b>2,484</b>	<b>2,484</b>	<b>2,484</b>
<b>TOTAL ASSETS</b>	<b>134,102</b>	<b>141,280</b>	<b>140,609</b>

\* Per bylaws, prudent reserve is to be 3x avg month expenses, approx. \$46,000.

##### LIABILITIES & EQUITY

##### Current Liabilities

Accounts Payable	3,188	3,110	4,318
Payroll & Sales Tax			
Liabilities	392	169	198
Committee Earmarked Funds Total	5,137	4,867	6,498
<b>Total Liabilities</b>	<b>8,718</b>	<b>8,146</b>	<b>11,014</b>
<b>Equity</b>			
3001 · Opening Bal Equity	694	694	694
3101 · Retained Earnings	128,843	128,843	63,572
Net Income	(4,153)	3,598	65,329
<b>Total Equity</b>	<b>125,384</b>	<b>133,135</b>	<b>129,595</b>
<b>TOTAL LIABILITIES &amp; EQUITY</b>	<b>134,102</b>	<b>141,280</b>	<b>140,609</b>

Greater Seattle Intergroup					
Standing Committee Earmarked Funds (Pink Can, Blue Can, etc.)					
YTD June 30, 2021					
Committee	Corrections	Hospital & Treatment	Accessibility	PI / CPC	Total Earmarked Funds
Beginning Balance 1/1/20	\$4,951	\$0	\$1,547	\$0	\$6,498
YTD Contributions	\$837	\$0	\$1,195	\$0	\$2,032
YTD Use of Funds	(\$1,701)	\$0	(\$1,692)	\$0	(\$3,393)
Ending Balance	\$4,087	\$0	\$1,050	\$0	\$5,137
Greater Seattle Intergroup					
Standing Committee Expenditures Against Budgets					
YTD June 30, 2021					
Committee	Corrections	Hospital & Treatment	Accessibility	PI / CPC	Total Expenses
Expenses to Date	\$0	\$333	\$1,710	\$478	\$2,521
Budget to Date	\$180	\$900	\$3,840	\$900	\$5,820
Budget -- Full Year	\$360	\$1,800	\$7,680	\$1,800	\$11,640

Kim asked if it is fair to say we are \$1000.00 below expenses?

Carl said yes we are \$1000.00 below breaking even. We have less income than expenses.

Motion to approve treasurer's report made by Kristi D40, seconded by John D16. Motion was approved.

**Vice Chair (Aaron):**

In the last month I have been honored to attend both the District 15 and the District 17 business meeting. We had great conversations about what Intergroup is and what services it offers groups and members of AA. If your District meeting would like me to drop in and talk intergroup please email [vicechair@seattleaa.org](mailto:vicechair@seattleaa.org).

In service,  
Aaron C  
Vice Chair GSIG

**Chair Emeritus (Mike M.):**

See 20/20 committee report

**Chair (Astri):**

To GSIG Board;

I think the Hybrid Assembly went really well last month. So grateful to Dan for all his technical service!

I hope you are all having a great summer so far. The past month has kept me pretty busy. June 26 and 27 I attended the Pacific Northwest Conference which was held on Zoom this year. Western Washington will be hosting June 24-26, 2022. The Conference will be held in person in Vancouver, Wa. I suggest you put it on your calendar right now. It's going to be a great event.



On the 4<sup>th</sup> of July I saw may of you at the Meeting at the Tree. Hope you will plan on attending next year as well. Planning the GSIG 75<sup>th</sup> Anniversary and the start of our weekly Seattle Group AA meeting. Ralph was great, so happy he was available to share his story on the 10<sup>th</sup>, and I'm looking forward to hearing the lineup we have scheduled for the next month. I hope you will consider attending this in person meeting, held right here at GSIG every Saturday at 6:00PM.

July 9 & 10 I also attended the Area 72 Quarterly (on Zoom). On Friday the Area Archivist gave a talk, with slides , about AA history in Washington, included was a section on Seattle and the Seattle Group. I gave a Concept 4 presentation.

Saturday was business and reports, including our GSIG report. Our Delegate reported GSO sold out the soft copy 12&12's and will therefore be doing a new printing which will include the changes approved at this years conference. The Big Book translation to Plain has begun. The Treasurer reported they are in the process of exploring P&O Insurance for Area Officers. Alt Chair reported the October Assembly will be held on Zoom and they are looking for members to help with the technicalities. If you are wanting to volunteer, contact sound@area72aa.org. Four motions were passed to the October WWA72 Assembly agenda: 1) Create a district for the online groups in the Area. 2) That WWW72 fund Spanish interpretation for the Pacific Northwest Conference (PNC) during the years we host the event. 3) That Area72 adopt current and future General Service Office practices regarding contributions limits. 4) Hold the 2025 Area Assembly at the Lynnwood Convention Center. Discussion Topic: "Is the Area Archivist an Area Appointed Trusted Servant" will be placed on the Assembly agenda. For a more detailed report, check the Area 72 website: area72aa.org.

Thank you all for your service and I am Yours in service,

Astri T. Chair

#### **Finance Committee (Pete K.):**

Future committee meetings will be held at 9am instead of 3pm

No written report

#### **Office Committee (Jeff U.):**

Looking into Dental and Vision insurance for office staff

#### **20/20 (Mike M.):**

##### **20/20 Committee**

**Meeting July 6, 2021 at 5 to 6 pm**

Note no 20/20 Committee meeting was held in June

**Committee Members:** Mike M, Anita S, Dave T, Thomas H, Ed H, (not present Christene D)

#### **Mission statement**

"To provide information or suggestions to the Board for future long-term planning of GSIG including its services, facilities, and activities."

#### **1. Office lease**

- a. Goal to present recommendation by Aug/Sep Board meeting and vote at Nov Board meeting

#### **a. Update the GSIG Policies and Procedures (P&P) manual**

- Goal is present draft to Groups by Sep 2021 so they can vote Dec 2021 Fall Assembly
- Planned distribution will be a) Original P&P, b) Revised P&P, c) summary of any significant changes

#### **Assistant office manager (Anita):**

#### **12<sup>th</sup> Step Protocol discussion group**

Don't forget to sign up for the 12 Step Call list at <https://www.seattleaa.org/12-step-signup/>.

Lara has done a lot of research regarding the legal details regarding an in person 12 Step Call. She reported that the Good Samaritan Law in WA State has expanded coverage that our governor signed into effect.

Last month John dd. and I attended the TSSC (Twelve Step Service Committee) meeting. We learned so much from their robust committee.

<https://sites.google.com/pugetsoundaa.org/tssc-volunteer-docs> is the link to the documents that TSSC posts online. In this link you will also find phone answering calendars.

Keeping the 12 Step List needs to be updated monthly or quarterly. We plan on doing this by checking in with each volunteer.

12 Step Call skit? Steve C. forwarded the committee a script: We Got Ourselves A Situation. We haven't made a decision on if we will perform it or not. More will be revealed.

The committee agrees that the "senior" AA should feel comfortable taking a newcomer with them.

Discussions regarding having a group member be a point of contact for 12 Step Calls that come in in their neighborhood or close to it. For example, a call from Kent would be dispatched to a Southend Fellowship point of contact. Puget Sound Central Office does this with great success.

A Twelve Step Call Workshop or 12 Step Call Orientation is still being discussed and is met enthusiastically by members of this committee. We may include importance of sponsorship in these events.

Seattle Intergroup may have to create two lists: One for in person 12 step calls and one list for phone or ZOOM interaction only.

Next meeting will be at 5pm, July 30, 2021. Meeting ID: 841 3383 6121, PW: 951658.

#### **Office Manager (Lara R.):**

#### **Office Manager report July 2021**

##### **Inventory**

- Inventory is sufficient. Due to the shortage of Big Books at GSO we sold one case of Big Books to Eastside Intergroup at cost. It is my opinion that Intergroup Offices need to work together.

##### **Financial**

- Please refer to the Treasurer's report.

- D & O Insurance was purchased bundled with the EPLI. The coverage is not shared; rather it is a \$1 million policy for both D & O and EPLI per incident.
- The staff are requesting Dental/Vision Insurance.

## Organizational Processes

- The 75th Anniversary went well.
- The Seattle Group has a rousing line-up for speakers through August.
- We are continuing to collect White Elephant Sale baskets for raffle at the Annual Picnic.
- We have service committees and Al-anon that have agreed to have a table at the picnic.
- Coffee cups were purchased they are for sale for \$10/each
- All bulbs have been successfully changed out for LED.
- Group Contributions for the 2nd Quarter 2021 are on the website.
- Our new schedule/information books are now in. They are \$.50/each
- The insurance that we opted to purchase is as follows:
- Great American Insurance Group (previously titled Hartford) This company insures only non-profits and is structured in a different way than the average Insurance Company.**

D&O Limit	EPLI Limit	Retentions	Annual Premium
1,000,000	1,000,000	\$1,000	\$1855.00

This is \$1,000,000 per incident.

## June 2021 Call Log info:

Info about AA	12
Meeting Information	89
12th Step calls	12
Al-anon referrals	3
Intergroup Information	43
Call to talk	28
Ref. to outside agency	7
Misc.	26

**Accessibility (Laurel W.):**

No report

Request to Board Chair Astri to advocate for deaf members with the PNC. They have voted not to provide ASL interpretation.

**Archives Committee (Teresa S.):**

This month I met with GSIG Newsletter Editor Peeps to begin looking over the SIG Archives collection. Also, started unfolding, de-stapling, scanning and making pdf files of old High and Drys that have never been digitized. These include items from the 1950s through 1980s. These are not included in the 3-ring binders on file on the shelves at GSIG. Not every edition from every year is available. I am doing this work at home and using my own scanner. The pages are 14 inches long and have been folded for many years and are somewhat fragile but need to be scanned for preservation purposes. I consulted with the Area 72 Archivist on how to proceed and am using the same procedures the Area.

**Corrections Committee (Pam/Amy):**

No report

**Hospitals & Treatment Committee (Greg E.):**

1. Back to meeting in person, with hybrid Zoom option! First Sat of every month, 10 am, at the Greater Seattle Intergroup office (6th & Lucile). Also on Zoom (contact [hospitalandtreatment@seattleaa.org](mailto:hospitalandtreatment@seattleaa.org) for meeting info). Donuts!
2. We are regularly helping to fill Bridge the Gap requests across Districts. If you have a BtG request and need any assistance filling it, please contact us! If you don't know what Bridge the Gap is and want to learn, please contact us!
3. Some facilities sound like they're opening back up, but it's still slow. We are continuing to receive steady (though slow) peer support / 12-step call requests from Virginia Mason.
4. Always working on outreach to hospitals & facilities. Recent contact with UW Medicine Valley Cities in Kent - will coordinate with D18 for follow up.
5. We're hearing that the Union Gospel Mission meeting in Pioneer Square (Saturdays at 9:30 am) may be starting back up in October. H&T Committee has historically supported this meeting and we're looking forward to doing so again.
6. Looking forward to participating at the service table at the GSIG Big Summer Picnic! Stop by and see us.

**Newsletter (John P.):**

No report

**Night Watch Coordinator (Sheree):**

Hello. I did not post my flyer for a volunteer virtual meeting as there were two other events going on that same date. So, towards the end of summer I will set something up.

We are still in need of many volunteers

Please put the word out and contact myself or Mike Burns ([altnightwatch@aa.org](mailto:altnightwatch@aa.org)) for information regarding this important service work.

**PI/CPC Committee (David D.):**

- The July PI/CPC meeting was held on Saturday, July 17<sup>th</sup>.
- Tara S kindly agreed to take notes since Tara B had to work.
- The District 14 Picnic will be held on Lincoln Park September 12, from 10:00 – 2:00.
- The District 24 Picnic will be held July 31, 11:00 AM – 5:00 PM at Edmonds City Park.

- The Greater Seattle Intergroup Picnic is August 15<sup>th</sup> 11:00 – 4:00 PM at Seward Park.
- There will be an opportunity in November to do a PICPC panel at an affordable housing complex in Seattle.
- District 14 (Laura) is refilling pamphlets at West Seattle Library and several other places.
- District 14 (Tara S) has also been approached by the Accessibility Committee to connect with senior centers. Tara S will set up a meeting with David d and Laura to brainstorm ideas.
- Area 72 (Jerry F) The next CPC Quarterly is August 14<sup>th</sup>. It will focus on outreach to hospitals and how to get back into those facilities as things are opening back up from COVID protocol restrictions.
- Area is also reaching out to seniors and has been doing so with good success for some time. There will there are on-line – newcomer packets and literature. There is a Master list of senior centers that Heather developed that tracks literature, flyers, and other things that have been requested or placed in various facilities.
- John DD was also in attendance and highlighted the efforts in Puget Sound and Pierce County “Meetings on Wheels” – two more alcoholics dispatched to underserved populations, including group homes and senior centers.

Next PICPC meeting is Saturday, August 21, from 10:00 – 11:00 AM.

### **Special Events Committee (open):**

### **Web & Technology Committee (Dan G.):**

No written report

The schedule books have been printed and are available for sale.

The website has been updated so that you can tell whether a meeting is in person, on Zoom or a Hybrid.

### **Third Legacy (open)**

## **District Reports**

### **District 14 (Kim S.):**

District 14 report from July 13, 2021

- Discussion about and recap of the 71st General Service Conference including changes to our preamble.
- Jennifer S. D14 Treasurer reported that there were no expenditures this month and that August PO Box rental is coming up in August. She also reported that she has been in communication with someone in regards to rental fees that would be charged if D14 were to move to hybrid meetings at Fauntleroy Church. More discussion will be had on that topic at a future date.
- Jennifer S brought up the idea of a temporary finance committee (discussed at a previous D 14 meeting. This was voted on, approved and some members volunteered to be on this temporary committee.
- Picnic update... we will be having a pie auction and are looking for some outgoing people to help with the pie auction. There are a host of other service positions related to GSIG picnic and a flyer coming out. Please contact Tara is you would like to help out.
- Kaya, reporting for archives committee, says that they are looking for copies of our scripts (pre covid, covid and post covid) so that this time period can be captured in the archives.
- Mike H, reporting for Hospital and Treatment, says nothing to report and he is thankful for people who have reached out and offered to help.
- David, reporting for accessibilities committee, says that 1. There is an accessibility checklist that helps groups determine how accessible they are to all alcoholics 2. Input for remote communities.....one of the underserved communities are the elderly. If someone has interest or has a way to carry the message to the elderly, he is looking for someone to help him. 3. Accessibility quarterly will be this weekend. They are going to be talking a lot about ASL.
- Preassembly is coming up...more information found on [area72aa.org](http://area72aa.org).



- Serenity Now will be meeting in person soon.
- Real Alcoholics is meeting in person.
- Jim, reporting for Group 164, says that they are going to remain online until at least September and then go from there.
- Kari from Dawn Patrol reports that they are currently having concurrent meetings: there is a dawn patrol in person meeting and a dawn patrol in zoom land.
- Rich, reporting on Vashon Island group, says they are working with the church in regards to in person meetings and has found that they are working with the church regarding the church having more requirements than before they went on zoom.
- White Center AA is going in person again beginning week of 7/18/21. Meetings will be 6:30pm Monday and Thursday.

We had 2 visitors. Our area accessibility chair, Jessie, and Bridget from remote communities.

Jessie explained:

Accessibilities makes sure that meetings are accessible for anyone who wants to go to a meeting. Accessibilities is also there for information and support. Many times, they are focused on disabilities and that is something that is important. He wants to know if our meeting guides reflect that so that people with disabilities know that they have access. They also focus on language including ASL and other languages.

They also look at different cultures and backgrounds. For example... are there secular meetings? Are there LGBTQ meetings? Are there meetings that provide childcare? Are there child friendly meetings? In our area especially with zoom. ... is there a good balance of meetings of people who use zoom and calling in and those who zoom in? Are the people who are calling in treated the same as those who are zooming in?

Contact Jessie is you have questions and or would like to help out.

[jessiewaccessibility@area72aa.org](mailto:jessiewaccessibility@area72aa.org)

Bridgett talked about some of her background in the program and about remote communities works and who they serve. She explained that she has had the opportunity to see AA from many different standpoints and gain a perspective that includes remote communities. She showed a power point and gave a presentation about who remote communities serve and how remote communities carry the message of AA to the alcoholic. Remote communities include all communities that have difficulty accessing AA. A few of the many examples are:

- A community that is geographically remote like a small town far away from other towns
- people who are in prison
- People who cannot access AA because they do not have internet

Remote communities and and accessibilities are completely different groups but their groups and they work together often. They have a newsletter called the Remote Communities Newsletter. There will be a copy of this in this month's area newsletters. Contact Bridget is you have questions or want to help out.

[remotecomunities@area72aa.org](mailto:remotecomunities@area72aa.org)

#### **District 15 (Diane D.):**

No report

#### **District 16 (John B.):**

No report

#### **District 17 (Lee R.):**

No report

#### **District 18 (Steve R.):**

No report

**District 40 (Kristi):**

Good Evening fellow travelers!

I attended the Area 72 July Quarterly 7/9 & 10

Pre- assemblies to be held August 1st& 8th, : Note: Tech 12 won't be handling October Assembly... call is out for tech help

D40 is on fire for the \$7.34 by 7/31 challenge!

Oral histories are still being sought for Archives.

Update on Gratitude Banquet: ZOOM event for either Nov13 or Nov20 along with D15.

Kitchen Group and Wings have begun in person meetings w/ no problems

GSRs we're reminded to update GSIG of meeting status ( hybrid, in-person or ZOOM)

**District 41 (Jeane):**

No report

**District 42 (Mikey C.):**

Greetings from Shoreline district 42 !

Happy 75<sup>th</sup> or is it 80? to GSIG and looking forward to the Picnic at Seward Park on August 15 2021. It is never too early to donate a basket for the raffle or buy a button for \$5 and get entered in the drawing for the 2 tickets and lodging to the West coast roundup in Seaside, OR next April 2022.

We hold our meetings on the 2<sup>nd</sup> Thursday of every month which was a great turnout. Since I was not in attendance the previous month for our inventory facilitated by our past delegate Alan F, discussions were very on target with the success of district 42.

Due to the relaxation of covid rules; A few meetings are starting to go live for instance DRU North and Lake Forest Park, the Mens Room which is great news for all. Seattleaa.org is a great source for updates.

District 42 has filled all its position except for Hospital and Treatments.

I have been handing out the GSIG mini meeting guides out to sponsors and newcomers and writing my favorite zoom and in person meetings in it with great response.

Hope everyone stays healthy and remember that all meetings need people for service work and remember that greeting people is essential in the transition back to going to in-person meetings.

**Zone 112 A New Beginning (AnnaLisa):**

No report

**Old Business****Meeting Schedule Guide**

These have been printed and are available for sale.

**Big Book/Literature earmarked fund**

This fund has been reactivated.

**Upcoming events****The Seattle Group**

We meet at InterGroup. Coffee and desert will be served starting at 5:00 PM followed by 60-minute AA speakers meeting at 6:00 PM

**GSIG Picnic**

The picnic will be held 8/15 at Seward Park shelter 3. Buttons are for sale for \$5 at the office. There will be a white elephant sale. Donations for the sale may be brought to the office or to the picnic. There will be bingo and a raffle for commemorative swag.

**Service Manual study**

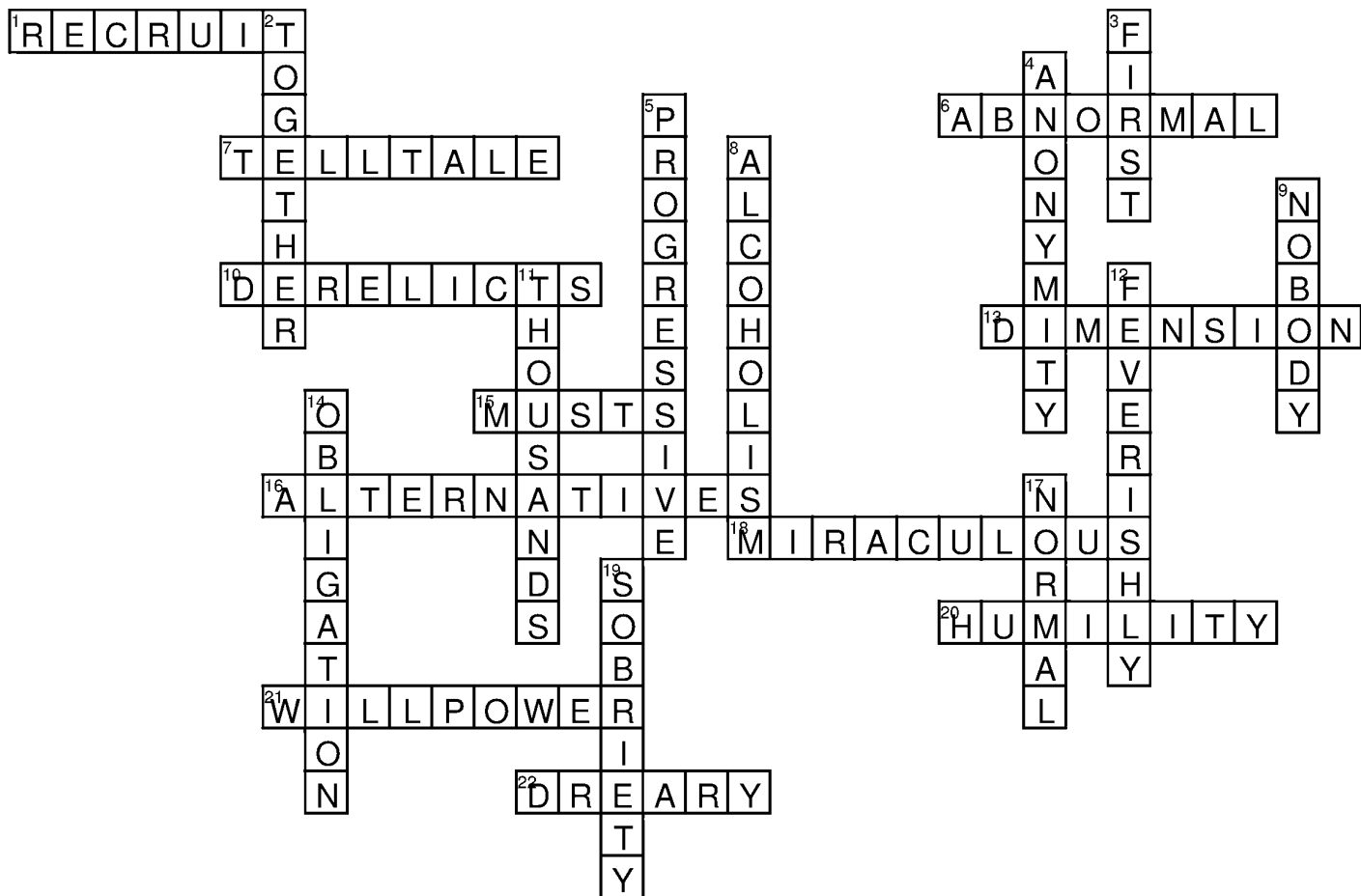
Next meeting August 1st

**New Business**

No new business

John D16 made motion to adjourn. Jeff D31 seconded. Meeting adjourned at 8:30

# This Is AA



# SEATTLE INTERGROUP SATURDAY BBQ'S

When: 2nd and 4th Saturdays  
Starting May 22nd through September 25th  
12pm to 2pm

Where: Greater Seattle Intergroup  
5507 6th Ave S. Seattle, WA 98108

Bring a dish to share,  
hot dogs and  
hamburgers, soda and  
chips available.

Donations gratefully  
accepted.



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GSIG BIG

# SUMMER PICNIC

Bingo!

Hot dogs!

Soda!

Chips!

Coffee!

Raffles!

Committee  
Tables!

Real  
People!

Hugs!

AUG 2021

Sunday  
August 15  
2021

11 AM - 4 PM

@ Seward  
Park  
Shelter #3




# *High & Dry* *Call for Entries*

The High & Dry, Seattle Intergroup's Monthly Newsletter,  
is looking for original content from local drunks.  
This is a great opportunity to serve our fellowship!

- **Stories About Recovery**
- **Poetry & Creative Writing**
  - **Art & Photography**
  - **Comics & Jokes**
- **Information about Sober Activities & Service Opportunities**

Submit your work and find out more by visiting [SeattleAA.org](https://www.seattleaa.org)

 <https://www.seattleaa.org/intergroup/newsletter/submission/>

 [high\\_and\\_dry@seattleaa.org](mailto:high_and_dry@seattleaa.org)



# **THE SEATTLE GROUP**

**Saturdays @ 6pm**

**Seattle Intergroup**

**5507 6th Ave S.**

**Seattle, WA 98108**

**Fellowship from 5:30-6:00pm**

**Join us for the following speakers:**

July 24th Kenny D.

July 31st Karen R.

August 7th Denis F.

August 14th Lorraine K.

August 21st Chip H.

August 28th Betty B.

## **The High & Dry**

Editor: Peeps

Contributors: All of YOU

Mailing Team: Irreplaceable Volunteers

The High & Dry is published monthly by an all-volunteer staff at the Greater Seattle Intergroup Office, 5507 6th Avenue South, Seattle WA 98108 (Phone: 206-587-2838) [www.seattleaa.org](http://www.seattleaa.org)

**Do you have something you would like to submit to The High & Dry newsletter?** We would love to see your event flyers, letters, stories, photos, drawings, poetry, interviews, and whatever else you would like to share with other members in and around Seattle.

**H&D deadline is the 25th of each month.**

