

# *The High & Dry*

July 2021

## **JULY IN OUR HISTORY**

July 1-3

**1960** - 8700 attend 25th Anniversary of AA in Long Beach, CA

July 2

**1965** - Best of Bill and pocket-sized 12 & 12; first sold.

July 2-3

**1955** - 5000 attend 20th Anniversary at our St Louis Convention; Bill W. turns "the fellowship over to the fellowship" at 4:00 PM



July 2-4

**1965** - 10,000 attend 30th Anniversary of AA in Toronto.

July 3-5

**1970** - 10,900 attend 35th Anniversary of AA in Miami; Bill W. gives last AA talk.

July 4-6

**1975** - 19,800 attend 40th Anniversary of AA in Denver; worlds largest coffee server serves 1/2 million cups a day.

July 5

**1985** - AA gives Ruth Hock 5,000,000th Big Book during 50th AA Anniversary in Montreal, Canada.

**1990** - AA gives Nell Wing 10,000,000th Big Book during 55th AA Anniversary in Seattle, WA

July 3-6

**1980** - Gay AA's have own program at 40th AA Anniversary in New Orleans.

July 5-7

**1985** - 45,000 attend 50th Anniversary of AA in Montreal.

July 7

**1940** - Bill attends first summer session at School of Alcohol Studies at Yale.

July 5-8

**1990** - 48,000 attend 55th Anniversary of AA in Seattle (75 countries).

July 8

**1940** - First AA group formed in Dayton, Ohio.

July 10

**1946** - Greater Seattle Intergroup of Alcoholics Anonymous formed.

July 14

**1939** - Blythewood Sanitarium; Dr Harry Tiebout gives Big Book to Marty M. who promptly throws it back at him.

July 20

**1941** - First AA group forms in Seattle, Washington.

July 22

**1877** - Willian Duncan Silkworth born in Brooklyn, NY.

July 24

**1943** - L.A. press reports formation of all-Mexican AA Group.

July 28-30

**1950** - First AA Convention celebrates 15th anniversary of AA in Cleveland.

## **FUTURE TRIPPING**

### **JULY**

**4 - Meeting at the Tree** 10 am - 12 pm *Seattle Center, 305 Harrison St  
Seattle, 98109*

**9 - 11 Western Washington Area Business Quarterly** 8 am - 5 pm Zoom Link: TBD.

**10 - Tradition Seven with GSIG Finance Committee** 10 am to 1130 am Zoom Link: TBD.

**10 - Intergroup BBQ** 12 pm - 2 pm Greater Seattle Intergroup Office 5507 6th Ave S Seattle, WA 98108

**10 - Seattle Intergroup turns 75!** 530 pm - 11 pm Zoom Link: TBD.

**11 - Service Manual Study** 11 am to 1 pm Zoom Meeting ID: 899 8502 7998 Passcode: 280420

<https://us02web.zoom.us/j/89985027998?pwd=Q2NxR0ozSjlHenFyWTdaZVpqdityZz09>

**17 - Treatment Committee Quarterly** 930 am - 2 pm Zoom Link: TBD.

**17 - Accessibilities Committee Quarterly** 930 am - 2 pm Zoom Link: TBD.

**17 - Fremont Picnic** 10 am to 4 pm *Greenwood Park, 607 N 87th St. SEATTLE, WA 98103*

**18 - District 32 AA Picnic** *Game Farm Park, 330 R. St. S.E. Auburn, WA 98002*

**21 - GSR Basics Crash Course** 6 pm - 8 pm Join Zoom Meeting <https://area72aa-org.zoom.us/j/86126529481>

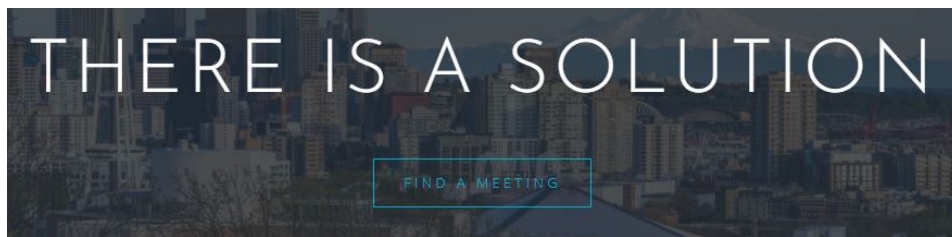
**24 - Web Committee Quarterly** 930 am - 2 pm Zoom Link: TBD.

**24 - Young Person's Committee Quarterly** 930 am - 2 pm Zoom Link: TBD.

**31 - District 38 Picnic** 330 pm - 630 pm *12302 Holmes Point Dr NE, 12302 Holmes Point Dr. NE  
Kirkland, WA 98034*

### **AUGUST**

**15 -Greater Seattle Intergroup Annual Picnic** 11 am - 4 pm *Seward Park, 5900 Lake Washington  
Blvd S Seattle, WA 98118*



## **Thanks to Our Awesome Daytime Office Volunteers**

MONDAY	Thomas H. and Bill S.
TUESDAY	Yoshi, Jonathan W., Brandon K. and Ronnie
WEDNESDAY	Stephan M., Ronnie, Linda H. and Pam H.
THURSDAY	Joe M., Marlene H. and Desiree H.
FRIDAY	Ronnie, Max and Freda T.
SATURDAY	Clay S. and Dan G.

## **Southend Bookstore Volunteers**

Dan Y., Lynn A., Troy O., Carolyn B., Jim D., Jim G.

**Southend Bookstore** hours are Monday through Friday 10 am to 6 pm; Saturdays 10 am to 2 pm.

## **Main office hours**

Office will be open for administrative activities. We are still processing literature orders during normal business hours, Tuesday through Friday 10am to 6 pm and Saturday 10 am to 2 pm.

# BIRTHDAY CLUB

HAPPY BIRTHDAY TO JULY CELEBRANTS IN THE HOW DRY I AM CLUB!

Dave V.	Benson Hill	33 years
Lyle	Lake Forest Park	37 years
Davana G.	Bambi	32 years (May 27)
Railroad Jack G.		40 years (June 3)
Phil R.	Lifeline	36 years (Jan. 8)
Harriet T.	Mt. St. Vincent's	59 years
Anonymous		18 years

Name	
Address	
City, Zip	
AA Anniversary/# of years	
Contribution enclosed	
Home Group	
Return this form to:	Greater Seattle Intergroup 5507 6 <sup>th</sup> Ave S. Seattle, WA 98108

## MEETING CHANGES

Many meetings are no longer being held at physical locations and have moved to online formats. However, many meetings are choosing to meet in person. Checking our site is the best way to stay current with meeting times and locations. Please let **[webmaster@seattleaa.org](mailto:webmaster@seattleaa.org)** know if there are changes to your online or in-person meeting.



## High and Dry: News and Notes — July 2021

We would love contributions from you. Please share your thoughts, ideas, suggestions and comments by emailing them to us at [high\\_and\\_dry@SeattleAA.org](mailto:high_and_dry@SeattleAA.org). We aren't promising that everything sent to us will be published, but we will be reading everything sent our way.

We are also seeking a group conscious, and volunteers, ways to make the High & Dry more relevant and useful for readers. We want to add new AA- and recovery-related content types, including original artwork, cartoons, photos and poetry in addition to recovery themed articles.

To be part of the effort, join us on Zoom July 21, 2021 at 6 pm.

The Zoom coordinates are:  
Meeting ID: 838 9225 4204

Passcode: 153905

## AA's Seattle Roots: GSIG is 75!

By Peeps

On July 10, Greater Seattle Intergroup celebrates its 75th anniversary.

While Alcoholics Anonymous' goals, practices, policies and processes have remained largely unchanged in 86 years, our city and region has changed massively since GSIG was formed. Next month's High & Dry will feature an in-depth look back at the people, places and things that were here when AA arrived.

To preview that feature, I took a look at the archives of the Seattle Times to see what that newspaper was reporting the day GSIG took its first steps at serving locals who were taking on AA's 12 Steps.

True alcoholic that I am, my interest was immediately drawn to many of the advertisements in the July 10 paper, especially the ones for alcohol.

As you might expect, there was an ad for Rainier Beer, one of my favorites in my younger days. And there was another for a product that likely no longer exists, Pilgrim Straight New England Rum (100 proof). Of course, the first thing I think of when I read the word rum is New England.

Another ad showed exactly how different the world and Seattle were in 1946. It was for the Bon Marche's Semi-annual sale of fur coats. The prices of the items on offer ranged from \$139 to \$389.

**Example 1:** "Piece Dyed Squirrel in a rich cocoa shade ... with graceful lines and broad epaulet shoulders! \$159."

**Example 2:** "Black Persian Lamb is yours in a glamorous now-and-forever coat with flaring lines! \$389" (EDT: I'll take two!)

On the sports page, I found items that seemed current. WSU football fans were complaining about the UDub (surprised/not surprised) and the Seattle baseball team, the Rainiers, who were 31 1/2 games out of first place in the middle of July.

The Cougar fans were riled up because Art McLarney had reneged on a signed contract to coach in Pullman in order to become an assistant football coach at Washington. McLarney, who had been head football coach at Roosevelt High School, was a star on WSU's baseball and basketball teams in his undergrad days.

I could not stop myself from looking at the real estate ads. It truly was a different time in our city. Here's the content from an ad from the R.M. Mooney agency:

“Breath-Taking View  
Only 2 blocks outside North City Limits  
with very expansive view of Sound and mountains  
Lot is 70' x 150' on fine road, water and electricity.  
A grand place to build.  
Only \$2,959 1/2 cash”

Next month we examine the origins of our local AA community.

## **Meet Joe M. (Sobriety date Sept. 1, 1959)**

We at the Seattle Intergroup office have the privilege of working with Joe every Thursday. It makes him laugh when we say that. Humility and a grand sense of humor are the two characteristics we appreciate most about him.

In his own words, here's what he remembers about his early days in AA:

“There were only 20 or so meetings in the Seattle area, everyone knew everyone else. The police had a work farm they called the *Pig Farm* in Tukwila, where they would put drunks to work and have AA meetings.

“They also had a facility called the Crown Hill Sanitarium, where the rich drunks could get pumped full of drugs and sleep off their drunks. Shadel's was also on the scene as a place for folks to get sober, but it was considered anti-AA.

“The Alano Club bounced around. It was a safe place for people to sober up and be social. I got thrown out for having alcohol on my breath one time.

“On Thursday nights, they would have a Table Mate First Step meeting led by Big Pete, with four different meetings at once. On Friday Nights, they would have the big speaker meeting, then on Saturday they would have a dance.

“We would go down to Skid Road for 12th Step calls from time to time. I remember those old buzzards used to p\*\*s me off. I spilled more booze than you drank, they would tell me. I heard that all of the time. I came to meetings when I was 27, but didn't sober up until I was 30. They told me I was too young to be a drunk.

“People would tell me that I didn’t have to suffer as long as they did and BS like that. Getting sober at 30 was considered young back in those days.

“We had a group called the Wright Group that met in someone’s house located in the Northgate area. This group later came to be known as the Northgate Group. We met at St. Catherine’s for a long time, then got thrown out for leaving the stove on by accident one night.

“That started a journey to many different locations, like Blessed Sacrament Church, St. Benedict’s, then to the Gift of Grace Lutheran Church, then back to St. Catherine’s many years later.”

The Northgate Group is now meeting on Zoom every Saturday night at 7 p.m. This meeting is a literature study. Come and join in the fun with Joe. Meeting ID 879 0604 7653 Passcode 39398

## Experiencing The Ninth Step Promises

By Mary E.

“If we are painstaking about this phase of our development we’ll be amazed before we are halfway through.”

In the margin next to this paragraph in our Big Book of Alcoholics Anonymous my sponsor had me write, “I may not notice it.”

I started attending AA meeting when I was going through intensive outpatient treatment and was three months sober. I became a member of AA four months later when I asked a woman to sponsor me.

Reading our big book together, going to meetings and working through the 12 Steps, I was growing and changing, feeling better than I ever had in my life.

A few years into sobriety, my younger sister shared with me troubles she was having with her teenage son, my nephew. He was staying up all night playing video games and wanting to sleep all day. He was in high school and it was a fight every morning to get him up and to school. When he was awake he was grumpy, arrogant, dismissive and hostile with her.



I listened and when she was finished I paused and said, "It's so hard to be a single mom! I'm sorry you're going through such a hard time with him. I'm sure you'll be able to figure this out."

She responded, "Oh Mary, I like you so much better now that you're in recovery!"

I thought about that and remembered that before I got sober and worked the 12 Steps, I used to be so condescending and superior acting towards her. Like she was stupid and I knew everything. In the past I would have lectured her that she was doing and saying everything wrong to him and told her exactly what to do.

I was certain I had all the answers!

What a blessing our program is. I was given the gift of a humbler approach to life, people and situations. Every day when I work my AA program, I give myself another chance to love and connect with people. There's still lots of room for improvement, but I have my life ahead to practice.

## **Carrying the AA Message to the Incarcerated**

By Pam H.

"I miss going to jail."

That's not a phrase you expect to hear, especially from some of us low-bottom drunks, but those of us on the GSIG Corrections Committee, who take meetings to the incarcerated, haven't been able to go in since March of 2020.

We do what we can to get Big Books and other AA literature to inmates, but we are all looking forward to the day we can go back in. Some of us have been taking meetings into correctional facilities for many years: I have been going in to King County on the second Sunday of the month since 1995. I joke with the ladies, telling them I've done more time than some of them.

When I first started going in, I was worried that we wouldn't have anything in common: for reasons I can't explain I've never been to jail. Today, I'm an old white grandmother, but the women are grateful that my partner and I are bringing AA and our message of hope inside the walls.

My hope for our future is to recruit more people of color, Spanish speakers and more young people. So, even though we're not going in for meetings today, I'm inviting those of you who are interested in volunteering to take meetings into our facilities to join us at our first in person GSIG Corrections Committee meeting at the Seattle Intergroup office (Sixth and Lucille in Seattle) at 6:30 p.m. July 12.

If you have any questions email me at [corrections@seattleaa.org](mailto:corrections@seattleaa.org).

The institutions served by GSIG's Corrections Committee are King County Jail, RJC (Regional Justice Center), SCORE (South Correctional Entity), Kent City Jail, Helen B. Ratcliff (Seattle), Bishop Lewis House (Seattle), Federal Detention Center (SeaTac) and Juvenile Hall (Seattle).



# Ours Aren't the Only Slogans

By J.C. (1977)

AA has its slogans, and we're all familiar with them. It occurred to me recently that the outside world, too, has its slogans. "One won't hurt you." "You're cured now." "Don't be a party-pooper." "What do you mean, you can't drink?" "Just one for old times' sake!"

AA slogans are designed to make us think, these outside slogans seem to be designed to make us drink; and I guess it's a kind of battle to see which slogans will win out.

So when I hear "One won't hurt you," I have to remember "I'm one drink away from a drunk." When I hear "You're cured now," I remember that in AA we don't cure, we care.

When I hear any of these outside slogans, I have to thank God that simple repetition of these simple sayings helps this complicated drunk work a simple program.

(Reprinted from the North Orange County Intergroup Association | Central Office)

## Come True

By Sandra A

*Give me serenity  
Give me peace  
Give me a place  
I can call home  
Give me a reason  
To keep on going  
Pray to your higher power  
Power to guide  
You through  
Your times of trouble  
Times of NEW  
Give me the promises  
You said would  
Come true  
Give me hope for  
A new beginning  
My new life with you  
By my side walk me  
Through and the  
Promises will  
Come true.*

# **Greater Seattle Intergroup Board Meeting Minutes**

June 15, 2021

Submitted by Leslie I. (Recording Secretary)

## **Opening**

The meeting was opened at 7:04 pm

6<sup>th</sup> Tradition – Laurel

6<sup>th</sup> Concept – Mike

The Chairperson went over the guidelines for hybrid meetings for zoom attendees and in person attendees

## **AA birthdays**

**Tijuana 11 months**

## **New to GSIG**

Janice B.- Benson Hill

Annelle M.- Joyful Sobriety

Heidi - Mountlake Terrace Group

Tara - Solutions Group

Murph - Practice These Principals

Mike B. - Fourth Dimension

Iain - Last Chance

## **Reports**

### **Recording Secretary (Leslie I.):**

If there are no corrections for the May minutes, we need a motion to approve the minutes. Motion to approve the minutes by Kristi D40, Seconded by Jeff D31. Minutes were approved.

You may use the online report form, attach a separate document to your email or just include your report in the body of an email.

Please have your written reports to me by Saturday after the board meeting (preferably before the board meeting. My goal is to have the minutes completed within a week of the meeting.

Anyone new please email me your contact information so that I can add you to the roster.

[secretary@seattleaa.org](mailto:secretary@seattleaa.org)

**Treasurer (Carl G.):****GSIG TREASURER REPORT JUNE 15TH, 2021****May Financials**

My goal is to make this information easy to understand and report to the fellowship. If you have suggestions or questions, please let me know at [Treasurer@seattleaa.org](mailto:Treasurer@seattleaa.org)

month	Net Income (loss)	Group Contributions	contributions (personal & other)	sustainers	room rent, bday club, special events	net sales income	cash & CDs
January 2021	8 K	13 k	2.7 K	2.7 K	124.00	430.00	105 K
February '21	(-3 K)	7 K	1 K	2.8 K	207.00	700.00	105 K
March 2021	(-3.8 K)	7 K	329.00	2.8 K	287.00	1.1 K	104 K
April 2021	3 K	10.5 K	2 K	2.8 K	1 K	600.00	103.5 K
May 2021	(-140.00)	10 K	700.00	2.8 K	205.00	383.00	97.8 K

Earmarked Funds remaining amounts: Pink and Blue Cans (contributions specified for these committees)

**Corrections: \$4K**

**Accessibility: \$671**

Standing Committee Budget funds allocated by GSIG budget Funds remaining for 2021.

**Corrections \$360**

**Hosp & Treat. \$1,700**

**Accessibility \$6,330**

**Pi/CPC \$1,592**

Groups and Sustainers contributions are the major reasons GSIG YTD is \$3,803 net income over expenses.

YTD Group Contributions are now 1K under budget.

GSIG MAY 2021 CONDENSED FINANCIAL REPORT								
CONDENSED PROFIT & LOSS								
Ordinary Income/Expense				May 31, 2021	May - Budget		YTD May 2021	YTD Budget
Income								Jan-Dec 2020
Total Retail Sales				1,933	6,202		13,159	31,010



	Total COGS			1,550	4,990		9,882	24,952		30,396
Gross Profit from Retail Sales				383	1,212		3,277	6,058		6,612
		Gross Profit %		19.8%	19.5%		24.9%	19.5%		17.9%
	Group Contributions			10,444	10,141		49,578	50,705		113,463
	Personal and Other Contributions			706	836		5,737	4,182		80,354
	Meet Room Rent; Birthday Club			45	686		1,720	3,430		6,768
	Sustainers Program			2,819	2,612		13,954	13,060		
	Special Events Income			160	464		302	2,318		4,312
Total Items to Cover Fixed Expenses				14,557	15,950		74,567	79,752		211,509
Expenses										
	Expenses--Other			1,635	1,676		7,987	8,381		17,319
	Paid Staff			5,993	5,955		26,093	29,773		62,363
	Rent and Office			6,313	7,056		35,032	35,280		79,854
	Standing Committees			782	1,435		1,833	7,175		5,614
	Travel and Meetings									0
Total Fixed Expenses				14,723	16,122		70,945	80,609		165,150
Net Ordinary Income (Loss)				(166)	(171)		3,622	(857)		46,359
Net Other Income, Chiefly Interest Income				26	33		181	167		18,970
Net Income (Loss)				(140)	(138)		3,803	(690)		65,329
				0	0		0	0		
CONDENSED BALANCE SHEET										
ASSETS				May 31, 2021	Apr 30, 2021		DEC 31, 2020			
	Current Assets									
		Checking		51,138	56,957		54,338			
		CDs and Savings *		46,691	46,586		46,819			
		Accounts Receivable		927	927		884			
		Inventory and Other		40,095	36,512		36,084			
	Total Current Assets			138,851	140,981		138,125			

	<b>Total Fixed Assets</b>		2,484	2,484		2,484			
<b>TOTAL ASSETS</b>			<b>141,335</b>	<b>143,465</b>		<b>140,609</b>			
	<i>Per bylaws, prudent reserve is calculated to be 3x average monthly expenses, approx. \$46,000.</i>								
<b>LIABILITIES &amp; EQUITY</b>									
	<b>Current Liabilities</b>								
			3,110	4,988		4,318			
			169	172		198			
			4,717	4,826		6,498			
	<b>Total Liabilities</b>		7,996	9,986		11,014			
	<b>Equity</b>								
	<b>3001 · Opening Bal Equity</b>		694	694		694			
	<b>3101 · Retained Earnings</b>		128,843	128,843		63,572			
	<b>Net Income</b>		3,803	3,943		65,329			
	<b>Total Equity</b>		133,340	133,479		129,595			
<b>TOTAL LIABILITIES &amp; EQUITY</b>			<b>141,335</b>	<b>143,465</b>		<b>140,609</b>			

	<b>Greater Seattle Intergroup</b>				
	<b>Standing Committee Earmarked Funds (Pink Can, Blue Can, etc.)</b>				
	<b>YTD May 31, 2021</b>				
<b>Committee</b>	<b>Corrections</b>	<b>Hospital &amp; Treatment</b>	<b>Accessibility</b>	<b>PI / CPC</b>	<b>Total Earmarked Funds</b>
Beginning Balance 1/1/20	\$4,951	\$0	\$1,547	\$0	\$6,498
YTD Contributions	\$796	\$0	\$544	\$0	\$1,340
YTD Use of Funds	(\$1,701)	\$0	(\$1,420)	\$0	(\$3,121)
Ending Balance	\$4,046	\$0	\$671	\$0	\$4,717
	<b>Greater Seattle Intergroup</b>				
	<b>Standing Committee Expenditures Against Budgets</b>				
	<b>YTD May 31, 2021</b>				
<b>Committee</b>	<b>Corrections</b>	<b>Hospital &amp; Treatment</b>	<b>Accessibility</b>	<b>PI / CPC</b>	<b>Total Expenses</b>
Expenses to Date	\$0	\$73	\$1,350	\$208	\$1,630
Budget to Date	\$150	\$750	\$3,200	\$750	\$4,850
Budget -- Full Year	\$360	\$1,800	\$7,680	\$1,800	\$11,640

Question was asked “what are Sustainers?” These are people who have committed to contributing a certain amount each month.

Motion to approve treasurer’s report made by Jeff D31, seconded by Kristi D40. Motion was approved.

**Vice Chair (Aaron):**

I am pleased and grateful to submit my Vicechair report.

I was grateful to attend the district 41 meeting and present information regarding the Intergroup service structure and the services we provide for the groups in the greater Seattle area. It was my first presentation on the subject so I’m sure I babbled a bit but practice makes perfect right?

If you are interested in inviting me to babble at your district please reach out to [vicechair@seattleaa.org](mailto:vicechair@seattleaa.org).

**Chair Emeritus (Mike M.):** See 20/20 committee report

**Chair (Astri):**

To GSIG Assembly;

On June 13<sup>th</sup>, 2021, I attended the Area 72 Delegate Report via Zoom. It was clear the members of General Service Conference did an incredible amount of work during Conference week this year. Our Delegate, Geene, did a good job of condensing the 7 days into a 3 hour presentation. I in turn will condense that presentation even further with just some highlights of the information she presented.

Bob Wilcox has been hired as our new General Service Office Manager. Marita was elected as our new Trustee at Large US. Contributions to GSO were up significantly in 2020. During Covid, most staff shifted to work from home. 15 staff members left GSO. As a result, we currently have several new hires, still learning the ropes and what their responsibilities really are. Several changes to our literature were approved: Preamble will replace “men and women” with “people”; Corrections pamphlet will replace the terms inmate & offender with “person in custody”; PI and CPC revising pamphlets to better reflect diverse populations and are in the process of updating pamphlets for Mental Health and Clergy. We will discontinue printing AA Directories, but will update the Intergroup and Central Office Directories. The new Service Manual is going to Printing. We will proceed with plans for a 5<sup>th</sup> Edition Big Book, requesting stories to reflect current membership. 12&12 will change “opposite sex” to “partner” and “lustful enough to rape” to “angry enough to”. Black and African American pamphlet to be updated; a new 12 Traditions pamphlet to be produced. 4<sup>th</sup> Editions Spanish Big Book being developed as well as translating the English language Big Book into “Plaine Language”. Trustees will make effort to improve ongoing communication with Delegates. GSO recognizes On Line groups and encourages participation in service structure. Conference theme for 2022 is “AA Comes of Age 2.0, Unified in Love and Service”.

For more detailed information regarding the 2021 General Service Conference, go to [area72aa.org](http://area72aa.org), look for future Delegate Reports and the posted report.

Yours in service,

Astri T. Chair

## **Finance Committee (Pete K.):**

Date of Meeting: 06/12/2021

Meeting Time: 3pm

Meeting Location: Zoom

Text of Report:

We did not meet this month. I sent the financials out to the committee.

Pete

## **Office Committee (Jeff U.):**

Minutes of June 2021 GSIG Office Committee Meeting

Tuesday June 8<sup>th</sup>, 6:00PM

Via Zoom

Attending: Committee Chair Jeff U, GSIG Treasurer Carl G, GSIG Chair Astri, GSIG Office Manager Lara R, Jennifer S, Bob, and GSIG Assistant Office Manager Anita S

- Meeting opened
- GSIG Treasurer presented the April financial report. Finances look good. New report on employee hours included.
- GSIG Office Manager Lara delivered Office manager's report. Discussed literature fund and came to consensus that Lara would remind the Board of the existence of the fund at the Spring Assembly and the fellowship members and groups would be encouraged to donate.
- Held discussion of buying GSIG swag for sale or raffle at summer picnic. Decided by acclimation to support Office Manager discretion in purchasing items like hats, patches, or others.
- Discussed potentially printing an informational booklet instead of a traditional meeting guide in July or a future month. Decided by acclimation to raise the issue at the Spring Assembly and ask groups about feedback or interest.
- Discussed again staff performance reviews Agreed to postpone details until July meeting, pending review of previous documents used by Norm.
- Discussed again Officers & Directors insurance, as well as Employee liability insurance, prepared to receive feedback at the Spring Assembly.
- Meeting adjourned, 7:20PM

## **20/20 (Mike M.):**

### **20/20 Committee**

### **Update for GSIG Spring Assembly 6/15/21**

**Committee Members:** Mike M, Anita S, Dave T, Thomas H, Christene D, Ed H

## **Mission Statement**

“To provide information or suggestions to the Board for future long-term planning of GSIG including its services, facilities, and activities.”

### **1. Updates to the GSIG Policies & Procedures Manual**

Committees have returned to us their suggested changes and we currently reviewing and combining into one cohesive document.

A tracked change version comparing the P&P manual Current to Revised is planned for distribution at the Sep 2021 Board meeting and inclusion in the GSIG newsletter. Representatives would then have several months to discuss with their Groups before it is likely voted on at the GSIG Fall Assembly in Dec 2021.

### **2. Office Lease ends May 31, 2022**

We are continuing to gather data about the market and GSIG needs and uses.

We have provided some additional questions on a survey that is available on the GSIG website Please take the time to complete it should only take 5 minutes.

We will aggregate all our findings in a report with a recommendation that will be presented likely at the Oct or Nov 2021 Board meeting.

#### **Assistant office manager (Anita):**

No report

#### **Office Manager (Lara R.):**

June 2021 Office Manager Report

Inventory:

- Inventory is good.
- We were able to get some literature to the Hospital and Treatment Committee for distribution.
- We supplied a person with Spanish books and literature to take to Guatemala. The books were sold at cost and the literature was purchased from the Big Book/Literature Fund.

Financial:

- Please refer to the Treasurer's Report.
- The Office has opted to reactivate the Big Book/Literature Fund as an Earmarked account. This account will be used for purchasing books and Literature for people and institutions that cannot afford to purchase books and literature themselves. Most of these requests can be met by the Standing Committee budgets and/or Earmarked Funds from the Service Committees, however, there are some requests that are not covered within

the parameters of these Service Committees. The Big Book/Literature Fund will pick those requests up.

- Groups will be able to contribute to this fund either monetarily via regular contribution avenues, or by donating literature to the fund that will be collected in office.

#### Organizational Processes:

- The Seattle Group debut has been scheduled for July 10th on Seattle Intergroup's 75th Anniversary. More information to come.
- The 12th Step Protocol Discussion Group is coming up with "12th Step Call Best Practices and Toolkit"
- We are writing Non-Discrimination and Anti-harrassment policies to be added to our revised Policy and Procedure Manual.
- Any changes made to the Policy and Procedure Manual will be approved by the Board and groups at our Fall Assembly in December.
- We will be conducting 12th Step Workshops quarterly or bi-annually
- Picnic buttons are in and selling.
- White Elephant items are being collected at the Office or can be brought to the picnic on August 15th.
- More groups are coming into the office to answer phones, yay!
- Please remember if your group is changing anything about your meeting, let us know so that we can update the website. [lara@seattleaa.org](mailto:lara@seattleaa.org) or [webmaster@seattleaa.org](mailto:webmaster@seattleaa.org)

### **Old Business**

#### **D & O insurance**

We are voting on this issue tonight. Board members, District representatives and anyone representing a group may vote. Only one vote per group so if there is more than one member present only one can vote.

The question was asked if this policy would cover individuals and volunteers. Lara stated it will cover them as well as employees and board members.

The chair called for the vote, and it was unanimous to purchase the insurance.

A second vote was called on sending this on to the committees that oversee the office to decide which policy to purchase. There were two dissenting votes. The Office and Finance committees will make the decision on which policy to purchase.

#### **Accessibility (Laurel W.):**

6.15.21 Intergroup Board Report

#### Spring Assembly

Greetings! Since many of you have not been attending the board meetings except at assemblies, I'd like to take this opportunity to tell you about the GSIG Accessibility Committee meeting. Our committee goal to identify and provide resources for making meetings accessible to those who face barriers in attending. Recently we purchased AA literature, e.g., Big Book, 12 x 12, and pamphlets in braille for the Washington Talking Book/Braille Library. We're also compiling a list of Zoom AA meetings that have the closed captioning

available. If your group has this feature, please let us know at [accessibility@seattleaa.org](mailto:accessibility@seattleaa.org) There are Hard of Hearing folks requesting this, as they don't know American Sign Language (ASL)

We have an ASL fund, aka Blue Can. Your donations to this earmarked fund will help:

Continue two regularly attended AA meetings that need support in providing ASL interpreters. They cannot be self-supporting in paying for interpreters.

Two Deaf alcoholics were invited to share their story at Fremont Triangle Speaker meeting. The ASL fund paid for the interpreters to voice their stories.

The Intergroup Board meeting has interpreters at each meeting. This also comes from the ASL standing committee funds. Likewise Committee meetings and future events such as a Deaf person managing a booth at Intergroup picnic.

As the result of pandemic, the creation of Zoom meetings, our Seattle meetings have been attended by several Deaf alcoholics from all over the U.S.A.

We coordinate the scheduling of interpreters for meetings. Currently the meetings that have ASL interpreters are:

Every Monday Duck Island

Every Tuesday and Thursday Abigail's Ghost plus one business meeting each month

Every Wednesday On the Waterfront plus one business meeting each month

Last Saturday of the month: Pass it On

Last Saturday of the month: Broadview Speaker meeting

We need information on which meetings provide close captioning on Zoom. This is in response to Deaf/Hard of Hearing individuals who don't know ASL. Please pass this info on to Intergroup, we will compile a list to post on the website.

If you'd like me to visit your District and discuss the Blue Can, I'd be happy too. Just send an email to [accessibility@seattleaa.org](mailto:accessibility@seattleaa.org)

Yours in Service,

Laurel W.

Chair and Interpreter Coordinator, GSIG Accessibility Committee

**Archives Committee (Teresa S.):**

No report

**Corrections Committee (Pam/Amy):**

No report



**Hospitals & Treatment Committee (Greg E.):** 1. We agreed to start meeting in person next month! The meeting will be hybrid.

2. We heard a special presentation from Dave B, who is working on a project to provide literature to Cascade Behavioral Health. We had already provided some pamphlets and a literature rack to Dave, but also voted to donate \$200 for the purchase of Big Books for this project.

3. We'll be supporting a service table at the GSIG picnic on 8/15.

4. Happy to hear from Karen K (Empire Way) that they've successfully launched a women's panel at Recovery Place on Beacon Hill! We'll continue to support that relationship as much as we can.

5. Just today I had some really encouraging contact with a Medical Social Worker from the UW Medicine Valley Medical Center. She's interested in facilitating some 12-step calls / peer support to their facility, and we're ready to support that however we can. Stay tuned!

Next meeting: 7/3/21, 10 am. At Intergroup (there will be donuts!) and on Zoom:

Meeting ID: 820 0608 7832

Passcode: 088776

**Newsletter (John P.):**

No report

**Night Watch Coordinator (Sheree):**

Not present sent written report

Hello. As summer approaches, the need for volunteers has increased due to vacations, returning to work, etc. Please put the word out and contact myself or Mike Burns ([altnightwatch@seattleaa.org](mailto:altnightwatch@seattleaa.org)) for information regarding this important service work.

I am enclosing a flyer that I will also send to the volunteers for an upcoming AA virtual meeting.

**Nightwatch Chair**

206.793.0055

[nightwatch@seattleaa.org](mailto:nightwatch@seattleaa.org)

(The flyer will be attached to the minutes by Secretary)

Pete stated there is a need for people for the 10 pm – 2 am, 2 am – 6 am and 6 am – 10 am shifts.

Kristi with D40 asked if there is any training for Nightwatch.

There is a 10-minute training and a handbook.

**PI/CPC Committee (David D.):**

No report

**Special Events Committee (open):**

## **Web & Technology Committee (Dan G.):**

Our Web Committee is working on redesigning our website. Our Webmaster will be rotating in December, and we are in search of members who might be interested in filling that service position for the next 2 years.

## **Third Legacy (open)**

## **District 14 (Kim S.):**

May minutes approved.

### Updates:

- Our DCM, Dimitri, is going to delegates report and business quarterly this month.
- Our Alt DCM, Jennifer R., is working and following up with GSR kits. She has traditions checklist and that can be useful when groups are having conversations about opening up.
- Our Treasurer, Jennifer S., received contributions from groups and she wrote check for evergreen state fair to support AA's booth at fair.
- We had two guest speakers Alan who is a former area delegate and Steve who is AAPI from D3.

Alan carried the message of AA by telling us more about general service structure and how it helps alcoholics, AA and works to ensure that AA will be there in the future for those who need it. The main purpose of the district is to have communication between district and groups so that the district can share with the area. He says it's all about communications. The conference is the decision-making vehicle, AAWA, General Service, Grapevine are the ones that execute the decisions. AA is extreme democracy in that the members run the meetings. Group conscience is formed by groups talking and it's a spiritual principle that we talk. The basic purpose (of area, districts, etc.) is to keep AA alive so that it will be here in the future.

Steve, AAPI from D3, came to tell us about how they are carrying the message at a booth at the upcoming Evergreen State Fair. He says they will have a booth this year. The dates of the fair will be 8/26/21 to 9/6/21 with the exception of 9/1/21 when the fair will be closed. He says that there will be 3 different 4 hour shifts per day and that they are looking for volunteers. Contact Jeff H volunteer coordinator for more information at 206.369.5660.

### GSR sharing and updates:

- Ashlyn from Serenity Now says they are on zoom now. The next business meeting they will talk about face-to-face meetings and hybrid meetings.
- David S.- Alt GSR for Real Alcoholics says they will meet in person the week following 7/4/2021.
- Craig- GSR for Dawn Patrol says they are having face to face meetings Monday through Friday and they are having separate zoom meetings Monday through Friday and they are having a hybrid meeting on Saturdays. This Saturday will be business meeting and they will have an in-depth discussion about how things are going.
- Drew- GSR for Language of the Heart says they will have face to face meetings this Thursday.

### Discussion, old business and more updates:

Jennifer S. – our Treasurer asks what are thoughts on creating a finance committee. Does anyone want to form a finance committee for the 2022 budget? This topic has come up at past meeting and if there is interest, she would like to form a group if the district wants her to. Motion made to form finance committee to get together budget for 2022 and look at spending last part of 2021. It was said that may mean that we would make some long-term changes. Would an ad hoc committee work better? We will table it and talk more next time (after discussion).

Update D14: Dimitri spoke with Jackie at Fauntleroy church. They will have hybrid church in mid-July. Mid-Day Mindfulness is having conversations re: hybrid meetings. Dimitri will call her end of July after she has had some hybrid experience. Jennifer S. said she spoke with GSR of Titanic and that she is going to touch base with church.

Vashon pot luck... don't have specific details (like mask requirements, vaccine numbers, etc.) No Vashon next month.

Sept 12 picnic committee: Tara said that they had a zoom chat and they are working on the early stages of picnic planning. Anyone interested in helping out please contact Tara.

Our handbook committee... Kaya (D14 archivist) they have been going through handbook meticulously and slowly. Changes are mostly cosmetic and style. Any substance changes please let them know.

The corrections quarterly is Saturday June 19<sup>th</sup>. Dimitiri is going and others are welcome and encouraged to attend.

#### Committee reports:

- Courtney- Young people's chair. Nothing new.
- Mike H- Treatment chair. They are looking for names and numbers for people who will volunteer for bridging the gap program. They especially are looking for volunteers in the Vashon/West Seattle/ Burien and SW Seattle areas. Please text or Mike H. at 206.354.9689 with your contact info if you are able to help.
- Laura-P.I. chair has spoken with the volunteer coordinator for D3 and Evergreen State Fair booth, Jeff, and says he is plugging in people where needed and doing a standby list.
- Kim S. D14/ Greater Seattle Intergroup Liaison said that there will be BBQs at GSIG office this Saturday 6/12 and every other Saturday until 9/25/21. Board and Officers insurance is being discussed and will be voted on. Our GSIG picnic will be August 15<sup>th</sup> at Seward Park Shelter #3 from 11am to 4pm. Our Greater Seattle InterGroup Spring Assembly will be held June 15th at 7:00PM... this will be a hybrid meeting. Written report sent and has more details.
- Tara – CPC says she is collecting grapevines to send to libraries and senior centers.
- Kaya-Archives chair says he is calling for covid stories. They also are looking for stories from people who have been long time AA members to archive their stories if people are willing. They just had their quarterly meeting.
- David J.- accessibility chair says that he attended the monthly Area Language Steering Committee meeting to discuss ASL and history of motions surrounding ASL. He is also a member of the monthly Intergroup Accessibility Committee which supports ASL services for groups in the Greater Seattle area. Looking for information from people to let him know any accessibility issues of meetings and groups.

He provided this link for accessibility checklist for meetings. [https://www.aa.org/assets/en\\_US/smf-208\\_accessibilitieschecklist.pdf](https://www.aa.org/assets/en_US/smf-208_accessibilitieschecklist.pdf)

- Next month will be an ad hoc meeting for remote communities.
- The corrections quarterly is Saturday June 19<sup>th</sup>. Dimitiri is going and we should get others are welcome.

Upcoming events:

- Delegates report June 13 from 10am to 1pm and June 16 from 6pm to 9pm. The zoom links for delegates report are on events page on area72aa.org.
- The corrections quarterly is Saturday June 19<sup>th</sup>. More info under events section of area72aa.org. Dimitiri is going and we should get others are welcome.
- Intergroup picnics as noted above every other Saturday.
- D14 Picnic: Lincoln Park Shelter 3. Sunday 9/12/2021 from 10am to 2pm.
- Our Greater Seattle InterGroup Spring Assembly will be held June 15<sup>th</sup> at 7:00PM... this will be a hybrid meeting. In person at GSIG (5507 6th Ave So.) and zoom at Meeting ID: 918 5437 5402 Passcode: 035194
- Our GSIG picnic will be August 15<sup>th</sup> at Seward Park Shelter #3 from 11am to 4pm.
- Trusted Servants Google (Email and Drive) workshop June 20 from 10am to 1pm. More info under events section of area72aa.org.

**District 15 (Diane D.):**

No report

**District 16 (John B.):**

No report

**District 17 (Lee R.):**

No report

**District 18 (Steve R.):**

Today's Date: 06/09/2021

Representative Type: Group

District/Zone/Committee: District 18

Submitted By: Janet B

Email: [jl baker1159@gmail.com](mailto:jl baker1159@gmail.com)

Phone: 253-293-3610

--- Meeting Report ---

Date of Meeting: 06/15/2021

Meeting Time: 7:00 PM

Meeting Location: Seattle Intergroup

Text of Report:

Benson Hill Group - King of Kings Church

Benson Hill AA in person meetings at the King of Kings Lutheran Church

Tuesday 5:15-6:30 pm meeting

Meeting in person and on zoom.

Two separate meetings

They are meeting in the education wing, max capacity 20 plus overflow in the adjacent room of 6.

\*Friday 7:30-9:00 pm Women's Meeting, Starting June 4th they will holding a hybrid meeting.

\*Saturday 8:00-9:00 am meeting, Starting June 5th Meeting in person and on zoom

Two separate meetings. They are meeting in the Parrish Hall, max capacity of 100

\*Saturday 10:30am-12:00pm meeting, June 12th will be in person and on Zoom. (Attendance of the zoom meeting on this will determine if there is a zoom meeting moving forward)

June 19th moving forward will be meeting in person.

\*Meetings to be held in the Parrish Hall, max capacity of 100

Wednesday 10:30am - 12:00pm meeting and Wednesday 7:00-8:00 pm meeting - TBD

#### **District 24 (Barbara S.):**

No report

#### **District 31 (Jeff):**

No report

#### **District 32 (Gavin A.):**

No report

#### **District 33 (Jim):**

No report

#### **District 40 (Kristi):**

Date of Meeting: 06/08/2021

Meeting Time: 7-00PM

Meeting Location: ZOOM Meeting ID : 823 8583 2014 Passcode : 061035

Text of Report:

June 2021 D40/GSIG Report:

Chris B .opened our D40 mtg with Tradition 6 presentation. Emmett volunteered to present on Tradition 7 for July's meeting. May's minutes and treasurer's reports were approved. Not much financial activity and no group contributions were noted this month!

ROUNDTABLE DISCUSSION OF HYBRID MEETINGS was the focus if much of the meeting's time.

D40 voted to continue meeting via ZOOM for the foreseeable future.

Gratitude Banquets talks are booged down. D15 and D41 have no contact persons. It is possible it will be just a

D40 event. Tabled for July discussion.

All committees are chaired and fully active and involved: Meesh from PI/CPC reports D40 will be setting up a table @ Evergreen Fair in SnoHo County (no date yet, sometime in September). Puyallup fair would need more training. YP Chair position was filled after last person left. Literature Quarterly was attended by TJ on 6/12, and Corrections Quarterly will be attended by Jordan and Scott on 6/19.

Upcoming Delegate Report back is 6/16, PNWC is 6/25.

We did have Wings g Group Lydia Alt-GSR from D15 request permission from Erin E DCM40 to attend our D40 biz meeting and was approved. Unknown whether Wings group has decided to 'defect' from D15 and join D40. NOTE: Kitchen Group, is a member of D40 and meets @ SFBC where WIngs meets. Advised to contact Area Registrar. Meeting adjourned @ 8:40pm.

yours in service;

Kristi H.

#### **District 41 (Jeane):**

No report

#### **District 42 (Mikey C.):**

No report

#### **Zone 112 A New Beginning (AnnaLisa):**

No report

#### **New Business**

#### **The Seattle Group and GSIG 75<sup>th</sup> Anniversary celebration**

GSIG is planning the resurgence of the first AA meeting in Seattle, the Seattle Group. The first meeting will be held on July 10<sup>th</sup>, in combination with a celebration of GSIG's 75<sup>th</sup> Anniversary. Coffee and desert will be served starting at 5:00 PM followed by a 60-minute AA meeting at 6:00 PM. Ralph B has graciously agreed to be our speaker. The meeting will be followed by a "Jam Session", bring your voice and/or instruments and join in the fun.

#### **Meeting Schedule Guide**

Our Webmaster Lee and Office manager Lara are proposing a "Meeting Guide" instead of the normal Meeting Schedule book that would be published in June. There are so many changes to meeting's status each day due to COVID that they feel it is best to direct people to the Intergroup website for current meeting information. This website is updated daily. They would like to put out a meeting guide that would include the steps, traditions, and the preamble. Contact information for Intergroup and the website for meetings along with information about the Halls would be included. There would also be a QR code to take you to the meeting page. There would be blank pages for notes and pages for phone numbers. They could have this ready to print soon if everyone agrees.

A suggestion was made to have it translated to other languages. After discussion it was decided to reach out to the Spanish speaking groups to see if there is a need.

Tony D32 made a motion to print what we have now. Carl our treasurer seconded. It was unanimous to print it now. It should be available by the end of July.

### **Big Book/Literature earmarked fund**

This fund has been reactivated. See the office managers report for specific information about this fund.

### **GSIG Picnic**

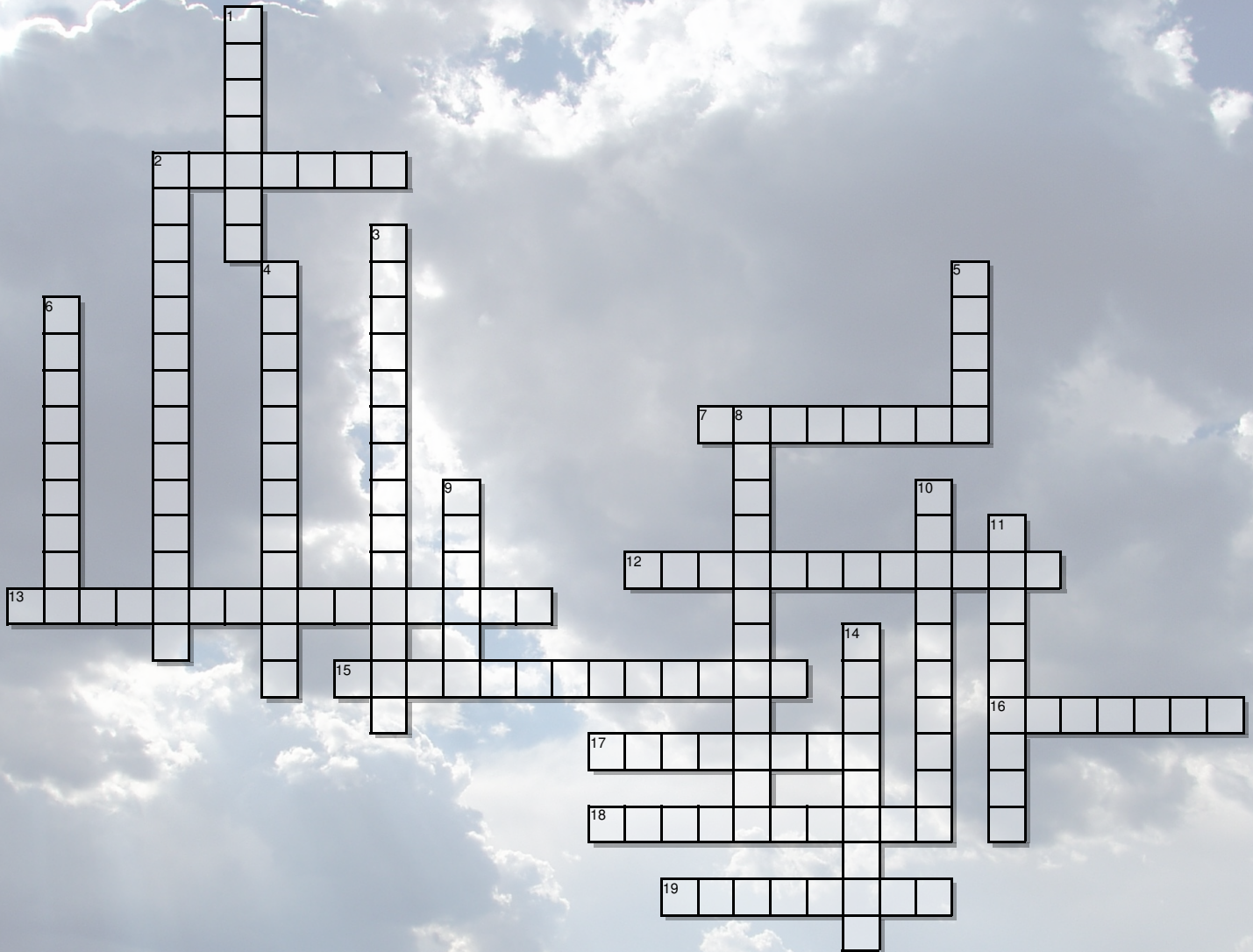
The picnic will be held 8/15 at Seward Park shelter 3. Buttons are for sale for \$5 at the office. There will be a white elephant sale. Donations for the sale may be brought to the office or to the picnic. There will be bingo and a raffle for commemorative swag.



# July 2021

## Twelve and Twelve Sleuth

### The Traditions



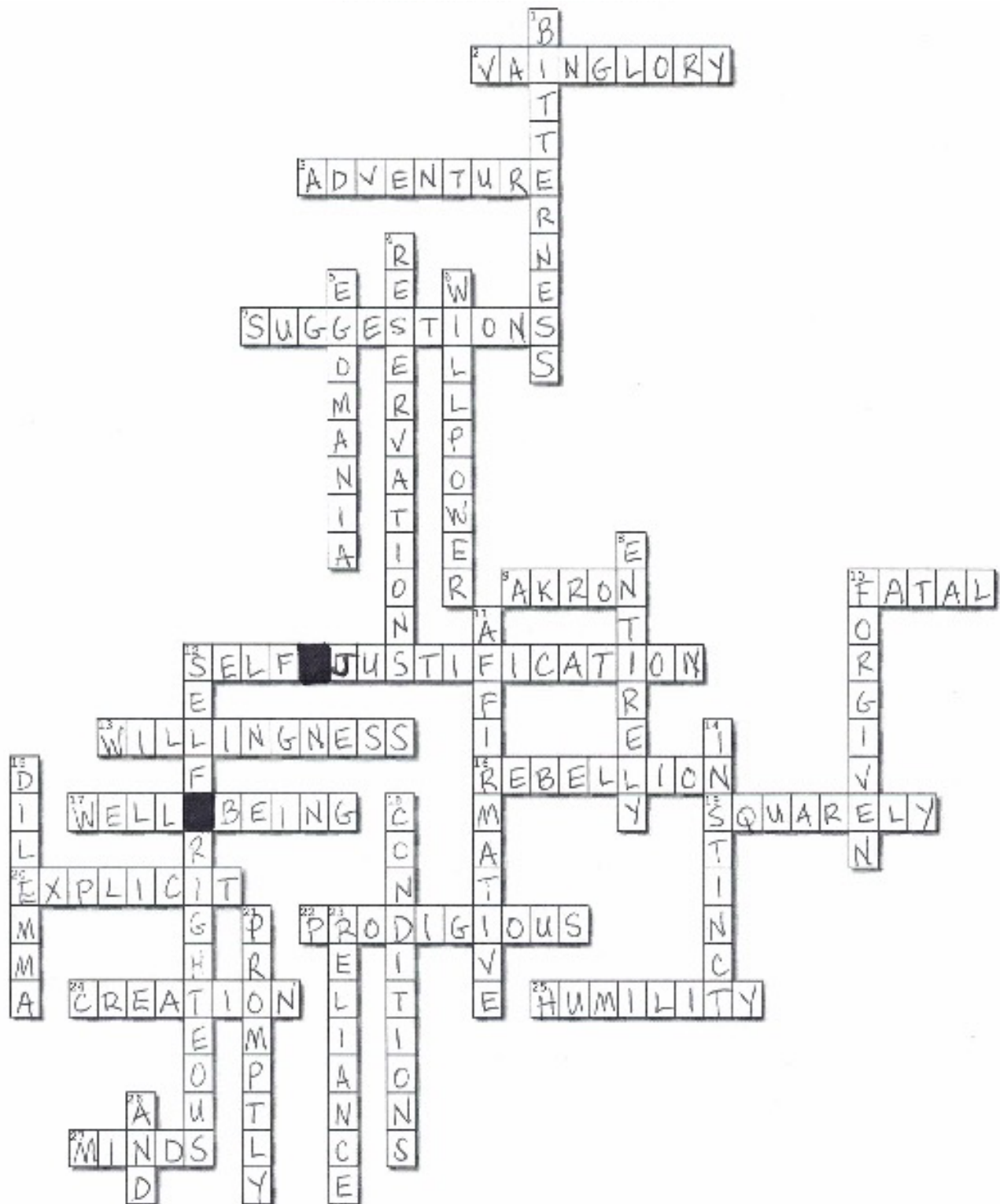
#### ACROSS

- 2 what kind of "band" are alcoholics?
- 7 a ten-dollar word
- 12 AA needs the least possible amount of this
- 13 few topics cause more contention
- 15 what principle what put to a vital test
- 16 AA is only animated with the spirit of this
- 17 As human beings, we \_\_\_\_\_
- 18 What type of regulations did the groups first have
- 19 what kind of instinct will be our undoing

#### DOWN

- 1 the principle of corporate \_\_\_\_\_ was firmly and finally embedded
- 2 one class that the deposed founders fall into
- 3 the other class that the deposed founders fall into
- 4 the kind of people alcoholics are
- 5 the most cherished quality our Society has.
- 6 needs to "stick to thy last"
- 8 hurricanes are always \_\_\_\_\_
- 9 this kind of dictator becomes a chairman of a group of friends
- 10 what type of polish did Ed distribute
- 11 this replaces serenity
- 14 what we would gather up from Skid Rows

## Answer Key for June 2021



# SEATTLE INTERGROUP SATURDAY BBQ'S

When: 2nd and 4th Saturdays  
Starting May 22nd through September 25th  
12pm to 2pm

Where: Greater Seattle Intergroup  
5507 6th Ave S. Seattle, WA 98108

Bring a dish to share, hot dogs and hamburgers, soda and chips available. Donations gratefully accepted.





Badminton

Raffle

Fellowship

# District 32 AA Picnic

**07.18.21**

11am – 4pm

Game Farm Park:

330 R St. SE Auburn, WA 98002

BYOP (Bring Your Own Picnic):

Burgers, hot dogs, and water will be provided. Bring your own sides, drinks, desserts, chairs/blankets.

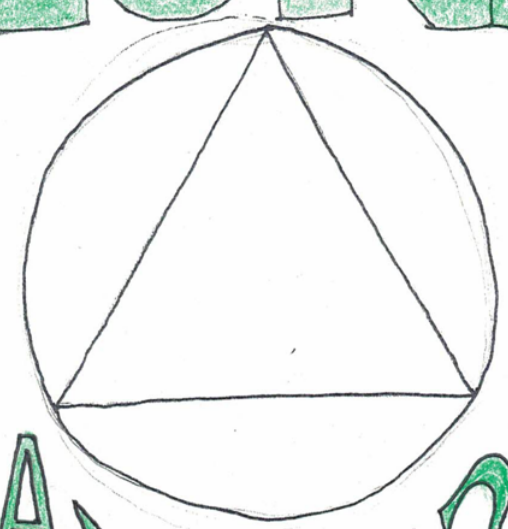
Cornhole

Food

Wiffleball

GSIG BIG

# SUMMER PICNIC



AUG 2021

Bingo!

Hot dogs!

Soda!

Chips!

Coffee!

Raffles!

Committee  
Tables!

Real  
People!

Hugs!

Sunday  
August 15  
2021

11 AM - 4 PM

@ Seward  
Park  
Shatter #3




# *High & Dry* *Call for Entries*


The High & Dry, Seattle Intergroup's Monthly Newsletter,  
is looking for original content from local drunks.  
This is a great opportunity to serve our fellowship!

- Stories About Recovery
- Poetry & Creative Writing
  - Art & Photography
  - Comics & Jokes
- Information about Sober Activities & Service Opportunities

Submit your work and find out more by visiting [SeattleAA.org](https://www.seattleaa.org)

 <https://www.seattleaa.org/intergroup/newsletter/submission/>

 [high\\_and\\_dry@seattleaa.org](mailto:high_and_dry@seattleaa.org)



## **The High & Dry**

Editor: Peeps

Contributors: All of YOU

Mailing Team: Irreplaceable Volunteers

The High & Dry is published monthly by an all-volunteer staff at the Greater Seattle Intergroup Office, 5507 6th Avenue South, Seattle WA 98108 (Phone: 206-587-2838) [www.seattleaa.org](http://www.seattleaa.org)

**Do you have something you would like to submit to The High & Dry newsletter?** We would love to see your event flyers, letters, stories, photos, drawings, poetry, interviews, and whatever else you would like to share with other members in and around Seattle.

**H&D deadline is the 25th of each month.**



