



# High & Dry

December 2021

Volume 73, Number 12



## FUTURE TRIPPING

### December GSIG Events

**1 - Accessibility Committee** 6pm  
- 730pm Meeting ID: 885 9521 8136  
Passcode: 611317

**4 - GSIG Hospital and Treatment Committee** 10am - 1130am **Hybrid meeting GSIG and Zoom** Meeting ID: 820 0608 7832 Passcode: 088776

**6 - PI - Literature Study Group**  
715pm - 815pm Meeting ID : 895 5492 9995 Passcode: Public Info (4762593983)

**6 - PI - Literature Study Group**  
715pm - 815pm Meeting ID: 895 5492 9995 Passcode: Public info (47625993983)

**9 - 12th Step Workshop** 6:30pm - 7:30pm Zoom ID: 893 5765 1956  
Passcode: 065640

**11 - Grapevine & Literature Committee Quarterly** 9:30am - 2:00pm Zoom Link : TBD

**11 - Holiday Cookie Exchange!**  
1230pm - 430pm GSIG Office

**11 - Happy Holidays from District 18** 4 pm - 8 pm Cedar River Grange, 22531 SE 218th ST Maple Valley

**11 - Open Mic** 730pm - 11pm GSIG

**12 - Burien Little Assembly Planning Committee** 10am - 12pm  
Zoom info TBD.

**18 - Holiday Treat Party/Speaker Meeting** 5pm - 7pm GSIG Office

**31 - Ring in the New Year with Magnolia!** 8pm - 1230am Magnolia Lutheran Church, 2414 31st Ave W Seattle, WA

## DECEMBER IN OUR HISTORY

**Dec 1 1940** – Chicago Daily Tribune series on AA by Nall Hamilton.

**Dec 6 1939** – Bert the Tailor lends Works Publishing \$1000.

**Dec 7 1949** – Sister Ignatia received Poverello Medal on behalf of A.A.

**Dec 11 1934** – Bill admitted to Towns Hospital for the fourth and last time.

**Dec 12 1934** – Bill has Spiritual Experience at Towns Hospital.

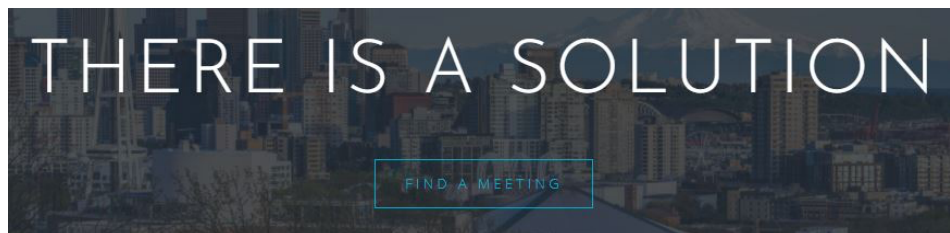
**Dec 12 1937** – Bill meets with Rockefeller Foundation and tries to get money.

**Dec 13 or 14 1934** – Ebby visits Bill at Towns hospital, brings William James' book, Varieties of Religious Experience.

**Dec 19 1939** – Los Angeles hold their first AA meeting there.

**Dec 20 1945** – Rowland H. dies (he carried the Oxford Group message to Ebby).

**Greater Seattle Intergroup  
(GSIG) Office  
5507 6th Ave S  
Seattle, WA 98108**



## **Thanks to Our Awesome Daytime Office Volunteers**

MONDAY	Susan D. and Bill S.
TUESDAY	Yoshi, Chris, Jonathan W., and Freda T.
WEDNESDAY	Stephan M. and Pam H.
THURSDAY	Joe M., Chris, Joe B. and Max
FRIDAY	Thomas H. and Max
SATURDAY	Clay S. and Dan G.

### **MEETING CHANGES**

Many meetings are no longer being held at physical locations and have moved to online formats. However, many meetings are choosing to meet in person. Checking our site is the best way to stay current with meeting times and locations.

Please let **webmaster@seattleaa.org** know if there are changes to your online or in-person meeting.

The **Corrections Committee** is now meeting monthly in-person at the office at 6:30 p.m. on the second Monday of each month.

### **Southend Bookstore Volunteers**

Dan Y., Angie A., Troy O., Carolyn B. and Jim D.

**Southend Bookstore** hours are Monday through Friday 10 am to 6 pm; Saturdays 10 am to 2 pm.

### **Main Intergroup Office Hours**

Office will be open for administrative activities. We are still processing literature orders during normal business hours: Tuesday through Friday 10am to 6 pm and Saturday 10 am to 2 pm.

### **High & Dry: News and Notes — December 2021**

We would love contributions from you. Please share your thoughts, ideas, suggestions and comments by emailing them to us at [high\\_and\\_dry@SeattleAA.org](mailto:high_and_dry@SeattleAA.org). We aren't promising that everything sent to us will be published, but we will be reading everything sent our way.

We are also seeking a group conscious, and volunteers, ways to make the High & Dry more relevant and useful for readers. We want to add new AA- and recovery-related content types, including original artwork, cartoons, photos and poetry in addition to recovery themed articles.

To be part of the effort, join us on Zoom December 15h, 2021 at 6pm

The Zoom coordinates are:  
Meeting ID: 838 9225 4204  
Passcode: 153905

# BIRTHDAY CLUB

HAPPY BIRTHDAY TO DECEMBER CELEBRANTS IN THE  
HOW DRY I AM CLUB!

Terry M.	Benson Hill	30 years
Erin L.	Women's Sat. Soul Searchers	20 years
Vanessa L.	Broadview Happy Hour	22 years
Kathleen B.	Spiritual Lengths	11 years
Tracy H.	WBYOBB	36 years
John B.	Pass It On	10 years
Maureen S.	Hour Primary Purpose	17 years
Terrie W.	Brown Bag Bunch	37 years

Name	
Address	
City, Zip	
AA Anniversary/# of years	
Contribution enclosed	
Home Group	
Return this form to:	Greater Seattle Intergroup 5507 6 <sup>th</sup> Ave S. Seattle, WA 98108

## **Step Twelve: "Having had spiritual experience as a result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs."**

By Mary E.

My problems are of my own making. Bottles are only a symbol and I have to stop fighting anything and anyone. These words from our Big Book of Alcoholics Anonymous (page 103) help me daily to be open to the joys living a sober life can bring me.

What a huge relief it is to feel that conflicts have an answer and I can stop struggling against life. With the help of my AA sponsor, meetings, fellowship and service commitments, I can simply let the flow of life happen. It's essential to my well-being that I perform daily practices of our AA principles so I don't revert to my autopilot program of alcoholic thinking. That thinking tells me that I must control, anticipate and manage everything.

After working through our steps with my sponsor, I feel a profound change of perspective. The chapter on Step 12 in Twelve Steps And Twelve Traditions reviews all of the actions I've taken so far and reminds me WOW! I've come a long way. I'm very different now. When I'm living in it, I don't always notice how much I've grown.

Recently a member of one of my regular AA groups asked me out. We met for lunch and made a beginning on getting to know one another better. A few weeks later we met up for a movie and dinner.

In my old drinking days, with my untreated mental illness of alcoholism, I would have been freaking out big time. Obsessively thinking about What's going to happen with this? Did I say something stupid? What did he mean by something he said? Am I doing this right? and so on and so on all the way to Crazy Town. I never again want to experience that mental anguish and anxiety.

With this new, unexpected situation, I'm, for the most part, able to be calm and relaxed. I'm living in the moment, trusting my Higher Power and not even feeling anxious. This has illustrated to me how much I've grown, healed and changed through working my AA program.

This example may seem like a small thing, but to me it's a big deal. A psychic change. A new way of living. When I jumped into AA five-plus years ago, I had no clue what I was getting into. The rewards of peace of mind, clarity, acceptance and being open to life are treasures to me. I love AA!



## **Tradition 12:**

**Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.**

By Peeps

Like many newcomers to Alcoholics Anonymous (my sobriety date is Jan. 7, 2019), it's taken me a while to understand many of the foundational elements of AA's program of recovery, especially the idea that principles take precedence over personalities.

For me, AA is about living one day at a time while selflessly sharing the message of recovery.

It was easy to recognize the importance of the 12 Steps when I stopped drinking. But as I gained relief from John Barleycorn and worked the Steps with my sponsor, I leaned my recovery needs more than the Steps.

Initially, I thought the Traditions were of little importance to me, and that studying them might distract me from the task of putting one sober foot in front of the other.

Now, I'm appreciating how vital the Traditions are to me and all members of our fellowship. For me, the Steps are the road map to recovery, while the Traditions are the rules of the road that help all members navigate our common path safely and happily.

Tradition 12 reminds me that the sum of AA is vastly greater than any one or two members. What we do outweighs who we are individually. We are a society of equals.

As I've gained clarity about my place in our fellowship, I see the importance of Tradition 12 and the role it plays in the continued existence of Alcoholics Anonymous. If you've been around AA in length of time, you are familiar with the names and contributions of the founding members who created our program, just as their members in our home groups who set the pace in our meetings.

The tradition of anonymity is one of the reasons the program survived the deaths of our pioneering founders and most dynamic members.

I took a trip to Los Angeles, one of my favorite "playgrounds," when I was little more than three months sober in 2019. I'd just finished reading Chuck C.'s A NEW PAIR OF GLASSES with my sponsor, which impressed upon me the importance to working the Steps every day to the best of my ability.

I put the man on a pedestal.

From parts of his book, I knew that I was staying close to where Chuck C.'s office was located in South Central L.A. I looked up meetings in the area and found one named A New Pair Of Glasses. I



was ecstatic! I used an app on my phone to look up the directions and found the meeting was a 20-minute, freeway-less drive away.

Me and my expectations arrived 20 minutes early. I had time to introduce myself to the people running the meeting. Eventually, there were more than a dozen people in the room at a city-owned recreation center when the meeting began.

It wasn't what I expected. I admit I was disappointed that there wasn't a picture of my hero on the wall. There was no plaque marking his contributions to our program. His name wasn't invoked by the secretary. We did not read from his book, in fact there were no copies of his book on the well-stocked literature table.

I was just an "ordinary" AA meeting, with drunks sharing their experiences, strength and hope with fellow sufferers.

I sat in my car a few minutes to process what I'd experienced. Clearly my expectations were not based in reality. Chuck C. died in 1984, more than 30 years earlier. As important as his contributions to AA were, our program is all about the "right now." Am I sober today.

I think Chuck C. and the founders understood that. Our program survives and thrives because of the message, not the messengers. Tradition 12 underlines and emphasizes that simple, but priceless ideal.

## **12 Ways to have a Sober Holiday: Pitching in, reaching out, fellowship and prayer. These are the things that work!**

By Anonymous (From Dec. 2021 GRAPEVINE Magazine)

There's a little flyer passed around at many AA meetings every year, called "Twelve Tips on Keeping Your Holiday Season Sober and Joyous." On it, it says "Many of us have enjoyed the happiest holidays of our lives sober — an idea we would never have dreamed of, wanted, or believed possible



when drinking.” This definitely holds true for me. I find the flyer’s suggestions very valuable.

I was raised by my mother and grandparents in a home where alcohol was enjoyed responsibly, especially during the holidays. My parents divorced because of alcohol. It seems that the gene that triggered my disease of alcoholism came from the paternal side of my family.

My earliest use of alcohol was at Christmastime. When we were children my sister and I were allowed to have a small glass of wine mixed with soda on Christmas Eve. The years rolled by. I got drunk for the first time when I was 17. On Christmas Day in 1975, after I had reached the legal drinking age, I was sitting in a local bar with my grandfather. I remember him telling me that having a beer now and then was OK, but, “Don’t go getting hooked on it like your old man did,” he warned. I promised Grandpa faithfully that I wouldn’t, even though I had already gotten drunk on several occasions.

Toward the end of the 1970s, my mother and father got remarried and somehow my father stopped drinking on his own. So I became the one with the drinking problem. We were not allowed to have alcohol in the house and our tradition of the Christmas Eve drink was discontinued. After a couple of years of happy married life, my mother, who was only in her 40s, died. I had helped Mom buy our house, so I inherited it. My father left shortly afterward, and now my sister and I had the house to ourselves. I now had free reign over my drinking, which of course got much worse. I believed that now that Mom was gone, there would never again be a happy holiday season for as long as I lived.

After I got a job as a security guard in a local manufacturing plant, my sister got married and left the house. I was now alone. Except for seeing my grandparents for meals and sponging money off of them for “dog food and groceries” (drinking money) and seeing a therapist, my isolation from the rest of humanity was nearly complete. Even when I was in the bars I kept to myself. I felt that even the professional counseling I was getting wasn’t helping. I started to think about suicide.

As it happened, two of my fellow guards at work were both members of AA. They knew I was drinking. I had even come into work drunk once and they shared their stories with me. I had recently found a girlfriend and I decided that didn’t want my drinking to mar that relationship, so I asked one of them to take me to an AA meeting. I now know that it isn’t a good idea to put conditions on your sobriety, because when that relationship ended after two months, so did my sobriety.

After a short relapse I came back to AA to give it a second chance. This time I was angry and I argued with my sponsors. I once threw away my Big Book only to buy another one when I cooled off. I threw away my “Twelve and Twelve” too, and had to buy another. I acted foolishly.

But in spite of that, I’ve been sober in the program 32 years. And although I still live alone I am not lonely. I have met many other single people in AA who are enjoying the sober life.

Thanks to the Fellowship and the “Twelve Tips” sheet for a sober holiday, I have found that the Thanksgiving and December holiday season is a time of year to look forward to. I really enjoy helping decorate our AA hall, as well as appearing as Santa Claus at meetings and passing out candy canes. I also love hosting holiday dinners in my home for fellow members as well as other friends who might

otherwise have a lonely holiday.

I also take great pleasure in worshipping my High Power and celebrating in church and singing in the choir. There is even more happiness for me in ringing and singing carols at Salvation Army kettles. Performing as Ebenezer Scrooge in Dickens' "A Christmas Carol," both in community theater and on our local radio station, is an honor I truly cherish. (Turns out Scrooge and I have a few selfish traits in common.)

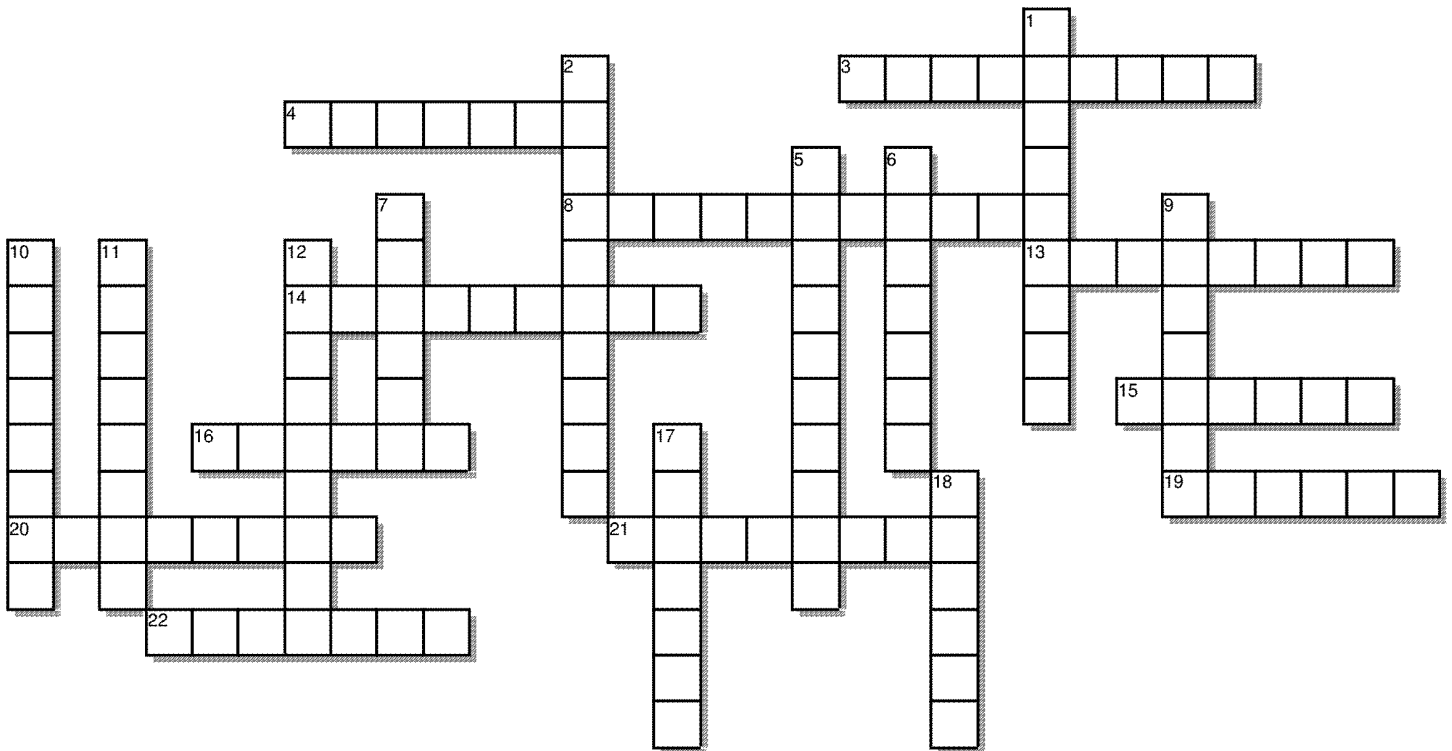
I get a special joy in seeing newcomers experience the holidays sober for the very first time. I see to it that they get a copy of the "Twelve Tips" flyer. I also get a tremendous sense of gratitude when we have Thanksgiving dinner at our local AA hall, or have coffee and cheesecake at my sponsor's home after an evening of caroling. There's a special feeling of joy at our candlelight AA meeting on New Year's Eve, knowing that we've all lived another year sober. We then look with hope to the 365 days ahead.

Now don't get me wrong; I've had difficult times during the holidays, even in sobriety. But I wouldn't trade my worst holidays sober for the best ones of my drinking days.

One thing I do know for sure: I'm not lonely at holiday time anymore.



# Working with Others



## ACROSS

- 3 What feature should we stress freely with the newcomer?
- 4 What plane should our work be on
- 8 What kind of spirit might repel the alcoholic
- 13 Helping others is the foundation stone of this
- 14 What kind of work will ensure immunity from drinking
- 15 Argument and fault finding should be avoided like this
- 16 What kind of line should we keep on
- 19 What sort of spots should we not hesitate to visit
- 20 Non-stop meeting that occurs on Holidays
- 21 How should the newcomer feel in order to make a beginning?
- 22 Be careful not to exhibit any passion for this

## DOWN

- 1 At a holiday party what should you order at the bar?
- 2 What reason would we need to be in a place where there is drinking
- 5 If we persist what kind of things will happen?
- 6 How much helpfulness should we try to be
- 7 Where must the newcomers desire come from
- 9 What were only a symbol
- 10 What kind of language should we use when describing spiritual principles?
- 11 Old time term for a sponsee
- 12 what kind of pleasure might we want to steal
- 17 What kind of parties can we attend if we are in fit spiritual condition
- 18 Who might turn up at the Greenland Ice Cap?

# **GSIG Condensed Board Meeting Minutes**

November 16, 2021

Submitted by Leslie I. (Recording Secretary)

## **AA birthdays**

**Sheree – 18 years**

**Aaron – 11 years**

## **Roll call-Quorum (51%)**

yes

## **Reports**

### **Recording Secretary (Leslie I.):**

If there are no corrections to the minutes, we need a motion to approve. Kristi D40 made motion to approve, Laurel D41 seconded. The minutes were approved.

Please make sure to submit your reports by email. If you have any corrections or changes to the roster, please submit them to me

Treasurer (Carl G.):

## GSIG TREASURER REPORT November, 2021 October Financials

My goal is to make this information easy to understand and report to the fellowship. If you have suggestions or questions, please let me know at [Treasurer@seattleaa.org](mailto:Treasurer@seattleaa.org). **Income overview with revised sustainer and personal contributions**

month	Net Income (loss)	Group Contributions	contributions (personal & other)	sustainers	room rent, bday club, special event	net sales income	cash in bank accounts
January 2021	8 K	13 k	3.8 K	1.6 K	124.00	430.00	105 K
February '21	(-3 K)	7 K	2.2 K	1.6K	207.00	700.00	105 K
March 2021	(-3.8 K)	7 K	1.5 K	1.6 K	287.00	1.1 K	104 K
April 2021	3 K	10.5 K	3.2 K	1.5 K	1 K	600.00	103.5 K
May 2021	(-140.00)	10 K	2 K	1.5 K	205.00	383.00	102.5 K
June 2021	(-7,751.00)	4.5 K	2.4 K	1.6 K	423	1.1 K	94 k
July 2021	(-783.00)	9 K	3.2 K	1.5 K	525.00	(-5 K)	102 K
Aug 2021	1.6 K	10 K	1.3 K	1.5 K	2.8 K	1.3 K	94 K
Sept 2021	(-8.5 K)	4 K	.7 K	1.5 K	1 K	1.3 K	91 K
Oct 2021	1.2 K	14 K	466.00	1.6 K	722.00	678.00	93.7 K

Earmarked Funds remaining amounts: Pink and Blue Cans (contributions specified for these committees)

Corrections: \$3.3K      Accessibility:      \$1,060

Standing Committee Budget funds allocated by GSIG budget Funds remaining for 2021.

Corrections \$360    Hosp & Treat. \$818    Accessibility \$4,850      Pi/CPC \$1,127

Group contributions are 4K above monthly budget, but year to date group contributions are 10.5 K below budget. YTD net loss is 10.5K. This is to be expected as the budget was balanced putting income needed to balance coming from groups. As the chart above shows the shortfall in revenue is being covered from cash.

GSIG OCTOBER 2021 CONDENSED FINANCIAL REPORT											
CONDENSED PROFIT & LOSS											
Ordinary Income/Expense						October 31, 2021	October - Budget		YTD October 2021	YTD Budget	Jan- Dec 2020
Income											
				Total Retail Sales		4,794	6,202		35,913	62,021	37,008
				Total COGS		4,220	4,990		33,935	49,904	30,396
				Gross Profit from Retail Sales		574	1,212		1,977	12,117	6,612
					Gross Profit %	12.0%	19.5%		5.5%	19.5%	17.9%
				Group Contributions		13,593	10,141		90,289	101,410	113,463
				Personal and Other Contributions		466	836		19,988	8,363	80,354

				Meeting Room Rent; Birthday Club			722	686		4,979	6,859		6,768
				Sustainers Program			1,601	2,612		15,752	26,120		
				Special Events Income			105	464		6,148	4,635		4,312
			Total Items to Cover Fixed Expenses				17,060	15,950		139,134	159,504		211,509
			Expenses										
				Expenses--Other			1,286	1,676		16,392	16,762		17,319
				Paid Staff			6,480	5,955		57,934	59,547		62,363
				Rent and Office			6,700	7,056		68,148	70,560		79,854
				Standing Committees			1,359	1,435		7,306	14,350		5,614
			Total Fixed Expenses				15,825	16,122		149,780	161,218		165,150
	Net Ordinary Income (Loss)						1,235	(171)		(10,646)	(1,714)		46,359
	Net Other Income, Chiefly Interest Income						1	33		208	333		18,970
Net Income (Loss)							1,236	(138)		(10,438)	(1,381)		65,329

CONDENSED BALANCE SHEET								
ASSETS							DEC 31, 2020	
		Current Assets						
		Checking			46,815	44,381	54,338	
		Savings *			46,956	46,598	46,819	
		Accounts Receivable				190	884	
		Inventory and Other			32,558	34,784	36,084	
		Total Current Assets			126,328	125,953	138,125	
		Total Fixed Assets			2,484	2,484	2,484	
TOTAL ASSETS							140,609	
*		Per bylaws, prudent reserve calculated to be 3x average mo. expense approx. \$46,000.						
LIABILITIES & EQUITY								
		Current Liabilities						
			Accounts Payable		5,011	5,553	4,318	
			Payroll & Sales Tax Liabilities		376	346	198	
			Committee Earmarked Funds Total		4,326	4,675	6,498	
		Total Liabilities			9,713	10,574	11,014	
		Equity						
		3001 · Opening Bal Equity			694	694	694	
		3101 · Retained Earnings			128,843	128,843	63,572	
		Net Income			(10,438)	(11,673)	65,329	
		Total Equity			119,099	117,864	129,595	
TOTAL LIABILITIES & EQUITY					128,812	128,437	140,609	



	<b>Greater Seattle Intergroup</b>				
	<b>Standing Committee Earmarked Funds (Pink Can, Blue Can, etc.)</b>				
	<b>YTD October 31, 2021</b>				
<b>Committee</b>	<b>Corrections</b>	<b>Hospital &amp; Treatment</b>	<b>Accessibility</b>	<b>PI / CPC</b>	<b>Total Earmarked Funds</b>
Beginning Balance 1/1/20	\$4,951	\$0	\$1,547	\$0	\$6,498
YTD Contributions	\$1,284	\$0	\$2,650	\$0	\$3,933
YTD Use of Funds	(\$2,969)	\$0	(\$3,136)	\$0	(\$6,105)
Ending Balance	\$3,266	\$0	\$1,060	\$0	\$4,326
	<b>Greater Seattle Intergroup</b>				
	<b>Standing Committee Expenditures Against Budgets</b>				
	<b>YTD October 31, 2021</b>				
<b>Committee</b>	<b>Corrections</b>	<b>Hospital &amp; Treatment</b>	<b>Accessibility</b>	<b>PI / CPC</b>	<b>Total Expenses</b>
Expenses to Date	\$0	\$982	\$2,830	\$673	\$4,485
Budget to Date	\$300	\$1,500	\$6,400	\$1,500	\$9,700
Budget -- Full Year	\$360	\$1,800	\$7,680	\$1,800	\$11,640

# GSIG 2022 Proposed Budget

Greater Seattle Intergroup							
Budget proposed 2022 presented Oct 19 updated 11 16 for rent and staff cola in oct							
		Proposed 2022	QB forecast 2021	Budget FY2021	Actual FY2020	Actual FY2019	Actual FY2018
Income							
4201 Special Events Income	estimate from 2021 budget	6,000	6,683	5,562	4,312	4,370	4,810
Contributions							
4001 Group Contributions	added revenue from groups 6,707	108,969	108,948	121,691	113,463	106,652	111,561
4002 Misc. Contributions individuals & sustainers	revised based on 2021	40,000	47,152	41,380	80,354	12,732	9,615
4003 Meeting Room 7th Collections	based on 2021	2,607	2,607	4,839	3,019	4,119	3,783
4004 Birthday Contributions	based on 2021	1,944	1,944	3,392	3,748	2,629	4,212
<b>Total Contributions</b>		<b>153,520</b>	<b>160,651</b>	<b>171,302</b>	<b>200,585</b>	<b>126,131</b>	<b>129,171</b>
Literature Sales					-		
Retail Sales							
4101 Literature Sales	estimated on last 3 mo sales	50,002	33,534	59,678	26,074	81,395	101,493
4111 Meeting Directory Sales	based on 2019	22,000	(242)	7,000	6,212	20,154	22,176
4121 Coin Sales	base pre pandemic sales	7,660	7,144	7,660	4,207	9,812	10,600
4141 High & Dry Sales	based on 2021	125	125	359	301	155	43
4151 Shipping Income	based on 2021	252	202	(272)	214	(155)	(322)
<b>Total Retail Sales</b>		<b>80,039</b>	<b>40,762</b>	<b>74,425</b>	<b>37,008</b>	<b>111,360</b>	<b>133,990</b>
<b>Total Income</b>		<b>239,559</b>	<b>210,096</b>	<b>251,289</b>	<b>241,905</b>	<b>241,862</b>	<b>267,971</b>
Cost of Goods Sold							
COGS							
5101 Literature COGS	based on '21 est	36,592	26,608	46,576	20,048	63,465	79,306
5111 Meeting Directory COGS	based on '21 est	9,197	8,876	7,000	2,553	8,459	6,245
5121 Coin COGS	based on '21 est	3,560	3,251	3,560	2,284	4,087	4,309
5141 High & Dry COGS	based on '21 est	1,500	1,500	962	950	1,032	530
5161 Inventory Adjustments				2,500	5,012	2,511	67
5162 Lit COGS Qty Disc(-) Penalty(+)		(2,000)	(436)	(784)	(498)	(930)	(2,974)
<b>Total COGS</b>		<b>48,849</b>	<b>39,798</b>	<b>59,813</b>	<b>30,349</b>	<b>78,625</b>	<b>87,483</b>
<b>Total Cost of Goods Sold</b>		<b>48,849</b>	<b>39,798</b>	<b>59,813</b>	<b>30,349</b>	<b>78,625</b>	<b>87,483</b>
<b>Gross Profit</b>		<b>190,710</b>	<b>170,298</b>	<b>191,476</b>	<b>211,556</b>	<b>163,237</b>	<b>180,488</b>
Expenses							
6801 Standing Committees							
6811 Archives Committee	based on 2021 budget	120	-	120			26

<b>6812 Corrections Committee</b>	based on 2021 budget	<b>360</b>	-	360	67	59	271
<b>6813 GSIG Board</b>	based on 2021 budget	<b>480</b>	-				212
<b>6814 Hosp &amp; Tx Committee</b>	based on 2021 budget	<b>1,800</b>	499	480	824	810	1,931
<b>6815 PI/CPC Committee</b>	based on 2021 budget	<b>1,800</b>	1,060	1,800	1,611	842	1,333
<b>6816 Special Events Committee</b>	based on 2021 budget	<b>4,500</b>	4,474	1,800	1,404	3,989	2,208
<b>6817 Third Legacy Committee</b>	based on 2021 budget	<b>480</b>	-	3,000			300
<b>6818 Web and Tech Committee</b>	based on 2021 budget	<b>1,500</b>	-	1,500		910	1,334
<b>6819 Accessibility Committee</b>	based on 2021 budget	<b>5,000</b>	3,300	480	1,708		
<b>6820 Big Book/Literature Fund</b>	based on 2021 budget		(1,030)	7,680			
<b>Total 6801 Standing Committees</b>		<b>16,040</b>	<b>8,304</b>	<b>15,720</b>	<b>5,614</b>	<b>6,611</b>	<b>7,616</b>
<b>Literature Discounts</b>			0		48		
<b>6830 Travel and Meetings</b>							
<b>6831 Conference, Convention, Meetings</b>	based on meetings being in person in 22	1,500	813	1,500	211		
<b>Total 6830 Travel and Meetings</b>		<b>1,500</b>	<b>813</b>	<b>1,500</b>	<b>211</b>		
<b>Other Expenses</b>				(104)	(69)		
<b>6301 Interest &amp; Bank Charges</b>	current history costs	-	82	59	147	625	754
<b>6302 Stripe Processing Fees</b>	current history costs	2,310	1,764	1,848	2,325	285	182
<b>6303 MERCHANT SRV. Credit Card Fees</b>	current history costs	1,346	712	1,346	736	1,360	1,279
<b>6501 Insurance</b>	Directors & Officers	1,362	2,283	1,300	1,213	1,845	1,299
<b>6502 Licenses&amp;Tax</b>	current history costs	15	15	15	71	128	120
<b>6701 Professional Fees--Tax &amp; Other</b>	current history costs	13,844	13,340	13,844	11,934	4,334	400
<b>6921 Burien Little Assembly</b>	prior year contributions	120	132	120			174
<b>6931 Cash Over/Short</b>				0	(221)	70	47
<b>6932 Petty Cash (Over) Short</b>			136	0	298	877	
<b>6933 Reconciliation Discrepancies</b>				0	565		
<b>6934 Penalties and Fines</b>				186	124	49	
<b>6935 WA STATE B&amp;O TAX</b>		<b>150</b>		0	(14)	6,090	
<b>6941 Depreciation</b>				0		280	840
<b>Total Other Expenses</b>		<b>19,147</b>	<b>18,463</b>	<b>18,615</b>	<b>17,109</b>	<b>15,941</b>	<b>5,095</b>
<b>Paid Staff</b>							
<b>6101 Payroll Expenses</b>		833	833	671	647	188	

6111 Wages	wages cost of living increase 6.5% per procedures	65,743	61,731	65,542	56,108	86,591	78,920
6112 Taxes	SS + L&I on wages	4,776	4,484	5,243	4,768	6,901	6,129
<b>Total 6101 Payroll Expenses</b>		<b>71,352</b>	<b>67,048</b>	<b>71,456</b>	<b>61,523</b>	<b>93,680</b>	<b>85,048</b>
6121 Medical Insurance	staff dental&vision	1,750	-	0	840	1,819	6,915
<b>Total Paid Staff</b>		<b>73,102</b>	<b>67,048</b>	<b>71,456</b>	<b>62,363</b>	<b>95,500</b>	<b>91,963</b>
Rent and Office				210	140		
6001 Rent	Jan-May same rent Jun-Dec increase 8%	48,135	45,948	44,268	45,808	45,948	42,263
6002 Triple Net	4% increase full year	17,589	16,913	18,514	16,842	16,559	16,593
6003 Maintenance & Repair		772	772	1,696	899	1,983	2,662
6004 Computer Upgrade		500	4,345	2,800	3,904	973	170
6005 Office Supplies		3,173	3,173	3,322	1,598	2,668	4,366
6201 Utilities		2,231	2,231	2,534	2,238	2,766	3,094
6211 Electricity	SeattleCitylight 3.9%	1,879	1,809	4,000	2,607	2,845	3,247
6212 Internet Service	4% increase full yr	4,489	4,489	4,308	2,169	622	619
<b>Total 6201 Utilities</b>		<b>8,598</b>	<b>8,528</b>	<b>10,842</b>	<b>7,014</b>	<b>6,233</b>	<b>6,960</b>
6400 Communications							
6401 Phones					1,638	3,150	4,333
6403 Call Forwarding		1,060	1,020	1,020	1,020	2,196	
<b>Total 6400 Communications</b>		<b>1,060</b>	<b>1,020</b>	<b>1,020</b>	<b>2,658</b>	<b>5,346</b>	<b>4,333</b>
6601 Shipping Expense		804	1,124	800	841	451	687
6602 Postage				600	-	180	359
<b>Total Rent and Office</b>		<b>80,633</b>	<b>81,823</b>	<b>84,072</b>	<b>79,704</b>	<b>80,342</b>	<b>78,392</b>
Southend Book Store stipend		600		600	150		
<b>Total Expenses</b>		<b>191,021</b>	<b>176,450</b>	<b>192,035</b>	<b>165,198</b>	<b>204,483</b>	<b>183,066</b>
<b>Net Operating Income</b>		<b>(311)</b>	<b>(6,152)</b>	<b>(560)</b>	<b>46,359</b>	<b>(41,247)</b>	<b>(2,578)</b>
Other Income							
7001 Interest Income		274	274	400	791	256	362
7003 Other Expense			38	-	(18,179)	256	362
<b>Total Other Income</b>		<b>312</b>	<b>311</b>	<b>400</b>	<b>18,970</b>	<b>256</b>	<b>362</b>
<b>Net Other Income</b>		<b>312</b>	<b>311</b>	<b>400</b>	<b>18,970</b>	<b>256</b>	<b>362</b>
<b>Net Income</b>		<b>0</b>	<b>(5,840)</b>	<b>(160)</b>	<b>65,328</b>	<b>(40,991)</b>	<b>(2,216)</b>

**Chair (Astri):**

Greetings, I am grateful to be serving you and even more grateful for your service to GSIG.

Since my last report to you I was honored to have been asked to facilitate the Group Inventory for Puget Sound Central Service Office. The inventory was Hybrid, held on November 7<sup>th</sup>.

This past weekend was spent in Ocala, Florida where I had been invited to speak at their Area 14, District 17 Gratitude Banquet. The event was held in person at a beautiful facility which concluded with an auction and a dance. I met several people who had relocated from Western Washington.

Please don't forget to let your Districts and Groups know that December 21<sup>st</sup> is our Fall Assembly. Every group served by GSIG is invited to send a representative who will carry the vote for their group. At the Assembly we will be voting to approve or disapprove our newly updated Policies as well as our proposed 2022 budget. Both documents can be found on our website; [seattleaa.org](http://seattleaa.org). The documents have also been provided to our Roster by our Secretary. Please forward this information to your Districts/Groups.

Looking forward to seeing you all next month.

Have a Happy Thanksgiving and thank you again for this opportunity to serve.

**20/20 (Mike M.):**

20/20 Committee presented the office lease recommendation.

The vote to approve the recommended office lease was approved unanimously.

**Office Committee (Jeff U.):**

Minutes of November 2021 GSIG Office Committee Meeting

Tuesday November 9<sup>th</sup>, 6:00PM

Via Zoom

Attending: Committee Chair Jeff U, GSIG Chair Astri, GSIG Office Manager Lara R, Jennifer S, Bob, Jennifer L, Special Events Chair Brian, Treasurer Carl G and Finance Committee Chair Pete K

- Review of October Financials by Carl G. Group contributions were 3k above budget, but year-to-date income is still about 10k short of budget.
- Update from Lara on corrections to Sustainer's Program. Was missing declined cards and expired cards. New system accurately captures the data. And Lee & Lara are working on a better sign-up system.
- Discussed request from 2020 Committee to review proposed changes to GSIG office procedures. Document with highlighted changes was delivered to Committee. Agreed that Lara &

Anita would do an initial review of the proposed changes and then create a shared document in about two weeks for the full Committee to review and provide notes.

- Discussion of proposals from 12-Step ad hoc Committee postponed until Anita can attend a meeting
- Executive session discussed draft of employee evaluation summary. Committee agreed to take one additional week to provide feedback on the report, and then to finalize via email and deliver to Lara & Anita. Then to deliver summary as part of the Assembly Office Committee report, and attach full document to the minutes.

### **Assistant office manager (Anita):**

This is the recommendation of the 12 Step Protocol Best Practices discussion to handle 12 Step Calls that come in while the office is closed:

A call comes in when the office is closed and the caller requests a 12- Step Call. The Nightwatch volunteer takes the name/number of the caller and emails/texts the details to the 12 Step Call Coordinator.

At that point, the on-call 12 Step Call Coordinator returns the call and assures that a 12 Step Call has been dispatched and to expect contact from a member of AA.

Finally, the 12 Step Call Coordinator contacts a 12 Step Call volunteer, and the volunteer contacts the caller to make arrangements to meet.

In light of this recommendation a 12 Step Call Coordinator position will need to be created and it should come from a member currently serving on the 12 Step Call Protocol Best Practices Discussions committee.

The next 12 Step Call Protocol Best Practices meeting will be held at 5pm on November 29th. Meeting ID is 841 3383 6121 and PW is 951658.

### **Office Manager (Lara R.):**

Literature: We have received the new Grapevine publication Prayer and Meditation book.

Financial: After some lengthy investigative work and the help of our illustrious Webmaster, Lee R., we were able to determine the correct number for our Sustainer's Program. Moving forward we will make a separate form for people wishing to join the Sustainer's Program so that the confusion will be greatly reduced, in the meantime we have secured a more accurate way of accounting for the correct number for our monthly/annual reports.



Thank you to Jeff U. for the work he has done on the Sustainer's reports until now. The glitch was with the reports from the website, not with the reporter, so thank you Jeff for your service on that.

Call log Information: 12th Step Calls: 26, Info about AA: 7, Call to talk: 32, Info about Intergroup: 23

The Office will be closed on Thursday and Friday November 25th and 26th. The phones will be answered by the Fairwood Group. Thank you for your service.

There will be a Gratitude Get Together on November 20th, A Holiday party on December 18th, and a plain ordinary whoopee party on January 1st.

There will also be another Open Mic and Cookie Exchange on December 11th. Please see our website for more information on these events.

### **Accessibility (Laurel W.):**

Half of our Intergroup Accessibility committee members are also part of the Area Accessibility Committee. They provide us with reports on what's happening at the Area level re Accessibility. This month, most activities were that of ASL interpreter coordination. There were more requests than usual, due to interpreters who regularly interpret are asking for subs. Holiday schedules are challenging to fill.

### **Archives Committee (Teresa):**

--Continuing to scan old High & Dry Seattle Intergroup Newsletters and posting on Seattle Intergroup's Google docs. Working from home on this task.

--Attended online scanning workshop. Attended Regional Archivists monthly meeting. --Am maintaining full sets of Grapevines, Intergroup schedules, and High & Dry Newsletters on site at Seattle Intergroup office.

--Attended Area 72 Archives Quarterly November 6

### **Hospitals & Treatment Committee (Greg E.):**

1) We're looking for AAs (particularly women) who are interested in taking meetings into Elizabeth Gregory Home, a day shelter for women in the U District (D16). If interested, please reach out to me!

2) We're conducting outreach to SeaMar Turning Point in District 40, and would like to coordinate with servants in that District if possible.

3) Monday evening men's meetings at SODO Salvation Army are on hold for at least a few weeks due to a positive COVID test.

4) Folks in D18 are running with a new peer support program for Valley Med! Providing literature as well. Yay!

5) Authorizing literature requests for Cascade Behavioral Health and hopefully Harborview

6) Reminders: if you have literature needs or Bridge the Gap requests you would like help filling, hit us up!

### **Night Watch Coordinator (Sheree):**

We are always in need of volunteers. This biggest challenge both Mike B. and I have is having volunteers answer the phones. About half of perspective volunteers that Mike reaches out to who are interested in volunteering either never answer the phone or return his call.

Also, when I reach out to volunteers when they do not pick up for their shift I never seem to get a call back either. I understand that sometimes we miss our shifts, but for common courtesy it would be nice to get a call back after I leave a message for them. Other than those challenges the phones do manage to get answered either by volunteers or on call coordinators.

### **District 14 (Kim S.):**

Report given by our DCM and our Alt DCM.

Vice chair for Greater Seattle Intergroup (GSIG) Aaron was our guest speaker. He gave a thorough explanation of what GSIG is and what GSIG does. He also explained that the groups of the greater Seattle area come together to form intergroup and help the alcoholic. Reps of groups have a vote at GSIG twice yearly assemblies. There are lots of built-in service positions; for example, positions withing Nighwatch that answers the phones when someone who needs help with alcohol calls. Other service groups include accessibility, cooperation with professionals 'group, corrections committee, hospitals and treatment committee and much more. To find out about service positions and opportunities at GSIG go to [greaterseattleaa.org](http://greaterseattleaa.org) and then go to the section "service". You can also call GSIG at 206.587.2838. Some groups also choose to go down to the intergroup office (located on the south end of SODO area) to answer phones as a group.

We spent some time planning our upcoming Christmas Party. It will be on Tuesday, December 14 at 7pm in place of our usual meeting. This will be held on zoom with the same password and ID. We will have a speaker, GSR will share, there will be ugly sweaters and some will have Christmas treats delivered to them. All are welcome and we hope to see you there.

### **District 40 (Kristi):**

Gratitude Meeting Online Zoom

Hosted by Districts 15/40/41

November 20 ( this Saturday) 6:30-9:00pm

Each District has a Speaker :

-Kim H from D15

-Shurvon from D40 and

- Laurel W from D41

Sign Language Interpretation will be available!

### **District 41 (Laurel):**

I recently became Intergroup Rep for District 41. District 41 has all positions filled except for Grapevine/Literature representative. There will be a Virtual Gratitude banquet on Saturday November 20.

The following Districts will now be listed as inactive due to no attendance for last 3 meetings:

112 A new Beginning

### **District 24**

### **Fremont Hall**

### **Old Business**

None

### **New Business**

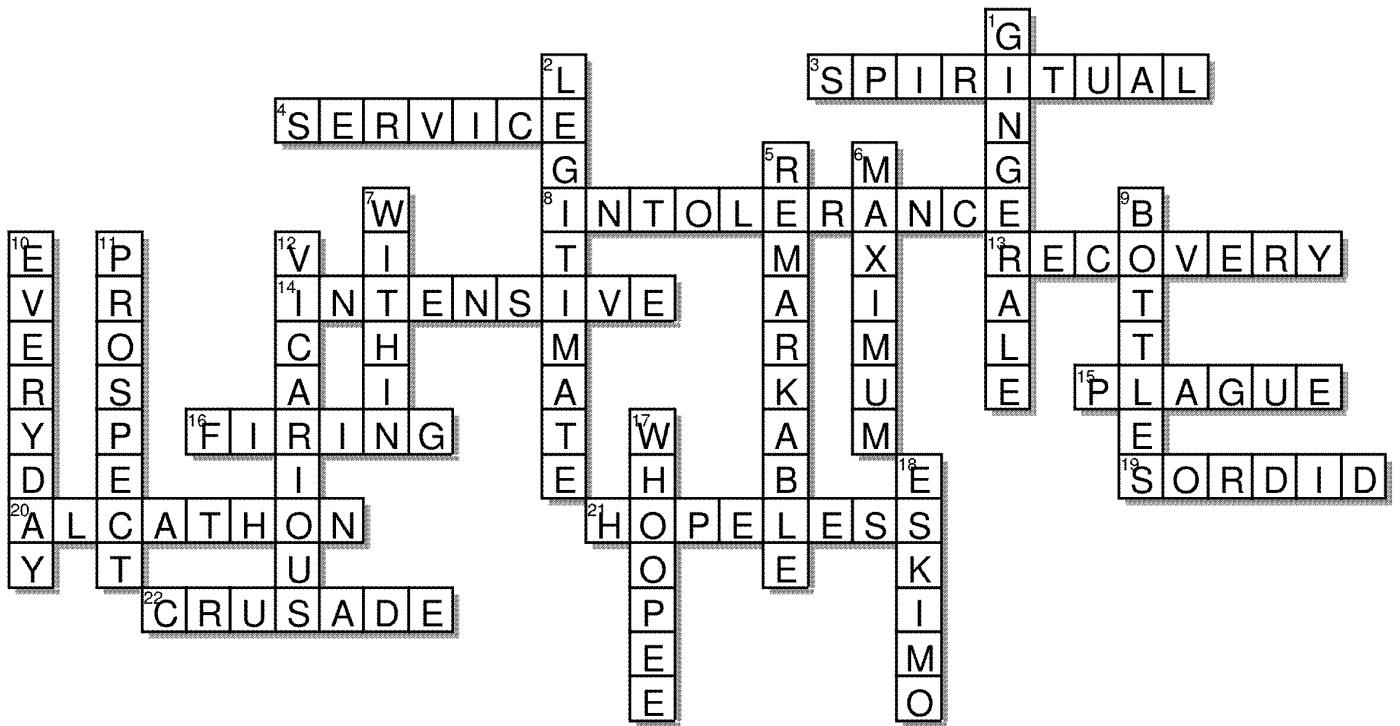
None

### **Upcoming events**

- Seattle Group- Saturdays at 6:00PM at Intergroup
- Nov 20<sup>th</sup> Gratitude Get Together at GSIG
- Office Closed Nov 25<sup>th</sup> and 26<sup>th</sup>
- SMS December 5th, 11:00AM
- GSIG Fall Assembly December 21<sup>st</sup>, pass the word to your GSRs and groups!

We closed with the responsibility declaration

# Working with Others



**Ring in the New Year at Magnolia  
Speakers Meeting!**

# **HAPPY NEW YEAR 2022**

**Friday Dec 31st  
at Magnolia Lutheran Church  
2414 31st Ave W., Seattle, WA 98199**

**A special one Speaker event featuring Bob D. from Las Vegas, Nevada  
The meeting will start at 8:00 pm and immediately following the Speaker  
and the coin ceremony will be an epic dance party with DJ "Avignon" !  
Refreshments will be provided. "Non alcoholic beverage" toast at  
midnight to celebrate the new year!**

**The night will include a 50/50 raffle so bring cash! The funds raised  
for the after meeting festivities. Suggested donation of \$5.**

**Volunteers to help with clean up and other service positions welcomed  
Please text Shannon 206-619-6422 if you would like a designated  
volunteer position during the party.**

## BURIEN LITTLE ASSEMBLY PLANNING GROUP

# JOIN US!

**2<sup>ND</sup> SUNDAYS, 10AM – NOON**

ZOOM ID 842 1359 9038, PASSCODE 848438



November 14, 2021

December 12, 2021

January 9, 2022

February 13, 2022

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**49<sup>TH</sup> Annual Burien Little Assembly**  
**AA Comes of Age 2.0: Unified in Love and Service**  
**March 12, 2022**

---

BLA IS SUPPORTED BY OUR 7<sup>TH</sup> TRADITION

### **PLEASE CONTRIBUTE**

Payable To: Burien Little Assembly  
C/O Greater Seattle Intergroup  
5507 6<sup>th</sup> Ave. S, Seattle, WA 98108

**[HTTP://WWW.BURIENLITTLEASSEMBLY.ORG/](http://www.burienlittleassembly.org/)**



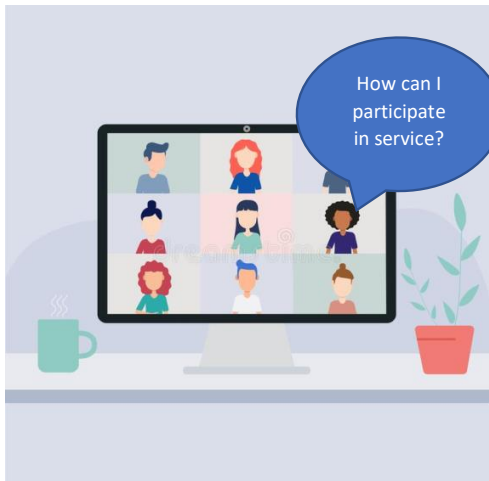
# Holiday Cookie Exchange at AA Intergroup!



- Come for fellowship and complementary goodies!
- Intergroup will provide Homemade cookies, Cocoa and treats
- Bring Holiday cookies to share & potluck if you wish

**When: Saturday, December 11<sup>th</sup> from 12:30 pm pm to 4:30 pm pm**

**Where: Seattle Intergroup - 5507 6th Ave S Seattle, WA 98108**



# **District 25**

## **Business Meeting**

**(Online/Virtual District)**

At the recent WWA Area 72 Assembly a motion was passed welcoming the Online/Virtual District as part of Area 72!! We are now formally District 25 in Area 72!!

If your group/meeting is online only, and plans to remain so, join us as we share our experience, strength and hope relating to our online meetings!!

Our District will require the selection of Trusted Servants (District Committee Member (DCM), Secretary, Treasurer, Alt positions as well as District Committee Chairs) using the third legacy process. If you are interested in a District service position, come join us!!

We will select our trusted servants at the December meeting.

Spread the word to online meetings!

Anyone else interested is also welcome!

### **Third Saturday of the Month**

Nov 20, 2021 04:00 PM

Dec 18, 2021 04:00 PM

**Zoom ID: 856 6331 8420**

**Passcode: 353586**

**For more information**

**Frank M: [onlinedistrictcoord@area72aa.org](mailto:onlinedistrictcoord@area72aa.org)**

# OPEN MIC

Alcoholics Anonymous

**December 11th**



**YOU can do**

Acoustical Guitar  
Instrument Playing

Singing

Poem Reading

Comedy

Magic Show

etc, ect..

More Info:  
Text Yoshi  
(253) 209-6802

**Bring Snacks**

**Saturday - 7:30pm**

**Seattle Intergroup**

**5507 6th Ave S.**

**Seattle, WA 98108**



GREATER SEATTLE INTERGROUP  
**ALCOHOLICS ANONYMOUS**

## Fall Assembly

When: December 21, 2021

6pm Fellowship, food and drink made available

7pm Board meeting

Where: GSIG

5507 6th Ave S. Seattle, Wa. 98108

**This is when EVERY GROUP has a vote! We will be voting on the new Policies and the 2022 Budget. Please send a representative from your group so that democracy can prevail.**

This is a hybrid event

Meeting ID 918 5437 5402

Passcode 035194





# Holiday Cookie and Treat Party!!!

**December 18, 2021**

Bring your favorite Cookie or  
Holiday Treat to share be-  
fore the meeting.

Treat sharing begins at **5pm**

Speaker at **6pm** Linda K.





GREATER SEATTLE INTERGROUP  
**ALCOHOLICS ANONYMOUS**

# TRADITIONS WORKSHOPS

**Tradition 11**

**December 13th**

*with Dawn Patrol*

**Tradition 12**

**December 11th**

*with GSIG Board Elected*

The 2nd Saturday of every month at 10am

Meeting ID 858 5142 0330

Passcode 051501

12 Traditions  
of  
Alcoholics Anonymous





# *High & Dry* *Call for Entries*

The High & Dry, Seattle Intergroup's Monthly Newsletter,  
is looking for original content from local drunks.  
This is a great opportunity to serve our fellowship!

- Stories About Recovery
- Poetry & Creative Writing
  - Art & Photography
  - Comics & Jokes
- Information about Sober Activities & Service Opportunities

Submit your work and find out more by visiting [SeattleAA.org](https://www.seattleaa.org)



<https://www.seattleaa.org/intergroup/newsletter/submission/>



[high\\_and\\_dry@seattleaa.org](mailto:high_and_dry@seattleaa.org)



## **The High & Dry**

Editor: Peeps

Contributors: All of YOU

Mailing Team: Irreplaceable Volunteers

The High & Dry is published monthly by an all-volunteer staff at the Greater Seattle Intergroup Office, 5507 6th Avenue South, Seattle WA 98108 (Phone: 206-587-2838) [www.seattleaa.org](http://www.seattleaa.org)

**Do you have something you would like to submit to The High & Dry newsletter?** We would love to see your event flyers, letters, stories, photos, drawings, poetry, interviews, and whatever else you would like to share with other members in and around Seattle.

**H&D deadline is the 25th of each month.**



