



High & Dry

July 2022

Volume 74, Number 7

It's Picnic Season!

It's that time of year where AAs from all over the Puget Sound area gather for fun and fellowship at local picnics, BBQ's and potlucks.

All are welcome at these events, especially those who are new!

- Weekly Saturday BBQ's at Greater Seattle Intergroup
- Eastside Intergroup Picnic (7/30)
- District 41 Picnic (7/16)
- Fremont Fellowship Picnic (7/17)
- Greater Seattle Intergroup Picnic (8/21) Sign-up for the volleyball tournament, or show up to participate in raffles that support GSIG.



A Practical History of the 12 Steps

Join fellow AA's to welcome Fr. Bill W., an Episcopalean priest from Austin, TX, sober 50 years, who will present on the history of the influence of the Oxford Groups on the early days of AA.

A special hybrid event will be held at GSIG and online.

Find details on these events and more in Future Tripping (page 3)

Greater Seattle Intergroup (GSIG) Office

5507 6th Ave S
Seattle, WA 9810

(206) 587-2838

www.seattleaa.org
info@seattleaa.org

JULY IN OUR HISTORY

July 1-3

1960 – 8700 attend 25th Anniversary of AA in Long Beach, CA.

July 2-3

1955 – 5,000 attend 20th Anniversary at our St Louis Convention; Bill W. turns “the fellowship over to the fellowship.”

July 3-5

1970 – 10,900 attend 35th Anniversary of AA in Miami; Bill W. gives his last talk to AA.

July 3-6

1980 – Gay AA’s have own program at 40th AA Anniversary in New Orleans.

July 7

1940 – Bill attends first summer session at School of Alcohol Studies at Yale University

July 5-8

1990 – 48,000 attend 55th Anniversary of AA in Seattle.

July 8

1940 – First AA group formed in Dayton, Ohio

July 20

1941 – First AA group forms in Seattle.

July 22

1877 – William Duncan Silkworth born in Brooklyn, NY.

July 28-30

1950 – First AA Convention celebrates 15th anniversary of AA in Cleveland

SERVICE OPPORTUNITIES

Nightwatch

Night watch is the 24 hour hotline that gives callers a real person to talk to. These positions are forwarded to your phone and only one, four hour shift once a month. We need volunteers for 4 hour shifts 10pm, 2am, 6am. Also, we are still searching for NEW Nightwatch scheduling coordinator.

12th Step Calls – Put your name on the 12th step call list or join the new 12th Step Committee. Reach out to anita@seattleaa.org

Corrections/Treatment

Juvenile Detention Meetings

Meetings are starting up at the new Juvenile Detention Center. Contact corrections@seattleaa.org to learn more.

Bridge the Gap

We need a few new Bridge program volunteers for people that are being released from facilities and want to connect with AA meetings right away.

Corrections Correspondence is always looking for people to write to inmates, especially men. It's a great way to do service for people that are starved for contact on the outside.

Group GSIG Answer Phones

How about your group help out at the office? Sign up for a monthly commitment to answer phones at Intergroup. It is one way to have a meeting with members of your group and have a chance to help the next suffering alcoholic.

FUTURE TRIPPING

July GSIG Events

2 — GSIG Hospital and Treatment Committee 10 am - 1130 am. This is a [Zoom meeting](#).

Meeting ID: 820 0608 7832
Passcode: 088776

2 — GSIG Summer BBQ's 12 pm - 2:00 pm. *GSIG office 5507 S. Sixth St, Seattle.*

3 — GSIG Service Manual Study 11 am - 1 pm. This is a hybrid meeting. *5507 6th Ave S; Seattle.* [Zoom link](#):

Meeting ID: 899 8502 7998
Passcode: 280420

6 — Seattle Intergroup Accessibility Committee 6 pm - 7 pm. [Join Zoom Meeting](#)

Meeting ID: 885 9521 8136
Passcode: 611317

8-10 — 7th Annual Unity and Service Conference. In-person and online: [CLICK HERE](#)
TO REGISTER: <https://unityandserviceconference.org>

9 — GSIG Third Legacy Committee 9 am - 10 am. [Join Zoom Meeting](#)

Meeting ID: 858 5142 0330
Passcode: 051501

9 — GSIG Third Legacy Tradition Study 10 am - 1130 am. This event is a hybrid event. *5507 Sixth Ave S. Seattle.* [Join Zoom Meeting](#)

Meeting ID: 858 5142 0330
Passcode: 051501

10 — Writing Workshop for the Black & African American Alcoholic pamphlet 230 pm - 4 pm. This is a hybrid writing workshop. *5507 Sixth Ave S., Seattle.*

Zoom Meeting ID: 812 2656 2052
Passcode: pamphlet

11 — GSIG Corrections Committee 630 pm - 8 pm. This is a hybrid meeting. *5507 6th Ave S., Seattle.* [Join Zoom Meeting](#)

Meeting ID: 872 2771 9137
Passcode: 833575

16 — North-South Connection 8 am - 5 pm. Registration and program will be available June 13, 2022, at www.aa.org. If you have any questions, please contact the Regional Forums desk at G.S.O.: northsouthconnections@aa.org or (212) 870-3400

[Flyer Link](#)

16 — GSIG PI/CPC Committee 10 am - 1130 am. [Join Zoom Meeting](#)

Meeting ID: 810 2073 8836
Passcode: 166656

16 — GSIG Summer BBQ's 12 pm - 2 pm. *GSIG Office 5507 Sixth Ave S, Seattle*

16 — District 41 Picnic 1 pm - 4 pm. Location: *Magnolia Park, 1461 Magnolia Blvd. W. Seattle.*

17 — Fremont Picnic 12 pm - 5 pm. Location: *Greenwood Park, 607 N 87th St. Seattle.*

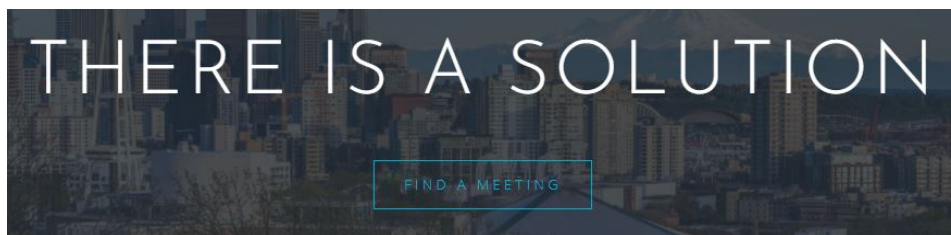
23 — GSIG Web and Tech Committee 9 am - 1 am. [Join Zoom Meeting](#)
Meeting ID: 857 9514 2843
Passcode: 467107

23 — A Practical History of the Twelve Steps 10 am - 1230 pm. This is a hybrid meeting. *5507 Sixth Ave S., Seattle.*

Zoom Meeting ID: 825 0077 2719
Passcode: 596614

30 — ESIG Summer Picnic 11 am - 3 pm. Location: *The Pavillion at Beaver Lake Park 25103 SE 24th St., Sammamish.*

30 — GSIG Summer BBQ's 12 - 2 pm. *GSIG Office 5507 Sixth Ave S., Seattle.*



MEETING CHANGES

If your meeting information is changing, please submit changes to us by June 15th so that these changes can be reflected accurately in the new printing of the schedule book due out the first part of July. Please notify webmaster@seattleaa.org about changes to your meeting.

The **CORRECTIONS COMMITTEE** is now meeting in a Hybrid format on at 6:30 p.m. the second Monday of each month. See our website for Zoom coordinates.

Thanks to Our Awesome Daytime Office Volunteers

MONDAY	Susan D. and Bill S.
TUESDAY	Yoshi, Jonathan W., Morgan S., and Mikey C.
WEDNESDAY	Stephan M., Amy F., Cindy H. and Pam H.
THURSDAY	Joe M. and Joe B.
FRIDAY	Thomas H. and Kim S.
SATURDAY	Clay S. and Dan G.

Southend Bookstore Volunteers

Troy O., Carolyn B., Jim D., Bill S., Ken E., Patrick P. and Rick L.

Southend Bookstore hours are Monday through Friday 10am to 6pm; Saturdays 11am to 2pm.

Main Intergroup Office Hours

Office will be open for administrative activities. We are still processing literature orders during normal business hours: Tuesday through Friday 10am to 6pm and Saturday 10am to 2pm.

High & Dry: News and Notes — June 2022

We would love contributions from you. Please share your thoughts, ideas, suggestions and comments by emailing them to us at high_and_dry@SeattleAA.org We aren't promising that everything sent to us will be published, but we will be reading everything sent our way.

We are also seeking a group conscience, and volunteers, ways to make the High & Dry more relevant and useful for readers. We want to add new AA- and recovery-related content types, including original artwork, cartoons, photos and poetry in addition to recovery themed articles.

To be part of the effort, please send an email to newsletter@seattleaa.org.

BIRTHDAY CLUB

HAPPY BIRTHDAY TO JULY CELEBRANTS IN THE
HOW DRY I AM CLUB!

Karen R.		51 years
John D.	Living in Sobriety	46 years
Lyle C.	Brown Bag Shoreline	38 years
Carl G.	Solution Group-Online	25 years
Tim G.		25 years
Jill P.	Sober Sisters of Seattle	16 years
Kendall H.	DRU North	11 years

Name	
Address	
City, Zip	
AA Anniversary/# of years	
Contribution enclosed	
Home Group	
Return this form to:	Greater Seattle Intergroup 5507 6 th Ave S. Seattle, WA 98108

The suggested donation for having your annual birthday recognized in the H&D is one dollar (\$1) per year of sobriety. There are two ways to make your donation; 1) print the above form and mail it along with a check; 2) [use this link](#) to donate with a debit/credit card, you'll also need to email newsletter@seattleaa.org with your name and years of sobriety. The deadline to be listed is the 25th of the month.

Step Seven: “Humbly asked Him to remove our shortcomings.”

By Mary E.

Reading through Step Seven in the “12x12” I'm struck by the beautiful way Bill W. writes to me about surrender and humility.

When I was drinking, I was constantly demanding (more! more! more!) security, prestige and romance. I didn't know it, but my living in a world of unsatisfied demands directly made my life full of anxiety and confusion. I thought I knew what I needed and wanted. As Bill says on page 72 of “Alcoholics Anonymous,” I lacked anchorage to any permanent values. Not only that, as time went on, drinking more and more, year over year, things got worse.

When I reached the end of my battle with alcohol and joined AA, I thought humility was all the embarrassing behaviors I had acted. After going through the Steps with my sponsor and practicing Steps Six, Seven, 10, 11 and 12 daily, I gradually began to realize humility is a gift and not a weapon. Surrendering control of my life to my Higher Power is a blessed and precious tool today. I am rewarded with a measure of inner peace!

It's automatic for me to forget all of this. Everyday, I forget. That's why every bit of my recovery/rehabilitation program is vital. Sponsorship, meetings, service, prayer and meditation, I need a lot of help every day.



Tradition Seven: "Every AA group ought to be fully self-supporting, declining outside contributions."

By Kelli SB

"Every AA group ought to be fully self-supporting, declining outside contributions."

We hear this at every AA meeting. Of all the 12 Traditions, this is the first one I memorized. But have I really incorporated the meaning of this Tradition into my life?

I love Bill Wilson's story of making Tradition Seven a part of his life in the "12x12." He talks about how he asked AA groups to send a dollar per member per year to help support the office staff after the Saturday Evening Post article came out in 1941 and their office was flooded with inquiries.

He said: "To my surprise, the response of the groups was slow. I got mighty sore about it ... I paced up and down ranting how irresponsible and tightwad my fellow members were." Then he goes on to make a large financial gift to their "prize slippee," who had just come into the office and describes how he "felt especially virtuous" compared to all those who wouldn't even send a dollar a year.

I really related to Bill! I would have reacted the same way, but might have felt the need to tell many people of this great, wonderful, generous gift I gave the newcomer. Good deeds are so much better when everyone knows I did them!

Bill Wilson then goes to his meeting that night and ignores the plea from the treasurer about how they will lose their meeting spot unless they chip in more to pay the rent. As he drops his small dime into the hat, he saw the truth. He said, "I woke up. I who had boasted my generosity that morning was treating my own club worse than the distant alcoholics who had forgotten to send the Foundation their dollars.

"I realized that my five-dollar gift to the slippee was an ego-feeding proposition, bad for him and bad for me. There was a place in AA where spirituality and money would mix, and that was in the hat!"

As per most of what I've learned in AA, anytime I'm being self-centered, I'm in my alcoholic disease. Bill's process of diving into the ego feeding, self-righteousness of his self-centered alcoholism, then seeing the truth and being brought back to center, is a great example of how recovery works with money, supporting my group and the Seventh Tradition.



When I got sober in 1988, the price of gasoline was around \$1 per gallon and I was putting \$1 in the basket when it came around for the Seventh Tradition at my meetings. Today, the price of gas is closer to \$5 per gallon. If I am going to really incorporate the meaning of the Seventh Tradition into my life and be a productive, supporting member of my home group, maybe I can give more than \$1 each time the basket comes around.

Where am I making justifications and rationalizations like Bill did? Where am I more willing to give when I get recognition or receive something in return? Maybe I can quietly stretch my generosity to give where it counts without recognition, praise or appreciation.

Maybe I can just give out of my incredible gratitude that our Traditions have protected AA so that I may live happy, joyous and free.

Acceptance

By Gretchen B.

How often do we focus on being conscious of the practice of accepting people, places and things around us for being just the way they are, yet we forget the most important thing - — ourselves? Of course there is a lot of room for change but there's several things that we cannot change about ourselves. God created us to serve a purpose on this planet within our very own personalities. A hammer doesn't work on a screw like a screwdriver doesn't work on a nail. We could try to force them to work, but it doesn't complete the project as perfectly as if we used the right tool. We are not unique in terms of being alcoholics, but we are unique when it comes to how we allow God to use us in this world. AA is full of very colorful and wonderful people and you are one of them.



From the High & Dry Archives:

Volume 54, No. 4 (April 2002)

DR. BOB'S REASONS

Shortly Before his death in 1950, Dr. Bob was asked why he still went to meetings.

His three reasons should've every member pause to reflect deeply as they are the very essence of AA service. He said:

"The first reason is that this way is working so well, why should I take a chance on any other way.

"The second reason is that I don't want to deprive myself of the privilege of meeting, greeting and visiting fellow alcoholics.

"The third reason is the most important. I belong at that meeting for the sake of the new man or woman who might walk through that door. I am living proof that AA works as long as I work AA, and I owe it to the new person to be there. I am the living example."



ECHOED VOICES

By Steven L. (June 1998)

I've spent a long time, trying to fight this disease,
But now it's finally brought me, down to my knees.
It's taken my heart, it's taken my soul;
I can't stop falling through this bottomless hole.

I awoke this morning to no sunrise,
Hands a shakin' and bloodshot eyes.
I said to myself, I can't take it no more
As I picked myself up, off the bathroom floor.

I need some help and I need it now,
I don't know where and I don't know how,
And then God spoke in a voice I could hear.
He said, "Why the worry, why the fear?"

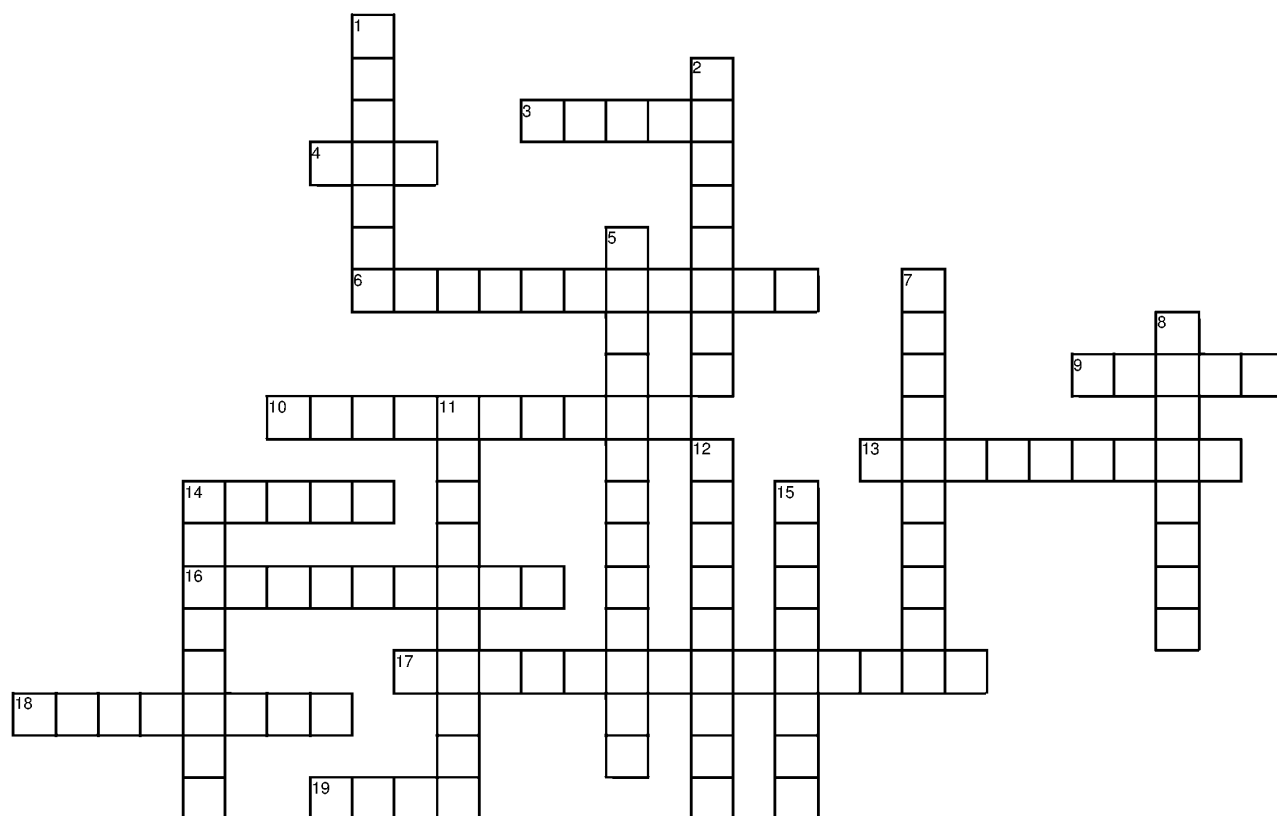
There was no thunder nor crack of lightening,
Not anything at all the least bit frightening.
Just a room full of people with shining bright eyes
Who drank lots of coffee and did not criticize.

They said they were glad to see me,
Together we'll get one more day
And to please just sit and listen
If there's not anything you wish to say.

With a prayer in a circle as the meeting ends
Was like edict for all where it hurts
And echoed the voices of new found friends
Saying KEEP COMING BACK, IT WORKS.

To Wives

Chapter 8



ACROSS

- 3 This was often near.
- 4 calamity opens a path to _____
- 6 How badly does husband number three want to stop drinking.
- 9 What kind of drinker is husband number one.
- 10 How should you see your alcoholic husband through his sprees.
- 13 Treat the alcoholic as though they had _____.
- 14 What great thunderclouds of frustration start as
- 16 thousands of men just like himself have done this.
- 17 both of you will awaken to a new sense of this
- 18 Your husband owes you more than this
- 19 Who wrote the Chapter To Wives

DOWN

- 1 What kind of car could not have brought the paychecks home.
- 2 how many years was Al-anon formed after the writing of this chapter
- 5 Many an evening our homes have been these.
- 7 What is a deadly hazard to the alcoholic
- 8 This and good temper are most necessary.
- 11 What is husband number two after serious drinking bouts.
- 12 How often does husband number four drink on the way home from the hospital?
- 14 The faith and _____ of both you and your husband will be put to the test.
- 15 let him see that you are trying to be helpful rather than _____.

GSIG Spring Assembly

June 2022

The minutes for the Spring Assembly are too cumbersome to print in this issue of our newsletter. The minutes will be distributed, as normal, to all of our roster members.

If you want to read the minutes from the assembly, please email lara@seattleaa.org to request a digital copy.

Chairperson Report

To GSIG Spring 2022 Assembly;

Greetings everyone. It is so good to see so many of you and hope you have been doing well since our last Assembly. We continue to be grateful for the opportunity to serve you and your groups. As your Board Chair, I have met some of you as I facilitated Group Inventories, participated in Workshops, Panels and studies.

I hope to see you at The Pacific Northwest Conference (hosted by WWA72) which will be on zoom this year (see www.pnc1948.org for registration information). PNC is reportedly the oldest, continuous, AA Service conference. Participants include members from Washington, Oregon, usually Idaho and sometimes British Columbia.

I continue to meet with Jacob, PSCSO Board Chair as we plan our presentation on Intergroups and CSOs, scheduled for Friday evening at the July Area 72 Business Quarterly.

This Assembly marks the $\frac{3}{4}$ point in this rotation. I hope you are starting to think about continuing in AA service and hope further that you might consider GSIG Service (Board Officer, Office/Service Committees, Standing Service Committees, or as a phone or office volunteer). We will be looking to form a Nominating Committee soon, so consider that (short term) commitment as well.

I wish you all a happy and healthy summer and hope to see you at fellowship and service events coming up in the next few months.

Yours in service,

Astri T. Chair

Office Manager Report - June 2022 submitted by Lara Randolph

Financial: Please see the Treasurer's report. Nothing unusual to report.

Inventory: Some books are back into stock, I am ordering them as they become available. We are continuing to fulfill orders from the online bookstore. We have hats for sale for \$12.00/each and the picnic buttons are being sold for \$5.00/each again this year.

Procedures: We are flowing a new schedule book, slated for an early July printing.

We have recorded the first episode of our Sober in Seattle podcast with help from John P. and Dennis R. We are working on the last details before making it available.

We will choose a rack card format.

Finding out about providing insurance to groups has brought more obstacles than answers which has been very frustrating. The things I know now are that if we wanted to pursue the avenue of providing insurance we would have to get a different insurance policy and we would have to move to a different broker as ours is not willing to help with this project.

We are continuing to think about how we might best serve the homeless constituents. A good middle ground is to make sure the day shelters and If anyone is interested in helping with this venture please contact me.

Events:

A History of the Twelve Steps Workshop will be July 23rd at 10am facilitated by Fr. Bill W from Austin, TX. An Episcopol priest sober 50 years. This is a hybrid event.

Folks are signing up for the volleyball tournament, we have 4 teams that have shown interest so far, we need a couple more to make it a tournament.

May Call Log info: This information is during open office hours only. This information does not take into account the priceless work that our Nightwatch Committee does month in and month out.

12th Step Calls: 14

Information about AA: 2

Information about Intergroup: 15

Al-anon referral: 3

Meeting information: 46

Wanted to talk: 13

Misc.: 14

Total Calls: 107

GSIG Treasurer report of May for June 2022 Board

If you have suggestions or questions, please let me know at Treasurer@seattleaa.org.

Income overview

month	Net Income (loss)	Group Contributions	contributions (personal & other)	sustainers	room rent, bday club, special events	net sales income	cash & savings
March 2022	(2.6) K	10 K	1 K	1.3 K	261.00	1.5 K	95 K
April 2022	(.6) K	11 K	0.9 K	1.3 K	633.00	1.3 K	95 K
May 2022	(2.7) K	9.6 K	0.8 K	1.3 K	834.00	1.6 K	93 K

Earmarked Funds remaining amounts: Pink and Blue Cans (contributions specified for these committees)

Corrections: \$3.7K Accessibility: \$1,054

Standing Committee Budget funds allocated by GSIG budget Funds remaining for 2022.

Corrections \$360 Hosp & Treat. \$1,594 Accessibility \$6,420 Pi/CPC \$1,652

Group contributions are 0.5 K above budget for month and 9.2 K higher YTD. Personal contributions are far below budget while Sustainers declining slightly but close to budget. Cash and Savings declined 2K.

Monthly staff costs will be over budget for the rest of the year due to a miscalculation because staff worked fewer hours in the first quarter of 2021. In 2022 they worked more hours so office was fully staffed.

GSIG MAY 2022 CONDENSED FINANCIAL REPORT

CONDENSED PROFIT & LOSS

Ordinary Income/Expense

Income

Total Retail Sales

5,203

5,563

27,049

27,814

43,751

Total COGS

3,643

3,630

18,291

18,151

46,125

Gross Profit from Retail Sales

1,560

1,933

8,757

9,663

(2,374)

Gross

Profit %

30.0%

34.7%

32.4%

34.7%

-5.4%

Group Contributions

9,565

9,081

54,681

45,404

105,898

Personal and Other

802

2,500

4,140

12,500

28,439

Contributions

476

379

1,912

1,896

6,222

Meeting Room Rent;

Birthday Club

1,299

1,500

6,808

7,500

18,672

Sustainers Program

Special Events

Income

359

500

1,003

2,500

6,539

Total Items to Cover

Fixed Expenses

14,060

15,893

77,301

79,463

163,396

Expenses

Expenses--Other

2,478

1,721

9,809

8,603

19,071

Paid Staff

6,254

6,092

33,574

30,459

71,074

Rent and Office

6,832

6,769

34,375

33,847

83,011

Standing Committees

1,157

1,322

5,046

6,610

9,173

Total Fixed Expenses	16,721	15,904	82,805	79,518	182,329
Net Ordinary Income (Loss)	(2,661)	(11)	(5,504)	(56)	(18,933)
Net Other Income, Chiefly Interest Income	1	23	2	114	209
Net Income (Loss)	(2,660)	12	(5,502)	58	(18,724)

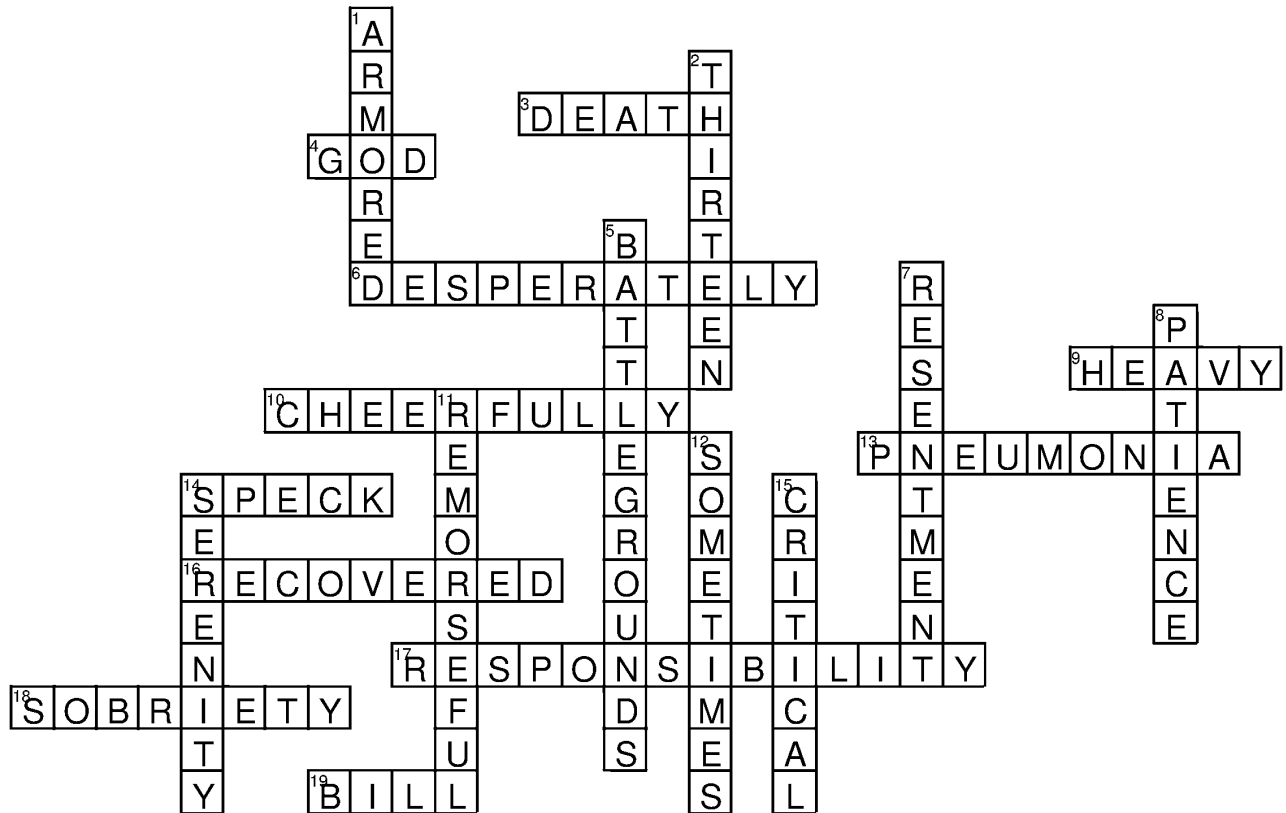
CONDENSED BALANCE SHEET

	May 31, 2022	April 30, 2022	DEC 31, 2021
ASSETS			
Current Assets			
Checking	46,483	48,514	46,772
Savings *	46,803	47,002	47,290
Accounts Receivable	486	486	74
Inventory and Other	22,922	22,295	25,105
Total Current Assets	116,694	118,297	119,361
Total Fixed Assets	2,484	2,484	2,484
TOTAL ASSETS	119,178	120,781	121,725
* Per bylaws, prudent reserve calculated is 3x average monthly expenses, \$47,750			
LIABILITIES & EQUITY			
Current Liabilities			
Accounts Payable	8,350	7,851	7,268
Payroll & Sales Tax Liabilities	560	510	368
Committee Earmarked Funds			
Total	4,957	4,448	3,275
Total Liabilities	13,867	12,810	10,912
Equity			
3001 · Opening Bal Equity	694	694	694
3101 · Retained Earnings	110,119	110,119	128,843
Net Income	(5,502)	(2,842)	(18,724)
Total Equity	105,311	107,972	110,814
TOTAL LIABILITIES & EQUITY	119,178	120,781	121,725

Greater Seattle Intergroup Standing Committee Earmarked Funds (Pink Can, Blue Can, etc.) YTD May 31, 2022						
Committee	Corrections	Hospital & Treatment	Accessibility	PI / CPC	Big Book Fund	Total Earmarked Funds
Beginning Balance 1/1/22	\$3,275	\$0	\$0	\$0	\$0	\$3,275
YTD Contributions	\$744	\$0	\$1,655	\$0	\$1,193	\$3,591
YTD Use of Funds	(\$320)	\$0	(\$600)	\$0	(\$989)	(\$1,909)
Ending Balance	\$3,699	\$0	\$1,054	\$0	\$203	\$4,957
Greater Seattle Intergroup Standing Committee Expenditures Against Budgets YTD May 31, 2022						
Committee	Corrections	Hospital & Treatment	Accessibility	PI / CPC	Big Book Fund	Total Expenses
Expenses to Date	\$0	\$206	\$1,260	\$149	\$0	\$1,615
Budget to Date	\$150	\$676	\$2,083	\$750	\$0	\$3,660
Budget -- Full Year	\$360	\$1,800	\$7,680	\$1,800	\$0	\$11,640

To Wives

Chapter 8





THE SEATTLE GROUP

Saturdays at 6:00PM

**5507 6th Ave S.
Seattle, Wa. 98108**

Join us for Fellowship at 5:30PM

Speakers at 6:00PM

SCHEDULED SPEAKERS:

July 2nd Linda M.

July 9th Ralph B.

July 16th Alan F.

July 23rd Maureen D.

July 30th Dan R.

August 6th Todd M.

August 13th Cindy M.

August 20th Alvin S

August 27th Bill S.

MAGNOLIA SPEAKERS MEETING

JULY 2022

Every Friday @ 8pm (pacific)

7/1

Rick F.

Sober since 5/5/2019
Everett, WA

Veronica H.

Sober since 11/26/1989
Bellingham, WA

7/8

Vicki C.

Sober since 2/27/2011
Sammamish, WA

Brendan D.

Sober since 10/18/1991
Everett, WA

7/15

Heidi S.

Sober since 7/5/2009
Seattle, WA

Matthew G.

Sober since 11/6/2003
Seattle, WA

7/22

Barbara G.

Sober since 4/1/1984
Seattle, WA

Jim B.

Sober since 12/21/1991
Seattle, WA

7/29

Jeff O.

Sober since 1/7/2010
Renton, WA

Matt T.

Sober since 12/4/1987
Seattle, WA

www.magnoliaspeakersmeeting.com

Magnolia Lutheran
2414 31st Avenue W.



Seattle Intergroup's Summer BBQ Saturdays

Starting June 4th @ Noon we will be having Saturday BBQ's every other week through September

Intergroup will provide the hot dogs and hamburgers with the fixings, please bring something else to share.

BBQ's will be held on the following dates:

June 4th

June 18th

July 2nd

July 16th

July 30th

August 13th

August 27th

September 10th

September 24th





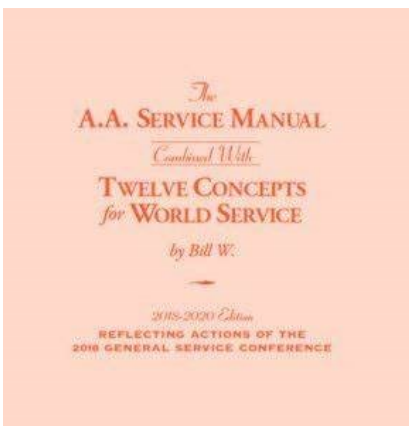
Seattle Intergroup Service Manual Study

When: First Sunday of each month @ 11am

Where: Hybrid event

In-person at Seattle Intergroup 5507 6th Ave S., Seattle

On Zoom: Meeting ID 899 8502 7998 Passcode 280420



We are currently studying the 2018-2020 edition of the service manual. This is an on going study. When we get to the end we will start from the beginning. Everyone Welcome.



GSIG Annual Summer Picnic

Join us for our annual fundraiser

When: August 21st 11am to 4pm

Where: Seward Park Shelter #3

5900 Lake Washington Blvd S, Seattle, WA 98118

White Elephant Raffle

50/50 Raffle

Volleyball Tournament

Fun, Food and Fellowship

Hot Dogs, Ice Cream, Soda and Water for sale

Service Committee Tables

GSIG SWAG for sale



\$5.00 Picnic Buttons for Sale

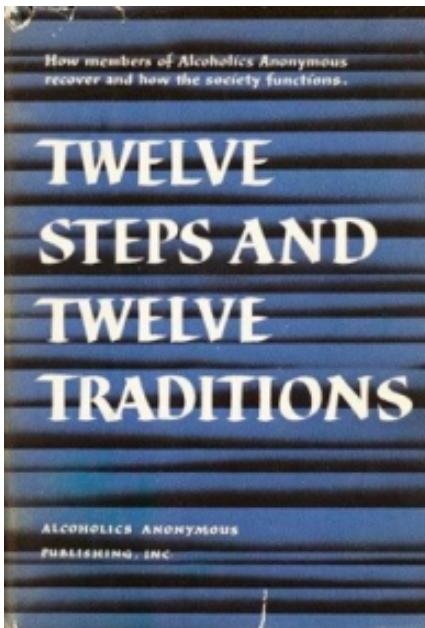
Chance to win a trip to North Coast
Round Up 2023



**Seattle Intergroup Third Legacy
Committee presents:**

Let's Study the Traditions When:
2nd Saturday of each month 10am
to 11am

A different group will
facilitate a discussion for
the tradition of the month.



Everyone Welcome.

This is a hybrid event. In person at
the office or on zoom

Zoom ID: 858 5142 0330

Passcode: 051501

For questions or how to
get involved contact:

thirdlegacy@seattleaa.org




High & Dry *Call for Entries*

The High & Dry, Seattle Intergroup's Monthly Newsletter,
is looking for original content from local drunks.
This is a great opportunity to serve our fellowship!

- Stories About Recovery
- Poetry & Creative Writing
 - Art & Photography
 - Comics & Jokes
- Information about Sober Activities & Service Opportunities

Submit your work and find out more by visiting [SeattleAA.org](https://www.seattleaa.org)

 <https://www.seattleaa.org/intergroup/newsletter/submission/>

 high_and_dry@seattleaa.org

The High & Dry

Editor: Peeps

Contributors: All of YOU

Mailing Team: Irreplaceable Volunteers

The High & Dry is published monthly by an all-volunteer staff at the Greater Seattle Intergroup Office, 5507 6th Avenue South, Seattle WA 98108 (Phone: 206-587-2838) www.seattleaa.org

Do you have something you would like to submit to The High & Dry newsletter? We would love to see your event flyers, letters, stories, photos, drawings, poetry, interviews, and whatever else you would like to share with other members in and around Seattle.

H&D deadline is the 25th of each month.

